

ON THE PATH OF ENLIGHTENMENT

LEON MOSCONA



The Path of Enlightenment will restore the Axis Mundi in our consciousness. This will be the restoring of the essence of the Human Being created as an image of God!

Leon Moscona

On the Path of Enlightenment

*Personal and Transpersonal
Autobiographical Notes*

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On the Path of Enlightenment
Personal and Transpersonal Autobiographical Notes
by Leon Moscona

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The Second Coming (English and Bulgarian)
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The Path of Truth Society (Booklet - English and Bulgarian)
The New Epoch of the Holy Spirit and Bulgaria (Booklet - Bulgarian)
The Teaching and the Cause of the Spirit of Truth (Bulgarian)
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The Divine Mother and the New Earth;
The World Teacher Beinsa Douno and the Thousand Years Kingdom
of Christ;
Revelation: The 144,000 Initiates and the New Song;
The Cosmic Christ and the New Humankind

Dedication

Dedicated to the awakening souls from the four corners of the Earth
who live for the Whole in the Wholeness of Life

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Personal and Transpersonal Autobiographical Notes

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Foreword

The Spiritual Essence of our Time

Prophecies for Our Time

Prophecies and predictions from many world religions point to our epoch as the end of the Indo-European Cycle of evolution and the entry into a New Cycle of Existence. It is astonishing that centuries ago the Mayans calculated that on December 21, 2012 a great cycle of the Solar system orbiting the centre of the Galaxy for 25,625 years would be completed and an enormous new one would begin!

Metaphorically speaking, if we depict the whole Indo-European cycle of human evolution as a clock, now humankind is approaching the twelfth hour of this great historical epoch, the moment when the old cycle comes to an end and the new one begins. In the language of the *Book of Revelation* by St. John, now is the time for the opening of the last, the twelfth, Gate of the New Jerusalem, so that all Gates of the Holy City will be opened and humankind will enter into the reality of the New Heaven and the New Earth to continue its evolution.

The prophetic vision of St. John of the New Jerusalem with its twelve Gates could be interpreted as a colossal spiritual Zodiac covering the whole Indo-European Cycle. In other words, the vision of the New Jerusalem, or the Heavenly Jerusalem, is a typological picture of the whole metahistorical cycle of humankind's life on Earth since the Fall – the expulsion of Adam and Eve from Paradise – to their return back to the Father's house. It includes all historical epochs through which humankind has passed during the process of involution (from the Garden of Paradise to the material world) and evolution (from the dark 'material' consciousness), evolving to cosmic-spiritual consciousness. In this picture all initiations in human history, such as those of Krishna, Hermes, Moses, Zoroaster, Buddha, Lao Tzu, Orpheus, Pythagoras, Plato, Jesus Christ, Muhammad, Bodhidharma, the Master Beinsa Douno and many others can be inscribed. Actually these initiations are the

Gates of the Heavenly Jerusalem which were opened one after another in the Indo-European cycle of evolution.

At the end of the Indo-European Cycle of human history the last Gate has to be opened! The opening of the last Universal Gate of the Heavenly Jerusalem is a great apocalyptic event which marks the new stage in the evolution of humankind - becoming God's people living on sacred Earth.

When all twelve Gates are opened, humankind will gather the fruits from the *Tree of Life* of the Indo-European cycle and will enter into the New Cycle of evolution! Thus the prophecy of St. John, from the *Book of Revelation*, that *all gates of the Holy City will be open day and night* (Revelation 21:25) will be fulfilled and humankind will live in the Reality of the New Heaven and the New Earth forever.

It is difficult to imagine a more crucial and responsible time for humankind during the whole Indo-European cycle than our present epoch. Our time is the critical stage of human evolution on Earth. Depending on the choice of humankind as a whole, the result will be spiritual resurrection and entry into the new cycle of evolution, or human catastrophe and starting the evolutionary process all over again (as in the case of Atlantis). Metaphorically speaking, humankind as a whole will enter either into the '*white source of Light*' giving birth to a New Humankind living in a New Heaven and New Earth, or into the '*black hole*' of self-destruction and collapse.

The development of humankind as one gigantic socio-cultural organism was envisaged from the beginning of human evolution on Earth. Now this process comes to a realisation. We could compare the life of the human race on Earth, after the Fall, with the formation of the bird's embryo within the egg. The Earth is the cosmic-spiritual egg; humankind is the embryo of the celestial bird - God's people on Earth. When the time comes, at the End of Time, i.e. in our present epoch, humankind has to hatch from earthly existence in restricted material consciousness and fly back to the celestial realms. Perhaps the mysterious and exciting myth about the rebirth of the Phoenix bird may be an illustration of this cosmic-spiritual rebirth of the human being. The cosmic-spiritual rebirth of humankind is the transformation of human beings into living souls, flying as Divine doves in the Kingdom of God.

The time for the rebirth of humankind comes as it develops completely into a single socio-cultural organism within the 'cosmic egg' of earthly life. Then humankind has only two possibilities: either to mobilize the Divine forces within and to ascend to a

completely new, higher level of evolution, or to destroy itself in a chain of devastating wars and ecological disasters. This is the moment of Choice, the Big Test, the Judgment, the End of Time, the process of hatching which is given to humankind. At this crucial time the Second Coming of the Masters is taking place in order to help and guide the spiritual rebirth of humankind.

Here I will explain in more detail the essence of our crucial time and the need for spiritual rebirth.

The Testament of Truth, the Three-fold Structure of the Universe and the Essence of the Human Being

The Testament of Truth reveals the eternal Divine truth about God, Creation and the human being made in the image and likeness of God!

The staggering Truth about Creation is that everything is Spirit, Divine consciousness, supreme intellect; the whole of Creation is an ocean of love, light and life within the Absolute Mind. There is nothing else except the One Who Is. God is the Sole Being, the Absolute, the Creator, the Beginning and the End, the Alpha and the Omega, the Principal Cause, the Source of Life, the Revealed and Unrevealed, the All in All.

All of Creation springs from the Absolute Cause with limitless Love. All things have their beginning in Love. Love is the seed, the impulse, the energy, the strength for growth, the driving force of evolution, the true source of life. Creation is Divine magic, a magic of Love, and everything in existence is born out of the Divine Love of God.

Love is the impulse and the energy for growth, Wisdom builds. All things in the Universe originate from an idea of God. Everything is alive; everything is significant. When we observe and understand the spiritual significance and purpose of the physical forms, which appear in time, space and matter, we enter into the world of Divine Wisdom. In this Divine world every material form is a manifestation of living forces, a reflection of spiritual ideas from the higher worlds. Wisdom is the key to time, to all processes in Nature, society and the Cosmos, and hence to the understanding of the whole evolution of Creation.

In His endless Divine Love, Wisdom and Truth the Lord God Almighty unfolds a monumental structure of Creation as a *Tree of Life* in order for every living creature at the end of its evolution to

realise the absolute mystery of Being and to merge with God. All world religions reveal, in their own way, this magnificent structure of Creation, which consists of three hierarchical worlds, one above the other:

- the physical, material world – the material cosmos in Hinduism, the world of gross forms in Buddhism, the sensory and corporeal world of made-fact in Judaism, the physical, material universe in Christianity and the phenomenal world, *mulk*, in Islam.

This is the world which the majority of people understand and live in. The whole earthly culture is built on this understanding. For the experience of the higher Celestial world, however, the people have to enter into the esoteric traditions of the world religions.

- the heavenly, angelic world woven by celestial colour rays of light, spiritual music, sacred words and inhabited by myriads of light beings. This world corresponds to the astral cosmos in Hinduism, the world of subtle forms in Buddhism, the world of formation inhabited by angels, genii and souls, with seven heavens in Judaism, the celestial world with seven heavens in Christianity, and the world of angelic and spiritual forms, *malakut*, in Islam.

Entry into this celestial world requires the awakening and blossoming of the human soul. People with awakened souls exist in all world religions and they form the esoteric spiritual community in each one of them.

- the highest Divine world which allows the contemplation of all Creation – the causal cosmos in Hinduism, the world without forms in Buddhism, the world of creation filled with the Divine immanent presence alone in Judaism, the world around the Throne of God in Christianity, and the world of His dominion, *jabarut*, in Islam.

The ascent to this Highest Divine World requires the awakening of the Higher Self in the human being and receiving a complete enlightenment. These people are the initiates in all world religions who form the mystical core in each one of them.

Above this hierarchy of three interconnected worlds is God, the Creator, the Absolute, the Primal Cause, the Source of All. The transcendental world of God, beyond time, space and matter, is acknowledged in Hinduism as the Absolute Origin of Being, in

Buddhism as the Great Void, *Sünyatä*, in Judaism as the World of Emanation, in Christianity as the Throne of God manifested by the Holy Trinity, and in Islam as the Essence of Allah.

In one or another way every world religion reveals the essence of the human being as a model of the Universe, created in the image and likeness of God. For this purpose the Divine Masters, the founders of the religions, appear in each one of the three worlds with perfect physical, celestial and universal bodies. For instance, the Lord Jesus Christ manifests the mystery of God the Son in all three worlds:

- in an earthly human form as a particular historical person –
She will have a son, and you will name him Jesus. (Matthew 1: 21)
- in a celestial, transfigured form as spiritual light personified –
Six days later Jesus took with him Peter and the brothers James and John and led them up a high mountain where they were alone. As they looked on, a change came over Jesus: his face was shining like the sun, and his clothes were dazzling white. (Matthew 17: 1-2)
- in cosmic-spiritual, Divine form as the Universal Logos –
Before the world was created, the Word already existed; he was with God, and he was the same as God. From the very beginning the Word was with God. Through him God made all things (John 1: 1-3). *The Word became a human being and, full of grace and truth, lived among us. We saw his glory, the glory which he received as the Father's only Son* (John 1: 14).

The richness of the spiritual culture in Christianity, in which the three perfect bodies of the Lord Jesus Christ and the relationship between them is interpreted, appreciated and experienced, is practically inexhaustible indeed.

The same mystery of perfection can be ascribed to the Lord Krishna, to Gautama Buddha, to Moses, to Zoroaster, to Lao Tzu, to the Prophet Muhammad and other founders of the religions, together with their Feminine Counterparts. We could conclude that all people who experience the eternal Divine Truth about God, Creation and the Human Being, made in the image and likeness of God, realize the Testament of Truth!

The Original Sin, the Messianic Plan for the Salvation of Humankind and the First Coming of the Divine Masters

From the perspective of this majestic picture of the Universe and the essence of the human being, we could easily understand, at least functionally, the myths of the Original Sin, the End of Time, the Messianic Plan and the Second Coming. The life of Adam and Eve before the Fall was a life in a celestial state of consciousness which enabled them to see the spiritual essence of the Universe and to have a perception of the whole of Creation as a Garden of Paradise. They were allowed to eat the fruit from all trees in the Garden of Paradise except the Tree of the Knowledge of Good and Evil. By eating the fruit of the trees in the Garden of Paradise, Adam and Eve enjoyed the wonderful spiritual taste of all three worlds of Creation. After eating the fruit from the Tree of the Knowledge of Good and Evil, Adam and Eve fell from the celestial state of consciousness to the restricted material consciousness limited by earthly conditions.

The Original Sin was actually a descent from life in the second, celestial, world of the three-fold structure of the Universe to the first, material, world. This world is based on the fundamental principle of struggling polarities – spirit and matter, good and evil, joy and suffering, etc. Entry into this world is symbolized by eating the fruit from the Tree of the Knowledge of Good and Evil.

God, however, never left humankind without His support and blessing. He sent His messengers, the Divine Masters to show the way back to the higher states of consciousness in the celestial worlds.

In order to fulfill their Mission on Earth each Divine Master appeared in all three worlds of the Universe with a perfect physical, celestial and universal body. With their three perfect bodies the Divine Masters became the manifestation of Divinity in human form, the link between all the worlds and the Axis of the Age for their time. They were able to ascend and descend through the whole vertical structure of Creation, thus actualizing its *Axis Mundi* (the Axis of the Age).

In accordance with the essence of their epoch, the Cosmic Beings who are the Axes of the Age manifest different Principles of Divinity in action and bring a new fruit (a new Initiation) from the *Tree of Life*. For instance, some Divine Principles acting in various epochs of human evolution were Personification (Krishna), Knowledge (Moses), Realisation (Buddha), Incarnation (Jesus Christ),

Prophethood (Muhammad), World Teacherhood (The Master Beinsa Douno) and others. Of course, most of the Divine Masters came with their Feminine Counterparts who take the form of family archetypes: those of Sister (Mataji), Daughter (Kuan Yin), Mother (Virgin Mary), Bride (Zventa Sventana), spiritual Daughter (the New Eve in the Teaching of the Master Beinsa Douno). This is the way in which the feminine manifestations reflect the union between the masculine and the feminine Universal Principles and reveal the Divine wholeness of Creation.

When they merged with the Absolute Origin of Being, they received a new creative impulse from the Lord God and they passed it to all the created worlds. Thus they brought a New Initiation, i.e. a new fruit from the *Tree of Life*. This is the way in which the Messianic Plan for the salvation of humankind and for the elevation of all kingdoms of life on Earth is unfolding throughout the millennia.

The Teachings of the Masters, in accord with the historical epochs and the different human cultures, brought an enormous amount of living knowledge about the three-fold structure of Creation, the Divine origin of the Human Being and the Path of the glorious return to the Celestial worlds. We can recall here the Eight Steps of Yoga, the Eight-fold Path of Buddhism, the Knowledge of the Kabbalistic Tree in Judaism, the Mystery of Christ as the Way, the Truth and the Life in Christianity, Muhammad's Night Journey as a model for all Muslims, and others.

So, in their First Coming the Masters sowed the seeds of great spiritual traditions which grew up and matured into Trees of Life, each giving the sweet fruit of a unique initiation – an understanding of the Truth about God, Creation and the path of ascension to the higher worlds. The roots of these "Trees of Life" are on Earth in the form of a spiritual culture – Christianity, Hinduism, Buddhism, Judaism, Islam and others; the trunks and the branches are in the higher heavenly world and take the form of a particular structure of the celestial realms; the crowns are in the highest Divine world embracing the whole of Creation. Thus, the Trees of Life sowed by the Divine Masters stretch up through the whole vertical structure of the Universe and help the devoted believers to return back to the higher worlds and to become micro-models of Creation.

The New Genesis, the Second Coming and the End of Time

The purpose of the First Coming of the Masters was to bring as many people as possible to the higher states of consciousness and

to prepare humankind on Earth for its return to the Kingdom of God. The return of humankind as a whole to the Kingdom of God, however, was predestined for the End of Time and for this purpose the Masters have to come again. So, knowing the Divine plan for ascent to heavenly states of consciousness, most of the Masters predicted their Second Coming for the End of Time.

The End of Time (or the End of the World) is a metaphorical term for the end of the life of humankind in its restricted, earthly consciousness and its rising with a new cosmic-spiritual consciousness into the higher celestial realms. This is the end of the great metahistorical cycle of human involution on Earth after the Fall and the beginning of a completely new historical cycle of evolution in the heavenly world.

And now the End of Time is imminent, the Second Coming is happening and the Lord God Almighty blesses humankind to ascend to the Kingdom of God. All predictions and prophecies from the world religions indicate that our epoch is the End of Time, the time of the Judgment and the Second Coming. This is because for the first time in known history humankind has become a colossal socio-cultural organism which has to be reborn like the Phoenix bird in order to fly towards the higher spiritual worlds.

So, the time for the realisation of the Testament of Truth has come. The great Indo-European cycle in the life of humankind which has lasted for more than ten thousand years is closing and a new majestic cycle of Divine Evolution is beginning. In this critical time of human history the Lord God Almighty activates the Testament of Truth and "makes all things new":

He who was seated on the throne said, "I am making everything new!"

"It is done. I am the Alpha and the Omega, the Beginning and the End. To him who is thirsty I will give to drink without cost from the spring of the water of life". Revelation 21:5, 6

Thus the 'curse of God' on Adam and Eve after the Original Sin (Genesis 3: 16-19) is replaced by the great Blessing witnessed by St. John:

The throne of God and of the Lamb will be in the city, and his servants will serve him. They will see his face, and his name will be on their foreheads. There will be no more night. They will not need the light of a lamp or the light of the sun, for the Lord

God will give them light. And they will reign forever and ever.
Revelation 22: 5

The One Who sits on the throne "makes all things new" through a majestic Divine Action which has been in preparation for hundreds and thousands of years. In this action the whole spiritual hierarchy of the Divine Masters, manifestations of the Divine Feminine, archangels, angels and myriads of light beings participate. For this action many holy scriptures and initiatic books testify. A bright example is the last chapters of the *Book of Revelation* by St. John which contain the mystical keys for the realisation of this Divine Action.

In our time the struggle between the Light and the Dark forces is reaching a critical point. In order to survive, humankind has to overcome the power of the dark forces and the present, Babylonian-type civilisation has to fall. The *Rider on the White Horse*, depicted in Chapter 19 of the *Book of Revelation*, is the leader of the Divine Action from Heaven who will *conquer the Beast and his army*. All human beings who have restored their cosmic consciousness will participate in this battle!

The contemporary Babylonian-type civilisation, which is described so dramatically in the *Book of Revelation* (Chapter 18), has to be replaced by the civilisation of the Heavenly Jerusalem. Babylon in the *Book of Revelation* is like a symbol of all the negative aspects of the contemporary civilisation. These aspects could be identified with the Lucifer, Ahriman and Antichrist energies. Of course, the forces of Light are always present (otherwise human culture simply would cease to exist), but the influence of the dark forces in our time is enormous. For instance, the Lucifer energy deforms the wholeness of the human being. It is based on the ego-complex and is characterized by a drive for power, selfish realisation at the expense of others, quick results, phenomenal achievements, occult knowledge and so forth. On the surface, this energy can give the impression of polish, good education, success, brilliance, even charm, but at its core it hides an expansionist ego-complex, moral impurity and greed for dominance.

The Ahriman energy, on the other hand, deforms the wholeness of human society and its culture, that is, the wholeness of the socio-cultural organism. The chief aim of the Ahriman principle is to block the spiritual dimensions of human life and to make human beings slaves of the material world. It substitutes the essential spiritual needs of the human soul with craving for material goods, physical comfort, a 'respectable' position in society, complacency,

entertainment, consumerism, perverted sexual pleasures and so on. By cultivating fears of losing a high material standard of living and social status, the Ahriman principle tries to control, manipulate and keep in material slavery millions of people. It considers its aim achieved when human beings forget their high Divine origin, their celestial home and their spiritual needs, impulses and dreams.

While the Lucifer and Ahriman energies deform the wholeness of the human being and of the socio-cultural organism respectively, the Antichrist energy aims to deform the wholeness of the spiritual Universe. It is characterised by violence, murder, black magic, arrogance, blackmail, and all kinds of heavy abuses in the areas of drug use, sexual practices, and power. The Antichrist energy has its foothold in mafia-type organizations, terrorism, all kinds of movements in which the participants believe that the aims justify criminal methods.

In Chapter 21 of the *Book of Revelation*, St. John depicts the coming of a new celestial culture on Earth - "the Holy City, the New Jerusalem, coming down out of heaven from God". The Holy City with twelve gates, "coming down out of heaven from God and shining with the glory of God" is the reality of the Kingdom of God with "many mansions"; the many mansions are the spiritual realities revealed by the world religions. When the last, twelfth, Gate, is opened, the Indo-European Cycle of evolution comes to a close and humankind enters into the reality of the New Heaven and the New Earth to begin its New Cycle of existence. We have to ascend through the whole vertical structure of the Universe in order to become citizens of the Holy City, where the Lord God and the Divine Mother are always present! This is the realisation of the Testament of Truth in our epoch and the Avatar of Synthesis is the guide in this process.

The Realisation of the Testament of Truth in our Epoch and the Avatar of Synthesis

The realisation of the Testament of Truth in every epoch is a monumental Divine task. The whole spiritual hierarchy, headed by the Holy Council of humankind in Heaven, acts for the fulfillment of this task. The Holy Council in Heaven includes all spiritual Masters and personifications of the Divine Feminine from the spiritual history who lead the evolution of humankind and the Earth from the Highest Divine World.

In the various spiritual traditions this Holy Council is named differently – the *Holy Council of Humankind, Shambala, Agartha, the Great* Universal Brotherhood, the *Synclit of the World* – but its essence is one and the same: it leads the destiny of humankind in accordance with the Messianic Plan and it is connected directly with the Living God, the One who sits on the Throne.

Similarly, in every historical epoch, in every world religion, the manifestation of the Living God on Earth is named differently – Manu, Buddha, Mahaavatar, the Messiah, the Son of God, the Prophet, the World Teacher, the Great Initiate – but their essence is that they are personifications of the Lord God Almighty who link all worlds together as the Axis of the Age and direct the evolution of humankind. In a similar way as Buddha is not only an individual but an enlightened consciousness, thus the human being who is a manifestation of the Living God is both a human being and a Divine messenger blessed with the presence of the Lord.

In our epoch the Divine Principle which is in action is Synthesis. This is because the vast Indo-European Cycle in the life of humankind, which has lasted for more than ten thousand years, is coming to a close and a new majestic cycle of Divine Evolution is beginning. In this apocalyptic change all spiritual fruits from the outgoing Indo-European Cycle have to be gathered and the seeds of the coming New Cycle of evolution have to be planted. This is why the Divine Master, the Axis of the Age in our time, has to act as the Avatar of Synthesis.

As Buddha is a level of enlightened consciousness, so also is the Avatar of Synthesis as the Axis of the Age. The Avatar of Synthesis as the Axis of the Age has to integrate all three worlds in the life of humankind into one Divine wholeness - the physical, the celestial, and the Highest Divine world.

He also has to integrate the past, the present and the future of human evolution on Earth. The past is the enormous spiritual richness in the history of humankind, the present is the spiritual essence of our epoch and the Initiation of the Holy Spirit, the future is meeting the Second Coming of the Divine Masters, participating in the Divine Wedding and entry into the reality of the New Heaven and the New Earth as co-creators of God.

In addition, the spiritual past, present and future have to be presented on the three main levels of humanity's existence – the microcosmic, mesocosmic and macrocosmic, i.e. on the level of the individual human being, on the level of the socio-cultural cosmos of

human civilisation and on the level of the macrocosmos of Heaven and Earth.

The work of the Avatar of Synthesis as the Axis of the Age is in direct contact with the Holy Council of humankind in Heaven and requires gathering the living souls from the four corners of the Earth also. When the necessary critical mass of spiritually awakened people is reached, humankind as a whole can make its quantum leap to the New Reality as God's People living on sacred Earth.

Part One

An Avatar of Synthesis

Introduction Stages on the Spiritual Journey

*"Surely you know that you are God's temple and that
God's Spirit lives in you!"*

1 Corinthians 3:16

The Human Being as a Tree of Life

The Human Being is created in the image and likeness of God. This means that he or she could live in the whole three-fold structure of the Universe simultaneously with a purified physical body and personality on Earth, with a blossoming soul in the celestial world and with an awakened Higher Self in the highest Divine world. For this purpose the human beings have to develop their bodies (physical, etheric, astral, causal, buddhic and atmic), contained in everyone in seed form. The essence of human evolution is the development of these bodies so that human beings may become beloved Sons and Daughters of God with hearts as pure as crystal, minds as bright as the Sun, Souls as vast as the Universe and Spirits as powerful as God and one with God (spiritual formula given by the Bulgarian Master Beinsa Douno).

In order to develop their spiritual bodies the human being has to undergo spiritual transformations - one after another. In a similar way as the caterpillar becomes a butterfly, so the human being becomes a cosmic-spiritual entity, able to fly with his or her spirit all over Creation. It is a long and difficult journey, taking many lifetimes, but it is predestined by God and the outcome is glorious!

I could present the development of the spiritual bodies of the human being and the subsequent transformations in schematic form. From the perspective of the colossal three-fold structure of the Universe depicted in *Scheme 1*, we live on Earth with physical, etheric, emotional, intellectual and will bodies, integrated by our ego-personality. To ascend to the celestial world (the second in the three-fold structure of the Universe) we have to embark on the spiritual path and enter into the Spiritual School of the Soul:

Spiritual Transformation of the Human Being



Scheme 1

To ascend to the celestial world, we have to purify our physical-etheric body and to develop our higher intellectual, emotional and will bodies. This process is well known in all world religions. As an example I could mention the practice of Jnana Yoga, Karma Yoga, Bhakti Yoga and Raja Yoga in the Hindu tradition. When we purify our physical-etheric body, and develop the higher intellectual, emotional and will bodies, our ennobled ego-personality is able to give birth to our astral body – the Soul! Thus from ennobled ego-personalities we become living souls. At this stage we ‘complete’ the Spiritual School of the Soul and have the possibility to prepare ourselves for the Mystery School of the Spirit (essential for the highest third world of the three-fold structure of the Universe).

For the ascension to the Highest Divine World we have to illuminate our physical-etheric body and to transform our high intellectual, emotional and will bodies into bodies of Divine Wisdom, Truth and Love. With this transformation we enter into the Highest Divine

World and develop our causal body – the Divine Spirit within us! There we awaken our Higher Divine Self and merge with the Origin of Being. When we ‘complete’ our Mystery School of the Spirit and dissolve into the Absolute Origin of Being, we become co-creators with God.

Above the three-fold structure of the Universe is God the Absolute, the Primal Cause, the Origin of Being. In order to become co-creators with God, we have to develop our Buddhic and Atmic bodies (information about them is given in Chapters Five and Six). Then we realise our Divine potential and receive a mission on Earth. As you will see in the following mystical stories, this is a challenging process, but it is the purpose of human life on Earth and it is always a most inspiring spiritual journey.

When we develop all our spiritual bodies, we become self-realised Cosmic Beings, created in the image and likeness of God. In the world religions the vertical structure of Creation, the *Axis Mundi*, is considered as the *Tree of Life*. When we reach the point of self-realisation we become a micro-model of Creation, a *Tree of Life*, which stretches through the whole vertical structure of Creation. Then we live simultaneously on Earth with an ennobled ego-personality, in the Celestial World with a soul in full bloom and in the highest Divine World with an awakened Divine Self. In this high state of consciousness we can merge with the Absolute Origin of Being and become co-creators of God.

All human beings have the potential to grow as a Universal *Tree of Life*. This is the ultimate purpose of the great journey of our Spirits as sparks from the Living God. My metaphysical and mystical stories about the development of the spiritual bodies are examples of this journey. I would be very happy, dear reader, if you identify with one or another aspect of my journey and benefit from it.

The main theme of Part One, *An Avatar of Synthesis*, is my journey through the Mystery School of the Spirit. It is appropriate in this introduction to describe briefly some events in my Spiritual School of the Soul and the beginning of the Mystery School of the Spirit. Of course, I would like very much to start my Autobiography with the early years in my beloved family, then to include the interesting years of my study, first in the Musical Academy in Sofia, Bulgaria, then in the Gnesin’s Academy of Music in Moscow, but this is an important and interesting subject for a possible volume of my Autobiography in the future. Then, a second possible volume of my Autobiography could be the detailed description of my journey in the Spiritual School of the Soul, full of interesting stories and

events. Now, however, for the purpose of describing the development of my spiritual bodies on the Path of Enlightenment I have to concentrate on my journey in the Mystery School of the Spirit. Nevertheless very briefly I have to mention some main events leading to it.

The Spiritual School of the Soul

I was born in Sofia, Bulgaria (August 15, 1941) and graduated, with postgraduate studies in musicology and philosophy in Moscow (1964-1973). My spiritual journey started in Moscow in January 1971. By chance I came across the book *The Great Initiates* by Édouard Schuré which revealed to me the idea of God as supreme Divine Intelligence, Universal Spirit, Living Light and the great mystery of Creation.

In October 1971 in Moscow, with two close colleagues and friends, I attended a course in autogenetic training, which was a cover for a hidden Yoga group. In great appreciation of the Hindu tradition, especially the Divine Guru Ramakrishna, I read many books and started the process of opening my spiritual centres (chakras). Ramakrishna was my first spiritual love, a love which still remains in my heart.

In January 1972 I met a Bulgarian friend in Moscow, who introduced me to the Bulgarian Spiritual Tradition called the Universal Brotherhood, initiated by the Spiritual Master Beinsa Douno (Peter Deunov 1864-1944). In February 1972, during my winter holidays in Sofia, I established personal contact with members, Brothers and Sisters, of the Universal Brotherhood and was introduced to the Teaching and the Cause of the Master Beinsa Douno as the World Teacher for our time. It is well known that when the disciple is ready, the Master appears. Ramakrishna was my first love, but the Master Beinsa Douno became my inner spiritual Teacher. Interestingly, I was studying (writing my PhD thesis) and living in Moscow, but I found my Teacher, Beinsa Douno, almost on my doorstep in Sofia – his community was about twenty minutes from my home.

Returning to Moscow I shared this news with my friends and the participants in the Yoga group. Eagerly we awaited the summer spiritual camp of the Universal Brotherhood in Bulgaria, which would give valuable information about this new and unique spiritual tradition.

In the summer of 1972, during my summer holidays, I participated in the summer camp of the Universal Brotherhood on the sacred mountain Rila in Bulgaria. This first summer camp was a revelation for me and gave me a real experience of the level of consciousness which I subsequently named the reality of the Garden of Paradise. In the summer camps, lasting for a month or so, the participants learned to live together in love and friendship as one great spiritual family, to appreciate Nature and all forms of life and to overcome the challenges which the high mountains provide. The focus of the day in these summer camps was the morning prayer and meditation at sunrise, which lasted about ninety minutes, followed by the sacred dance Panneurhythmy, lasting another ninety minutes. So, for about three hours every day I was witnessing and participating in the great cosmic-spiritual life, integrating all levels of Being.

The Master Beinsa Douno often said that his Teaching and the Panneurhythmy would spread to Russia and would become the seed of the New Solar Culture on Earth and of the Sixth Race in human civilisation. I am very grateful that I was blessed by the Master to bring his Teaching, and especially the sacred dance Panneurhythmy, to Russia for the first time.

The Light Leaders in the Bulgarian Brotherhood saw in me an opportunity to spread the Teaching of the Master Beinsa Douno in Russia. I was delighted with this idea and we started making plans to achieve this: unfortunately one attempt to introduce the Teaching of the Master Beinsa Douno a few years earlier had failed with serious consequences for the participants; so, we had to envisage a way to circumvent the Russian communist authorities and to fulfil this important task.

After the summer camp in Bulgaria I shared the good news with my friends in Moscow. We decided to form a spiritual group and to get acquainted with the Teaching and the Cause of the Master Beinsa Douno, especially with his sacred dance Panneurhythmy, a focus of his entire Teaching. Our aim was to set in motion the circle of the Panneurhythmy in Moscow on March 22, 1973. For this purpose we gathered once a week and made contact with various other spiritual groups and traditions. This was an amazing period in our lives, full of inspiration, enthusiasm, challenges and many spiritual events.

The first Panneurhythmy, on March 22, in the suburbs of Moscow, was a great spiritual event. Because the Master predicted that the New Solar Culture would come from Russia, we had the feeling that our modest circle of Panneurhythmy set in motion the great historical process of developing the New Solar Culture.

Without exaggeration it could be said that bringing the Teaching of the Master Beinsa Douno to Russia for the first time is a big story for a whole book – with ‘Prologue’ (the predictions of the Master for the New Solar Culture, based on his Teaching), ‘Introduction’ (my first visit to the summer camp and discussion with the Elders for spreading the Teaching and especially the Paneurhythmy in Russia), ‘Exposition’ and ‘Development’ (forming the group in Moscow and contacting various other spiritual groups), ‘Culmination’ (the first two Paneurhythmy events in the suburbs of Moscow on March 22 and March 25) and further developments. Now the Teaching of the Master Beinsa Douno and the Paneurhythmy are well spread in Russia and give many important fruits.

After my return to Bulgaria (July 1973), I rearranged my life in accordance with the spiritual tradition of the Master Beinsa Douno. From a ‘bright intellectual’ I became a devoted spiritual disciple – prayerful, meditative, studying spiritual literature and living a wholesome style of life. Moreover I transformed and spiritualised all relationships in my life – social, professional, friendly, family, intimate and others. Thus, at the risk of losing my job, being exiled and other possible recriminations from the authorities, I became a committed participant in the spiritual community of the Master Beinsa Douno and started my journey to the higher celestial worlds.

Some of the main principles in the Spiritual School of the Soul of the Master Beinsa Douno were:

- Observe a vegetarian diet (following the principle of ahimsa - non-violence or non-killing proclaimed in the Hindu Scriptures as the highest form of duty - no harm to any living creature).
- Abstain from alcohol, drugs and smoking, all of which abuse the body and contravene the aims of the Paneurhythmy - the healing, purification and illumination of our physical nature.
- Develop the highest human virtues such as love, friendship, peace, joy, harmony and many others. The virtues enable us to open our souls in order to blossom in the higher realms of Being.
- Make daily life a spiritual school. Every relationship and every situation in life contains a precious spiritual lesson which must be learned and correctly resolved in accordance with the principles of Divine Love, Wisdom and Truth. This rule necessitates attention to the smallest details in life.

- Live a healthy, wholesome life in harmony with Nature, with frequent excursions to natural settings, summer encampments, and other outdoor spiritual activities.
- Meet the sunrise whenever possible with appropriate prayers, songs, meditations and spiritual ceremonies, given by the Master. Sunrise is the most powerfully energetic time of the day-night cycle and marks the spiritual dawning of the day in many traditions.

Soon the first spiritual fruits began to appear. My eyes were opened and I perceived the mountains, Nature, the Earth and all of life as a magnificent sea of Divine Love, Light, Music, Colours and spiritual thought-forms. I had a real experience of the Garden of Paradise consciousness and of the blossoming of the soul. I became much more sensitive spiritually and developed some clairvoyant abilities. My feeling was that through the style of life, the prayers, the songs and the Teaching of the Master Beinsa Douno, he himself revealed to me the essence of the spiritual Universe and the many Divine worlds in it. This period of my life was a very joyful active participation in the great Spiritual School of the Soul.

The Mystery School of the Spirit

On January 9, 1974, I had an amazing metaphysical encounter with the Spirit of Zoroaster. This contact changed my life completely. I still considered myself a devoted disciple of the Master Beinsa Douno, but the link with the Spirit of Zoroaster opened a new type of a spiritual school to me – the Mystery School of the Spirit. This event coincided with my professional work on the theme “Main Tendencies in the Development of Human Culture up to the Year 2000”, also with reading Rudolf Steiner’s interpretation of the Gospels (where he links Jesus with the Spirit of Zoroaster) and with attempts to achieve Zoroaster’s Nirvana by dissolving into the Universal Light of Ahura Mazda.

In the *Mystery School of the Spirit* I began to receive visions and insights into various spiritual traditions, which revealed to me the reality of the Kingdom of God where there are many mansions. For instance, I had a vision of the Cosmic Christ, a living experience and visions of the Orpheus mysteries, the 'harmony of the spheres' in the Pythagoras tradition, Rudolf Steiner's esoteric university, the life of the first Christian communities, the celestial school of the Master Beinsa Douno, the epoch of the first Golden Age on Earth and others. If the summer camp was like a Divine valley in the

Garden of Paradise, these visions revealed to me the bright and awesome summits of initiation in the spiritual Himalayas surrounding this valley. (Some visions are described in my website: Testament of Truth - Sacred Mountain Rila).

So, in this Mystery School of the Spirit I began to receive visions and insights into the various spiritual traditions. I was given visions of the reality of the Kingdom of God where there are many mansions. Moreover, in this School, in direct contact with great Divine Masters, I began to build my spiritual bodies – the Higher Self, the Etheric, the Astral, the Causal, the Buddhic and the Atmic bodies. This was an astounding metaphysical and mystical process for which I had to ascend into the Divine World of Creation and to merge with one or another Divine Master.

Here it is important to emphasise that in the transcendental World of Creation one could merge with the Cosmic Body of a Divine Master and becomes one with him. This does not mean that the person is an incarnation of this Divine Master on Earth - it simply indicates that one 'dissolves' in the cosmic aura of the Divine Master and could see the world from his perspective. As we know, in the Gospel of St. John, Christ said: Remain in me and I will remain in you... If a man remains in me and I in him, he will bear much fruit... John 15: 4-5. In order to build my spiritual bodies, the Invisible World helped me to merge with such great Divine Masters as Zoroaster, Ramakrishna, the Master Beinsa Douno, St. Peter, the Coming Maitreya Buddha and the Cosmic Christ.

Merging with the Spirit of Zoroaster did not mean that I was an incarnation of Zoroaster. It simply directed me to see the world through 'his eyes'. In this way all my connections with the Divine Masters became great existential stories and helped me to develop my spiritual bodies.

It is interesting that each identification was absolutely unique and helped me to build one or another body. They were sometimes existential stories, other times – 'cosmic-spiritual romances'. Here, in Part One, I will just mention them, but in the future it would be interesting to narrate these stories in much more detail.

Another important point which I would like to emphasize here is that in the process of building my spiritual bodies through the metaphysical and mystical link with the Divine Masters, I was initiated into their Second Comings (or New Comings). From this perspective, the stories which follow are full of wonders, predictions

and coincidences, but this is the subtle transcendent journey in the Mystery School of the Spirit.

In accordance with the Scheme above, in the Mystery School of the Spirit the participants have to undergo the second resurrection (the awakening of their Divine Self) and ascend to the highest Divine world, to merge ultimately with God, the Father-Mother of Creation. Thus they are transforming the Path of the Soul into a devoted "celestial pilgrimage". This is to embark on the Path of the Initiate.

The Path of the Initiate requires physical and moral purity, non-egocentrism, self denial, unconditional love, absolute truthfulness, life for the whole, vows and commitment to fulfil the Will of God, joining the Light forces, recognition and transformation of all kinds of dark forces. The Path of the Initiate is based on such principles as wholeness, holiness, balance between all polarities, spiritual creativity in contact with the Living God, integrity, planetary consciousness (i.e. thinking from the perspective of all humankind) and so on.

Some of the main tasks which determine the style of life of the participants in the Mystery School of the Spirit are:

- Developing the higher spiritual bodies with which they could live in all three levels of Creation, i.e. in the physical world with an illuminated physical body and personality, in the world of angels with a soul in full bloom, and in the highest Divine world with an awakened Divine Self. Thus they achieve the richness and fullness of their cosmic-spiritual wholeness and become micro-models of the Universe. This is to build ourselves as Divine Temples where the Spirit of God lives.
- Developing a whole new, spiritual, level in our lives on Earth; now for most people the main goals of life are to have a family, children, home, food, work, friends and so on. The main goals of the spiritual life are to realise the Divine Wedding between the soul and the Spirit within, to have spiritual children, to build our life as a Divine Temple which will become our spiritual home; to receive the living bread for eternal life; to establish close spiritual friendships with others (let us remember that 'there is a friend closer than a brother'); to receive a spiritual mission.
- Respect, love, care and deep appreciation for Nature, the environment and our planet Earth.
- Transforming daily life into a cosmic-spiritual existence where all levels of Creation become transparent and interconnected;

then an integrated, dynamic system will be formed where the processes on one level affect the others.

- Climbing to the top of the Sacred Mountain through different routes established by different world religions, thus receiving their initiations.

The Divinely inspired style of life of the participants in the Mystery School of the Spirit will result in initiation and co-creation with God. It is only through the miracle of co-creation with God that we can completely unfold the Divine potential of our higher Selves. Moreover, co-creation is the way in which we can express the uniqueness of our spirits 'printed' in us from the beginning of our evolution. By becoming co-creators with God each Initiate will receive a unique mission in the great apocalyptic process of recreation of the world, as mediators between Heaven and Earth, divine workers for a new solar civilisation, helpers in the spiritual rebirth of humankind. Thus, by merging and co-creating with God the Initiates not only write their names in the *Book of the Living* but also become "reborn of the Living God"

Chapter One

Awakening the Divine Self

An Announcement

In order to awaken my higher Divine Self I had to merge with the Spirit of Zoroaster. For this purpose I had to see the world and human history through the Spirit of Zoroaster. The Invisible World 'arranged' this shift easily by conveying to me, on January 9, 1974, the message that I was an incarnation of Zoroaster. I was shocked but I was not able to either confirm or deny this announcement. I simply had to find out the truth within myself.

The mediumistic contact was very intensive and produced amazing information about me, the world, and my connection with some Divine Masters and the Divine Mother. I started receiving spiritual documents regularly, "personal credentials", messages about various nations (Bulgarian, Russian), and so forth. When I shared the results of these contacts with the leaders of the Universal Brotherhood in Bulgaria, they advised me to guard against any impure vibrations and to pray all the time during the contacts. So I did, but the results were even more astonishing and powerful.

In line with this announcement, very soon the Invisible World provided some 'confirmations' of my mystical link with the Spirit of Zoroaster. Below I will mention some of them:

The Announcement of my connection with the Spirit of Zoroaster came on January 9, 1974. Initially I was not only amazed, but confused as well. The reason for this was that in the summer of 1973, after introducing the Teaching and the Cause of the Master Beinsa Douno, especially the Paneurhythmy, in Russia, I came upon a remarkable book - *The Rose of the World* by the great Russian mystic Daniil Andreev. *The Rose of the World* is a poetic metaphor for the emerging Mission of Russia and symbolises the integration of all spiritual traditions. According to Daniil Andreev, the celestial architect of the *Rose of the World* is Zoroaster: "*The great spirit-man who was known in his past incarnation as Zoroaster leads the creation of what I would dare to call the "great drawing" of the Rose of the World*" (D. Andreev).

I was sure that the Teaching and Cause of the Master Beinsa Douno had to be brought to Russia in order to form the foundation of the new spiritual culture coming from Russia. So, who was at the

foundation of the Russian Mission – Zoroaster or the Master Beinsa Douno? I had to pray and meditate deeply in order to find the truth. This was not only intellectual work, but profound metaphysical and mystical contemplation. It took many hours, days and weeks. Some consolation came from the fact that I had brought the Teaching of the Master Beinsa Douno to Russia and the possibility that I was directly connected with the Spirit of Zoroaster. It was reasonable enough that the ‘incarnation’ of the Spirit of Zoroaster would bring the Teaching of the Master Beinsa Douno to Russia! Nevertheless the process of ‘integrating’ the *Rose of the World* and the Teaching of the Master Beinsa Douno continued for quite some time. In this process I had to work intensively, which in turn helped me develop greater personal awareness.

Around January 15, in the same week as the Zoroaster announcement, I was called by the Director of my Institute of Musicology for a very special task – to participate in a research project "The Main Tendencies in the Development of Human Culture until the Year 2000". Everybody in the Institute of Musicology, and in the higher levels of the Bulgarian Academy of Science, wondered why we were given such a task and what could be done with it. Because of my methodological and culturological training in Russia I was able to deal with this vast and complex research. On the other hand, I saw in this theme a sign from the Invisible World that I had to introduce the concept of the *Rose of the World* by Daniil Andreev to the Bulgarian culture.

Despite the fact that I was only appointed to the Institute of Musicology on August 1, 1973, at the lowest research rank as a specialist, I was given the position of methodological and culturological co-ordinator, responsible for the wholeness of the project.

Exactly in the same week (January 9-15) another important personal event happened. A friend of mine brought me Rudolf Steiner's book "The Gospel of St. Luke" for reading. When I started reading his interpretation of The Gospel of St. Luke, I was absolutely astonished. One of Rudolf Steiner's main ideas was that at the age of twelve the Spirit of Zoroaster came to live in the boy Jesus. After this, according to Rudolf Steiner, Jesus built his etheric and astral bodies by merging with Moses and Hermes respectively. At some stage the Enlightenment of Buddha significantly influenced his spiritual development. Thus Jesus, reaching the age of thirty, had integrated the existing spiritual cultures on Earth and was ready to receive the Spirit of Christ and to begin His Divine Mission.

In Bulgaria it is well known that the Teaching of Zoroaster was at the foundation of the religion of the ancient Bulgarian people. The Teaching of Zoroaster also influenced the Bogomils – the famous stream within Christianity in the tenth century for the reformation of the Christian Church. On the other hand I firmly believe that the Teaching of the Master Beinsa Douno crowns the spiritual destiny of the contemporary Bulgarian people. So, it was a very subtle and challenging task to consider the link between the spiritual seed at the beginning of the Bulgarian history, which came through Zoroaster, and the spiritual *Tree of Life* developed by the Master Beinsa Douno in our time. Then, it was clear why in the *Rose of the World* – the Mission of the Russian People – a new seed coming from the *Tree of Life* in the Teaching of the Master Beinsa Douno would be planted in the new Russian culture by a person connected with the Spirit of Zoroaster!

The mystical contact with the Spirit of Zoroaster gave me some possible answers to the question of the meaning of my reincarnation in Bulgaria, my metaphysical link with the Master Beinsa Douno and why I was chosen to spread his Teaching in Russia, for the first time, as an ‘apostle’, even without knowing it very well.

Another interesting aspect linked with the ‘Zoroaster story’ was my great appreciation of Mozart’s music. During this existential time I remembered the last opera of Mozart - The Magic Flute. In it Zoroaster is presented as Sarastro - the character who brings the young couple, Tamino and Pamina, through various initiations before they reached love, unity and enlightenment. There are many more details about the link between Mozart, Zoroaster and the spiritual tradition in which he participated. In this context of course I felt a very strong musical, metaphysical and even mystical connection with the spirit of Mozart. The final touch to this story could be another interesting fact: as it happens, one of the greatest Mozart interpreters in the 20th century - Clara Haskil (born in Romania but living all her life in Switzerland, with a special music competition named after her) - was a second cousin of my father.

At the beginning of March 1974, perhaps in order to resolve my existential and metaphysical questions, I was told by the Invisible World that I had to prepare myself for attaining a new type of Nirvana - Zoroaster’s Nirvana. For this purpose I had to go to a special place on the sacred Bulgarian Mountain Rila (which I had not visited before), for March 22. In general I knew the direction but on March 22 Rila Mountain is still practically covered in snow. Nevertheless I was relaxed within and started my journey with good

confidence. All the way to the place I was supported by the Invisible World, which manifested itself in amazing coincidences and quite a few special circumstances. I spent in this place more than a week surrounded by friends, incredible mountain beauty and amazing spiritual feelings and thoughts. At this particular time I did not achieve Zoroaster's Nirvana, but even the preliminary stages of this sublime state of consciousness were staggering.

Many years later I did experience something like Zoroaster's Nirvana. It happened at an amazing spiritual event which took place on the July 11, 2003 in a Summer Assembly which I lead each year on Rila. We had a wonderful Sunrise ceremony and after breakfast ascended to the Plateau around the Fifth Lake. At a very picturesque point on the Plateau, I had a staggering mystical vision: I linked mystically with the Cosmic-spiritual Sun at the centre of the Universe, experienced dazzling light and witnessed a miraculous phenomenon. To my great amazement, the Cosmic-spiritual Sun started to approach the Earth, increasing enormously in size, and then withdrew. In a similar way as the Sun in the apparition of the Blessed Virgin Mary at Fatima, the Cosmic-spiritual Sun started "dancing". It was radiating the creative Light of God, which manifested as the Holy Spirit encompassing the Earth. It is difficult to describe all the thoughts and feeling which I felt, but I could well identify, in Zoroastrian terms, this Cosmic-spiritual Sun with the essence of Ahura Mazda.

Personal Psychological Drama

By any standard the period after 1974 was one of the most challenging and exciting times in my life. I had to deal with so many earthly and 'celestial' questions. I had already quite a few experiences in the Spiritual School of the Soul, but the 'Zoroaster story' was on a completely different scale. I had to ascend to a higher state of consciousness and to find answers to all problems around me not only from a human perspective, but from a possible Zoroaster point of view. This was a big challenge to my earthly ego-personality because I had to act appropriately with the authorities, to deal with my spiritual friends and the leaders of the Brotherhood, to develop the understanding of Zoroaster's Teaching and my own spiritual task on Earth.

In general, I knew that the human being is a Divine monad, a spark of God, but it grows, it takes shape and becomes what it is only through the communication with the outer world and merging with

developed Divine Beings. In the Higher Worlds there is no separation – for instance, if you merge with the ‘Body of Christ’, you become one with him and Christ lives in you. If we study any of the great spiritual teachers and our consciousness changes as a result of this, we could say that we are gradually merging with their cosmic body. Of course, it is a living process which takes months and years. It involves many spiritual activities and ‘facts of consciousnesses’ until finally one receives Initiation and merges with the cosmic body of a particular Divine Master, or a Personification of the Divine Mother.

I was not able to accept the ‘Zoroaster Story’, but neither to reject it. My level of consciousness was not high enough, but the coincidences were many and too direct and some important work had to be done! In the end it did not matter if I was an incarnation of Zoroaster or not - the Teaching and the Cause of the Master Beinsa Douno was the seed for the new Solar culture emerging from Russia and *the Rose of the World* was a Divinely inspired project, so I wanted to participate in their fulfilment in whatever capacity I could.

In essence, I was involved in a ‘psychological spiritual drama’ where I had to assume the ‘role of Zoroaster’. Although developed spiritually to some extent, I was an ordinary human being with a personality and individual history under the name of Leon Moscona. The Spirit of Zoroaster, however, was a ‘mythological’ Being from the past, founder of a religion, with an inspiring Teaching. Somehow these two completely different ‘types’ of Being had to live together in symbiosis. It was the perfect recipe for a nervous breakdown! Fortunately I was protected from this type of mental collapse and in the process of this unusual symbiosis I had to learn many things about the world, the society and myself. It was a great prolonged personal school, in which I had to deal with all kinds of existential questions. Of course, one of the main tasks in this school was to reduce the power of the ego-personality and to allow the Spirit to act within. Thus, little by little, I became something like a dynamic spiritual laboratory subject, from which a new Being had to develop.

Knowing the vision of the *Rose of the World* and becoming more and more familiar with the Teaching and the Cause of the Master Beinsa Douno, I tried to act from the perspective of the ‘symbiosis’ - Leon Moscona-Zoroaster. Below I will describe briefly what happened and the challenges in connection with the Spirit of Zoroaster and how they helped me to awaken my Higher Self.

Advancing from the Spiritual School of the Soul to the Mystery School of the Spirit

Immediately after receiving the announcement about Zoroaster I communicated my 'Zoroaster story' to the leaders of the Universal Brotherhood and spiritual friends, sharing with them my thoughts, feelings and actions. They were always very friendly to me, but, for one or another reason, they did not accept the story. Then I had to continue alone on my spiritual and mystical journey. Soon I realised that, from January 9, 1974, I had moved from the Spiritual School of the Soul to the Mystery School of the Spirit. There, of course, I was in a different stream of destiny.

It was a great coincidence to have all these existential events in one week: the announcement about my connection with the Spirit of Zoroaster, the theme from the Institute for the Year 2000 and the teaching of Rudolf Steiner about the incarnation of Zoroaster's Spirit in Jesus. These events were too much for me, even shocking, but I had to deal with them – this was my entry into the Mystical School of the Spirit and I had to work for the awakening of my Higher Self. It is easy to imagine how many thoughts, feelings, prayers and meditations I had to undergo during these days and afterwards. I had to find answers to the most existential questions in human life: "Who am I ", "Where do I come from and where am I going", "What is my purpose in life", "How can I best serve the Lord and the Divine Mother", "What is my Mission" and so forth. All these questions invoked 'millions' of thoughts, facts and feelings from my subconsciousness, consciousness, self-consciousness and superconsciousness. Without these challenges however I would have stayed peacefully in the Spiritual School of the Soul.

As a result of these dramatic existential times my higher Self gradually began to awaken. During and after the 'Zoroaster Story' I realised that I was becoming clairvoyant, able to perceive the beauty and richness of the celestial worlds and to link with the Divine Masters and Personifications of the Divine Mother. Moreover, I started having visions and insights about various spiritual traditions, which revealed to me the reality of the Kingdom of God where there are many mansions. I will mention later my Vision of the Cosmic Christ, the first Golden Age on Earth, the entry into the Celestial School of the Master Beinsa Douno and the Descent of the Holy Spirit in Prague. In this period I also had living experiences and visions of the Orpheus Mysteries, the 'Harmony of the Spheres' in the Pythagoras tradition (1974), Rudolf Steiner's Esoteric University, the life of the First Christian communities and others.

These visions were like bright and awesome summits of initiation in the Highest Divine World, the Spiritual Himalayas, surrounding the valley of the Garden of Paradise, the Angelic World. I felt called to climb these summits of initiation and to ascend to the top of the mythological sacred mountain at the centre of the spiritual Himalayas. Each world religion names the central divine summit differently (Mount Meru in Buddhism, Mount Kailas in Hinduism, Mount Zion in Judaism, the High Mountain in Christianity, the Mount of Truth in Islam) but the essence is one and the same: it is the centre of the Universe, the peak of a very high state of consciousness from which we can contemplate the genesis and the wholeness of Creation. In fact, this was the essence of the Mystery School of the Spirit which I attended in the time of my dramatic 'Zoroaster Story'.

Work on the theme "Main Tendencies in the Development of Human Culture until the Year 2000".

The project 'Research 2000' lasted for about thirty months and involved more than twenty people. I had not only to provide the methodological and culturological guidance, but to write papers myself. Naturally I tried to introduce some spiritual ideas from the *Rose of the World*. At that time, in the communist system of Bulgaria, to introduce spiritual ideas was a very challenging and dangerous task. Identifying with the mission of the *Rose of the World* I did my best to include some ideas but it was not easy. In fact, a whole 'psychological spiritual drama' developed. Nevertheless it was a struggle in which I learned many things and developed some personal qualities.

For the project 'Research 2000' I presented some philosophical theories on art and culture. Among them were the concepts of Ernst Cassirer (Neo-Kantian), Henri Bergson (Intuitivism), Oswald Spengler (Philosophy of Culture), Edmund Husserl (Phenomenology), Martin Heidegger and Karl Jaspers (Existentialism) and others. Also as part of the Research I developed *Two Models of the Organisation and Functioning of Art Culture*. I wrote a substantial paper consecrated to the ideas of the *Rose of the World* but in the end I was advised not to present it. Nevertheless I was satisfied with my efforts and I am sure that they were not in vain.

As part of the project 'Research 2000' I was sent to Russia for a month (May 1975) and to Italy (November-December 1975). In

Russia I had many inspiring gatherings with my spiritual friends who continued to perform the sacred dance Paneurhythmy. In Moscow I also had meetings with my musicological colleagues who informed me that the Russian authorities wrote my name in a black list and I would never be able to defend my PhD thesis there. It was a big blow but strengthened my will to proceed further with my spiritual activities.

In Italy I had a wonderful time, full of interesting meetings and visits to picturesque places. There were quite a few indications of previous incarnations in Italy. The most important event however was my trip to Courmayeur, at the foot of Mont Blanc in Italy, where I had a very inspiring vision. I took the mountain lift to a destination close to Mont Blanc. The day was very sunny, relatively warm and the view of the whole Alps range was magnificent. There at a high point in the Alps (on a terrace on the roof of the lift station) I entered into deep prayer and meditation. The Alps massif was lit by sunshine and started vibrating "ethereally".

Gradually I began to realise that I was in a magnificent metaphysical space of the Great Universal Brotherhood, above the Alps. The vision was breathtaking and I felt great warmth, hospitality, interest and support, radiating from the Light Beings assembled there. After a few moments I began to understand that they actually greeted me as a person coming from another glorious metaphysical centre, much older than theirs and holding very important spiritual teachings – the Sacred Mountain of Rila. They appreciated the Divine work of the Master Beinsa Douno, who developed glorious new mysteries for the new epoch of Aquarius. Finding myself as a spiritual ambassador (as a living bridge) between two powerful metaphysical centres of the Great Universal Brotherhood, I began to receive many insights about the purpose, the history, the richness and the uniqueness of both of them. As a result, I entered into a state of great joy, inspiration, ecstasy and enlightenment.

The vision continued however and at some stage the metaphysical panorama extended even further. I was able to contemplate the whole Earth as a Living Being, Gaia, with its spiritual centres (chakras) and a very rich and well developed structure of lay-lines of circulating energy which could correspond to the nervous system of the human body. Then other metaphysical centres (chakras) appeared in all their power, majesty and magnificence – the Himalayas, Machu Picchu, Uluru, the Caucasus, Kilimanjaro and others. This opened a new appreciation of our planet Earth – as a

beautiful shining astral planet. I fell on my knees and expressed my deepest gratitude to Heaven for these Divine visions and to the Earth for being our beloved Mother Earth!

Throughout the entire project 'Research 2000' I pursued the goal of the *Rose of the World* and was connected with the Spirit of Zoroaster and the Teaching of the Master Beinsa Douno. It was a very difficult and challenging time, but in the end I experienced an inspiring planetary state of consciousness.

The Celestial Library of R. Steiner

In the period 1974 – 1981 I read, with great enthusiasm, many books by Rudolf Steiner (including his interpretations of the Gospels, The Book of Revelation, The Fifth Gospel, Genesis, Karmic Relationships, The Festivals and Their Meaning, The Philosophy of Freedom, The Mission of the Archangel Michael, etc.). On the one hand my interest was motivated by my mystical connection with Zoroaster and Zoroaster's actual connection with Jesus. On the other hand, following my climbing in the Spiritual Himalayas, I was fascinated by the enormous richness of Steiner's visions of the spiritual mysteries in the life of humankind. Actually, in this period of my spiritual journey, Rudolf Steiner helped me to understand and appreciate the Christ Mysteries in all their apocalyptic importance, power and glory. Reading his books, I was able to deepen my culturological and metaphysical knowledge from the past with new spiritual mysteries. Not surprisingly then I had a mystical vision of the inspiring work of Rudolf Steiner. This happened in the area around the Mussala Summit in the Rila Mountains.

Mussala is the highest summit not only in the Rila Mountain, but also in the Balkan Peninsula itself (approximately ten metres higher than Mount Olympus in Greece). The first summer camps of the Universal Brotherhood, led by the Master Beinsa Douno, were at the foot of Mussala, because of its sacredness (Mussala means "close to God"). Later on the summer camps were moved to the Seven Lakes area, but the Master, with some brothers and sisters, used to visit this sacred area practically every year.

I was hiking with some friends in this area, enjoying the sacredness, the majesty and the beauty of the Mussala range of summits. At some stage, as was usual in my mystical visions, the mountain started vibrating ethereally and the metaphysics of the area changed. I found myself in a most wonderful spiritual space in the causal world. The archetypal thought-forms of a University campus,

with many buildings with special architecture, appeared, forming a gigantic library with many rooms, with bookshelves, full of books. The books had their own shape, aura and content. Each one of them contained Divine knowledge about the evolution of Creation and humankind. Little by little this University campus, with thousands of light-books crystallised within me as the Steiner celestial Library. Perhaps this Library was taken from the Akashic Chronicles in the Mind of God where all the Wisdom is stored.

After a few moments I realised that I was making contact with the cosmic consciousness of Rudolf Steiner himself and was able to merge with him spiritually. Then I started picking up different books and to my surprise they revealed an important new spiritual wisdom for me. This wisdom was not in the form of cultural or even metaphysical knowledge, but rather in the form of living light, with its own aura and vibration. I, of course, happily spent some time in the Steiner celestial Library, reading the ethereal books and enjoying the mystical contact with him. In essence, I was making contact with the Higher Self of Rudolf Steiner and with the Divine source from which he was bringing his great wisdom.

Link with the Bulgarian National Soul and Spirit-Guide

After a few years, in 1978, I participated actively in the research about the origins and the stages of evolution of the Bulgarian musical folklore. For the fulfilment of this task I had to link mystically with the National Soul and the Spirit-Guide of the Bulgarian people, guiding its destiny for centuries, in order to receive some clarity. I was greatly surprised by the easy and warm-hearted contact with the Bulgarian National Soul and National Spirit-Guide. It seemed clear that the vibrations of the Spirit of Zoroaster and of the National Soul and Spirit-Guide were very closely interconnected!

As I mentioned above, the Spirit of Zoroaster was at the foundation of the religion of the ancient Bulgarian people. Perhaps this is why I was able to connect easily with the National Soul and the Spirit-Guide of the Bulgarian people and to find answers to important cultural-historical questions. For this purpose I linked with St. Ivan Rilski, who is considered over the centuries as the Personification of the Bulgarian Spirit-Guide. My mystical contact with the Soul and the Spirit of St. Ivan Rilski was very tender, joyful and produced many important spiritual visions and experiences. He helped me to find the necessary answers but he also revealed to me the mystery

of the National Soul and the work of the Spirit-Guide leading the destiny of the Bulgarian people.

Every nation has its own unique contribution to make to the wholeness of the human civilization and each nation has its own special spiritual mission. In order to fulfil this mission the Nation has to develop fully its National Soul and allow the National Spirit Guide to lead it through the centuries and millennia in fulfilment of its task. This process builds the life of the Nation as a Divine Temple. In it the National Soul is a wonderful, overflowing treasury of spiritual virtues, developed and manifested by the Nation over the centuries. The National Spirit is the Guide for the fulfilment of the mission through many glorious spiritual deeds.

Without doubt the High Priest in the Temple of the Bulgarian Nation is St. Ivan of Rila (St. Ivan Rilski). For centuries he has been perceived as a personification of the Bulgarian National Soul and the Spirit-Guide of the Bulgarian People. This is why his life and his Testament are written with golden letters in the Book of the Living of the Bulgarian nation.

For centuries Rila Monastery, which now keeps the relics of St. Ivan Rilski, has been a magnetic spiritual centre for thousands of people from Bulgaria and abroad. Often the pilgrimage to Rila Monastery is an event in human life and brings many spiritual fruits.

At Easter in the year 2000, I visited Rila Monastery with a small spiritual group, including friends from Ireland and Switzerland. The atmosphere in the Monastery was celebrative and I felt a special spiritual presence. When we entered into the Church, we were delighted to realise that our visit coincided with a great Monastery event – the exhibition of the relics of St. Ivan Rilski. They were presented in front of the Altar in a small box covered with a delicate white silk cloth.

In great love, respect and devotion I spent more than one hour in prayer and meditation appreciating the Holiness and the Divine Cause of St. Ivan Rilski. Gradually my meditation developed into an emotional vision, linked with the Cosmic Christ and St. Ivan Rilski as His devoted disciple.

The Master Beinsa Douno said that Christ is like a Conductor of all living souls. When the Conductor raises his baton, the souls get ready to play their part in the Divine symphony of Cosmic Life. Then the music starts and everyone expresses his or her soul virtues and Divine vibrations. If the Bulgarian nation could be compared with

an orchestra of souls from all generations, then St. Ivan Rilski is the First Violin of this orchestra.

My vision continued and at some stage I saw the Book of the Living of the Bulgarian People as a symphony score and I heard the inspiring tender music coming from the soul of St. Ivan Rilski. His devotion, his wonderful human virtues, his peace and Divine presence filled the whole space with the subtle and tender music of the soul. The Church, the Monastery and the whole area around became a source of spiritual life, light, love, faith and a bouquet of human virtues.

Little by little the aura of St. Ivan Rilski extended in time and space and enfolded the whole history of the Bulgarian people, as the light, the guide and the inspiration for merging with the Living Christ. As a National Spirit-Guide St. Ivan Rilski was playing the 'First Violin' in the destiny of the Bulgarian people. The power of his influence and the good deeds which were inspired by him formed a most wonderful symphony of life in which the Bulgarian people fulfil his Divine Mission. Thus the living presence of St. Ivan Rilski in time and space made Rila Monastery a spiritual Sanctuary of the Bulgarian people. Being a musician, I identified the music of the Soul and Spirit of St. Ivan Rilski with the cosmic-spiritual mysteries of music.

After immersing in the musical mysteries of the Soul and Spirit of St. Ivan Rilski, a flashing insight came to me: Oh my goodness! Rila is a great Sacred Mountain! Within a short distance (between the areas of Maritza Lakes, Rila Monastery and the Seven Lakes) there are three Sanctuaries of three great Musical Mysteries in the history of humankind, stretching over 3,000 years - the Musical Mysteries of Orpheus, the Musical Mysteries of St. Ivan Rilski and the Musical Mysteries of the World Teacher Beinsa Douno!

In my mind the words of the Master Beinsa Douno started to sound again: *In the near future musicians will come who will change the world.* These words emphasised the importance of deep penetration into the musical mysteries of Orpheus, of St. Ivan Rilski and of the World Teacher Beinsa Douno. They also emphasised the key planetary function of the Sacred Mountain Rila for gathering the spiritual fruits from the outgoing Indo-European Cycle and revealing the coming reality of the New Heaven and the New Earth in the life of humankind.

Without doubt the seed which the Teaching of Zoroaster planted in the Bulgarian spiritual destiny, grew over the centuries through the

Testament and Cause of St. Ivan Rilski in the tenth century and produced a wonderful *Tree of Life* in the twentieth century through the Teaching and the Cause of the Master Beinsa Douno.

The Celestial Music of Mozart

In Prague, in May 1979, my special appreciation of Mozart's music developed into a very inspiring spiritual experience. I went for a music specialisation in Prague and it was a very happy period in my life. My visit coincided with the well known International Prague Spring Music Festival and with meeting interesting colleagues. In Prague I had one of the most important spiritual events of my life – the Initiation of the Holy Spirit.

It is well known that Mozart spent happy months in Prague. Of course I was compelled to visit his museum, Bertramka, near Prague where he composed his famous opera *Don Giovanni* (1787). So, on a good afternoon, I went early to the museum and it happened that I was the only visitor. I started peacefully going from room to room looking with interest at the photos and explanations in the museum and listening to the music of Mozart, which filled the whole museum. In one of the rooms I had a very unusual experience. I felt as if the Heavens were open and the music of Mozart was pouring down on Earth as if from a celestial stream. I moved to the next room and this feeling stopped. Then I came back and it started again. So I was able to pinpoint even a place in this little room where I felt the celestial stream of Mozart's music. Of course I spent quite some time at this spot, in link with Mozart and in deep musical "meditation". During my meditation I heard the true celestial music of Mozart, music which, as a musicologist, I had never heard, and which perhaps he did not write down while on Earth. Little by little I entered into "musical ecstasy" where the celestial stream of Mozart's music was interwoven with the most beautiful colour rays of light which formed a very rich 'substance' of potential musical creations. It was a staggering transcendental experience for me.

When I was about to leave the museum I had an improvised conversation with the Curator of the museum. Because I was the only visitor (and very impressed by my own experience) she was happy to engage in a relaxed friendly conversation with me. In this conversation I understood that in the room where I had my mystical contact with Mozart, the big piano of Mozart stood, on which he worked on the opera *Don Giovanni*. It was an amazing confirmation

of my mystical musical experience. The music of Mozart and the Light of Zoroaster were interwoven in a most inspiring way.

Surely then I linked with the same Divine Source from where Mozart was channelling his Divine Music and Zoroaster his Divine Light! Despite the fact that Mozart actually composed the opera *Don Giovanni* in Prague, on this occasion I merged with the Spirit of Mozart who created *The Magic Flute* (1791) in which the figure of Sarastro gave initiation to the young couple, Tamino and Pamina, into the mysteries of Life, Light and Love.

The Rose of the World and the Mandala of the Heavenly Jerusalem

The Rose of the World revealed by the great Russian mystic Daniil Andreev was very close to my heart. Even before receiving the 'Zoroaster Announcement' this vision was one of my cherished dreams. After the announcement it, of course, became a very important spiritual task. After eight years of intensive work the vision of the *Rose of the World* by Daniil Andreev found a very interesting actualisation in the Mandala of the Heavenly Jerusalem, received by me in 1982. As could be seen from the Introduction, the Mandala of the Heavenly Jerusalem was one of the most important visions of my spiritual journey.

Later on, when I started writing *The Book of Resurrection*, describing the Mandala of the Heavenly Jerusalem, the Zoroastrian Mysteries came in great power and they were transformed for me as an understanding about the Second Coming of Zoroaster. Perhaps one of the purposes of all my stories connected with Zoroaster was just to experience and to give birth to the conception of the Second Coming of Zoroaster. It was not an intellectual one; it was based on all the amazing dramatic and existential experiences during this period. In the book *The Second Coming* I linked the Second Coming of Christ with the blossoming of the *Rose of the World*, the architect of which according to Daniil Andreev, is Zoroaster.

In His Second Coming the Cosmic Christ will bless us, on a collective level, with the mystery of the *Rose of the World*. The *Rose of the World*, introduced by the Russian mystic Daniil Andreev, is a poetic symbolic image of the integration of all religions, of all spiritual paths and traditions. Each one of them is like a petal of this cosmic Rose with an exquisite spiritual fragrance. The *Rose of the World* is a symbol of the heart centre of all humankind which now opens and begins to blossom. The beauty and fragrance of all spiritual paths and traditions come from the depths of the collective

heart of humankind - the centre of its Divine origin in God, springing from the Universal Soul. This heart contains inexhaustible potential, shines with all the colours of light and love, testifies to the infinite and passionate, always new and deeply moving Divine Love. Through the blessing of Christ, this sacred heart of all humankind will be opened. It is very significant that in The Great Invocation, channelled by Alice Bailey from the Divine World, there is a verse:

*From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.*

The collective heart of humankind originates in the Heart of God and Christ is the bearer of this mystery of Love. In His First Coming, by personifying Divine Love, Christ revealed the sacred heart of the human being. Now, in His Second Coming, He will reveal the sacred heart of all humankind. One of the most significant symbols of the mystery of Jesus Christ – the embodiment of God the Son - is the Rose on the Cross. It signifies the mystery of Divine sacrifice on the Cross of Crucifixion made in order to save humankind and to show the path of Resurrection and Eternal Life; at the same time it reveals the secret of the blossoming of the human soul.

In our time the blossoming of the *Rose of the World* comes as a symbol of the opening of the sacred heart of all humankind. It will bloom at the centre of the cosmic-spiritual Cross of Immortality created by the Cosmic Christ. The creation of the Mandala of the Heavenly Jerusalem, with its four directions and twelve gates, is the first act which constitutes this Cross of Immortal Life in the new reality. The twelve gates of the celestial Mandala, however, are personified by the Divine Masters and this is why the Mandala is the basis for the integration of all spiritual paths and traditions. Thus, the cosmic Cross of Immortality becomes the Cross integrating all humankind. Then the *Rose of the World* which will blossom at the centre of this Cross will indicate the opening of the heart centre of humankind. As a result of this Divine process, the greatest mystical event in human history will take place: communion between Christians, Buddhists, Muslims, Hindus, Hebrews, the followers of all spiritual paths, coming together at the centre of the Holy City and forming one people of God on sacred Earth.

It is interesting to compare the *Rose of the Heart* symbolism associated with the First Coming of Christ (the projection of the macrocosmos into the microcosmos) with the *Rose of the World*

associated with the Second Coming of Christ (the projection of the microcosmos into the macrocosmos) from the point of view of the astrological symbolism of the zodiac and the cosmic-spiritual Zodiac-Mandala (a detailed explanation of the Mandala of the Heavenly Jerusalem is given in Part One, Chapter Five).

The incarnation of every human being on Earth is represented by an astrological chart in which the system of co-ordinates, the horizontal and the vertical axes of the chart are like the Cross of Crucifixion: the human being 'takes his or her destiny' and experiences the trials and the lessons of his or her incarnation. However, when the human being ascends in spirit to the Heavenly Jerusalem, he or she enters into the new cosmic-spiritual system of co-ordinates of the Mandala of the Heavenly Jerusalem which forms the Cross of Immortal Life. There the Divine Self of the human being, born in Heaven, experiences an eternal journey in the Kingdom of God. He or she receives initiation after initiation and goes from love to love, from wisdom to wisdom and from truth to truth. In this way the human being enjoys the blossoming of the *Rose of the World*.

I could summarise that I received both an initiation into the mission of the *Rose of the World* and a revelation about the Heavenly Jerusalem (see the *Book of Revelation*, 21: 9-27) as the totality of the Kingdom of God where there are many mansions.

Subsequently, the manuscript of *The Book of Resurrection* (1982 - 1984) depicting the Mandala of the Heavenly Jerusalem was the first draft of the "Great Drawing" of the *Rose of the World* and provided the esoteric basis for the integration of all spiritual traditions. Later on, the book *The Second Coming*, revealing the essence of the New Coming of the Divine Masters, the Divine Wedding in Heaven and the Dawn of the New World Religion was the second draft describing in much more detail the mission of the *Rose of the World*, envisaged by the great Russian mystic Daniil Andreev.

In the Footsteps of the Young Jesus

From the very beginning of my 'Zoroaster Story' I was deeply impressed by Rudolf Steiner's book "The Gospel of St. Luke" and his concept that at the age of twelve the Spirit of Zoroaster came to live in the boy Jesus. In the months afterwards I understood wonderful things about Rudolf Steiner's conception about Jesus being Zoroaster, and what is to develop your higher etheric, astral and

causal bodies. In a sense it was the task to integrate in one's Spirit various spiritual aspects of God and the Universe before merging with Divinity.

Developing the higher spiritual bodies means growing like a *Tree of Life*, as a cosmic-spiritual being, created in the image and likeness of God. If by opening the soul we write our names in the Book of the Living, by developing ourselves as a *Tree of Life* and awakening our Divine Self, we become born from God. These human beings can receive an anointing and fulfil the Will of God by bringing new fruits from the *Tree of Life*.

I embraced this task warmheartedly and tried to develop my etheric, astral and causal bodies. For this purpose I had to become like a 'celestial laboratory subject' where the Divine Spirit would come and through merging with the cosmic bodies of the Divine Masters and the Personifications of the Divine Mother, help me to build my higher spiritual bodies. The fact that everything happened in the realm of the Spirit, in the Causal World, meant that my identifications with the Divine Masters were not a sign of being their incarnation on Earth, but a reason to merge existentially with them through various emotional spiritual experiences.

I started my spiritual journey, influenced by Ramakrishna, but after the 'Zoroaster Story' I merged with his cosmic body and this mystical contact helped me to build my etheric body. In Bulgaria my spiritual Teacher was the Master Beinsa Douno and after my 'study' in his Spiritual School of the Soul, I was able to open my soul and to merge with the cosmic body of the Master in the Mystery School of the Spirit. Here the Master Beinsa Douno helped me tremendously to build my astral body. In a similar way I was helped by other Divine Masters to build my causal, buddhic and atmic bodies. Of course, the process of building each of my bodies through mystical contact with one or another Divine Master was a great existential story.

Ramakrishna and the Master Beinsa Douno helped me to develop different spiritual bodies, but of course, the 'Zoroaster Story' was the challenge, the impulse, the trigger, which compelled me to awaken my higher Divine Self.

After developing my spiritual bodies I became like a chalice integrating the essence of the various world religions. When the process was more or less complete, the Heavens sent me to Western Europe to continue my spiritual journey. I went first to England and then settled in Ireland, but I was not the 'musicologist' Leon

Moscona, with a position in the society, with a personal history and surrounded by relatives and friends. I was rather like a Light Being, a Monk in the world, a Messenger ready to serve God and humankind in whatever way the Divine Plan required. My earthly personality became transparent to allow the higher Self to act. In all world religions this process is known as the dying of the ego-personality, followed by cosmic-spiritual rebirth, becoming born from God.

Chapter Two

Developing the Etheric Body

The Divine Guru Ramakrishna

The great Hindu Guru Ramakrishna was and remains for me my first spiritual love. The Divine Guru helped me to purify and develop my etheric body.

Soon after my spiritual awakening in January 1970 in Moscow through reading the book *The Great Initiates* by Eduard Schuré, the first opportunity to start the spiritual journey came. With two close colleagues and friends I was accepted into a course for autogenetic training. Actually this course was a "facade" for a spiritual group orientated towards spirituality and Yoga in particular. In the months that followed we entered into the "real spiritual work". As a result of this work I became a vegetarian and started working with Kundalini energy. It is interesting to note that as soon as I started awakening the Kundalini energy, which "sleeps" at the bottom of the spine, I immediately experienced an opening of the first five chakras (albeit only partially).

Together with this practice, I began reading inspiring books on the great Yoga tradition with great enthusiasm. Some of them were Shankara, Ramakrishna, Vivekananda, Ramacharaka and other thought-provoking books, including many from different traditions: the Bible, Gurdjieff and Ouspensky (*The Fourth Way, In Search of the Miraculous*); Rudolf Steiner ('*Knowledge of the Higher Worlds: How is it Achieved*', '*Occult Science: An Outline*', '*Theosophy*'); Lama Anagarika Govinda (*Foundations of the Tibetan Mysticism*), the Sufi poets Rumi, Hafis, Omar Haiam and others.

One of the first books which I read, however, was *The Life of Ramakrishna* by Romain Rolland. I was so deeply impressed by the story of Ramakrishna that I lived with this story for weeks and months. According to Romain Rolland, Ramakrishna, born into the nineteenth century, embodied the Divine qualities of both Rama and Krishna and became 'Ramakrishna'. After attaining the highest state of consciousness of a Hindu yogi, nirbikalpa samädhi, he turned to other spiritual traditions. Because of his final self-realisation in Yoga he was able to experience the highest spiritual states of other traditions. Practising the Buddhist path for a while, he experienced the state of nirvana. At another time, he took up the practice of the Islamic tradition and experienced the great spiritual

beauty and treasures of this path through direct contact with Muhammad. Later, he was very deeply touched emotionally by the mystery of Christ's crucifixion and resurrection, and experienced this mystery by merging with Christ. The mission of Ramakrishna was to confirm that all spiritual traditions come from one and the same Divine Source and all lead back to this Source. At the same time Ramakrishna was ecstatically devoted to the Divine Mother:

In various ways Sri Ramakrishna tasted the bliss of communion with God - sometimes merging himself totally in the Absolute, sometimes as a child of the Divine Mother maintaining an appearance of duality. (Thus Spake Sri Ramakrishna, Sri Ramakrishna Math, Madras, p. x-xi.)

At that time I embraced with all my heart the task of the integration of all religions and, of course, Ramakrishna was the perfect example for me. I also became very inspired by the mystery of the Divine Mother. In other words, at this time Ramakrishna was a wonderful embodiment of my most cherished spiritual goals.

Kundalini Practice

Pursuing these cherished goals I started working on my Kundalini system. I remember that in one of the 'autogenetic sessions' the leader of the group told me: I think you could raise your Kundalini energy. Concentrate on the bottom of the spine, invoke a heat wave and imagine that the Kundalini energy begins to rise through the Sushumna channel on the spine.

So, I did. As soon as I started this exercise I felt the heat at the bottom of the spine and the Kundalini energy began rising like a tiny column, resembling Mercury in a thermometer, through the Sushumna channel on my spine. I concentrated on this process of rising and little by little the Kundalini energy began to open one chakra after another (although only partly). The feeling was that this 'tiny column' was getting stronger and hotter all the time. Opening one or another chakra, it evoked the specific sounds associated with them: for instance, passing through the heart chakra I heard very clearly the sound of bells. When it reached the top of the head I felt that going further was dangerous and I gradually relaxed myself and came out of the meditation.

Day after day I activated the Kundalini energy and experienced the tracing of its various 'channels' in the body and the opening of the main centres, the chakras. Thus little by little I began to clear and develop my etheric body. I understood perfectly the intensive work

of the yogis on their physical-etheric bodies with some purification procedures, with special diets and fasting, with many exercises and pranayama, aiming to open their chakras and to take control of the subtle energies of their etheric bodies. Then they were able to work with the subtle energies, to build their spiritual bodies, ascend to the Higher Worlds and achieve the state of *samadhi*.

The effects of raising Kundalini were very interesting and powerful: at the beginning I felt as if my entire spine was on fire; I was sleeping only about three hours per night, but still felt full of energy; waves of love and inspiration were coming and going; when working on my PhD thesis I realised that my thoughts were penetrating deeper and deeper into the subject. One morning I woke to the sound of wonderful church bells and asked my hostess: Why did you not tell me that there is a church in the area? She looked at me with puzzlement and said: What church? There is no church around at all. In fact, I heard the sounds of my opened heart chakra.

Another time as I was doing my Kundalini practice, I left the body and started 'approaching' the Moon. The Moon became bigger and bigger, almost filling a quarter of the sky. Then suddenly, I changed the direction of my 'mental flight' and I found myself in the midst of the spiritual cosmos. I entered into a most beautiful state of cosmic consciousness where I heard the wonderful sounds of the harmony of the celestial spheres. Perhaps this was some kind of *samadhi*.

Developing further my Kundalini practice I started using the method of B. Sakharov for opening the third eye. I concentrated on the third eye and evoked spiritual colours – from violet to golden white. When the meditation was successful I saw very bright pulsating spiritual colours which filled the whole space; sometimes I felt these colours radiating from my third eye. At some stage, by practicing this method and going deeper into the meditation, I was 'seeing' the whole of Creation as Divine Spirit with the third eye. Of course, in order to merge with this Divine Spirit, I had to open my seventh, *Sahasrara, chakra*.

The Cosmic-spiritual Romance with Ramakrishna

In his book *The Life of Ramakrishna* Romain Rolland wrote that in one of Ramakrishna's intimate conversations with the Divine Mother he was told that he would be embodied again in the middle of the twentieth century somewhere in Europe in order to continue his mission. Not immediately, but after a while, when I had some achievements in Yoga through raising the Kundalini energy, a

thought crossed my mind in great spontaneity: what if I am this incarnation of Ramakrishna? I was actually born in the middle of the 20th century (1941), somewhere in the centre of Europe (Bulgaria) on August 15 (the day Ramakrishna ascended to Heaven). Of course I did not identify completely with this possibility, but nevertheless it was an open question, which gave me a deeper and more existential approach to Ramakrishna's life and his Mission, especially after the 'Zoroaster Story'.

Ramakrishna used to tell his disciples that when he raised Kundalini, the Kundalini energy was first as a tiny stream in his spinal cord, then it filled the whole spine, after this - the whole body began to vibrate as a column of Kundalini energy. Deepening his meditation Ramakrishna felt that his body, as a column of energy, was becoming bigger and bigger and finally dissolved into the Universal Kundalini energy. Reaching this ultimate state, the Divine Guru Ramakrishna slowly came back, in reverse order, to his physical body – reducing the universal energy to the shape of his body, then to the spinal cord, then to the tiny stream of energy in it and finally even it disappeared. Ramakrishna used to say also that in the state of Samadhi he saw the whole of Creation as a Temple, full of dazzling light, with brightly lit chandeliers.

After the 'Zoroaster story', I realised, in the Mystery School of the Spirit, that by meditating and praying devotedly to Divine Masters, or to the Divine Mother, one could merge with them. So, for quite some time Ramakrishna became a most inspiring example for me. I was very impressed by his style of life, by his prayers, by his visions of the Divine Mother, by his states of Samadhi. I tried to live the spiritual life as he lived, in great devotion and in great purity. It was really a fascinating practice. I was even able to experience Creation as a dazzling Divine Temple. When I followed his example of raising Kundalini, from time to time, I dissolved into the Universal energy and was able to enjoy the bliss of communion with God - sometimes merging totally in the Absolute, sometimes as a child of the Divine Mother maintaining an appearance of duality.

It was a very interesting period in my life - going regularly into the mountains to pray, to meditate, to feel the purity of the etheric body of Ramakrishna and aspiring to have something like this. Following the example of Ramakrishna I had very subtle spiritual and mystical experiences. Later on they developed into even seeing the Divine Mother and speaking with her as Ramakrishna did. Of course it was quite rare in those times. From time to time Ramakrishna spent all his days in communion with the Divine

Mother, but the contact with the Divine Mother came to me through Ramakrishna. It came much later but it came through him.

I began to envisage how, when Ramakrishna returns, he would work for the integration of all religions and all spiritual paths and continue his devoted worship of the Divine Mother. Now in our epoch, the epoch of the Second Coming and the return of humankind to the Kingdom of God, the Divine Mother is the One who holds the reality of the New Heaven and the New Earth. Therefore, Ramakrishna, ecstatically devoted to the Divine Mother, in his new embodiment will proclaim her mysteries and the birth of a new spiritual world.

After the story with Zoroaster I became much more aware of my etheric body – this body of prana energy, Kundalini, of Light energy, which is the body which determines our ability to see and to penetrate into the spiritual worlds. If the etheric body is blocked, the consciousness is in a material, corporeal, dark state. If it is vibrating, it is like an etheric fire which transforms our daily life – the food, the air, the thoughts, the feelings, the actions and the life energy, allowing us to see and to penetrate into the Higher Worlds.

The etheric body is the life-body of the physical body. The body of the subtle energies, of the four elements, of the prana; it's the screen, the aura screen of all higher bodies. When somebody passes over, the first thing which happens is that the etheric body disappears and the physical body is a corpse without life. It is very subtle to understand the etheric body as the life body, the first connection between matter and our soul, our spirit, our Divine Self. That is the connection, the link between us as incarnated persons on Earth and as spiritual beings.

In retrospect I could say that Ramakrishna helped me not only to purify and develop my etheric body – he directly influenced my entire spiritual journey and my Mission. In a similar way as Ramakrishna, I experienced some of the highest states of consciousness of the world religions such as Hinduism, Buddhism, Christianity, Islam, Judaism and others. I have a great love and devotion to the Divine Mother and in my book *The Second Coming* I introduced Her Gospel – The Gospel of the Divine Mother. Even now my mystical connection with Ramakrishna continues and gives me, every now and again, unexpected spiritual visions and fruits. Of course, it is not by chance, because he was my first spiritual love and remains always with me.

Twenty-Four Days Fasting

At the beginning of April 1980 a friend of mine suggested to me to start fasting. She herself was fasting at that time and experienced great spiritual results. Since my study in Russia in the early seventies I was familiar with various diets and the idea of fasting through the book *Fasting for Health* by Yuri Nikolayev. I was not sure however whether it was appropriate to start fasting in the middle of my intensive professional activities. I opened a book from the Master Beinsa Douno, at random, and immediately I came across the suggestion that some people in special circumstances have to undergo a fast for more than a week. So, I decided to embark on this process and, guided by my friend, I started my fasting.

At the beginning it was easy because the body used the stored food within itself. After a few days it started 'looking' for the 'hidden reserves'. Then it began to clear the toxins, some unnecessary 'fats' and other harmful substances in the organs. After a few weeks the body 'entered' into the chemistry of the cells and began its cleansing process there. It was amazing to learn and to experience the schedule of the cleaning process of the body: the organism of the human being is such a perfect 'biological factory' (a result of life evolution for millions of years) that it 'knows' all the mechanisms of self purification and healing.

Meanwhile I experienced the whole spectrum of psychological feelings – from pain and suffering to ecstasy and 'levitation'. After the first three or four days in the process of self healing, some of the old physical injuries in the hands, the feet, the arms, and other parts, reappeared. This was an indication that in the 'healing crises' the body was clearing the old 'records' of injuries printed in it. Then gradually it began clearing the records of some past illnesses, going into the skeleton and the organs. For instance, in 1968 I suffered from stomatitis and around the twelfth or thirteenth day of my fasting the pain in my gums returned and I was not able to sleep for forty-eight hours. In fact, through the various healing crises I was able to read the records of my injuries and illnesses. Here it is important to emphasise that, during the fast, after every pain and health crisis, the body cleared them from the cellular records and they were deleted from memory.

During the whole process of fasting I was working, but on a reduced schedule. Nevertheless there were quite a number of challenges. For instance, when I was on my fourteenth day of fasting I had to read my Commentary for the PhD thesis of a friend of mine in front of a

large academic audience. I ascended slowly to the rostrum, arranged my papers and opened my mouth for the reading, but there was no sound at all. After a few seconds I took a deep breath, produced a strange voice from the abdominal area and read my comments. My friend and my colleagues were happy with the content, but asked me from where this voice came and why I was so pale.

On another occasion, when already on my nineteenth day of fasting, the doorbell rang and the caller exclaimed: Great! Finally I found a young man in the building who could help us to load the lorry with the collected rubbish. It was pointless and risky to tell her that I was on my eighteenth day of complete fasting, so I descended and, with the help of the Invisible world, completed the job with two more people.

On the nineteenth day of fasting my friend who guided my fast told me: Let us go for an excursion to Vitosha (the nearby mountain). Perhaps it was a part of the fasting process, but it was not easy to climb the mountain in my lack of energy. When I entered into my twenty-fourth day I alarmed my parents with an unexpected fainting and, despite the fact that I was still happy to continue my fast, I had to stop it for the sake of their peace. Then gradually for the same length of time, twenty-four days, I returned to normal eating.

The process of fasting was very dynamic but with ups and downs all the time. The downs were the healing crises with the pain and the lack of energy. The ups however were unbelievable. In these moments the body felt completely relaxed, transparent, almost 'levitating'. Clairvoyantly I became intimately familiar with the processes in my physical and etheric bodies and their connection with the higher spiritual bodies. In these higher moments my psyche was very peaceful and clear; I was in a state of 'nirvana' and wondered why the people were rushing to eat and were so preoccupied with their daily routines. My mind was channelling many spiritual ideas and impulses related to the meaning of life and the purpose of human incarnation on Earth; the fabric of the society and the essence of our civilisation became clear to me.

In my Soul and Spirit I was envisaging my future and the possible variants of my spiritual work in this lifetime. I made a direct link with my body as a product of Nature, with my psyche as the result of human civilisation and with my Soul and Spirit as the Human Being created in the image and likeness of God. The process of fasting revealed to me why in all spiritual traditions this practice is

the necessary preliminary step to initiation in one's purpose in life and mission on Earth.

The Sacred Dance Paneurhythmy and Developing the Etheric Body

Of course, at that time, my own spiritual Master Beinsa Douno also helped me, invisibly, to purify and develop my etheric body. This happened by following the style of life of the disciple which he recommended and especially by doing the sacred dance Paneurhythmy. In fact one of the first and main tasks of the Paneurhythmy is to purify the physical and etheric bodies, to help in opening the chakras and to direct the spiritual disciple towards the Higher Worlds.

The Paneurhythmy is a sacred dance and as in any dance the movements are of primary importance. The movements of the Paneurhythmy are simple, natural and free flowing, but in their simplicity they represent the primal movements of the human body. They are the natural language of the body and can be used to express a great variety of emotions, thoughts, ideas and psycho-physical sensations. Figuratively speaking, we could say that the movements in the Paneurhythmy are like archetypal movements of the human body charged with living energy in accordance with the psycho-physical condition and spiritual evolution of the individual.

The Master Beinsa Douno put great emphasis on the physical activity of the disciples. This is very natural because without physical and spiritual strength, human beings cannot follow the path of the disciple and transform their lives on Earth. For this purpose the Master gave many sets of physical exercises which are connected with profound psycho-physical processes within the human body (the physical, etheric, emotional, mental, etc.).

In giving the exercises, the Master distinguished three types of movements - mechanical, organic and psychic:

Movements in which the inner life does not take part, where the rational powers act from outside and not from within, are mechanical. Organic movements are those in which the inner life takes part, but not as a clear, conscious thought. In psychic movements there is a clear, definite thought.

The Paneurhythmy is based on psychic movements:

In the Paneurhythmy every line of motion corresponds strictly to certain forces within the human organism and human consciousness, and arouses them to activity. Thus, the Paneurhythmy acts as a

stimulant for calling forth to life the science of harmonious movement in connection with human thought and feeling. One must think, feel and move simultaneously in the Paneurhythmy. If the movements of a person are not connected with his thoughts and feelings, which must participate in every movement, they will be mechanical and will not exercise that powerful renovating and revitalising effect upon the body, mind, soul and spirit of man. (The Master Beinsa Douno)

The main purpose of the Paneurhythmy is to work on all our spiritual bodies simultaneously and to establish an harmonious dynamic connection between them. The Paneurhythmy works on our physical body, etheric body, emotional body, mental body and will body, and brings them to higher levels of realisation, thus facilitating the first, and even the second, resurrection.

The Paneurhythmy activates all our bodies, synchronises their functioning, causes an interchange of energies and brings them into perfect balance and harmony. For instance, when we begin the Paneurhythmy with its first movement, Awakening, we open ourselves to receive Divine blessings on all levels of our being. By extending our arms (from hands on shoulders to arms fully outstretched), we relax physically and open our physical body to receive the energy of Nature and to experience a living contact with the elements, the Sun and the Earth. At the same time, we relax psychically, leaving aside all our human problems and worries, and prepare our souls for a great spiritual journey 'led' by heavenly Music, living Light and sacred Words. On the level of the spirit, we inwardly take the position of children of God who, in joy, openness and sacredness, are ready to enter into the mystery of life, vibrating throughout the whole Universe. As a result, from the very beginning of the Paneurhythmy, we harmonise our psycho-physical sensations, thoughts, emotions and spiritual actions. It is amazing that this rich complex of meanings is based on one of the most simple and natural movements of the body, i.e. stretching our arms from the shoulders outward.

The harmonious activation of our different bodies has a tremendous effect on the physical organism. It raises the vibrations of the physical body and makes it a powerful base for the whole structure of our being. The physical body itself is built as a perfect organism, the crown of the creativity of Nature. Thus, by establishing harmonious contact between the bodies, we become able to experience our connection with Nature through the physical body. It is a source of great joy and excitement to experience a profound inner connection with Nature when we feel the great Divine Life in

every cell of the body. The Panorhythmy helps us to establish contact with Nature, not only outside ourselves, but inside as well, as the mystery of life within the body and its perfection as a Divine organism. The Master said:

The movements of the Panorhythmy are drawn from nature itself. The laws of the Panorhythmic movements are inscribed in the cosmos. These movements are based upon a profound understanding of the forces operating in the human organism as well as in the whole of Creation.

It is important to emphasise the role of the Panorhythmy in activating, revitalising, purifying and illuminating the physical body in harmony with all other bodies within the human being. Through the Panorhythmy we are reinforcing the life-energies of the physical body and we are creating a powerful etheric body. This transforms our dull, inert physical body (a result of a sedentary style of life) into a very sensitive living organism, full of subtle currents and energies, able to respond perfectly to all outside influences and to the spiritual activities within. Then each Panorhythmic movement becomes a channel of life, triggering different energies and shaping an essential 'body-mantra'.

In the Panorhythmy the whole body participates:

In the movements of the Panorhythmy the hands and feet take part; the whole body is in motion taking up such positions as correspond to the words and musical tones. All kinds of geometric lines can be seen in the Panorhythmy: straight, curved, wave-like and mixed. There are strong, soft and light movements. The curved lines predominate in the soft ones; the straight in the strong, while the light movements are composed of both curved and straight lines. There are electric and magnetic, cold and warm lines. (The Master Beinsa Douno)

This large range of movements forms the very expressive 'body language' of the Panorhythmy. Due to the psychic nature of the movements and to the synthesis of music, words and colours, each movement is like a 'body-mantra', an 'archetype' capable of releasing the living energies of body, mind, soul and spirit. Thus, the body language of the Panorhythmy can express an enormous variety of spiritual ideas, thoughts, emotions and psycho-physical states. It can transform the energy of our bodies and the connections between them; it can create a living spiritual space around us and open new metaphysical dimensions.

By dancing the Panorhythmy and performing the living geometric forms of its movements, we are creating a subtle etheric space

around us. We fill this space with the aura of our bodies and begin to experience the alchemy of transformation of energy from one body to another. This process fills all the cells of the body with love, light, life and prana, and connects the body with the substance of the soul which is woven by heavenly Music, living Light and sacred Words. As a result, we experience a metaphysical change of space, time and matter: the space around us becomes 'alive' as a Divine sea of Light, Love and Heavenly Presence; time receives new mythological dimensions and opens up the currents of time in the higher spiritual worlds; matter reveals its primordial unity, not dull and inert, but vibrant, with rhythmic life and light, with celestial sounds of songs and harmonies.

Through the Teaching of the Master Beinsa Douno and through the Panneurhythmy I also developed my astral body. This was connected with another amazing story of a metaphysical and mystical link with the Divine Master Beinsa Douno. Again, in line with the pattern of the existential stories of building my spiritual bodies, I found many common features with the Teaching and the Life of this great Bulgarian Master.

Chapter Three

Developing the Astral Body

The Astral Body

The astral body is connected with the entry into the Angelic World, the second world of the three-fold structure of the Universe. The entry into this higher spiritual world requires a great psycho-physical transformation. Human beings have to undergo the process of 'rebirth in the Spirit', what I call, the first resurrection.

In the first resurrection the human being is transfigured from an earthly personality into a heavenly soul (a 'psycho-soulful essence'). The inner 'spiritual senses', i.e. the mind and the heart, develop in the process of the blossoming of the soul and grow into the bodies of the higher intellect, higher emotions and higher will. The human being is then imbued with very fine, strong, yet delicate feelings; profound insight into the spiritual aspect of life is gained; the limitations and obstructions of the egocentric 'I' are overcome and the person starts to 'live for the whole'. Gradually this process leads to the realisation of the spiritual essence of the Universe. Thus, the person enters into the spiritual cosmos which is a multi-dimensional world of spiritual realities within new spatio-temporal co-ordinates.

With the blossoming of the soul, the human being no longer identifies solely with the physical body, but sees himself as a psycho-soulful essence (a part of the Universal Soul), consisting of spiritual colour rays of light and living heavenly music in which the highest human virtues are manifested. With the first resurrection the human being becomes one with his or her soul, understands the spiritual nature of the Universe, creates new bodies of light, develops new abilities and finally enters into the celestial world of angels.

After the first resurrection human beings become able to express all Divine virtues hidden in their souls. Behind each of these virtues (such as love, joy, peace, patience, kindness, charity, faith, gentleness, humility, compassion, beauty and many others) lies a spiritual colour ray of Light emitted by the highest heavenly world. So, when a person develops the qualities which each Divine colour ray brings, his or her aura will contain all the spiritual colours of the Divine Rainbow and will approach the integral White Light of the Cosmic Christ.

To contemplate the idea of human souls sprouting and blossoming in the Garden of Paradise is to experience an exciting vision. From a subjective point of view the ocean of love, light and music manifests itself as a Divine Garden with myriads of cosmic-spiritual flowers - the human souls - each with incredible beauty, fragrance and uniqueness. This Garden is the world of the Universal Soul where the 'ground' is the archetypal world of our material cosmos, the 'flowers' are the blossoming human souls, the 'gardeners' are the Divine Masters, the workers and helpers are the angels and many light beings from the heavenly worlds. The spiritual 'Sun' giving light and life to this Garden of Paradise is God Himself who unceasingly radiates Divine Love, Wisdom and Truth.

Blossoming of the Human Soul

In the Spiritual School of the Soul of the Master Beinsa Douno I began to work on my astral body and I experienced the blossoming of the soul and the First Resurrection.

The development of my astral body guided by the Master Beinsa Douno began gradually, step by step. Ramakrishna was my first spiritual love, but starting my journey, I needed a spiritual Master on the Path. It is well known that when the disciple is ready, the Master appears. Soon after my awakening and spiritual romance with Ramakrishna, a Bulgarian friend in Moscow helped me to find my spiritual Master (1972). Amazingly this was the Master Beinsa Douno from Bulgaria (1864-1944), whose community was a thirty-minute walk from my home in Sofia.

Coming back to Bulgaria from Russia for the winter holidays, I established contact with the Universal Brotherhood of the Master Beinsa Douno. Initially I thought that the Master Beinsa Douno was a great spiritual Teacher like a Hindu Guru. Very soon however I realised that he was something much more – he was the expected World Teacher, an incarnation of the Spirit of Christ in our times, who, continuing the Teaching and the Cause of Christ, brought the Teaching for the new epoch of Aquarius. This was a staggering revelation, which became clearer to me in the following months and years.

After my final return to Bulgaria from Russia (1973), I rearranged my life in accordance with the spiritual tradition of the Master Beinsa Douno. From a "bright intellectual" I became a devoted spiritual disciple – prayerful, meditative, studying spiritual literature and living a wholesome style of life. Moreover I tried to

transform and spiritualise all relationships in my life – social, professional, friendly, family, intimate and others. Thus, at the risk of losing my job, being exiled and other possible recriminations, I became a committed participant in the spiritual community of the Master Beinsa Douno and started my journey to the higher celestial worlds. Soon the first spiritual fruits began to appear.

In the years that followed, my life in the spiritual school of the Master Beinsa Douno was a very happy and fulfilling one. I attended spiritual gatherings on a weekly basis, participated in excursions with inspiring spiritual conversations every weekend and celebrated the main spiritual festivals of the year. The climax of the spiritual school was the summer camp in the Rila Mountains. Thus, following the teaching of the Master Beinsa Douno, I resolved my main existential questions, such as the purpose of life, the secrets of life and death, my place in society, etc. and felt like a celestial child growing up in Divine, Love, Wisdom and Truth.

The real experience of the Garden of Paradise consciousness came in the summer spiritual camps (in 1972, 1973, 1974 and further). There, for a month or so, the participants learned to live together in love and friendship as one great spiritual family, to appreciate Nature and all forms of life and to overcome the challenges which the high mountains present. The focus of the day in these summer camps was the morning prayer and meditation at sunrise, which lasted about ninety minutes, followed by the Paneurhythmy, lasting another ninety minutes. So, for about three hours every day the participants, in the morning, were witnessing and participating in the great cosmic-spiritual life, integrating all levels of Being. Of course, the spiritual life continued in various forms throughout the whole day (spiritual excursions, common lunches, evening prayer-meditation, etc.). It was really a life in a celestial world where we were allowed to eat the fruit of the *Tree of Life* that grows in the Garden of God." (Revelation 2:7)

During these sacred hours many people, including myself, experienced a blossoming of our souls. My eyes were opened and I perceived the mountains, Nature, the Earth and all of life on it as a magnificent sea of Divine Love, Light, Music, Colours, spiritual thought-forms. I felt a deep spiritual contact with my beloved Master Beinsa Douno, whose Spirit led me from one to another beautiful world in the Celestial Realm.

The Celestial School of the Master Beinsa Douno

One of the most inspiring first experiences for me on Rila was the vision of the celestial school of the Master Beinsa Douno. In 1975, in preparation for the summer camp, I spent a few days alone in the mountain house of Yastrebetz. At that time the lift from Borovetz did not exist and the virginity and the beauty of the area was exquisite. Every morning I would meet the Sunrise from the hill above the house.

In general, the Sunrises were magnificent but one surpassed them all. The prayers, the songs and the formulas of the Master Beinsa Douno became alive and the whole space was lit by his Divine Spirit: the songs reverberated as celestial music (revealing the harmony of the spheres); the prayers and the formulas became Living Words; the Universe appeared as a living spiritual cosmos, full of Light Beings.

Little by little, caressed by the Sun beams and the tender breeze, I entered into a new time-space experience - the cosmic-spiritual Spring of the Universe. In it Creation was like a 'blossoming' Divine entity! The vibrations of the four elements were raised to the ethereal level and became the metaphysical essence of four Initiations through the elements.

At this sublime moment I entered into the Celestial School of the Master Beinsa Douno. In it the Universe, the Solar system, the Earth and all the Kingdoms of life became a continuum of living sacred energies. I felt that we, the awakening human beings, as Sons and Daughters of God, were invited to enter into our Celestial Home and to grow in Divine Love, Wisdom and Truth.

I had heard a lot about the Celestial School of the Master from the older brothers and sisters of the community, but I never imagined such a wonderful and majestic metaphysical Reality. The thoughts and the feelings which I experienced were ecstatic and I gave thanks to the Master from the depths of my heart, mind, soul and Spirit. Mystically I merged with the perfect Celestial Body of the Master and felt his Divine embrace.

The development of my astral body was greatly helped by the Paneurhythmy and by the Testament of the Colour Rays of Light. The Master Beinsa Douno also blessed humankind with a very special and sacred book - *The Testament of the Colour Rays of Light*. In this book he selected verses from the Bible, which the Divine Spirit addressed to the prophets or spoke through Jesus Christ, and linked them to colour rays of Light, human virtues and Divine

attributes. The book reveals the secret of the Human Being in the manifested universe - beginning with birth from God as a Divine spark, continuing through the conscious spiritual path as a disciple, until final mergence with Him. The book also contains esoteric keys to the Initiations of the epoch of the Old Testament, the epoch of the New Testament and the new epoch, the epoch of the Holy Spirit. Thus, the energies of the whole Messianic plan and the development of the human being as a Divine *Tree of Life* are encoded in this sacred book.

Here it is interesting to mention that in 1974 the leader of the Brotherhood, Brother Boris Nikolov, gave me the personal copy of the Testament of the Colour Rays of Light, which belonged to the late Brother Boyan Boev. This Brother was one of the most advanced spiritual disciples of the Master and received the book personally from the Master. I spent many hours and days with this book and it became for me a living "umbilical cord" of connection with Brother Boris Nikolov, Brother Boyan Boev and the Master Beinsa Douno himself. Because of this personal relationship, the book revealed to me many of its deeply hidden secrets. Now I consider the Testament of the Colour Rays of Light as one of the most sacred books in the spiritual history of humankind, which gives keys to the essence of the Human Being as the blossoming *Tree of Life* in Creation.

Similar Patterns

I never compared myself with the Master and I will never do this, but nevertheless the similarities are quite numerous and perhaps they could signify something important for my spiritual task on Earth. In astrology there is a principle that "the more the persons are individuated, the closer they follow similar life patterns". All these similar life patterns helped me to understand much better the Teaching and the Cause of the World Teacher Beinsa Douno and to prepare myself for continuing his Mission.

Let me give a few examples. After finishing the research project "The Main Tendencies in the Development of Human Culture until the Year 2000", I became a lecturer on this theme. My first lecture was on March 22, 1978, in Burgas. In the following months I had lectures in Plovdiv, Pleven and Sofia. My 'nation-wide' tour reminded me of the tour of the Master Beinsa Douno at the beginning of the twentieth century, taking him all over Bulgaria with lectures on phrenology. Of course, his lectures were just the opportunity to assess the spiritual situation in Bulgaria and to

choose his first disciples from various towns (incidentally, one of his first disciples was from Burgas). I noticed the interesting coincidence that, actually, I had my lectures in these towns at the same age as the Master was when he started his tour of Bulgaria (around thirty-six or seven years of age). Inevitably I found more parallels between the unfolding of my life and the life of my beloved Master:

- The Master studied in the U.S.A., while I studied in Moscow, Russia for a similar period of time and at the same age;
- The Master was given his important Proclamation from Heaven (revealing the historical roots of his mission in Bulgaria) at the age of thirty-three; I received my Zoroastrian documents also at the same age;
- The Master started his tour of Bulgaria in 1900 (at the age of thirty-six or seven); I started my tour in Bulgaria at a similar age;
- The Master gave his first public lecture in 1914 (at the age of 50), while I introduced the Nine-Fold Rainbow Path in Ireland in 1991 for the first time (at the age of fifty also);
- The Master started his Spiritual School in 1922; I started a spiritual school in 1999 (i.e. at the same age of fifty-eight).
- The Master and I were both musicians
- Our fathers were well known in their fields of activity.

These parallels could be continued, sometimes in an unusual way. For instance, the Master won the "lucky ticket", which liberated him from serving in the Army. Unfortunately just one year before my time for service in the Army, the service became compulsory for everyone. This was a very unpleasant surprise for me, which turned out to be the only way to create the possibility for me to study music and to go to Russia. It seemed reasonable that with my good diploma from the secondary school I should have gone on to study something scientific (following in the steps of my brother), instead of going into the Army for two years (the students had a very short special military education during the summer). But without serving in the army (for more than two years) my whole life would have taken a completely different direction.

Our epoch is so important and crucial for the evolution of humanity that we could expect that the Master Beinsa Douno would come again, at least on the ethereal level, in great Divine power and glory (as the Second Coming of Christ). Certainly the Divine Spirit, who incarnated in Jesus Christ and who spoke through the Master, will

send an Initiate in our time to bring a new Message (not after two thousand years as it is meant to be according to the zodiacal logic of the main Divine inspirations). This Initiate will continue the Divine work of the Master and will reveal the great esoteric depths of his Teaching which are 'coded' in The Paneurhythmy, The Pentagram, The Testament of the Colour Rays of Light, in his sacred Words and celestial Music. Inspired by the Lord, he will work for the establishment of the Kingdom of God on Earth and will open a new type of Divine school - a celestial university on Earth. In this university we will have the opportunity for great cosmic-spiritual studies, which will integrate many different traditions, and we will continue the spiritual school on a new cosmic-spiritual level. Thus the Lord, who worked within the Master, will introduce the path of 'heavenly interns' and collaborators with God.

Now, in retrospect, I could say that I was chosen by the Master and the Spiritual Hierarchy to reveal the new manifestation of the World Teacher Beinsa Douno (on the ethereal level) and to continue his Divine work on Earth. Perhaps it was a choice made even before my incarnation on Earth. This choice could explain many aspects of my life, my spiritual journey and my mission. For instance, the fact that I was chosen to bring the Teaching of the Master to Russia without any preliminary participation in the Brotherhood's life is a phenomenon by itself. On the other hand the possible connection with Zoroaster and the *Rose of the World* is staggering indeed and it was a sign of Divine destiny.

The New Appearance of the Master Beinsa Douno

We could contemplate the New Appearance of the Master Beinsa Douno on the etheric level by penetration into the esoteric and mystical depths of the Paneurhythmy, the Testament of the Colour Rays of Light, and the Pentagram given by him. For instance, through the sacred dance Paneurhythmy we will experience the whole vertical structure of the Universe as a blossoming *Tree of Life*. Below I will quote from a diary one amazing day, July 15, 2002, in our International Summer Assembly, when we contemplated the Master Beinsa Douno and experienced the Universe through the sacred dance Paneurhythmy as a blossoming *Tree of Life*.

The Sacred Dance Paneurhythmy as the Tree of Life. After the inspiring morning meditation for meeting the Sunrise, the Paneurhythmy which followed was an extraordinary spiritual event. In general every Paneurhythmy during the Assembly

was wonderful with special spiritual fragrances and uniqueness. At the same time there was a clear tendency: with every passing day we entered deeper and deeper into the esoteric dimensions of the Panneurhythmy, connecting it with the Testament of the Colour Rays of Light, with the Pentagram, with the Celestial Music and the Living Word of the Master Beinsa Douno. Thus, through the Panneurhythmy, we entered into the higher spiritual worlds, experiencing aspects of the first resurrection (the blossoming of the human soul), the second resurrection (the awakening of the higher Divine Self) and finally, on this particular day, we experienced the mystery of the Panneurhythmy as a Divine Action in all three worlds of Creation – the physical, the celestial and the highest Divine World.

In essence we reached the real spiritual purpose of the Panneurhythmy given by the Master Beinsa Douno as a practice for the transformation of the human being, the society, the culture and the whole Earth and as a power for entry into the reality of the New Heaven and the New Earth.

When performed properly, the Panneurhythmy awakens at least four circles of living energy: within the human being, between the partners of the couples, around the entire circle of participants, and between the Panneurhythmy circle on the Earth and the higher spiritual worlds in Heaven. Every circle activates a different dimension in human life and stimulates the relevant energies necessary for the development of the human being as a cosmic-spiritual being and a micro model of Creation.

So, we started our Panneurhythmy and with every circle we ascended gradually, higher and higher, through the vertical structure of Creation. The four circles of living energies became activated, first in the earthly world, after this in the celestial world and finally, through the Panneurhythmy, we entered into the Highest Divine World. As a result our Panneurhythmy started blossoming as the *Tree of Life* stretching through the whole of Creation and producing spiritual fruits in all three worlds.

This extraordinary unfolding of the Panneurhythmy filled us with great joy, emotion and ecstasy. What a great blessing – to experience the Panneurhythmy as the *Tree of Life* in Creation connecting all the three worlds in the most natural, organic and harmonious way! So, our Panneurhythmy became

an emotional spiritual journey through the vertical structure of the Universe and an entry into the Reality of the New Heaven and the New Earth. At this time we realized that we were witnessing and participating in a real Divine Action for spiritualization, transformation and enlightening of humankind and the whole Earth.

Naturally, each one of the participants in the Paneurhythmy was on a different spiritual level and entered into a different spiritual state. The very fact however that some of the participants experienced the Paneurhythmy as the *Tree of Life* stretching through the whole three-fold structure of Creation shows that the group itself as a whole was like a *Tree of Life* activated in all three worlds.

From then on our Paneurhythmy was in the Heavenly Jerusalem and integrated with the Mandala Meditation from the morning. Dancing the Paneurhythmy, we passed from Temple to Temple in the Heavenly Jerusalem and made contact with the Divine Masters and the spiritual worlds which they revealed. Thus we started to see the spiritual history of humankind from the beginning of the Indo-European cycle to the present day as a colossal panorama of Divine Worlds – Temples in the Heavenly Jerusalem. They appeared before our inner gaze with their amazing richness, beauty, majesty and uniqueness. Of course we were not able to embrace all the Temples in the Heavenly Jerusalem, but even the few of them which we visited (the Christian, Buddhist, Hindu, the Master Beinsa Douno, the Holy Spirit) revealed a magnificent vision of the Kingdom of God with its many mansions.

Our Paneurhythmy however continued to gather mystical energy and finally it started circling around the Throne of God in the centre of the Heavenly Jerusalem. And here a real miracle happened! From this Divine Centre of Creation the spiritual worlds of the traditions, through which we passed in a state of meditation during the Paneurhythmy, merged into one great New Pentecost. This was like the spiritual resurrection of the Indo-European cycle in order for the richness from it to pass through to the next cycle of evolution of humankind, entering into the reality of the New Heaven and the New Earth.

Moreover, from the Centre of the Heavenly Jerusalem we were able to contemplate the great Divine Action in front of

the Throne of God which is described so inspiringly by St. John in Chapter 4 of the *Book of Revelation*. This time however the Divine Action was connected with the apocalyptic New Coming of the Divine Masters and the Divine Feminine, who in ideal harmony and co-creation give birth to the reality of the New Heaven and the New Earth and bless humankind to become God's people on Earth.

Thus, in sacred vibration and worship, guided by the Holy Spirit we were able to contemplate moments from the Second Coming of Christ, the new manifestation of the World Teacher Beinsa Douno, the new coming of many Divine Masters and Personifications of the Divine Feminine. In great awe, gratitude and inspiration we found ourselves invited to witness the Divine Wedding in Heaven, as a result of which the reality of the New Heaven and the New Earth comes into existence.

The New Surangama Sutra. At this sublime stage in the unfolding of the Panneurhythmy, I experienced something similar to the legendary Surangama Sutra in Buddhism, but in mystical contact with the Lord, "Who makes all things new". For me the Panneurhythmy was in the centre of the Heavenly Jerusalem around the Throne of God. The One, Who was sitting on the Throne, was shining with transcendental glory. The Divine Masters of humankind – Christ, Krishna, Hermes, Moses, Buddha, Zoroaster, Muhammad and Beinsa Douno - emanated from the Throne of God. They radiated an apocalyptic light which formed the "Heaven" above the Heavenly Jerusalem. The Heavenly Jerusalem itself is a prototype of the New Earth coming into existence in mystery and sacredness through the Divine Mother. The Panneurhythmy as a high creative cosmic-spiritual rhythm in the universe, performed by the participants in the group and the 144 000 initiates (mentioned in the *Book of Revelation*, Chapter 14), was unfolding in their aura and with its energy was "modelling" the world of the New Heaven and the New Earth where the New Humankind will live.

In its richness, power and transcendence the experience was indescribable. Dissolving in the aura of the Divine Masters and the Divine Mother, we felt that they were blessing us with a New Pentecost, with meeting their New Coming and participation in the great Divine Wedding between the

Universal Masculine and Feminine principles in Creation. This was an apocalyptic, metaphysical and metahistorical action, an entry into the New Genesis, into the New Creative Impulse from the Living God in which we, with endless love, joy and appreciation, were blessed to co-create with our beloved Masters and the Divine Mother.

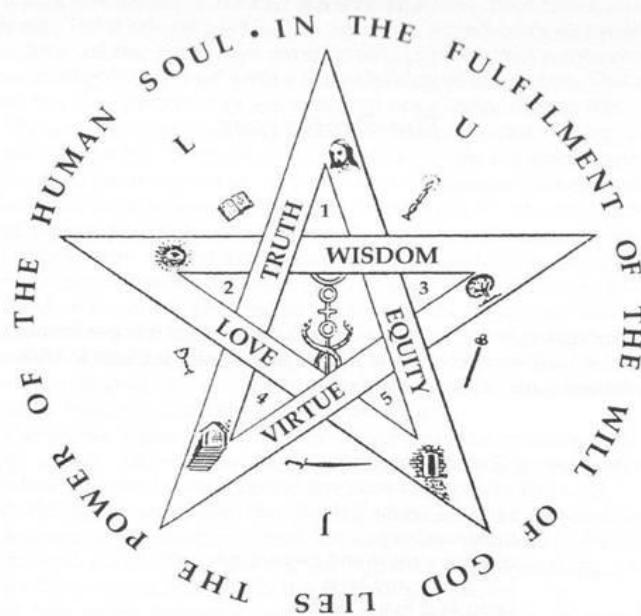
Thus, our inspired Paneurhythmy-Mandala Meditation became, at one and the same time, an experience of the New Pentecost (connected with the spiritual past of humankind, linked with the First Coming), a blessing for meeting the Second Coming (i.e. an entry into the dynamic Divine present, into the presence of the Lord, "Who makes all things new"), and an invitation for participation in the Divine Wedding from which the new reality emerges (revelation about the future when we will live with the Divine Masters and the personifications of the Divine Feminine as co-creators with God). In its deepest meaning and significance our Paneurhythmy-Mandala Meditation was an ecstatic revelation about the new cycle of existence of humankind, so inspiringly described by St. John in the last chapter of the *Book of Revelation*:

"The Throne of God and of the Lamb will be in the city, and his servants will worship him. They will see his face, and his name will be written on their foreheads. There shall be no more night, and they will not need lamps or sunlight, because the Lord God will be their light, and they will rule as kings forever and ever" (Revelation 22: 3-5).

On that remarkable day, July 15, 2002, we experienced the essence of the New Era which is prepared for humankind for the near future.

Initiation in the Pentagram. In another International Rila Assembly, on July 12, the birthday of the Master Beinsa Douno, we had heavy fog and rain throughout the whole day. The weather however did not prevent us from gathering in the communal room and celebrating the Day of the Master. From 06.00 to 08.00 o'clock we held our prayer-meditation for mystical connection with the Master and for an initiation into the Pentagram. I led a special celebrative prayer-meditation and with great joy, gratitude and sacredness we made a connection with the three perfect bodies of the Master. We prayed from the depths of our hearts and souls to receive his blessing for entry into the centre of the Pentagram. Naturally, in the prayer-meditation, which lasted about two hours, there were many

different aspects, but here I will summarize them mainly through the figures in the Pentagram.



The Pentagram

Through the celestial songs of the Master (*Mahar Bennu Aba; I will Rejoice Greatly; The Hymn of the Great Soul*) and inspiring spiritual formulas (*Be always faithful, true, pure and kind, and the Lord of peace will fill your heart with all goodness; In the fulfilment of the Will of God lies the power of the human soul; May God be glorified in the Brotherhood of Light, and may the Brothers be glorified in the Love of God*) the space was filled with the aura of our beloved Master Beinsa Douno and we began our journey through the Five Steps of the Path of the Disciple in accordance with the inner circle of the Pentagram: 1. Staircase Leading to a Door; 2. The Spirit of Christ; 3. The Steep, Stony Path and the Narrow Door, 4. The Eye; 5. The *Tree of Life*.

Then, with the blessing of the Master, we entered into the Centre of the Pentagram, which traces the Path of the Initiate with Five new Steps. They are also symbolized by five figures, this time situated one above another: Two intertwined Snakes, a Circle, a Cross, a Circle and Semicircle facing upward.

The two intertwined snakes are a symbol of the supreme tests of the mind and the heart, which the disciple must pass in order to leave the earthly world of polarity.

The first Circle in the centre marks the successful completion of the Path of the Disciple, the great Spiritual School of the Soul,

symbolized by the middle circle in the Pentagram itself. It is connected with the blossoming of the human soul and experiencing the First Resurrection. At the same time it is embarking on the Path of the Initiate, which leads through the Seven Heavens.

The Cross symbolises the ascension on the Path of the Initiate from one Celestial world to another until the Initiate reaches the highest Divine world. The Centre of the Cross is connected with the supreme tests of awakening the Higher Self and experiencing the Second Resurrection. Reaching this is a successful completion of the Mystery School of the Spirit. In the *Book of Revelation* by St. John the Cosmic Christ proclaimed for this spiritual achievement: *I will make him who is victorious a pillar in the temple of my God, and he will never leave it. I will write on him the name of my God and the name of the city of my God, the New Jerusalem, which will come down out of heaven from my God. I will also write on him my new name.* (Revelation 3:12)

The upper circle is merging with the Cosmic Christ and full self-realisation. It symbolises Apostleship in the Cosmic Christ and Co-creation with God: *To those who win the victory I will give the right to sit beside me on my throne, just as I have been victorious and now sit by my Father on his throne.* (Revelation 3:21)

The Semicircle, facing upward symbolizes the connection with the absolute Origin of Being, with the Primal Cause, with God, about Whom the Master says: *There is One who is Love, Wisdom and Truth. Only One! And all living Nature speaks about this One, the Great. They call Him Lord, God, Father. He pervades everything, permeates the whole Being, envelops the entire world, all solar and stellar systems, and still He remains hidden, unrevealed. Throughout the whole of eternity He shall not reveal Himself, for being the Absolute, the Eternal, He is without form.*

At the end of the prayer-meditation, with great appreciation and devotion, we expressed our deep gratitude to the Master: *Thank you, Oh beloved Master, for everything what you gave us and taught us, for everything what you are giving us and teaching us and for everything what you will give us and teach us!* Then we listened to *The Hymn of the Great Soul* by the Master and glorified the Lord: *Great art Thou, O Lord, great are Thy deeds, great is Thy name and It is above all!*

The prayer-meditation, which lasted about two hours, made a very deep impression on our souls. Did we receive an initiation into the Pentagram; it is a very personal spiritual question which everyone

has to answer for herself or himself. Some of the friends in the group enthusiastically shared their spiritual experiences. As to me, I was fully convinced that we had received the blessing of the Master to enter into the Centre of the Pentagram and to join the 144,000 Initiates around the Throne of God, who sing the song of the New Creation.

Chapter Four

Developing the Causal Body

The Causal Body

The causal body is connected with the entry into the third world of the three-fold structure of the Universe, the Highest Divine World (see the Mandala of the Heavenly Jerusalem). When the seven spiritual centres within the human being are opened, they shine like stars and make manifest the human being as a micro-model of the Universe. On a macro-cosmic level the process of opening the seven centres corresponds to the process of climbing to the top of the Sacred Mountain, the state of consciousness from where we could observe the whole of Creation. Then the opening of the highest, seventh centre, the thousand-petalled lotus, signifies reaching the top of the Sacred Mountain.

The complete opening of all seven chakras results in, what I call, the second resurrection of the human being. The first resurrection occurs when the human being opens completely his fourth, heart, centre (*anahata chakra*). This is the process of the blossoming of the human soul and entry into the Garden of Paradise consciousness. The second resurrection occurs when the heavenly born human being opens his sixth centre, the 'third eye' (*ajna chakra*), and becomes able to contemplate the spiritual structure of Creation. Then he or she illuminates the seventh centre, the thousand-petalled lotus, merges with the Cosmic Christ and becomes a realised micro-model of the Universe. The second resurrection means to awaken the higher Divine Self within us, to open all seven spiritual centres and make them like shining stars, and through them to embrace the whole vertical structure of the Universe.

During the second resurrection we are transfigured into cosmic-spiritual beings. In the process of this second rebirth the physical body becomes completely illuminated and spiritualised. The higher emotional body develops into a body of Divine Love, the higher intellectual body develops into a body of Divine Wisdom and the higher will body develops into a body of Divine Will and Truth.

It is during this second resurrection that the human being ceases to identify even with the soul and unites with God, the Universal Spirit. Since God is Love, God is Wisdom and God is Truth, the transfigured human being now becomes love of Love, wisdom of

Wisdom and truth of Truth - the essential characteristics and attributes of one who is a Son or Daughter of God. Thus, undergoing the second resurrection, the human being, by uniting with the Divine Spirit within, transcends even the world of angels and enters into the highest Divine world.

When we have undergone the second resurrection, our existence extends to the whole three-fold vertical structure of the Universe: we live in the physical world with an illuminated physical body and personality, in the world of angels with a soul in full bloom, and in the highest Divine world with an awakened Divine Self. Thus we achieve the richness and fullness of our cosmic-spiritual wholeness and become micro-models of the Universe. The opening of the seven chakras is like the growth of the Universal Tree within the human being: the roots - the physical body and the personality - are in the physical world, the trunk, the soul, is in the angelic world and the crown, the Divine Self, is in the highest Divine world. This is the Eternal Truth about the mystery of the human being revealed by Christianity, the Kabbalah and all other spiritual traditions.

The growth of the Universal Tree within the human being is synonymous with the ascent to the top of the Sacred Mountain. So, if from the Garden of Paradise (i.e. the Divine Valley in the spiritual Himalayas, which is achieved by opening the fourth, heart, centre), we would like to climb to the top of the Sacred Mountain, we have to open all of our seven centres and experience the whole vertical structure of the supramundane worlds.

Mystical Contact with St. Peter and Visit to the Holy Land

As I mentioned previously, in April 1980 I underwent a complete fast for twenty four days. During the fast I had very special experiences related to my purpose in life and my earthly mission. In July of the same year I decided to consecrate my life to God. Following this decision I started developing a '*Programme for the Transformation of the Earthly Culture into a Celestial Culture*'. In a sense this was a preparation for the entry into the reality of the Heavenly Jerusalem through the last, the twelfth, Universal Gate of Holy City.

Amazingly, the development of my causal body came through identification with St. Peter. I could see again the work of the Invisible World and I inwardly exclaimed: truly unknown are the ways of the Lord! The story of my identification with St. Peter happened in 1981. With two friends of mine I formed a beautiful

small esoteric group. One of them was one of the most devoted disciples of the Master Beinsa Douno, Vessela Nesterova, the other was a very young woman, called Rositza, who had come to Sofia shortly before this. She was a great clairvoyant by nature, without any training, and a great painter.

On a beautiful day in January 1981 the three of us went to the sacred mountain Rila, to the area of Yastrebetz. We took the bus to the foot of the mountain. During the journey the young woman sat with closed eyes for some time, then opened her eyes and smiled: Would you like to know what I just received? – Yes, of course! She said: At the moment I feel an impulse to tell you something, Leon. I don't know why, I am not involved in this, but I think the Heavens want me to tell you that you were St. Peter in the time of Jesus Christ. Think about it.

Later, after a month, a friend brought holy oil from Jerusalem and gave it to Vessela Nesterova. She blessed herself and Rositza with the holy oil. Because Vessela Nesterova had the flu, she gave the oil to Rositza to bless me as well. When we met, Rositza blessed me with this holy oil from Jerusalem and we intended to enjoy the blessing for a few minutes and after this to continue our conversation. At that moment however something extraordinary happened. The room became full of light and we stood for more than half an hour in ecstasy. My heart chakra was open and I felt incredible light, love, joy and the presence of Christ within my heart. From today's point of view I could say that this was a mystical connection with the Sacred Heart of Jesus. It was a most tender and beautiful experience. Rositza experienced great light and joy too.

That evening I understood that I was invited by Christ to go to the Holy Land, to Jerusalem. It was Saturday and the first thing which I did on Monday morning was to go to the Police and apply for permission for travelling. By chance it was the birthday of my father, February 24 – a good coincidence. Normally the Government kept the documents for weeks, even months and after this refused the permit. In my case, however, no one knows why, I received a permit only two weeks after submitting the documents. It was almost a miracle!

In May-June 1981 I was blessed to visit the Holy Land in Israel and to link with the Cosmic Christ. Jerusalem is the cradle of three world religions - Judaism, Christianity and Islam. In the metaphysics of the Heavenly Jerusalem they open three Universal Gates of the Holy City.

Of course, no one could approach the Weeping Wall without deep emotion and compassion for the destruction of the Second Temple and the destiny of the Hebrew people over the centuries. I visited this sacred place a few times and always had deep spiritual emotions and feelings. Nevertheless a vision of the Hebrew Patriarchs, Ancestors and Old Prophets came to me absolutely unexpectedly in a different place. I visited many towns and villages in Israel, but I did not connect with the Mysteries of the Old Testament. When however I visited the Mesilot Kibbutz of my uncle and had a walk in the open fields, little by little I entered into ecstasy and I had a vision of the Promised Land, where there is bread and honey and the Spirits of the ancestors live forever. The vision was staggering and enduring – a clairvoyant friend in Bulgaria told me later that some of the Ancestors were so happy with me, that they came to visit Bulgaria as a Holy Land as well.

As to the Islamic faith, Jerusalem is the third sacred place after Mecca and Medina. At the mosque Al-Aqsa the Prophet Muhammad finished his Night Journey and Archangel Gabriel appeared before him. The Night Journey of Muhammad is described in a whole stream of Islamic literature (called Mi'raj). From these descriptions the great Italian poet Dante was inspired for his Divine Comedy and with it the European Renaissance started! Definitely when one is in such a sacred spiritual place, there are no words to express the appreciation and awe. This is exactly what happened to me!

As could be seen, my visit to the Holy Land was very emotional and inspiring. In fact, I entered mystically through three of the Universal Gates of the Heavenly Jerusalem – the Gates of Judaism, Christianity and Islam. Moreover, in the Holy Land I received Thirty Seven Messages from the Highest Divine World. Some of them were deep mystical visions and became the basis of the new initiation, which is coming through the Spirit of Truth, the Holy Spirit. Actually these Messages were the keys for opening the twelfth Universal Gate. Their content was later inscribed in the books which I wrote.

In 1975 I had a vision of the Cosmic Christ, after which I was ready to appreciate the Universal Gate opened by Christ with His Teaching on Love through His Crucifixion and Resurrection. All sacred sites in Jerusalem and in the Holy Land (Bethlehem, Nazareth, the Sea of Galilee and others), which were connected with Christ, were revived and I experienced the Christ mysteries as if I was present in them two thousand years ago.

In the Holy Land my first metaphysical contact with the Higher Worlds happened at the Lake of Gennesaret. It is interesting that Jesus called Simon and a few other apostles when they were fishing on the lake. For me at this lake the Heavens were open and I received my first messages from the Higher Worlds. After that, in Gennesaret, in Haifa and Tel Aviv, I received many messages, but most of the messages were in Jerusalem. In general, for a period of about a month, I received thirty seven messages from Heaven and this chain of mystical events started from the Lake of Gennesaret.

I spent eleven full days in Jerusalem, mostly alone, a few days with a friend of mine, but all the time in the old city in prayer and meditation. I meditated in the Garden of Gethsemane, and in many other special places. In all of these places the life and the mysteries of Christ were revived for me. I understood the words which Rositza had told me: think about St. Peter. This was an impulse to develop a deeper awareness of the Christ mysteries. The idea of the connection with St. Peter helped me to see and to experience the Christ mystery through the eyes of St. Peter. It did not matter if I was St. Peter or not but I became very aware of the Christ mysteries and I felt them absolutely vividly.

One day I decided to visit a church which was a little aside from the old town. It was my first time to visit this church. On the way there I thought about the identification with St. Peter and said to myself – let me check if this church will have something to do with St. Peter or not. If it has, maybe I have some connection with him, if not, I don't. I was just musing to myself without really knowing anything. When I entered into the church I was absolutely astonished. It was exactly on the place where Peter denied Christ three times. In memory of this a church was built and called The Church of Saint Peter in Gallicantu (in commemoration of Peter's triple rejection of Jesus "... before the cock crows thrice." (Mark 14:30).

On another occasion, around the same church, I was able to contemplate the whole drama of Christ's crucifixion. Unexpectedly and to my great surprise, I saw a young man with a crown of thorns on his head, carrying a cross and a crowd of people around him. I looked with disbelief at the scene without understanding what was happening. It was so vivid, so dramatic, so horrifying! After ten or fifteen minutes I realised with great relief that actually a well known film director with his crew were filming 'Via Dolorosa', the story of Christ's Crucifixion, with all the details of this dramatic event. This type of filming happened quite rarely – once in many years. To be

there at the same time was a great coincidence. Perhaps it was another sign of my connection with Christ and St. Peter.

Most of the messages which I received came in Jerusalem but I received a good number of them in Jaffa, on a hill overlooking the sea and an old church. The view from the hill was very picturesque and I enjoyed the panorama, but for some unknown reason the church was always closed. When finally the church, which actually was a monastery, was open I went there. To my great surprise it was built on the very place where St. Peter had a well-known dream about what is good and what is not good to eat (Acts 10:9-16) . Perhaps it is not surprising then that on this hill I received several messages from Heaven!

Altogether I received thirty-seven messages. Some of the messages were written with letters of fire in the etheric layer. They were visions from the Causal World, the Highest Divine World. Each one of them had its own aura and revealed a vast metaphysical and mystical substance. Most of the messages were visions of the coming new reality of the New Heaven and the New Earth, the event of the Second Coming (or the New Coming) of the Divine Masters, the Divine Wedding in Heaven, the New Apocalyptic Act of God creating everything new. There were messages about the destiny of nations such as the Bulgarian, Polish, Hebrew, Russian and other nations. I also received messages about myself. The messages were not intellectual concepts but living streams of energy from a very high Divine Realm. They were from the Causal World, the Highest Divine World of the three-fold structure of the Universe. I had the feeling that I was in a very high Divine Realm where the destiny of the world, of people, of nations, is created. It was very moving, powerful, inspiring and transcendent! In fact, by praying, meditating and receiving them I was developing my Causal Body. I was able to link with the Divine World and quite a few of the messages laid the foundations of my books later - *The Book of Resurrection* and *The Second Coming*.

The building of my Causal body was an amazing story, but it happened. It was activated in me thanks to my metaphysical and mystical connection with St. Peter. St. Peter was the disciple to whom Jesus Christ gave the keys to Heaven and many subtle stories connected with the Divine celestial power, with destiny. This 'St. Peter story' was quite active for months, even a year, in my life and opened my understanding of this higher level of Divine authority, of the realm where the destiny of nations, of peoples, of persons, and of the whole world is kept. I could say from this point

of view that the identification with St. Peter helped me to build my Causal Body, at least to understand, to enter into this realm, but not just intellectually. One thing is to enter intellectually but it is a completely different thing to experience all these stories which I experienced throughout these years. I had to have access to the World of the Divine Will in order to understand how this higher world of destiny works and to see what was prepared for the future of humankind.

So, if the story with Zoroaster helped me to activate my higher Self, the story with the Divine Guru Ramakrishna helped me to build very subtle, clairvoyant abilities and very subtle etheric substances, the story with the Divine Master Beinsa Douno revealed to me beautiful realms in the universe, in the astral cosmos; now the story with St. Peter opened the realm of the Causal world. I could say in the words of the Great Invocation channelled by Alice Bailey: *From the Centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.* I was allowed to have a glimpse of this centre where the will of God is known and was given messages from this Divine will. It was truly a revelation!

The Reappearance of St. John and the New Celestial Church on Earth

The building of my Causal Body started with a mystical connection with St. Peter and receiving the thirty-seven Messages in the Holy Land. It developed further through a mystical connection with St. John and activation of the celestial archetypes in the *Book of Revelation*. In this case I did not identify with a personification of St. John, rather with merging with his Spirit.

In relation to the Second Coming of Christ, however, my metaphysical and mystical connection with St. Peter had a very interesting twist. Initially I thought that St. Peter was in charge of the new Celestial Church on Earth but when I contemplated and envisaged the Second Coming of Christ, I realised that St. Peter had to 'remain in Heaven' while St. John had to appear ethereally on Earth.

In the last chapter of the Gospel according to John, we find a very significant scene which is related to the mystery of the First and the Second Coming of Christ. In order to neutralise the three denials, Christ asked Peter three times if he loved Him and then He gave Peter the task of establishing His Church on Earth - 'Take care of my sheep' (John 21: 15-19). By saying 'Follow me', Christ indicated

the way in which Peter would die and bring glory to God. After this, Christ also indicated that John was to stay on Earth until He comes again. John explained that 'Jesus did not say that he (John) would not die; he said, 'If I want him to live until I come, what is that to you?' (John 21: 23)

We can interpret these words of Christ as a task for St. John to initiate the esoteric stream within the Church and to remain on Earth, in the invisible spiritual dimensions, giving initiation to all Christian adepts and preparing Christ's Second Coming. In other words, Christ gave His blessing to St. Peter to establish the exoteric Church on Earth, and to St. John to initiate the esoteric stream within it.

For the past two thousand years, since the coming of Christ, the Christian world has been able to feel the strong esoteric presence of the Spirit of St. John. He sheds abundant light on the mysteries of the First Coming of Christ and at the same time he is preparing humankind for the Second Coming. We find almost all of the main features of the Second Coming of Christ coded in the Gospel of St. John and *The Book of Revelation* – for instance, the vision of the transcendent Christ (Revelation 1: 10-20), the mystery of the Highest Divine World (Revelation, Chapter 4), the celestial Church in Heaven (Revelation, Chapters 7, 14), the Divine Wedding between Christ and the New Jerusalem (Revelation 19: 5-9), the visions of the Holy City and the reality of the New Heaven and the New Earth (Revelation, Chapter 21). In *The Revelation* we even find mention of the new name of Christ (Revelation 3: 12). Furthermore, there is a deep mystical relationship between the visions of St. John and the great Hebrew prophet Ezekiel regarding 'The Throne of God' (Ezekiel, Chapter 1) and 'The Future Temple' (chapters 40-48). Of course, the similarity of the visions is not a coincidence, and we could conclude that St. John was a high initiate in the Hebrew tradition as well. Thus, he became the esoteric bridge between the Old Testament, the New Testament, and the Second Coming of Christ.

In our epoch, the return of Christ will transform the symbols in St. John's visions into living reality for millions of people. I have interpreted many of these symbols as keys to the mystery of the Second Coming. Now it could be said that the esoteric stream of St. John will become the basis for the new celestial Church of the Cosmic Christ on Earth. Perhaps this is the deep symbolic meaning of Christ's words about St. John - 'If I want him to live until I come...' (John 21:22). In His First Coming, Christ founded His

Church on St. Peter who served as an archetype of certain qualities, virtues and knowledge; now the Cosmic Christ will establish the new Celestial Church on Earth on St. John who personifies a different archetype, one connected with intimate spiritual love between Christ and the disciple and receiving esoteric revelations.

In fact, the Cosmic Christ will activate the archetypes of all twelve Apostles (let us remember that their names were written on the twelve foundation stones of the wall of the Holy City - Revelation 21: 14). In the epoch of His Second Coming, however, the focus will be on the archetype of St. John just as in the previous epoch it was on the archetype of St. Peter. For this reason, I speak about the reappearance of St. John and introduce the concept of the new Celestial Church of St. John on Earth. This Church activates all archetypes personified by the Apostles and is in direct harmonious relationship with the Church established by St. Peter.

From the perspective of the projection of the macrocosmos into the microcosmos and vice versa, I could summarise that the Church established by St. Peter 2,000 years ago glorified the immanent Christ - that is the Christ who came on Earth, brought the mystery of God the Son, was crucified and then resurrected, filling the whole Earth with the vibrations of the Divine Logos. The Teaching, the Sacraments and the organisation of this Church are a reflection of the First Coming of Christ and His immanent presence on Earth since then.

The Celestial Church which St. John will establish on Earth will glorify the transcendent Christ - that is the Cosmic Christ who returned to the Father and is now sitting beside Him on His Throne. This Church of the transcendent Christ reflects the process of the projection of the microcosmos into the macrocosmos and it is connected with the mystery of the cosmic-spiritual Cross of Immortality, with the new initiation of the Universal Tree, with the blossoming of the *Rose of the World*, with the integration of all religions and with the return of humankind back to the Kingdom of God.

The Celestial Church of St. John comes not to replace the contemporary Christian Church but to complete it with the mystery of the Second Coming. From the very beginning, the earthly Christian Church has reflected the heavenly Church like an earthly mirror of the celestial mysteries. With the Second Coming of Christ the connection between the earthly and heavenly Churches will become direct, evident and conscious.

Through the mutual projections of the macrocosmos and the microcosmos, God unfolds His Divine Plan for the evolution of Creation and humankind. It is only by integrating the mystery of the First Coming of Christ with the new mystery of His Second Coming that we will have the completion of the mission of Christ on Earth. The new Christian Church will have an integral mythology combining the mystery of the Cross of Crucifixion with the mystery of the Cross of Immortality, the blossoming of the *Rose of the Heart* with the blossoming of the *Rose of the World*, the initiation of the True Vine with the initiation of the Universal Tree, the secrets of the immanent Christ with the secrets of the transcendent Christ, the Sacraments of the earthly Church with the Sacraments of the heavenly Church.

The new integral mythology will reactivate, rejuvenate and resurrect the entire mystery of the First Coming of Christ in its full power and glory. Thus, the great metahistorical cycle between the First and the Second Coming of Christ on Earth will be completed; humankind will enter into a new celestial cycle of evolution and will live with Christ forever.

In joy, awe and ecstasy, St. John witnessed the Divine Service in the Celestial Church of Christ. In *The Revelation* we find many inspiring chapters depicting this Service - such as in chapter 4, Worship in Heaven, chapter 14, The Lamb and His People, and chapter 19, The Wedding Feast of the Lamb. In chapter 4, Worship in Heaven, for instance, St. John describes the Twenty-four Elders and the four Living Creatures surrounding the Throne of God who are in eternal service in the Heavenly Temple and glorify God day and night. In essence, this celestial service is an unfolding of the Divine Plan for the evolution of Creation. Another very inspiring vision of St. John in chapter 14, The Lamb and His People, describes the Lamb standing on Mount Zion with 144,000 people with His name and His Father's name written on their foreheads. 'The 144,000 people stood before the throne, the four living creatures, and the elders; they were singing a new song, which only they could learn'. (Revelation 14: 3) All details in this celestial vision have a deep symbolic meaning and can be interpreted in relation to the coming new epoch.

Activation of the Celestial Archetypes in the Book of Revelation

The Book of Revelation by St. John, a book with "seven seals", has to be appreciated now as a plan and scenario for action. In the

International Summer Assemblies which I lead on the Sacred Mountain Rila in Bulgaria every year, some of the main archetypes and prophecies in the *Book of Revelation* become real spiritual events and begin to unfold: Meeting the Second Coming; Invitation for participation in the Divine Wedding; Experiencing the New Genesis; Participation in the struggle of the Rider on the White Horse with the beast; Contemplation of the Day of Resurrection and Judgement; Entry into the New Reality; Gathering the fruits from the *Tree of Life* and others.

As an illustration of the work for the activation of the celestial archetypes from the *Book of Revelation* I will quote here some of the spiritual activities from the Diary of the International Summer Assembly 2009 on the sacred Mountain Rila in Bulgaria:

The Reality of the New Heaven, New Earth and New Humankind. The meeting of our first Sunrise, July 7, was dedicated to the reality of the New Heaven, the New Earth and the New Humankind who will live on it. Leading the prayer-meditation, I asked the participants to link with the Solar Logos, and through it with the Cosmic-spiritual Sun at the centre of the Universe. From this Cosmic-spiritual Sun the images of the Divine Masters radiate and form the reality of the New Heaven. From the same Cosmic-spiritual Sun all the manifestations of the Divine Feminine radiate and form the New Earth – our planet Earth as a Garden of Paradise. Into this Divine world the New Humankind – God's beloved sons and daughters, partakers of God's nature – is called to live.

In the Sunrise prayer-meditation, uplifted by the inspiring songs and the spiritual formulas of the Master Beinsa Douno (*Aum, The Spirit of God*, etc.), we came closer to the reality of the New Heaven and the New Earth. And when, at the end of the meditation, the song, The March of the Light Forces, was played, I and some of the participants had deep exciting visions which we shared later on. We experienced a powerful stream of Spiritual Light radiating from the Cosmic-spiritual Sun, as if the Rider on the White Horse, described in the *Book of Revelation*, was coming down out of heaven from God, at the head of his army, dressed in white robes (Revelation 19:11-16).

This was a very vivid, dynamic moment in our meditation. It sounded like a spiritual call to participate in the action for the establishment of the Kingdom of God on Earth as soldiers in the army of Light, Love, Wisdom and Truth. One participant

later said that she felt that the group was dressed in garments of salvation.

The Sunrise prayer-meditation lit the whole day as a beautiful, joyful, Divine day. We entered into the Temple of the Sacred Mountain and began the spiritual service there. This temple included all three levels of Creation. On the Earthly Level the Seven Lakes area shone as the sanctuary of Rila, with conical energies on the Earth rising and peaking in the Heavens. On the Heavenly Level the Seven Lakes area became a Cosmic Mandala, a pillar of light between Earth and Heaven. And on the Divine Level the Seven Lakes area became a projection of Heaven on Earth, i.e. the cone in reverse with the energies of heaven radiating down onto the Earth and Rila as a focus. The Seven Lakes became symbols of the metaphysical chakras of the New Humankind; the whole of Rila became like spiritual crystal, the various sides of which expressed different aspects of the Kingdom of God, where there are many mansions. (Let us here recall the comparison of the Kingdom of God in the Gospel with a precious stone, which when someone finds it, has to sell all that he has in order to obtain it.)

Our first Paneurhythmy was near the Fifth Lake and was very pleasant and inspiring. In the evening we gathered and shared experiences from the day. Special attention was paid to the Call that came through The March of the Light Forces. It came as a Call for spiritual mobilization and an invitation for meeting the Second Coming of Christ. In the emotional spiritual atmosphere, which we had created, I spoke about the Second Coming and offered a preparation for this great spiritual event: Rudolf Steiner described the Second Coming as the light which Apostle Paul saw on the road to Damascus; another example is the vision of Christ, which St. John described in the beginning of his Revelation (1:12-16). Similarly, we have to see the Divine light of Christ revealing the highest Divine world.

Meeting the Second Coming and Resurrection from the Dead. The next morning, July 8, in great devotion and enthusiasm, we prepared ourselves to experience the Second Coming of Christ. When the Sun rose, I read from the Gospel of Mark the verses about the Second Coming (13: 24-27), I interpreted the metaphysical picture, and we listened to music from Mesa B-minor by Bach. The majestic choir sang like trumpets announcing a great spiritual event. In the Sunrise our aim was to identify the Sun as the Solar Logos and to picture in it the

image of the Cosmic Christ, filling the whole sky with a face as bright as the sun (Revelation 1:16).

I began the meditation with the words of Christ, *Arise and Follow Me*. They sounded like a Call to leave the self-centred restricted earthly consciousness and to become apostles of Divine Love, Wisdom and Truth. If these words are experienced genuinely, in all their depth and strength, they could be like a resurrection from the dead (in the sense of 'let the dead bury their dead'), and embarking on the path of Light in which Divine Love reigns (as written in the song of the Master Beinsa Douno - God is Love: *We'll walk on this path of light in which God's love reigns*). The moment was very powerful! The words of Christ truly came to life and became a force for spiritual rebirth and resurrection.

After this strong start I led a meditation in which the light of Christ was raising the participants from world to world: we linked with the Sacred Heart of Jesus (with the Universal Soul) and then with Universal Spirit of Christ (through the Spirit of Christ in the Testament of the Colour Rays of Light by the Master Beinsa Douno). In this highest Divine world, Christ is the One who sends out the seven spirits; unites everything in one; creates the divine harmony of the great and small worlds; distributes the assigned blessings; leads all to the Divine Heart of Love. In essence, the experience of this mystery in all its depth and power is a meeting of the Second Coming of Christ. But even to think about it is an exciting preparation for His Second Coming.

Some of the participants believed that they saw the Light of Christ and mystically experienced His call *Arise and Follow Me*. For example, one person said in the evening that she experienced a Cosmic Being with a head like the Sun, a body as the whole Sky, and feet ingrown into the Earth (mountains). She said that she felt the Second Coming of Christ as Light descending from Heaven and embracing us as "a bright cloud." A friend from Switzerland also linked very strongly with the energies of the Second Coming, while another felt how bright Light embraced him in a very real way, like the hand of Christ touching his shoulder.

The morning prayer-meditation, dedicated to the Second Coming of Christ, ended with the final chorus from the same Mesa B-minor by Bach. This time the music sounded like the majestic harmony of the spheres, including many choirs of

angels who praised the Living God, *Who was, Who is, and Who is to come!*

The Tree of Life. After the inspiring Sunrise prayer-meditation, we went to the Third Lake for Paneurhythmy. The Paneurhythmy was very natural, smooth and harmonious. One person said that for her we danced the Paneurhythmy not on Earth but on an etheric level above the Earth. She felt all the participants as close friends, on the same spiritual wave and having exciting experiences.

In the afternoon we went to the Fourth Lake, the Inner Twin, where traditionally every year we do a deep mystical connection with the Cosmic Christ. Naturally, we expected something exciting to happen, especially after the morning prayer-meditation. Before leaving for the Fourth Lake, one friend and participant from Switzerland came to me and, quite spontaneously, said that he would like to say the prayer *Our Father* in Aramaic for the group. It was with this prayer that a real spiritual event happened at the Fourth Lake which we will never forget.

The Master Beinsa Douno said that the Inner Twin of the Fourth Lake is a sacred place where there is an entrance to the invisible world (Agartha, Shambala). The incredible purity, beauty and spiritual power of the Inner Twin is very inspiring for deep meditation and spiritual insights. Therefore, having seated ourselves near the lake, the group sank into silence, prayer and meditation.

In this atmosphere of sacredness, after about twenty minutes, I invited the person from Switzerland to say the prayer *Our Father* in Aramaic. The prayer sounded very authentic and powerful and a spiritual energy went through the group. We were so excited that we asked him to say it again and again. Then he translated it and sang it twice in its original melody. The impression was staggering. We felt that time had stopped; that we were around Jesus Christ and that he linked us with the Father Who is in Heaven. This was a very deep connection with the First Coming of Christ.

In light of the inspiring prayer-meditation in the morning, consecrated to the Second Coming of Christ, we felt that we were experiencing the mystery of the Integral Christ, the First and the Second Coming, *the only begotten Son of the Father, Who was, Who is, and Who is to come.* In the Gospel of John

(15:4) Jesus says: *Abide in me and I will abide in you!* Indeed, after such an experience of the First Coming and meeting the Second Coming, we were convinced that if we abided in the Integral Christ (i.e. in the mysteries of His First and Second Coming), we would live forever where he is?

Deeply moved, we felt an impulse to say the prayer *Our Father* in all the languages known within the group - Bulgarian, Russian, English, French, German, Irish and Norwegian, and to send spiritual wishes to these nations. The wishes sounded as messages from the Heavens. The atmosphere was so magnetized and mystical that the Heavens opened and I felt that the Divine Masters and the Divine Mother themselves addressed these messages to the nations. Thus we became channels of the Will of God for the spiritual awakening and resurrection of humankind.

At the end of our meditation we listened to a song, based on the words of Psalm Ninety-one, and to the concluding choir of Mesa B-Minor by Bach. We finished with the song by the Master Beinsa Douno *We Want Brotherhood and Unity*. After this emotional prayer-meditation we sank again into a deep silence, experiencing the power of the Divine Presence.

Unexpectedly, in these sacred moments, I had a vision that overwhelmed me and all present! I saw, rising from the middle of the lake, the Universal *Tree of Life* taking shape in the ethereal world. To this *Tree of Life* St. John referred in his Revelation: *The angel also showed me the river of the water of life, sparkling like crystal, and coming from the throne of God and of the Lamb and flowing down the middle of the city's street. On each side of the river was the Tree of Life, which bears fruit twelve times a year, once each month; and its leaves are for the healing of the nations.* (Revelation 22: 1-2).

For me this meant that the Heavenly Jerusalem, a symbol of the Kingdom of God where there are many mansions, was *coming down out of Heaven from God, prepared and ready, like a bride dressed to meet her husband* (Revelation 21:2). The metaphysics of the Fourth Lake was changing and it was becoming the mystical gate not only to Agartha but also to the reality of a New Heaven and New Earth where we will live as the New Humankind. The fruits, which the *Tree of Life* gives twelve times a year, represent the initiations in the spiritual history of humankind. The Divine Masters and the Manifestations of the Divine Feminine were blessing us, there

and then, to enter into the kingdom of God with many mansions!

I had spoken and written extensively about the *Tree of Life* in the Heavenly Jerusalem. In this case, however, this vision came alive as a force and as a blessing from Heaven. The entire Seven Lakes area, and in particular the Fourth Lake, became a projection of the Heavenly Jerusalem on Earth – from then on, anyone who wants to reach the depths of their souls and spirits and to enter into the Kingdom of God, can come to this sacred place and receive this blessing, because *the Lord is Here!*

The power of this vision was so great that in the evening it inspired me to compare it with the legendary summit in the Himalayas, Kailas, and with the lake *Manasarovar* located at its base, according to the interpretation of Lama Anagarika Govinda. *To Govinda, as to Hindus and Buddhists alike, Kailas is the centre of Creation and represents the axis of the spiritual Universe. Govinda compares the two sacred lakes, Manasarovar and Rakastal, at the Southern foot of Kailas with the reservoirs of the two streams of psychic energy - 'solar and lunar energy, conscious and subconscious forces, the principles of light and darkness, male and female energies, action and contemplation, emptiness and form'.* (Lama Anagarika Govinda, *The Way of the White Clouds*, Rider, London 1984, p. 202.)

To describe the profound symbolism of the lakes, Govinda gives the following amazing interpretation:

According to Hindu tradition it was Brahma himself who created Manasarovar and the divine Jambu tree which - though invisible to human eyes - grows in its centre. For this reason our world was called 'Jambudvipa' by the ancients; and it is said that due to the fruits of this divine tree the waters of Manasarovar are turned into a life-giving elixir. The Tree of Life in the Lake of Supreme Consciousness - what a profound symbolism, and how reminiscent of the Tree of Knowledge in the biblical story of the Paradise! Certainly there is no place on earth more exalted and worthy to be identified with it than the Kailas-Manasarovar region, which the Tibetans call 'the navel of Jambudvipa (our human world), the centre of all countries, the roof of the earth, the land of jewels and gold, the source of the four great rivers, dominated by the crystal pagoda of Kailas and adorned by the magic turquoise disk of Manasarovar. (Lama Anagarika

Govinda, The Way of White Clouds, Rider, London 1984, p. 201-202)

With great joy and enthusiasm I concluded that our Sacred Mountain Rila and the Fourth Lake, the Inner Twin, metaphysically become like the legendary Mount Kailas and Lake Manasarovar, in the middle of which grows the *Tree of Life*. I shared my deep conviction with the group that the new mythology, now associated with the Inner Twin, will be a theme for many discussions and meditations in the years to come. It is extremely rich, important and inspiring!

The Rose of the Divine Mother. The next day, July 9, was dedicated to the Divine Feminine. In the morning, at Sunrise, we had a prayer-meditation and mystical connection with the Divine Mother. We envisioned how the Divine Mother, emanating from the Origin of Being, from the Cosmic-spiritual Sun that never sets, unfolds life in all worlds of Creation as a Divine Temple - from the reality of the Holy City, through the various celestial worlds, to the life of humankind on Earth. On Earth, She transforms and enlightens the whole planet, nature, human culture, society, the family and the lives of individuals.

I led a prayer-meditation to connect with the three perfect bodies of the Divine Mother in one of Her brightest embodiments - the Blessed Virgin Mary. In the Earthly world she appeared as Our Lady, in the Celestial world as the Mother of all Nations and in the highest Divine world as a manifestation of the Divine Feminine, embracing the reality of the New Heaven and the New Earth as a Divine Temple. The focus was on the Virgin Mary, but we also linked with other manifestations of the Divine Feminine - with Mataji, Kuan Yin, the New Eve, Zventa Sventana and others. The meditation included prayers (*Hail Mary, The Mother of all Nations*), spiritual formulas (*I am the Immaculate Conception*) and inspiring music (an Irish song, *Idillia* by the Master Beinsa Douno and *Alleluia* from Handel) associated with the Divine Mother.

During the prayer-meditation we experienced inspiring spiritual visions and feelings. For instance, the Virgin Mary, standing on Earth, was emitting rays of peace, redemption and grace, transforming the whole Earth. She warms the souls of the people in the world and brings them into the Kingdom of God, into the new Heavenly Home, where they will live forever. We visualized this picture and gradually the entire area was

filled with the vibrations of the Divine Mother. We dissolved in this sea of living light, music, harmony, beauty, tenderness and maternal love. It was the indescribable Divine reality of the world of the Universal Soul.

Then, following the meditation which I led for the group, the spiritual space was transformed and the entire Earth became the Temple of God with all Kingdoms of life in it. The Divine Mother was at the centre of this Temple, while around Her many Personifications of the Divine Feminine were bestowing on us their unique blessings. In the hands of the Divine Mother there was a Rose with a wonderful fragrance. This Rose symbolized the spiritual heart of humankind full of all human virtues. The experience of this vision was very exciting and inspiring, even ecstatic!

Suddenly, the vision became "alive" and was transformed into a metaphysical reality! The Divine Mother was among us and was blessing us with this Rose as a symbol of the initiation into the mysteries of the Divine Feminine. The moment was indescribable! It is well known how in the past Gautama Buddha passed the essence of His Teaching to his beloved disciple by handing him a flower. This time the Divine Mother was giving us Her Initiation through a wonderful mystical Rose. In this act there was an endless wealth of thoughts and feelings, inexhaustible cosmic aspects of consciousness. For those who were able to experience it, that was an initiation and illumination into the Mysteries of the Divine Feminine!

The Coming of Christ on Earth opened a new page in human history. In our meditation, the Initiation of the Divine Mother revealed a new reality in human consciousness. This was a unique creative act in the Universe, inspired by the Divine Feminine and on which also depends the future of humankind. We gave thanks from the depths of our hearts and souls that we had received the great blessing to touch the cosmic-spiritual body of the Divine Mother and to receive Her initiation!

Chapter Five

Developing the Buddhic Body

The Buddhic Body

Climbing to the top of the Sacred Mountain and reaching the third world in the three-fold structure of the Universe, we can see the whole Universe but only from the particular view point of one or other side of the mystical mountain. By developing the Buddhic body we could embrace all aspects of the Universe simultaneously and we could contemplate the reality of the Kingdom of God in its totality. It is said: '*There are many rooms in my Father's house*'. (John 14: 2) The different rooms are the spiritual worlds revealed by the world religions as various aspects of the whole of Creation. The purpose of developing the causal body is to contemplate them as one Divine wholeness.

In order to grasp the totality of the Kingdom of God with many mansions we have to ascend to a state of consciousness, even higher than the top of the Sacred Mountain, which allows us to contemplate all spiritual worlds ('rooms in the Father's house') at once. We can compare this act of illumination with entry into a gigantic new Mandala which incorporates the numerous visions of the Universe (where the Buddhist Mandala is only one of its constituents). Thus, developing the causal body combines in one single act of illumination the visions from Mount Meru (in the Buddhist tradition), Mount Kailas (in the Hindu tradition), Tifereth (in the Kabbalistic tradition), the High Mountain (in the Christian tradition), the Mountain of Truth (in the Islamic tradition), all contemplated together.

In order to develop our buddhic body we have to activate, harmonise and embrace all celestial archetypes of the Initiations as living channels for the Divine substance (the Spirit of God). Then, the Divine Spirit manifests all mansions (Temples) in the Kingdom of God and starts to shine with myriad acts of consciousness integrated in one supreme unity - the absolute Truth of God and the multidimensional wholeness of Creation. This is the New Enlightenment for our time, which embraces all spiritual paths leading to the top of the Sacred Mountain and which reveals the colossal panorama of the Universe from many different perspectives. This is the New Enlightenment bestowed on us now by the Living

God which illuminates the whole Kingdom of God and its many mansions.

It is obvious that the New Enlightenment comes to the human being only after the second resurrection - the awakening of the Divine Self. The second resurrection presupposes ascent to the top of the Sacred Mountain through a particular spiritual path and receiving one or another great initiation. The New Enlightenment, however, opens the gates not only for one initiation but for many of them. Now, with a developed causal body, from the top of the Sacred Mountain, we can understand and experience all spiritual paths leading to the heart of the spiritual Universe and we can contemplate all 'rooms in the Father's house'.

From the perspective of the New Enlightenment we could interpret the sixth blessing of the Cosmic Christ on a much larger cosmological scale. In the process of building our causal body the sixth blessing is one of the stations on the Christian path of ascent to the top of the High Mountain and it gives us the key to the opening of the sixth centre (ajna chakra) and the achievement of the second resurrection. In the process of building our buddhic body this blessing could become a revelation about the New Jerusalem as the wholeness of the Kingdom of God and about the new name of Christ:

I will make him who is victorious a pillar in the temple of my God, and he will never leave it. I will write on him the name of my God and the name of the city of my God, the new Jerusalem, which will come down out of heaven from my God. I will also write on him my new name. (Revelation 3:12)

Here 'the temple of my God' is the whole of Creation and to become a pillar in this temple is to live in all levels of the vertical structure of the Universe - in the physical world with an illuminated physical body and personality, in the world of angels with a soul in full bloom and in the highest Divine world with an awakened Divine Self. The 'name of God' written on our foreheads is the illumination of the Ultimate Truth. The 'name of the city of my God, the new Jerusalem', could be interpreted as the great Enlightenment of the celestial Zodiac and the Mandala of the Heavenly Jerusalem - the Kingdom of God with all spiritual Temples of the world religions. Then the new name of Christ is the activation of the universal subjective masculine principle from the Living God 'Who now makes all things new'. (Revelation 21: 5)

Therefore, the next stage in human evolution (after the second resurrection) is to receive a crown of initiations. For this purpose we have to develop the qualities which will enable us to integrate the various initiations. By ascending to the top of the Sacred Mountain through a particular path, we awaken our Divine Self and receive an initiation. All paths activate the same process of Divine awakening but they are based on different spiritual abilities acquired on the particular path. So, in order to receive the crown of initiations and to contemplate the wholeness of the Kingdom of God, we have to develop (based on the results of the second resurrection) many new spiritual qualities related to the activation of the various celestial archetypes. Obviously, penetration to the opposing, yet complementary, celestial archetypes requires the development of different, but complementary, spiritual abilities. For instance, in order to enter into the spiritual Universe through the microcosmic or macrocosmic gates, we have, on the one hand, to develop the ability to focus on the smallest 'quantums of consciousness' (as in Buddhism) and, on the other hand, to become able to comprehend the evolution of every form of life over thousands of years (as in the initiation of the Master Beinsa Douno). Thus, the New Enlightenment opens new horizons for human evolution by integrating the results of different spiritual paths in a qualitatively new type of enlightenment - the Crown of Initiations.

Celebrating the New Millennium

After the process of developing my Causal body through identification with St. Peter and merging with the Spirit of St. John, a new stage in my metaphysical and mystical journey began – the development of my transcendent Buddhic body! It was another amazing story connected with the eternal Adi-Buddha, radiating from the centre of the Universe and the metaphysical reality of the many Buddhas and Bodhisattvas connected with him. This story lasted for about three years and resulted in the illumination of the Mandala of the Heavenly Jerusalem.

In July 1981 I returned from the Holy Land with the thirty-seven messages, full of inspiration and encouragement. Unfortunately after coming back I found my mother very ill with cancer. I was very upset because she was one of the closest souls to me on Earth. I spent all my time with her trying to alleviate her pain and suffering. In one of those difficult days, the room suddenly became full of light and I saw her Divine Soul. Such beauty, light, tenderness, spiritual intimacy and many more subtle vibrations, I had never experienced

in my life. I was moved to tears and realised how some time the person with whom you are living every day, could be one of the most beautiful souls which you could ever know.

My mother passed over on November 10, 1981. A few days later I started writing down the list of the thirty-seven Messages which I received in the Holy Land. I wanted to put them in order – I felt that it was my mystical duty. I expected that in the following year, 1982, important spiritual events would take place.

On March 10, 1982, all planets in our solar system were in alignment with the Earth, but from the point of view of the Sun (i.e. the Earth was in the middle of the planets). I wondered what could be the significance of this alignment. Around 23.45 o'clock on March 9, I felt a strong impulse to pray and meditate on the meaning of this stellar constellation. Little by little it came to me that this grouping of the planets could release the energy for the beginning of a new era in the life of humankind, an era when it could become God's people on Earth and could live in peace, love, harmony and friendship. The prayer-meditation developed into a great metaphysical vision of the approaching New Millennium, the establishment of the Thousand Years Kingdom of Christ on Earth and the event of the First Raising of the dead! (Revelation 20: 4-6)

The next day, March 10, I went to the Southern Park in Sofia and at 12.00 noon I started a solemn prayer-meditation celebrating the metaphysical event of the New Millennium. I merged with the light of the Sun as the Solar Logos and contemplated the Second Coming of Christ and other Divine Masters, the Manifestations of the Divine Feminine and the opening of the New Epoch of the Holy Spirit. I understood that I had the vision of the Thousand Years Kingdom of Christ, but I did not know how it would materialise on Earth. I had to wait for a few months, until the following autumn, when the planetary constellation would be repeated, but this time from the point of view of the Earth. So, I started my preparation for the great metaphysical events which were about to come.

Because I received the vision of the coming First Raising of the dead as well, in the afternoon of March 10, I went to the main cemetery in Sofia. I entered into the Church in the cemetery and the frescoes depicting various scenes of Resurrection from the New Testament became very vivid, almost alive. After my visit to the Church I began a slow walk toward the section where my relatives and friends were buried. The Sunset was magnificent, the peace in the cemetery was 'transcendent' and I entered into an amazing vision: the whole space became ethereal and lit by spiritual light and one after another I

saw the faces of my relatives and friends ‘getting up’ from the graves and shining with radiant life, light, beauty and love! Among the first ‘resurrected’ souls were my mother and my brother. I remembered that years earlier my brother visited the great Bulgarian clairvoyant Vanga and asked her when looking for missing persons, how would she know if they were dead or alive? Vanga answered: If they are dead, their faces are pale and without expressions; if they are alive – their faces are full of life and light. In my experience of this Resurrection the departed relatives and friends were full of life and I had real contact with them!

Mandala of the Heavenly Jerusalem

On August 27, I received the illumination of the Mandala of the Heavenly Jerusalem. This was a staggering vision of the Heavenly Jerusalem, the Holy City with its Twelve Gates which are the Gates to the spiritual realities of the world religions. I realised that this was the message for the new Millennium, for the epoch of the Holy Spirit – to appreciate the Kingdom of God with its many mansions! Truly it was a glorious and majestic vision. I was deeply inspired by it and I understood so many things which would happen, not only in the following years, but throughout the New Millennium.

I received the vision of the Kingdom of God in the form of a Zodiac-Mandala (a symbolic image of the Universe and the epochs in the Indo-European Cycle). At the centre of this Mandala was the Absolute Origin of Being, the Cosmic-spiritual Sun which radiates the Light of Creation. This Light manifested through the images of the Divine Masters - Krishna, Buddha, Zoroaster, Christ, Muhammad, Beinsa Douno and many other Divine Masters, together with their Feminine Partners, as they appeared in the various historical epochs. It was a staggering new Universal Mandala in which we could contemplate the light of the Divine Masculine and Feminine Masters and at the same time link with the centre of the Mandala which is the mystery of the Holy Trinity – God the Father, God the Son and God the Holy Spirit (or OM, TAT, SAT according to Hinduism, Kether, Hokmah and Binah as in the Kabbalah, to mention a few).

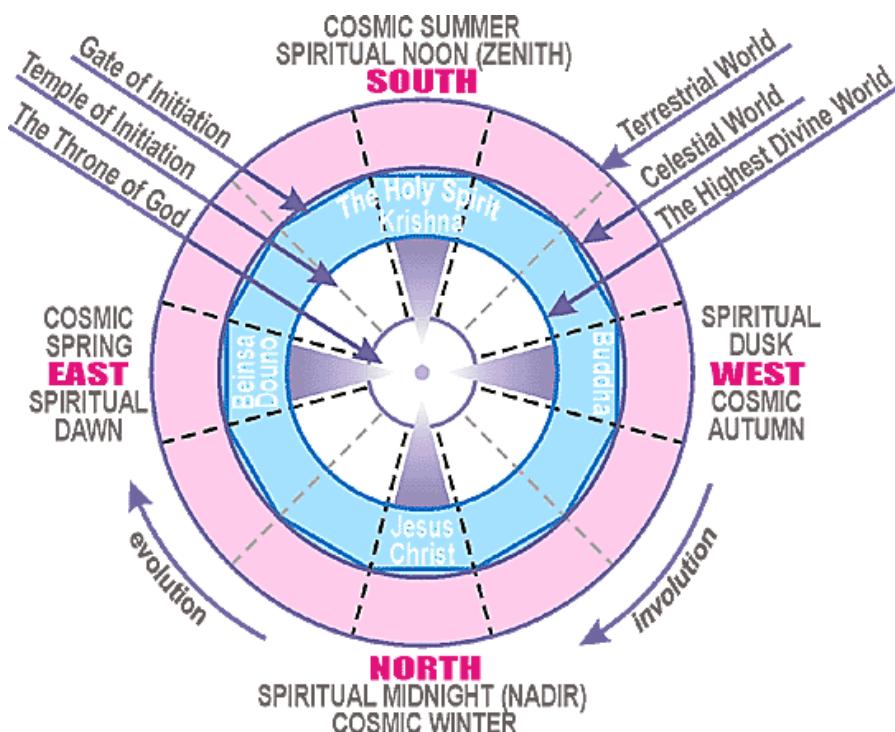
It was one of the most exquisite visions which I could have imagined. It was like the great new enlightenment of Maitreya-Buddha, the Buddha who is to come. At the same time it was related to the Cosmic Christ and the Holy City of Jerusalem, to the other Divine Masters and Personifications of the Divine Mother, to

the reality of the New Heaven and New Earth where humankind will continue its evolution. Everything came together in Divine Unity!

During the events of 1982 I received enlightenment about the Kingdom of God with many mansions. I felt called to write it down and to share it with the world. The work on this message took about three years and resulted in *The Book of Resurrection* which interprets the Heavenly Jerusalem, from the visions of the prophets Isaiah, Ezekiel and St. John, as a majestic cosmic-spiritual Zodiac-Mandala of the Heavenly Jerusalem. In it the different spiritual worlds revealed by the world religions are the "mansions in the Kingdom of God" (*In my Father's house there are many mansions* – John 14:2).

The interpretation of the Holy City as a cosmic-spiritual Zodiac allows us to integrate all spiritual epochs in the Indo-European cycle of evolution (from the previous Golden Age, the last Satya Yuga, to the coming new one) in a gigantic Zodiac-Mandala. This is the contemplation of all human history on Earth in the panorama of the great metahistorical 'cosmic-spiritual year' in the life of humankind. In essence this Zodiac-Mandala is the key to a new Integral Pentecost which comes as a conclusion to the great Indo-European cycle in the history of humankind and gives the impulse for the beginning of the New Cycle of evolution in the reality of the New Heaven and the New Earth.

Mandala of the Heavenly Jerusalem



In the Scheme above the Absolute Origin of Being (at the centre of the Mandala), the four metaphysical directions (east, west, south, north) and the twelve gates, 'three on each side', depict a gigantic cosmic-spiritual Zodiac. In this metaphysical Zodiac God Himself is the cosmic-spiritual Sun which never sets; the four directions are the turning points of the spiritual 'seasons' and the 'twelve gates' are specific cosmic-spiritual fields of energy (like twelve spiritual zodiac signs). The 'seasons' correspond to the great spiritual epochs in the history of humankind – for instance, the Satya, Treta, Dwapara and Kali Yugas, according to the Hindu tradition. Each world religion comes in a particular cosmic-spiritual season (historical epoch) and reveals a complete picture of the Universe but in accordance with its 'season'. Thus, the religions form one or another 'room in the Father's house' with a specific Gate (i.e. spiritual path) of entry into the Kingdom of God.

Similar to the Buddhist Mandala, the Divine Masters and their initiations at the four cardinal points (and at all other twelve Gates) can be presented in a symbolic form through different spiritual characteristics such as universal direction, earthly manifestation of the Divine Spirit, Feminine Counterpart, element, colour, posture and others.

In order to describe the essence of the initiations at the cardinal points of all three circles of the Mandala of the Heavenly Jerusalem (the outer, middle and inner circles), however we have to introduce many more spiritual characteristics and concepts: cosmic phase, universal principle, mission, view of earthly life, type of transcendence, spiritual practice, model of the universe, structure of creation, spiritual transformation of the human being, symbol of initiation, sublime state of consciousness, ultimate reality. Then, with the help of all these spiritual characteristics and concepts, we can model the initiations of Krishna, Buddha, Christ, Beinsa Douno and many others.

Inspired by the vision of the Mandala of the Heavenly Jerusalem, I started working on the description of the initiations at the four cardinal points – the Cosmic Autumn, Winter, Spring and Summer. For this purpose I had to merge with the 'cosmic-spiritual bodies' of Buddha, Christ, Beinsa Douno and the Holy Spirit and to depict all characteristics of the initiations connected with them.

For about three years, almost every day, I began to ascend into higher states of consciousness and to merge with one or another Divine Master, contemplating and writing down the secrets of the Universe which they revealed. Initially I wrote four chapters –

consecrated to the four cardinal points of the Zodiac-Mandala, i.e. to the cosmic-spiritual Summer, Autumn, Winter and Spring. They described the Initiations of Buddha, the Lord Jesus Christ, the World Teacher Beinsa Douno and the Holy Spirit. The work on each one of these Initiations took about five or six months. In order to describe each Initiation I had to ascend to the Causal World, to merge with the Divine Master in charge of the Initiation and to write down the visions and the insights. This was inspiring but, from time to time, difficult work, especially when I was brought back on Earth unexpectedly by a telephone call or other earthly distractions.

My style of life during these years followed a pattern: getting up in the morning and doing my prayer-meditation, then ascending to the spiritual world of one or another Divine Master, merging with Him and describing his Initiation. At the end of the day I would relax, come back on Earth to sleep and the next day – ascending again. In the process of describing the Mandala, my feeling, during those days, was that in the morning I was dying to the earthly life and becoming born to the celestial life, while in the evening it was the opposite - dying to the celestial life and coming back on Earth. At the beginning this process was quite traumatic but in time it became easier.

The initiations at the four cardinal points formed the main typological structure of the Mandala of the Heavenly Jerusalem. All other initiations gravitate to one or another of these four types depending on their place on the Mandala. Similar to the Buddhist Mandala, the main initiations at the four cardinal points had to be presented in a symbolic form through different spiritual characteristics such as universal direction, earthly manifestation of the Divine Spirit, feminine counterpart, element, colour, posture and others. In order to describe the essence of the initiations at the cardinal points of all three circles of the Mandala (the outer, middle and inner circles), however, I had to introduce many more spiritual characteristics and concepts: cosmic phase, universal principle, mission, view of earthly life, type of transcendence, spiritual practice, model of the universe, structure of creation, spiritual transformation of the human being, symbol of initiation, sublime state of consciousness and ultimate reality. Then, with the help of all these spiritual characteristics and concepts I presented the various Initiations.

After two years of intensive work on the four cardinal points I considered my main work on the Mandala of the Heavenly Jerusalem completed. I was greatly surprised however when I met a

clairvoyant friend and she told me: Heaven is happy with your work but it is not finished yet. You have to include one chapter more. I wondered for a few days what could it be and at some stage an insight came to me: yes, of course, I have to write about the Hindu tradition, which opened the Indo-European cycle and was connected with the previous Golden Age. A few years previously I had read the inspiring book of Paramahansa Yogananda, *Autobiography of a Yogi* and the time had come to receive this Initiation. In an amazing story with the Divine Guru Babaji I receive his Initiation and included the Southern Universal Gate leading to the Initiation of the past Golden Age.

In regard to the Gates of the Holy City, after the work on the Mandala of the Heavenly Jerusalem was completed, I was able to contemplate and see metaphysically four of its Gates 'widely open': the Hindu, the Buddhist, the Christian and the Gate of the Master Beinsa Douno. Also I saw the Gates of Judaism, Islam and Zoroastrism, but only partly open. At the same time, the twelfth Gate, the Gate of the Holy Spirit, was opening gradually through my visions in Prague, the thirty-seven Messages from the Holy Land and the work on *The Book of Resurrection*. The process of opening the twelfth Gate had advanced, but a lot more work had to be done! This last Gate is connected with the reality of the New Heaven and the New Earth where all twelve Gates will be widely open and humankind will live in the New Golden Age.

The complete opening of this twelfth Gate and receiving the Initiation of the Holy Spirit as the newest fruit from the *Tree of Life*, however, required further spiritual development. For this purpose I had to go to Western Europe and continue my metaphysical and mystical work. Thanks to my English friends I was able to spend my one-year 'sabbatical leave' in London and after that I settled in Ireland.

Presenting the Initiations

Let us take an example with the view of earthly life in the four Initiations at the cardinal points of the Zodiac-Mandala. In accordance with the spiritual seasons, the symbolic image of earthly life varies from initiation to initiation. For the Hindu tradition, which came at the beginning of the involutionary cycle, earthly life is maya, illusion and unreality. The Earth is not the true home of humankind. Human beings have a higher Divine origin but have forgotten it, erroneously interpreting existence on Earth as the true

reality. They will not however remain in the thraldom of illusion forever. They are children of Light and must pierce through the cosmic illusion and disperse it.

In the Buddhist tradition (originating in the cosmic Autumn which brings balance between spirit and matter) earthly life is a perfect field for enlightenment but only as an opportunity to escape from it by reducing the lust for life. Moreover, of all living creatures, human beings alone, and only on Earth, can attain the state of Nirvana and reach enlightenment - that is, become a Buddha.

In Christianity, earthly life, reflecting the spiritual coldness of the cosmic Winter, is portrayed as a 'desert of life' where hatred and hard-heartedness reign and where human beings are neither enlightened by Wisdom, warmed by Love, or spiritualised by Truth. The life of human beings on Earth during the epoch of the cosmic-spiritual Winter necessitated suffering and spiritual crucifixion but the acceptance of the Christ impulse led to resurrection and eternal life. So, in Christianity, earthly life is a spiritual prison where Christ, experienced historically as Jesus Christ, spiritually as the Love in the hearts of people, and cosmically as the Light of the World, descended as a Saviour to set us free. Only the first born of God, God the Son, could halt the process of human involution into darkness and set in motion the wheel of evolution bringing light and immortal life.

Contrary to the Buddhist conception, in the Master Beinsa Douno's initiation (during the evolutionary process of the cosmic Spring when we have again a balance between matter and spirit) earthly life is not only a field for enlightenment, but a great spiritual school where we work on every life situation and relationship. Behind Nature and the various processes in human life stands the span of evolution, the age-long work of natural, social and cosmic-spiritual forces. When the disciples become aware of the spiritual energies inherent in earthly life, they understand the great efforts necessary to produce these conditions and appreciate the blessings and possibilities given them for spiritual development. Then they give thanks from the depths of their hearts and begin to perceive life on Earth as a great spiritual school.

In the epoch of the cosmic Summer earthly life will become a life in the Garden of Paradise. People initiated by the Holy Spirit will have direct contact with God and the spiritual hierarchies which uphold the mineral, plant and animal kingdoms. All forms of life will be enlivened in the reality of the Spirit. The initiation of the Holy Spirit brings a unique opportunity to fulfil the greatest dream in the

history of humankind - returning back to the Garden of Paradise. Unlike the Hindu and the Christian approach to earthly life, in the epoch of the Holy Spirit earthly life itself has to become life in the Garden of Paradise.

So, during the various seasons of the cosmic-spiritual year, the perception of earthly life changes dramatically, from maya and illusion, through a neutral field for enlightenment, to a desperate desert of life; then, in accordance with the evolutionary process, it becomes a great spiritual school and finally - the basis for celestial life on Earth. Such varying viewpoints of earthly life determine the different directions of the spiritual paths leading towards initiation.

In a similar way as in the *View of Earthly Life*, I described some other fundamental characteristics of the Initiations at the cardinal points of the Zodiac-Mandala such as *Character and Direction of Transcendence*, *Element*, *Type of Spiritual Practice*, *Spiritual Transformation of the Human Being*, *Spiritual Colour*, *Symbol of Initiation* (the Thousand-petalled Lotus in Hinduism, the Bodhi Tree in Buddhism, the True Vine in Christianity, the Grain of Wheat in the Master Beinsa Douno's Initiation, the Dove in the Holy Spirit Initiation), *Sublime State of Consciousness* and *Ultimate Reality*.

The description of the Mandala of the Heavenly Jerusalem was intensive, but very inspiring work on a causal level. I had to merge with the Cosmic Bodies of the Divine Masters and to see the whole Universe and the history of humankind from their point of view. This is why the work on the Mandala develops a Buddhic Body: if St. Peter helped me to develop my causal body from a Christian point of view, now I had to enrich my causal body from the perspective of the other Initiations.

The Divine Guru Babaji

After completing four chapters of my book, consecrated to the Initiations at the four cardinal points of the Zodiac-Mandala, an interesting story developed. It was in the summer of 1984. I met a friend, a clairvoyant, who told me: "*The Heavens are happy with you, but you have not finished your work yet. You have to write another chapter in the Zodiac-Mandala of the Heavenly Jerusalem.*" Knowing how difficult, although inspiring, was the work, I was slightly perturbed. A few days later an insight came to me: Of course, I have to write about the previous Golden Age and to describe the Initiation of the Lord Krishna. Thus the Initiation of the

Lord Krishna opens the Zodiac-Mandala, while the Initiation of the Holy Spirit closes it – the Initiation for the coming New Golden Age.

To help me describe the Initiation of the Lord Krishna I had a most amazing ‘ethereal encounter’ with the Divine Guru Babaji. I was working in the Institute of Musicology in Sofia and most of the time I walked from my home to the Institute. The route passed by the main Cathedral in Sofia, St. Alexander Nevsky Cathedral. One beautiful afternoon the space around the Cathedral changed and to my great surprise the Divine Guru Babaji began to appear on the etheric level. In my inner being I fell on my knees in a state of awe, wonder, love and devotion. The Divine Guru filled a quarter of the sky; he was in the lotus posture with all seven chakras lit as shining stars. The Light of his chakras began to disclose the secrets of the spiritual worlds with which they were connected. The mystical encounter with Babaji continued for about forty-five minutes and gave me important keys to the essence of Kriya Yoga. I was ecstatic and gave thanks from the depths of my soul. Amazingly my ethereal contact with Babaji continued for a few months and developed into a great spiritual romance. I learned a lot about Kriya Yoga, the Hindu spiritual tradition, and with the help of the book *Autobiography of a Yogi* by Paramahansa Yogananda, I wrote the chapter about the Initiation of the Lord Krishna in the Mandala of the Heavenly Jerusalem. It is well known that Babaji, as a Mahaavatara, gave Initiation to many spiritual Teachers over the centuries like Shankara, Kabir, Lahiri Mahasaya and others for the fulfilment of their missions. With great joy and appreciation I could say that the Divine Guru Babaji helped me in fulfilling my task as well!

The process of building the Buddhic body was really one of the most mystical events in my life. It was even more mystical than the entry into the realm of the Divine Will because from the point of view of the Mandala of the Celestial Jerusalem I was able to merge with the cosmic bodies of different Divine Masters and to experience some of the most mystical secrets of the Universe which are revealed by the Divine Masters and which can be revealed – they rarely spoke about them while here on Earth because they hold these mysteries within themselves in their celestial bodies. One can understand these secrets only if he or she merges with their celestial bodies. No words, no teaching, can help. You have just to merge and through their living presence you will be shown the most sacred esoteric mysteries. By developing the Buddhic Body we are dealing with the

wholeness of Creation as Living Light. Then we could transcend Creation and dissolve in Śūnyatā or in other ultimate states.

Altogether the work on the Mandala of the Heavenly Jerusalem was a great anticipation of the Coming New Buddha – Maitreya. Thankfully it included the Coming of many other Divine Masters and Personifications of the Divine Feminine. Thus the New Coming of Buddha Maitreya integrates the whole Kingdom of God with the spiritual realities of the world religions but in the form of a Mandala – a classic form of the Buddhist tradition. This principle of the Second Coming (or Coming) of the Divine Masters is the key to the event of the New Comings – all of them reflect the wholeness of the Kingdom of God, but from their own perspective!

The work on the Mandala of the Heavenly Jerusalem, lasting more than three years, resulted in *The Book of Resurrection* (manuscript) describing the various 'rooms in the Father's House', or the spiritual worlds revealed by the world religions. Later on, *The Book of Resurrection* became one of the founding stones of the book *The Second Coming*, especially of the Nine-Fold Rainbow Path.

The New Vajrayana

The intensive work on the Mandala helped me to build my Buddhic body. It was like a *Vajrayana* practice connected with many Divine Masters and Personification of the Divine Feminine.

In Buddhism, *Vajrayana*, or the Diamond Vehicle, is an esoteric tradition, the initiation ceremonies of which involve entry into a Mandala, a mystic circle or symbolic map of the spiritual universe. With the Mandala of the Heavenly Jerusalem, we have something like a new *Vajrayana* which provides a basis for receiving the initiations of all world religions. At the same time the Mandala of the Heavenly Jerusalem serves as a basis for the integration of all religions showing their unique place and importance in the spiritual life of humankind. It is easy to imagine the enormous amount of metaphysical ideas, archetypes and spiritual structures related to the various initiations and their interconnection within the system of co-ordinates of this celestial Mandala. In the end this is the Heavenly Jerusalem where humankind will live in a new state of being, the reality of New Heaven and New Earth.

As part of the new era, people from all world religions could work in harmony and universal unity with the Mandala of the Heavenly Jerusalem. As an example of the New *Vajrayana* I will quote four

characteristics of the Initiations described in the Mandala of the Heavenly Jerusalem – *Element, Symbol of Initiation, Spiritual Colour and Ultimate Reality*.

Element. The five elements (including ether), in relation to the five initiations, have a deep 'alchemical' significance. In the context of the Mandala of the Heavenly Jerusalem, human consciousness has two levels of functioning: the level of ordinary human consciousness and the level of cosmic consciousness after illumination. Each element symbolises the type of transition from ordinary consciousness to the cosmic consciousness of the particular initiation. In this their function, the elements are a focus of contemplation (in the context of all other characteristics of the initiation) in order to achieve the desired change of consciousness.

Ether as the element in the Babaji initiation symbolises the completely enlightened human consciousness which freely enjoys the spiritual essence of the world. This consciousness is on such an elevated level of spiritual illumination that a person easily overcomes the limitations of the material world and sees the true reality of Light. So, the perception of the true reality of Being as Light - beyond time, space and matter - where all living creatures dissolve without losing their individuality, is symbolised mythologically by Ether.

The element Water in the Buddhist initiation is a symbol of the mirror-like transparent nature of the human mind which, when freed of the lust for life, becomes still, unrippled, calm, clear and reflects the true reality. Then human consciousness merges with the impersonal, undifferentiated universal consciousness, which is the original absolute nature of existence, and as a result attains the state of Nirvana. It is this transformation of consciousness which, freed from egocentric drive and false identification, reveals its true universal nature as an impersonal phenomenon. So, as we come to understand the symbolism of the element Water in the Buddhist initiation, we have to try to experience this calmness and tranquillity of the mind.

Earth as a mythological element symbolises the crystallisation of the ego in the dense material world. Some metaphysical qualities of the element Earth are matter, restriction, density, hardness, division and individualisation and as such the element Earth is a subject for the great alchemy of Love. By pursuing the path of self-sacrifice, suffering and love, Christ melted the 'ego-stone' in the human heart, liberated the human spirit and enlightened the dark side of human nature. So, as an element, Earth relates to the Christ

initiation as a symbol of death and resurrection, of the fall and rise of the human soul, of the hardening of the ego and of the birth of the Christ Spirit within the human being.

The element Air, in the initiation of the Master Beinsa Douno, represents the expansion of human consciousness during the evolutionary process in the cosmic Spring and its new birth into the spiritual world. Air is a symbol of departure from the narrow confines of earthly existence and entry into the great cosmic-spiritual life. Air as a mythological element is an expression of the dynamic, all permeating Divine nature of the 'higher Self', who, as a collective spiritual being, merges with myriads of other creatures in the Universe without losing its individuality.

Fire as a mythological element of the initiation of the Holy Spirit symbolises the creative nature of the Spirit. It represents the activation of the sacred fire, Kundalini, within the human being which enlightens the whole of Creation and sustains the flame of immortality. The creative Fire of the Holy Spirit will transform humankind and the Earth with all kingdoms of life on it.

Symbol of Initiation. In a poetic and inspiring form, the symbol of initiation describes the qualities of the illuminated human consciousness. At the same time it clarifies some of the main features of each initiation in relation to the cosmic-spiritual season when the initiation was given.

The symbol of the initiation given by Babaji is the Thousand-petalled lotus. The Thousand-petalled lotus is a figurative and symbolic name for the highest seventh chakra, Sahasrara, of Kundalini energy within the human being. The Thousand-petalled lotus is the psychophysical basis of complete fusion with the Spirit. When the Yoga disciples are ready, they open the seventh, Sahasrara, chakra and enter in samadhi. So, the blossoming of the Thousand-petalled lotus symbolises the ultimate goal of the Yoga path and the receiving of Yoga initiation. This symbol implicitly contains all the Divine knowledge about the Yoga path and the secrets of the Universe. The Thousand-petalled lotus represents this highest state of consciousness when the human being starts to blossom as a cosmic-spiritual flower with Divine beauty and fragrance. It shines as a star with a dazzling white light which integrates all colours of the spiritual rainbow.

The enlightened Buddhist consciousness is symbolised by the Bodhi Tree. As the legend says, it was under the Bodhi Tree that Buddha attained Enlightenment. In principle, the Bodhi Tree is an ever-

present attribute of all Buddhas from all times and all worlds. The term 'Bodhi' itself has seven essential characteristics - it signifies reflection, study of the dharma, courage, excitement, tranquillity, concentration and imperturbability. All characteristics associated with the Bodhi Tree render it a symbol of the Buddhist way of life and spiritual practice (the Eight-fold path) and of the oneness of Samsära and Nirväna. In fact, the symbolism of the Bodhi Tree represents the earthly basis for attaining Nirväna.

One of the most inspiring chapters of the Gospel of St. John, Chapter 15, describes the symbol of the Christ initiation - the True Vine. The initiation of the True Vine is the birth of the Christ Spirit in the human being. During the course of this initiation every thought, feeling and action in our spiritual body becomes illuminated by the light of the life-giving Christ Spirit; at the same time, all the cells of the physical body become revitalised and enlivened. Christ as the 'True Vine' is a symbol of the Light of the World, the Living Bread, the Living Water for Eternal Life, the Way, the Truth and the Life. This is why Christ says: 'Remain united to me, and I will remain united to you'. (John 14:4)

The path of the disciple in the Master Beinsa Douno's school and the blossoming of the human soul are symbolised by the Grain of Wheat. This is the seed sown by Christ which in fertile soil and with the help of the Master grows in the heavenly world. The Grain of Wheat is the emblem of the spiritual evolution of the human being who sprouts from the 'dark earth' into the celestial worlds. The esoteric meaning of this symbol is that we have to die (as an ego-personality) to the earthly life in order to be born into the celestial world where our souls will blossom and bear many fruits. In the lecture '*Blossoming of the Human Soul*' the Master Beinsa Douno, in a deeply mystical and symbolic way, connects the two processes - the growth of the grain of wheat and the blossoming of the human soul. In many other lectures the Master also uses the grain of wheat as a symbol of self-sacrifice, humility, patience, overcoming difficulties, inner work, process of growth and organic transformation. It is very significant that Buddha, in the epoch of the spiritual Autumn, reaches enlightenment under the Bodhi Tree, while the Grain of Wheat, which is the symbol of the initiation of the disciple in the epoch of the spiritual Spring, grows out of the ground.

The symbol associated with the initiation of the Holy Spirit is the Dove. When human beings give birth to the Christ impulse within and sprout from the material world into the heavenly realms, they

become able to fly as free Divine souls - celestial birds - all over the spiritual Universe. On the other hand, the initiation of the Holy Spirit occurs when human beings build themselves and their lives as Divine Temples. In these Temples the Spirit of God as a Divine Dove comes to live forever. It brings all the fruits of the Spirit such as 'love, joy, peace, patience, kindness, goodness, faithfulness, humility, self-control' (Gal. 5:22), and many others. In the initiation of the Holy Spirit these fruits are crowned by holiness, Divine integrity and creativity.

The symbols of the initiations mark the highest points of the spiritual paths after which the human beings enter into a new state of consciousness enabling them to contemplate the universal body of their Divine Master and to realise the Ultimate Truth of Creation. This is why for this qualitatively new state of consciousness each spiritual tradition chooses a highly essential and inspiring symbolic image.

Spiritual Colour. The purpose of the Mandala of the Heavenly Jerusalem is to help us to receive the initiations bestowed on us by the Divine Masters. After receiving them we will be able to experience two other metaphysical characteristics of the Mandala - Spiritual Colour and Ultimate Reality.

Spiritual Colour is one of the most mystical characteristics of an initiation. It is a sacred meeting with the Divine Masters and merging with their universal bodies of Light. For instance, when we speak about the Diamond-white colour of Christ's aura, it is a Divine illumination and merging with Him. In his initiatic book *The Testament of the Colour Rays of Light* the Master Beinsa Douno gave us the key to the Diamond-white Rays of the Spirit of Christ and His initiation. The Diamond-white Rays of the Spirit of Christ 'open the seven seals and the seven eyes', 'cause the seven horns to grow,' 'hold the seven churches', 'form the seven stars', 'light the seven candles', 'sanctify the seven days', 'send the seven spirits'. They are 'fullness' and integrate life on all levels of Being. The Diamond-white Rays of the Spirit of Christ 'lead to the Divine heart of Love and manifest all God's love, wisdom and truth'. So, when human beings are illuminated by the Diamond-white Rays they receive Christ's initiation and understand the greatest mysteries of Life.

In a similar way we can link with the Divine Light radiating from the other Masters. The spiritual colour of the aura of each one of them is the White Light, which integrates all colour rays from the Living God, but this White Light reflects the different essence of their initiations and conveys a different spiritual message.

Naturally, there is a direct link between the spiritual colour of a Master's aura as the living Light which illuminates the human consciousness and the element as a symbol of the transition from ordinary to cosmic consciousness. For example, we could merge with the diamond-white colour of Christ's aura only if we melt the 'stone of the ego' and awaken our higher Divine Self through the alchemy of Christ's Love. Therefore, the integral white light of Christ's aura is diamond-white, of Babaji's aura is radiant-white, of Buddha's - transparent-white, of the Master Beinsa Douno's - bright-white, and of the Holy Spirit's - fiery-white.

Ultimate Reality. Merging with the Ultimate Reality is the final goal of every spiritual path. It reveals the mystery of God's existence and the secret of the Universe. After dissolving into the Ultimate Reality, the human being becomes one with the Absolute Origin of Being.

The different spiritual initiations reveal different aspects of the Ultimate Reality. In Babaji's initiation this is the Absolute, in Buddha's - the Great Void (Sunyäta), in Christ's - the Lord God Almighty, in the Master Beinsa Douno's - God as eternal Love, Wisdom and Truth, and in the Holy Spirit's - the Creator. Of course, all initiations refer to the same Absolute Truth of Being, but each one reveals a different aspect because of the particular cosmic season and the different universal principle in action.

The initiates in the Mandala of the Heavenly Jerusalem will experience the Ultimate Reality in different sublime states of consciousness, shifting easily from one to another. Their integrative illumination will shine with all aspects of Samadhi, Nirvana, Satori, Resurrection, Transfiguration and Revelation. Thus, the initiates in the Mandala, by merging with the Absolute Origin of Being, will become able to co-create with God.

A perfect example of a Divine Master who built his Buddhic Body was the Divine Guru Ramakrishna, who attained the highest states of consciousness in the world religions. Of course he ascended higher and developed his Atmic Body as well.

The development of the Buddhic body corresponds to receiving a Crown of Initiations. The development of the Atmic Body requires merging with the Absolute Origin of Being (including the Crown of Initiations) and Co-creation with God! In our time this signifies merging with the One Who makes all things new!

Chapter Six

Developing the Atmic Body

The Atmic Body

The Atmic body is the highest spiritual body. After the Atmic body there is only the Absolute Origin of Being, which is linked with Parinirvana, Nirbikalpa Samadhi, with the highest state of mystical experience beyond form, beyond the manifestation of Creation. So, as one could imagine, the next merging had to be with the One who sits on the Throne of God, with the Personified essence of the Universe, manifested by the Holy Trinity.

There are no words to express the essence of the Absolute, the Creator, the Primal Cause. We can contemplate and merge with this essence only through the Holy Trinity - the transcendental unity of God the Father, God the Son and God the Holy Spirit. (The corresponding triadic essence in Hinduism is the Holy Trinity represented by OM TAT SAT, and in the Kabbalah - the three highest Sefiroth, Kether, Hokmah and Binah.)

The Three Persons of the Holy Trinity are in eternal union, interaction and harmony. They are three sides of one and the same mystery. God the Father is the Absolute, the Creator, the Beginning and the End, the Alpha and Omega, the Primal Cause, the Revealed and the Unrevealed, the All. He is the One who was, who is, and who is to come. He is Unchangeable, All-loving, Immeasurable, Omnipresent, Omniscient, Omnipotent, Holy, Merciful, All-embracing Forgiveness, Righteous, Blissful and Inexhaustible. From His Throne emanates the Light which is Creation itself. But '*no one has ever seen God. The only Son, who is the same as God and is at the Father's side, he has made him known*'. (John 1:18)

The Second Person of the Holy Trinity is God the Son, Christ, the One who has made God known. He is the living bread descended from Heaven, the spring of eternal life, the light of the world, the Saviour. Christ is the ideal-subjective essence in the Universe, the active principle, the absolute reality of all living beings, the substance of the 'I', the beginning and the end of human evolution, the whole continuum of perfected spiritual qualities. After numerous incarnations and forms of life, the monad merges finally with God, revealing and giving birth to the Christ within. This is why Christ is 'the Way, the Truth and the Life'.

The Third Person of the Holy Trinity is God the Holy Spirit, the Spirit of Truth, the reality of the Kingdom of God, the Heavenly Jerusalem, the inexhaustible spring of Blessings, the Sanctifier. The Holy Spirit is the ideal-objective principle in the Universe, the builder of the spiritual worlds, the infinite variety of spiritual manifestations. God the Holy Spirit is the ocean of demiurgic colour rays of light, the holy sounds and sacred words which constitute the various spiritual worlds and cosmic hierarchies. The Third Person of the Holy Trinity reveals the essence of Creation as Divine Light.

God the Father, God the Son, and God the Holy Spirit - the Holy Trinity! God the Father is beyond Time; God the Son is Time itself and God the Holy Spirit is Eternity. God the Father is the Creator, God the Son is the subject of Creation and God the Holy Spirit is the object of Creation. God the Father sows the seeds, God the Son nurtures them, and God the Holy Spirit gathers the harvest. God the Son is the substance of the 'I', God the Holy Spirit is the substance of the spiritual worlds and God the Father is the substance of the totality of all revealed and unrevealed Being. Three Persons, but in absolute unity and interconnection, intermingled and overflowing.

Merging with the Holy Trinity at the Centre of the Mandala is to develop the Atmic Body. It is to become one with Christ and through Christ, with the Father and the Holy Spirit. When we develop the Atmic Body we become co-creators with God.

Co-creation with God is an even higher state of Being than receiving the Crown of Initiations. By meditating on the Mandala of the Heavenly Jerusalem, we can develop our causal body and receive all initiations introduced by the world religions. By developing our Atmic Body, we will become collaborators with God, thus participating in the creation of the new reality. Jesus Christ said about His work:

The Son can do nothing on his own; he does only what he sees his Father doing. What the Father does, the Son also does. For the Father loves the Son and shows him all that he himself is doing. (John 5: 19-20)

In a similar way we could say about our co-creative work that the universal consciousness of the Living God lives in us and we are doing what we see from Him.

It is only through the miracle of co-creation with God that we can completely unfold the Divine potential of our higher Selves. Moreover, co-creation is the way in which we can express the

uniqueness of our spirits, 'printed' in us from the beginning of our evolution. By developing our Atmic Body each one of us will receive a unique mission in the great apocalyptic process of re-creation of the world. And because we will be in God's consciousness and God Himself will act through us, our unique missions will be inscribed in the Great Divine Plan for the new world. Through co-creation with God we will penetrate to the very depths of the Second Coming of the Masters because their Second Coming is a Divine action in which they themselves co-create with God.

Co-creation with God is the highest stage of human evolution on Earth. It comes after the first resurrection (our ascent into the celestial worlds), after the second resurrection (which leads us to the highest Divine world) and after receiving the crown of initiations (which makes us immortal citizens of the Holy City). The new stage of co-creation with God will help us to develop the highest Divine qualities, abilities and virtues of Sons and Daughters of God who participate actively in the evolution of the Universe. Finally, the co-creation with God will help us to build ourselves as Divine Temples where the Divine Spirit will remain forever.

In His seventh blessing, after the message to the Church of Laodicea, Christ proclaimed: *To those who win the victory I will give the right to sit beside me on my throne, just as I have been victorious and now sit by my Father on his throne.* (Revelation 3: 21)

In principle, we can reach the state of universal Christ-consciousness by climbing to the top of the Sacred Mountain and by opening our seventh chakra. By developing our Atmic Body, we will act from the Throne of God as co-creators with Christ, the Holy Spirit and the Lord God Almighty. Thus, if the First Coming of the Divine Masters revealed the mystery of the first and second resurrections, their Second Coming will bless us with two qualitatively new stages of human evolution on Earth - the crown of initiations and co-creation with God. The crown of initiations introduces us to the totality of the Kingdom of God, while co-creation with God initiates us into the celestial task of bringing the reality of the Kingdom of God down on Earth and building ourselves as Divine Temples.

We can summarise that the developed Atmic Body is the vehicle of our ascent to the Heaven of Heavens and our glorious return back to Earth as co-creators with God. It is our final spiritual victory, our complete self-realisation, salvation and resurrection. It is the fulfilment of the Divine promise of the Divine Masters about their New Coming. And, of course, the New Coming of the Divine Masters

and the Personifications of the Divine Mother are two sides of one and the same Mystery - that of the Lord God Almighty who now makes all things new.

By following the inner call 'Come' of the transcendent Christ and the Bride as proclaimed in the *Book of Revelation*, we will transform the myth of the Second Coming into the most exciting field for spiritual work and union with Christ. We will identify ourselves as 'God's chosen people gathered by the angels from the four corners of the Earth' ready to meet the Second Coming of Christ. Metaphorically speaking, for us 'the sun will grow dark, the moon will no longer shine, the stars will fall from heaven, and the powers in space will be driven from their course', because in our consciousness we will transcend the physical world and we will be able to contemplate the Cosmic Christ, shining with the Eternal Light of the cosmic-spiritual Sun of Creation. He will manifest His transcendental glory as He 'appears on the clouds' of primordial matter, the pure Divine Spirit which forms the substance of the new reality. There are no words to express the joy and the ecstasy of our spirits contemplating the Divine Mystery of the re-creation of the world. When we merge with the Cosmic Christ and become collaborators with Him, we build our Atmic Body.

I was prepared for merging with the Cosmic Christ and building my Atmic Body through many mystical experiences. This process started in 1975 when I felt the Cosmic Christ filling the whole sky and radiating the Light of the World. It was a staggering experience with which I will start my sharing about developing the Atmic Body.

The Vision of Christ

In 1975, on a beautiful summer day on the Sacred Mountain Rila in Bulgaria, I was with two friends climbing towards the Lake of Purity (in the region of the Seven Lakes). It was a wonderful sunny day, with very fresh "pranic" air and exceptional visibility. When we reached the plateau, we stopped for a little rest and contemplation. We sat comfortably on the grass and everybody went deep into reflection, contemplation or meditation.

At this moment something extraordinary happened to me. As I was sitting on the ground, enjoying the beautiful day and the scenic panorama, everything around me suddenly starting vibrating and I felt that I was entering into a different metaphysical space and time. As in the *Book of Revelation*, the "*Spirit took control of me and carried me to the top of a high mountain*". From the top of this high

metaphysical mountain I saw the image of the Cosmic Christ, filling the whole "sky". Actually, the sky itself was the image of Christ (somehow close to the image from the shrine of Turin, but of course full of life), radiating with incredible light, love, peace, tenderness, beauty and apocalyptic power. His eyes, full of all Divine Virtues, contemplated the whole of Creation. I felt that He was looking at me with great Divine Love and at the same time He was looking through me at myriads of other beings with the same Divine Love, Wisdom and Truth.

Little by little I began to realise the great mystery of Christ as the ideal-subjective essence of the Universe, the active principle, the absolute reality of all living beings, the substance of the 'I', the beginning and the end of human evolution, the whole continuum of perfected spiritual qualities. He appeared as the Light of the Universe, the only Subject of the Universe, God the Son, the One Who has made God known, Who is manifesting the Living God at every moment and in eternity.

This is actually the Divine prototype of the Human Being made in the image and likeness of God. In His Divine eyes I was able to read the whole story of humankind – from the beginning of its evolution up to its conclusion as God's people on sacred Earth, mediators between Heaven and Earth. For me His Divine metaphysical presence on that day was like seeing the living Scroll from the *Book of Revelation* (Chapter 5) where everything in the evolution of humankind is written.

In this astonishing vision I understood many archetypes from the Gospels, from the *Book of Revelation* and from many other Holy Scriptures as well. In the first Chapter of the *Book of Revelation* St. John describes his vision of the Cosmic Christ (9-20) and his *Book of Revelation* unfolded as a result of this vision. For St. John it was like meeting the Second Coming of Christ Who showed him the mystery of Creation (Chapter 4), the spiritual history of humankind (Chapters 6-18), the apocalyptic events of its transformation and the reality of the New Heaven and the New Earth where humankind will continue its evolution (Chapters 19-22).

My vision of the Cosmic Christ was like a revelation of the mysteries in the *Book of Revelation*. I began also to understand the Spirit of Christ as described in the sacred book of the Master Beinsa Douno "The Testament of the Colour Rays of Light" (p. 41):

THE SPIRIT OF CHRIST

The White Diamond Rays.

Who opens the seven seals, and the seven eyes.

Fullness.

Causes the seven horns to grow;
Holds the seven churches;
Forms the seven stars;
Lights the seven candles;
Sanctifies the seven days;
Sends out the seven spirits; Unites every-
thing in one; Creates the Divine harmony of
the great and small worlds; distributes the assigned
blessings; leads all to the Divine
heart of Love; enlivens and creates;
produces and gives birth; enriches and embellishes;
caresses and comforts;
blesses and illumines; makes joyful all
living beings; enlightens and fills with
wisdom; gathers knowledge; manifests all
God's Love, Wisdom and Truth.

The vision lasted for about forty-five minutes, but after these minutes I was a different person. The Cosmic Christ revealed to me the three-fold structure of the Universe and the essence of the Human Being as its micro-model. This vision was like an initiation into the Second Coming of Christ and into the mystery of the *Book of Revelation* by St. John. Since then I could say that for me the event of the Second Coming has happened and I have been blessed to hear the Call, described in the *Book of Revelation*: *The Spirit and the Bride say, "Come!" Everyone, who hears this must also say, "Come!" Come, whoever is thirsty; accept the water of life as a gift, whoever wants it.* (Revelation 22:17)

My vision of Christ was a living experience which gave fruits over the years and provided answers to the main questions in my spiritual journey. In the light of this vision I understood many of my previous visions much better and the mystical experiences which came afterwards.

After my vision I ascended gradually in consciousness to the Highest Divine World and contemplated the mystery of God, Creation and the Human Being made in the image and likeness of God. This led me to the vision of the Throne of God and the Christ sitting beside the Lord as the light of the Heavenly Jerusalem: *I did not see a temple in the city, because the temple is the Lord God*

Almighty and the Lamb. The city has no need of the sun or the moon to shine on it, because the glory of God shines on it, and the Lamb is its lamp. (Revelation 21:22-23).

The Descent of the Holy Spirit in Prague

Another mystical experience which prepared me for merging with the centre of the Mandala of the Heavenly Jerusalem and the Holy Trinity in it was the initiation of the Holy Spirit which I underwent in Prague in 1979.

At the beginning of May 1979 I was sent by my Institute to Prague for a month for a specialisation (an exchange of specialists between two musicological institutes). I was met at the airport and accommodated in a reasonable hostel, in a single room. Even from the first hours I had the feeling that the month would be a very interesting and joyful time for me on any level. On a cultural level, as in May every year, the world-renowned musical festival, *The Spring of Prague*, takes place. On a friendly level I established contact with very intelligent and friendly musicologist colleagues. On a spiritual level, Prague is known for centuries as one of the main spiritual centres of Light in Europe. In addition to all of this the weather was wonderful (May!), and the atmosphere in Prague was very harmonious.

My spiritual adventure in Prague started early in the morning of the second day of my stay there, May 3. Happily, my room was facing East and I was able to meet the sunrise. I decided that I would get up early in the morning and meet the sunrise every day. After a few days, on May 7, a little miracle happened to me. Meeting the sunrise in the morning, reading the Gospel of St. John, I felt the whole room filling with light and I entered into a different spiritual space. After some time I realised that the radiating beams of light were a blessing from the Holy Spirit who filled the space. Little by little, in joy and ecstasy, I entered into a deep meditation and experienced something like the Pentecost. Many verses from the Gospel of St. John became alive and I started to understand their deep metaphysical, even mystical, meaning. Moreover, the first glimpses of the mystery of the Second Coming of Christ began to appear. After such a joyful prayer meditation in the morning, the whole day unfolded in this vibration.

The next morning the spiritual presence continued and together with the deep understanding of key ideas from the gospel of St. John, I had many important existential insights into my spiritual

journey in the present and in the near future. I felt that I was blessed by the spirit of Christ with one of the blessings which he gave after the messages to the churches. *"To those who win the victory I will give some of the hidden manna. I will also give each of them a white stone on which is written a new name that no one knows except the one who receives it"* (Revelation 2: 17). I really felt that during these days I was being fed with celestial manna and my "new name" was about to appear. Full of emotion and gratitude I spent the whole day in Prague as if living in a "mythological space".

The following morning, May 9, was the culmination of my metaphysical and mystical experience. It was like an experience of the real Pentecost where the Holy Spirit descended on me and I was able to contemplate and appreciate the whole Gospel of St. John at once and the wholeness of the Teaching and Cause of our Lord Jesus Christ and of the Teaching and Cause of the World Teacher Beinsa Douno as its continuation in our epoch. On this morning I felt that the Holy Spirit was blessing me to become a chalice for the Presence of the Divine Spirit. (Of course it was a deep inner experience, as a reminder of the great secret: "Know ye not that ye are the temple of God, and the Spirit of God dwelleth in you?" (1 Cor. 3:16).

Full of enthusiasm and inspiration I decided to become available as a channel of the Holy Spirit and to write down everything that was coming from the Spirit. Being an experienced philosopher and culturologist I refrained from any philosophical and metaphysical speculations and I started writing only the ideas which I considered to be coming from the Holy Spirit. Thus, after May 9, I started my spiritual diary with the ideas which were coming to me from the Spirit. Here it is interesting to note that I appreciated very much the book of the Master Beinsa Douno *"Greetings to the Disciple"* which contained five hundred priceless ideas, rules, blessings and spiritual formulas. In line with this, I thought that perhaps the first "volume" of my ideas channelled from the Holy Spirit would be completed when I reached the number five hundred.

I was blessed with a truly breathtaking experience. I had the feeling that the Holy Spirit had come down upon me, remained on me and gave me light to understand the Holy Scriptures, to receive keys for many initiations; in fact the Holy Spirit is the one who holds the keys to all initiations. This was the Third Person of the Holy Trinity. In one or another way I was prepared to merge with the Holy Trinity at the centre of the Mandala of the Heavenly Jerusalem and to sit beside Christ on his Throne as he sits on the Throne of God. It is, of

course, just an impulse, a great revelation which for me lasted only a few hours, while I could imagine well that Jesus Christ was all the time in this state. I cannot say about myself that I am all the time in this state but I know this state very well and I was in this state not only once. So, it was already a very mystical experience for me. It helped me to build my Atmic Christ body.

Exactly two years later I completed my first "volume" of ideas channelled from the Holy Spirit and reached the number five hundred. This manuscript was called *The Initiation of the Holy Spirit* and became a foundation stone for my next manuscript *The Book of Resurrection* and later on for the book *The Second Coming*.

Opening of the Heart and Crown Chakras

The next important steps towards developing my Atmic Body were the opening of the Heart and Crown chakras by merging with Christ. As mentioned before, on February 1981, a friend of mine blessed me with holy oil from Jerusalem. This blessing had a magical effect on me: my heart chakra was open and I felt incredible light and the presence of Christ within my heart. Mystically I started the journey within my heart towards the Sacred Heart of Jesus manifesting as the Universal Soul. The Divine virtues within the Sacred Heart of Jesus were like a fountain of life, light and love springing in my heart. At some stage, entering into a state of bliss, I felt that my heart chakra had merged with the Sacred Heart of Jesus and my soul was blossoming in the reality of the Universal Soul. This was one of the most exciting and inspiring experiences in my life!

The opening of my Crown chakra happened in Jerusalem, in the Church of the Holy Sepulchre. In every trip to Jerusalem I visited the Church of the Holy Sepulchre and spent hours in prayer and meditation. In one of my meditations I had a very mystical experience when my Crown chakra opened. In the centre of the Crown chakra I felt the Christ presence in me. Of course it was not in my head, it was in a very subtle mystical dimension where the whole universe is just Christ Light and this Light was lit in my crown chakra. This Light gradually began to fill my head, my shoulders, my chest and my hands. I understood what kind of energy came through Christ when He healed the people. It was a great mystical experience for me and I gave thanks to Christ and to God from the depths of my soul for revealing, at least for a few moments, this great mystery.

Interestingly, quite a few times when I returned from Jerusalem to Jaffa and lay in bed for the night to sleep, I felt my body full of light. The 'size' of the body was much smaller, as of a child, but the substance of the body was living light. So, in the mornings when I got up from bed I was very 'careful' not to 'disperse' this precious light substance. Of course, I was very happy with this feeling and I wanted it to continue but little by little it faded away. Nevertheless an inspiring lesson was learned and my Crown chakra was open, although then only partly!

I realized that the whole of Creation is a Divine Temple where the Light of God shines as a great Cosmic-spiritual Sun at its Centre. From this Cosmic-spiritual Sun all the Divine Masters, founders of religions, and the Manifestations of the Divine Feminine, radiate. Over the years I was blessed to link with some of them and to receive their initiations. I was able to contemplate such great Divine Masters as the Son of God, Jesus Christ and Virgin Mary, the Lord Krishna, the Enlightened Gautama Buddha and Kuan Yin, Zoroaster, Orpheus and Eurydice, the World Teacher Beinsa Douno and the New Eve and many others.

The New Genesis

At one point in my spiritual journey a staggering revelation came to me and I realized that I was witnessing the majestic vision of St. John from the *Book of Revelation*: *Then the one who sits on the throne said, "And now I make all things new!"... I am the first and the last, the beginning and the end.* (Revelation 21: 5, 6)

The Lord God Almighty, through the Divine Masters and the Personifications of the Divine Feminine was re-creating the world. The Lord God, the First and the Last, the Beginning and the End, was bringing to a close the present Indo-European Cycle of evolution and opening the New Cycle of Existence in the reality of the New Heaven and the New Earth.

The re-creation of the world is a staggering New Genesis, which integrates the past, the present and the future in the life of humankind. It contains the essence of the great spiritual teachings from the past, keys to the present apocalyptic change of the world and the living seeds for the coming New Reality.

Amazingly, I was not only witnessing the New Genesis but was also invited to participate in it. Thus I was able to appreciate the spiritual fruits from the outgoing Indo-European Cycle, to

contemplate the New Coming of the Divine Masters and Personifications of the Divine Feminine and to co-create with them for the coming reality of the New Heaven and the New Earth.

St. John wrote the *Book of Revelation* after his vision of Christ. My vision of Christ, and later on of the New Genesis, developed into a revelation of the *Book of Revelation* as a plan and scenario for action.

The fundamental archetypes in the last Chapters of the *Book of Revelation* characterise the coming new reality in the life of humankind. When we activate them as vast dynamic fields for spiritual work, we participate actively in the New Genesis. Naturally these fundamental archetypes could be easily "translated" into the metaphysical language of all other world religions. This is why we have such unity in diversity and diversity in unity in the spiritual history of humankind: all world religions glorify the One God, "*Who was, Who is and Who is to come*", and each religion does this differently. By activating these archetypes we are participating in the fulfilment of the prophecies in all world religions.

Metaphysically the New Genesis takes place now, in the actual, dynamic, creative present, moving towards the future of God's activity. According to Genesis, the opening book of the Bible, human beings appear on the sixth day after the Heaven and the Earth, the Sun, the Moon, the Stars and all plant and animal life on Earth were created - this is to say, the Divine Genesis had already actually happened and was in the past in relation to the creation of the human being. Now, in the New Genesis, we are invited by God to witness the Genesis of the New Heaven and the New Earth, and not only to witness, but to collaborate and co-create with God.

From now on entry into the new dynamic universe and co-creation with God has to be our main task in life. This is the deep mystical essence of our time. All our spiritual activities have to be planned and organised in line with this inspiring and challenging task. If we live up to this task, we could go forward gloriously into the New Cycle of Existence in great appreciation and gratitude for the efforts of all previous generations of humankind. (Now, in relation to the Mayan Prophecy of 2012, the light of the Cosmic-spiritual Sun at the centre of our galaxy is the energy for the New Cycle of 25,625 years in the evolution of humankind. We could appreciate this light as the Light of a New Genesis, as a beginning of a new cycle of evolution for humankind. This is why the Cosmic Cycle in the Mayan Calendar, after 2012, is left blank! In it we have to participate actively in the New Genesis and to co-create with God!)

The mystery of the New Genesis will bring us into the emerging New World and will put us in a different position in relation to Creation - at the very heart of God's creativity, in the Divine demiurgic present. This shift from the static, crystallized, well-established Universe to a dynamic Universe in constant re-creation is a staggering phenomenon which will dramatically change the conceptions and the approach to God in the existing world religions.

Moreover, the actual participation in the New Genesis will transform the relationship of humankind with the Earth and all Kingdoms of life on it. According to Genesis which opens the Old Testament and gives the account of the First Covenant, when God created human beings, '*He put them in command of all living creatures on Earth*' (Genesis 1: 28). After the Flood, He even told Noah that '*all the animals, birds and fish will live in fear of you*' (Genesis 9:2). Now, however, in the New Genesis, human beings are invited to become collaborators and co-creators with God and as such will become friends, helpers and caretakers of the Kingdoms of life on Earth.

In the new epoch, the Divine task of humankind is to transform the Earth into a Garden of Paradise and to bring the mineral, plant and animal kingdoms to a new level of evolution. In fulfilling this Divine task, humankind will establish a completely different type of relationship with the Earth and Nature and will become a major factor in their future evolution. Only by establishing this new type of relationship will humankind accomplish its ultimate Divine function of mediating between God and the Earth with all kingdoms of life on it, as was envisaged from the beginning of time when God created human beings in 'His own image'. Divine mediatorship will be at the foundation of human life on Earth as one of the most important and inspiring goals.

Participation in the New Genesis, i.e. the activation of the celestial archetypes in the *Book of Revelation* and other Prophetic Books of the world religions, requires a new spiritual paradigm in the life of humankind. It is based on meeting the Second Coming, gathering the fruits from the outgoing Indo-European Cycle, participating in the Divine Wedding which gives birth to the reality of the New Heaven and the New Earth and co-creation with God.

The New Heaven and the New Earth

The creation of the New Heaven and the New Earth is the greatest cosmogonic event in human history. From the Throne of God, the Universal Christ - the First Born Ray from God, the active, creative masculine principle - springs forth into Creation and proclaims the Divine Will to change the world. His first act is to constitute the mythological space (the four directions) and the mythological time (the twelve signs of the celestial Zodiac) of the Heavenly Jerusalem. Then He conveys the new creative impulse to all Divine Masters, Saints and Prophets in charge of the twelve Gates and activates the new Mandala of the Holy City. Because the mystery of the Second Comings is related to the return of humankind back to the Father's house, the Holy Spirit opens the southern universal Gate of the new cosmic-spiritual Summer and with this act the whole metaphysical cycle of the cosmic-spiritual year in human evolution is completed. Thus the place in the Kingdom of God is ready and humankind will be invited to ascend in consciousness to Heaven and to remain there with Christ forever.

After finishing His Divine work of manifesting the Holy City, Christ comes down through the whole vertical structure of the Universe. His Divine task is to rejuvenate, transform and illuminate all celestial realms in accordance with the new creative impulse from God. He raises the vibrations of the whole spiritual Universe and brings it into a new stage of its existence. Finally, Christ reaches the etheric layer of our world and appears as the glorious and victorious Cosmic Christ ready to bring people from all corners of the Earth to the reality of the New Heaven and the New Earth.

I can summarise that in creating the new reality Christ inaugurates a colossal multi-dimensional mythological Cosmic-spiritual Cross, which is the archetypal structure of the new Creation. The vertical axis of this mythological cross is the vertical structure of the Universe (the Middle Pillar, the axis of the various planes of all supramundane worlds); it is a column of Christ Light which radiates creative impulses into all spiritual worlds. The horizontal axis of this mythological Cross is the celestial Zodiac-Mandala with all mansions in the Holy City. (Actually, the horizontal axis itself is the gigantic horizontal circle of the Heavenly Jerusalem with the system of co-ordinates - the world directions - which form a gigantic horizontal cross themselves.) Above the horizontal axis is the Throne of God, the Absolute Origin of Being, from where the Cosmic Christ and the Universal Divine Mother emanate with the new creative impulse.

In his inspiring book, *The Way of the White Clouds*, Lama Anagarika Govinda presented the human psycho-physical organism as a microcosmic replica of the Universe. He compared the spinal cord of our nervous system with its spiritual centres, or chakras, to Mount Meru, the axis of the various planes of the supramundane worlds. He likened our crown chakra, the thousand-petalled lotus, to a gigantic Mandala of Dhyani-Buddhas and Bodhisattvas which surmounts Mount Meru. In the light of this comparison, we can say now that Christ, creating a gigantic Cosmic-spiritual Cross, changes the whole structure of the Universe. In accordance with the new creative impulse from God, Christ transforms the macrocosmic organism of the spiritual Universe into a new Divine wholeness. And, of course, from the very beginning, in absolute union and harmony with Christ, the Universal Divine Mother emanates from the Throne of God as the primordial substance of the New Jerusalem and forms the Four Elements of the Holy City.

Thus, Christ forms the system of co-ordinates and constitutes time (with the celestial Zodiac) and space (with the four directions) of the Holy City; the Universal Divine Mother forms the Four Elements of the New Jerusalem and manifests the whole of Creation as a Divine Temple. Being however in absolute unity and correlation, they are just the subjective and objective aspects of the new reality.

I describe this apocalyptic transformation of the world as a New Genesis. The creation of the reality of the New Heaven and the New Earth corresponds to the act of Genesis which opens the Bible and describes in symbolic form the creation of the four Elements of the Universe (the first four days of Genesis) and the creation of life on Earth (the fifth and sixth days). So, when God says 'And now I make all things new' (Revelation 21:5), He refers to the apocalyptic process of the Genesis of the new reality through the Divine Wedding between the Universal Masculine Principle (the Cosmic Christ) and the Universal Feminine Principle (the Divine Mother) activated by God the Absolute (the Lord God Almighty). Thus, between the beginning of the Bible and the end of the Bible, finishing with *The Book of Revelation*, there is a great arc linking the creation of Heaven and Earth with the creation of the New Heaven and the New Earth.

The New Genesis opens the book of the New Revelation. In his Revelation St. John described the destruction of the old world (through the seven horrors and the bowls of God's anger - see Revelation 8: 6-13, 9: 1-19, 16: 1-21) and prophesised the coming New Heaven and New Earth. The New Revelation proclaims the

creation of the new world with a New Heaven and a New Earth. There we will be able not only to read from this new Holy Book, but also to write living pages in it by our co-creation with God.

I could summarise, that one Book of Life in Creation is coming to a close – that of the old, immanent, humankind and a new Book of Life is opening – that of the new, transcendent, humankind who will live in the Reality of the New Heaven and the New Earth and will co-create with God forever!

Conclusion

An Avatar of Synthesis

An Avatar of Synthesis

The Great Divine Masters, who helped me to build my spiritual bodies, had in their time developed their Atmic Bodies completely. They had merged with the Divine Origin of Being and brought new creative impulses from the Living God.

Everyone who builds their spiritual bodies, crowned by the Atmic Body, becomes a Personification of the Divine Spirit - an Avatar, a materialisation of Divinity in flesh. For such human beings it is said that they are born of the Spirit:

I am telling you the truth... No one can enter the Kingdom of God unless he is born of water and the Spirit. A person is born physically of human parents but he is born spiritually of the Spirit. (John 3: 5-6)

Here it is important to emphasise that I was helped to build my spiritual bodies by Divine Masters, Founders of the world religions, or Initiates connected with them – Zoroaster, Ramakrishna, the Master Beinsa Douno, St. Peter and St. John, Maitreya Buddha and the Cosmic Christ. This fact confirms that the development of my seven bodies organically synthesises the spiritual worlds of at least six world religions.

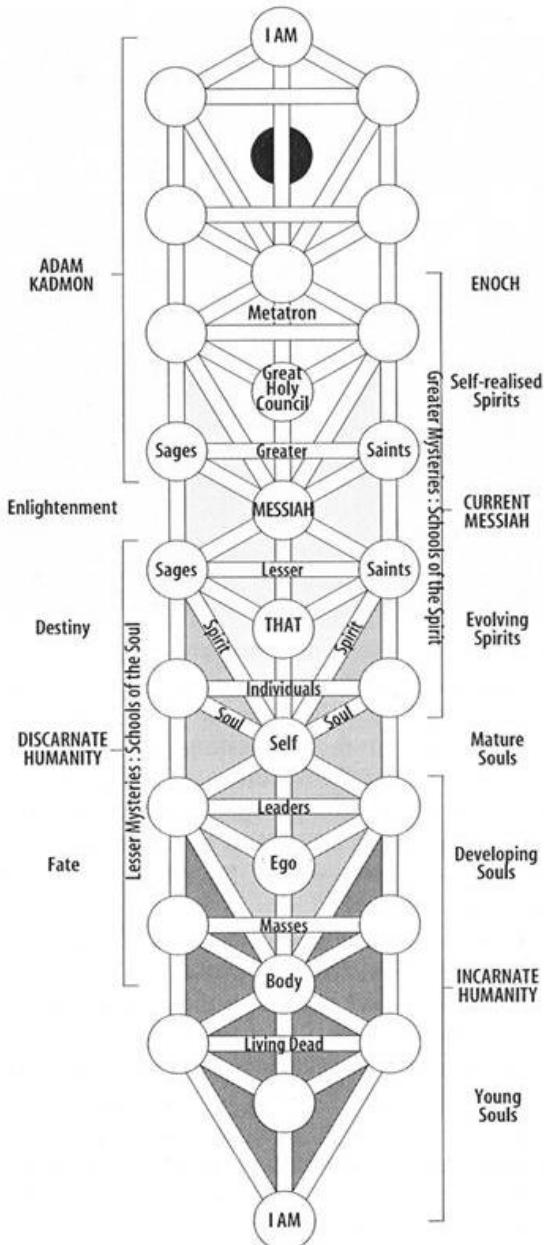
In awakening my Higher Self I linked with Zoroaster and became acquainted with the spiritual world of the Zoroastrian tradition. In purifying and developing my Etheric Body I linked with the Hindu Guru Ramakrishna and had an extensive Yoga practice. For the awakening of my soul and the development of my Astral body I linked with the Master Beinsa Douno and followed the Path of the Disciple by practicing the sacred dance Panneurhythmy and the rich variety of methods and spiritual practices introduced by the Master.

The mystical contact with St. Peter and St. John put me in the heart of Christianity and this was crucial for building my Causal Body. The development of the Buddhic Body took the form of intensive work on the Mandala of the Heavenly Jerusalem. This work was essential for the appreciation of the Buddhist tradition.

Finally, for the actualising of my Atmic Body I merged with the Cosmic Christ and had many inspiring visions and spiritual events

connected with Him. Here it is important to emphasise that in the process of developing my Atmic Body the Divine Masters and Initiates, who helped me to build the other spiritual bodies, participated as well – Zoroaster, Ramakrishna, the Master Beinsa Douno, St. Peter and St. John, Maitreya Buddha. In the end, the structure of my spiritually developed Being integrated the living energies of all these spiritual traditions and their Founders.

At a later stage I made a deep mystical connection with two more spiritual traditions – Judaism and Islam. For instance, I could easily translate Scheme One, Spiritual Development of the Human Being, into the language of the Kabbalah. A perfect example of this Spiritual Development in Judaism is the Kabbalistic Scheme, EVOLUTION, from the book *A Kabbalistic Universe* by Z'ev ben Shimon Halevi:

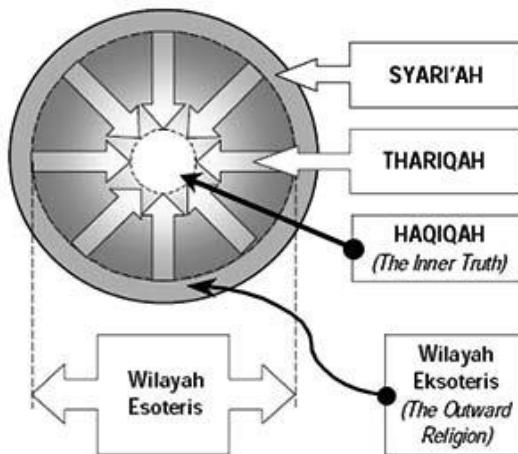


*This sets out the current situation in the history of humanity. At the bottom are the living dead. Above come the as yet unawakened masses ruled by animal level leaders. Over these are individuated souls and the ranks of spiritually developed people. The lower levels reincarnate while the more advanced can choose to be reborn on their Third Journey of Destiny. This vast process will go on until all of mankind has fulfilled its purpose. Above and below is I AM with all of Existence embodied in the word THAT in between. (Z'ev ben Shimon Halevi, *A Kabbalistic Universe*, Kabbalah Society, 2007, 27. *End of Days*, p. 237)*

When I became familiar with this impressive Scheme I easily identified the process of building my spiritual bodies with the stages of human evolution depicted in the Scheme. In retrospect I could recognise my transformations from Ego to the level of the Self with the awakening of my Soul in the Schools of the Soul (building the Astral Body), then the awakening of my Spirit in the Schools of the Spirit (building the Causal Body). After this, by receiving Enlightenment about the Heavenly Jerusalem, I merged with Divine Masters from the Great Holy Council (building the Causal Body), who helped me to reach the level of Metatron (the development of the Atmic Body). After this I could reasonably identify myself as an Avatar of Synthesis.

The Islamic Tradition also played a very important role in the spiritual development of my Higher Self. Since the beginning of my spiritual path I felt a strong connection with the Sufi tradition. Over the years it developed further to the extent that when I read the book *Inner Secrets of the Path* by Sayyid Haydar Amuli (a 14th Century spiritual Master and Scholar) I found in him a soul mate. In my book *The Second Coming*, describing the Nine-Fold Rainbow Path, in line with the text from the world religions clarifying the Steps, I included many important key ideas from the Islamic Tradition. One such inclusion, for which I have great appreciation, is the prophesy of the Reappearance of Imam Mahdi.

In Sufism one starts with Islamic law, the exoteric or mundane practice of Islam and then is initiated into the mystical path of a *tariqah*. Through spiritual practices and guidance of a *tariqah*, the aspirant seeks *haqiqah* - ultimate truth.



The Four Stations, sharia, tariqah, haqiqah.

The fourth station, marifa, which is considered 'unseen', is actually the centre of the haqiqah region. It's the essence of all four stations.

There are many similarities between the circles of the Mandala of the Heavenly Jerusalem and the Scheme above: the outer circle of the Mandala (the Material world) corresponds to the Sharia, the middle circle (the Celestial World) – to the Tariqa, the inner circle (the Highest Divine World) correspond to the Haqiqah; then the centre of the Mandala is like Marifa - the essence of the unseen ultimate Truth. In this respect, by developing my spiritual bodies, I started with the exoteric practices, then was initiated into the mystical path similar to that of a tariqa, achieved the Haqiqah Station and finally merged with the level of consciousness called Marifa in Islam.

Here it is very interesting also to compare the mission of St. John with the mission of Imam Mahdi. Imam Mahdi is in major occultation which still endures: *During this time, according to the Shi'ah, the Mahdi is alive but invisible. He is the Axis Mundi, the invisible ruler of the Universe. Before the end of time he will appear again on earth to bring equity and justice and to fill it with peace after it has been torn by war and injustice. The Mahdi is an ever-living spiritual being who guides in the spiritual path those who ask him and whose succour all the devout ask in their daily prayers. He who is spiritually qualified is, in fact, in inner contact with the Mahdi.* (Seyyed Hossein Nasr, Ideals and Realities of Islam, Mandala, Unwin Hyman Ltd., 1988, p. 166) In a similar way, the Spirit of St. John helps all devoted Christians and reveals to them the esoteric essence of the Christian faith.

In another branch of Islam, Isma'ilism, the cyclic conception of history forms the core of its metaphysical conception of time: The

seventh Imam is the Mahdi or 'Imam of Resurrection', who does not bring a new Sharī'ah but reveals the inner meaning of all revelations and prepares the coming of the new cycle... At this moment comes the 'Great Resurrection' (qiyāmat al-qiyāmah) upon which man and his celestial prototype are re-instated in their original condition. Thus through the prophets and imams the purpose of creation is fulfilled and man regains the state that he lost through his own negligence. (Seyyed Hossein Nasr, Ideals and Realities of Islam, Mandala, Unwin Hyman Ltd., 1988, pp. 170-171)

These beliefs about the Reappearance of Imam Mahdi are very clear, constructive and inspiring. They have many features in common with the Christian and Hebrew traditions such as: (a) a period of life in darkness and negligence when the Truth is hidden; (b) an end to this period and the Advent of the New Coming; (c) the Day of Judgement and the Great Day of Resurrection; (d) the beginning of a new cycle when humankind lives according to its celestial purpose.

When an Avatar receives a new impulse from the Living God for the evolution of humankind, he or she becomes the link between the earthly human world and the spiritual worlds. In fulfilling this function, such an Avatar acts as the *Axis Mundi* of the Universe, connecting all the worlds.

So, in the states of consciousness on the level of my Atmic Body, I could identify myself as an Avatar of Synthesis and the *Axis Mundi* of Creation.

An Avatar of Synthesis of the Second Comings

A very important aspect of the development of my spiritual bodies was the fact, that the whole process was connected with the Second Coming (or the New Coming) of the Divine Masters.

From the very beginning of my metaphysical and mystical connection with Zoroaster I was directed to go to the Sacred Mountain Rila in order to enter into a 'Zoroaster Nirvana' (p 25). When, in 2003, I approached this state of consciousness it was the essence of Ahura Mazda, who was the driving force for the awakening of my Higher Self.

My mystical connection with Ramakrishna resulted not only in building my etheric body, but achieving the highest states of consciousness of the world religions and presenting a whole New Gospel, the Gospel of the Divine Mother, continuing Ramakrishna's

Mission. It is hard to imagine a more important and actual theme for our time than the glorification of the Divine Feminine. Devoted to *The Gospel of the Divine Mother*, I gave many lectures and guided meditations for the mystical link with the Personifications of the Divine Feminine. To a great extent the contact with Ramakrishna was based on existential energies anticipating his New Coming in the twentieth century, somewhere in Europe.

On the other hand, it is well known that the great Divine Guru Babaji blessed Sri Yukteswar to write the book *The Holy Science* (revealing the unity of Hinduism and Christianity) and blessed Paramahansa Yogananda to spread Kriya Yoga in the West. Subsequently Paramahansa Yogananda wrote two impressive volumes about the Second Coming of Christ. Paramahansa Yogananda writes in his Autobiography of a Yogi: *Babaji's mission in India has been to assist prophets in carrying their special dispensations... He has stated that he gave yoga initiation to Shankara, reorganizer of the Swami Order, and to Kabir, famous medieval master* (p. 346-347). In 1984 I had an emotional spiritual experience in which the Divine Guru Babaji Himself blessed my work on the Mandala of the Heavenly Jerusalem and my Mission in Western Europe.

My close spiritual connection with the Master Beinsa Douno helped me to build my Astral Body, but in this process I penetrated into the great metaphysical and mystical depths of his Teaching and was able to experience his New Appearance. In our International Summer Assembly 2012, on the sacred mountain Rila in Bulgaria, I led the group of participants to witness the etheric New Appearance of the Master Beinsa Douno. It was an inspiring spiritual event similar to the scene of *Transfiguration* of Christ before the three apostles. (Gospel of Luke, 9: 28-36).

As to the mystical contact with St. Peter and St. John, the thirty-seven messages, which I received in the Holy Land and the activation of the celestial archetypes in the *Book of Revelation*, represent the next stage in the event of the Second Coming. 2000 years ago St. John met the Second Coming of Christ, wrote his *Book of Revelation* and inspired millions of Christian to prepare for meeting the Second Coming of Christ. Now the time for the Second Coming has come and this is why the *Book of Revelation* has become, from a deeply esoteric book, a plan and scenario for action.

The Mandala of the Heavenly Jerusalem, which I received when developing my Buddhic Body, is connected with the New Coming of Buddha - Maitreya. Of course, the incarnation of Maitreya Buddha

Himself will come in due time, but the Mandala of the Heavenly Jerusalem is an important step in preparation for his Coming. Here I could compare my vision of the Mandala of the Heavenly Jerusalem with the vision of the great Tibetan Guru, Tomo Geshe Rimpoche, who at the beginning of the twentieth century had a staggering vision, described by his disciple Lama Anagarika Govinda in the book *The Way of the White Clouds*, preparing our minds for his reception (p. 9). As I mentioned previously, the Mandala of the Heavenly Jerusalem is an important step in our preparation for the Coming of the Enlightened One – Maitreya Buddha!

My mystical contact with the Cosmic Christ started in 1975. In a sense I met the Second Coming of Christ and even learned His new name (*I will make him who is victorious a pillar in the temple of my God, and he will never leave it... I will also write on him my new name* – Revelation, 3:12). The new name of Christ is an Initiation into the mystery of the *One Who makes all things new* (Revelation 21:5) and Who activates the Divine Wedding between the Universal Masculine and Universal Feminine Principles of Creation. The essence of the Second Coming of Christ is Co-creation with the Divine Masters and Personifications of the Divine Mother and Co-creation with God.

According to the Kabbalistic tradition, the expected Messiah will be able to ascend through the whole vertical structure of the Universe, to merge with the Divine Origin of Being and to bring a new creative impulse from God. As could be seen from the development of my spiritual bodies, I was able to ascend to the Divine Origin of Being and to come back with the vision of the *New Genesis*. This is why, while not being the Hebrew Messiah, I could fulfil his Mission as it was stated by one of the most famous rabbis of the last century, the late Menachem Mendel Schneerson in 1990:

From the Heavens the lights would reach Israel, and from Israel to Jerusalem and from Jerusalem to the Temple Mount. And there on the Temple Mount, in these days, there would be the coming of the Moschiach and there would be a 'redemption' and we would all go together to the Holy Land. (Alex Brummer, The Time of the Brooklyn Messiah, Guardian, December 24, 1990).

We can interpret the 'Temple Mount', 'Jerusalem', 'Israel' and the 'Holy Land' as profound symbols of the higher heavenly realms of Creation. Obviously, after my entire metaphysical and mystical journey, I could lead the Exodus of the awakened souls from the four corners of the world through the World of Formation to the Fourth Heaven in the World of Creation – the Heavenly Jerusalem!

In regard to the New Appearance of Imam Mahdi, He will, of course, come in the appropriate time and place within the Islamic Community. Being in mystical link with Imam Mahdi however (as Seyyed Hossein Nasr wrote: *he who is spiritually qualified is, in fact, in inner contact with the Mahdi*), I could guide the people on a metaphysical journey to the ultimate *Garden of Truth*, revealed by the Prophet Muhammad. On March 18, 2000, I gave an emotional lecture about such a metaphysical journey. This type of journey is rehearsed every year in the Summer Assemblies on the Sacred Mountain Rila in Bulgaria.

Of course, I do not claim to be the Second Coming (or the New Coming) on Earth of any one of the Divine Masters mentioned above. Their New Coming will be great social, religious, metaphysical and mystical events in their respective communities. But the energies of their New Comings are interwoven in my spiritual bodies and from this point of view I could claim that I am an Avatar of Synthesis of the energies of the Second Comings (or the New Comings) of the Divine Masters and Personifications of the Divine Feminine connected with them.

As a result, I could fulfil many of the important tasks of their Second (or New) Comings. These tasks could be developed into inspiring Programmes for meeting the Second Coming of the Divine Masters and the Personifications of the Divine Feminine.

The Divine Masters, according to their promises, can appear in any level of Creation, but regardless of their actual manifestation, they will proclaim the wholeness of Being on both the macrocosmic and microcosmic levels. For instance, Christ, "the Son of Man will appear, coming on the clouds with great power and glory" (Mark 13: 26), i.e. He will appear in His universal body, in the highest Divine world, as the Light of the whole of Creation. The Hebrew Messiah will come to lead the New Exodus of representatives of all world religions to the Promised Land (the Kingdom of God, the seven Heavens) and will inaugurate the Third Temple – the whole Universe as a Divine Temple. Zoroaster may manifest in the heavenly worlds as an inner Guide within our souls and spirits and will reveal the mystery of the great cosmic-spiritual Sun which gives eternal life to all of Creation. The coming of Maitreya-Buddha will result in a great, staggering Enlightenment revealing the totality of all existence and embracing the past, the present and the future of humankind. The Divine guru Ramakrishna was an embodiment of Rama and Krishna; in his Second Coming he can even become a manifestation of Masters from different traditions in order to confirm the absolute

mystical unity of all religions. The personifications of the Divine Feminine, connected with the Divine Masters, will receive a new spiritual mission linked with the mystery of the Divine Wedding through which the Lord God Almighty creates everything new.

Each one of the Masters and the personifications of the Divine Feminine as well, will find the most appropriate physical, etheric, astral, causal or universal bodies to manifest the great apocalyptic event of the Second Coming. This is why we will have many incarnations, embodiments, personifications and manifestations related to the mystery of the Second Coming in all three worlds. On the other hand, many human beings will be directly inspired by the Masters and will become their channels, witnesses, messengers, collaborators and co-creators.

Receiving a Mission

With the initial development of my Atmic body one important stage in my spiritual journey was reached. Of course, the process of developing my bodies was not fully completed, but the key point was to be born from the Living God and to activate the *Axis Mundi* in my consciousness. After this crucial moment one is ready to receive a Mission and to enter into the world with it.

The Mission which I received was connected with the re-creation of the world by the *One, Who sits on the throne and makes all things new* (Revelation 21:5). As a result of this, humankind will enter into the reality of a New Heaven and a New Earth and will start a new Golden Age. In order to explain the Mission, I could use some of the main archetypes from the last Chapters of the *Book of Revelation* describing this reality. I consider my Mission to be the activation of these archetypes by transforming them into a plan and scenario for action. Naturally, all these fundamental archetypes in the *Book of Revelation* could easily be "translated" into the metaphysical language of all other world religions. This is why we have such great **unity in diversity** and **diversity in unity** in the spiritual history of humankind: all world religions glorify the One God, "*Who was, Who is and Who is to come*", and each religion does this differently:

- *The "Throne in Heaven"* (Chapter 4). This vision reveals the mystery of God, Creation and the Human Being made in the image and likeness of God. It is the essence of the Testament of Truth carried for centuries and millennia, described in one or another way in all world religions. 'Man's eternal quest' was

and always will be to see God. Now this is the ultimate purpose in our lives.

- The "*New Heaven and the New Earth*" (Chapter 21). When St. John saw *the One Who sits on the Throne and makes all things new*, he witnessed the New Genesis. This creative act activates the New Coming of the Divine Masters and Manifestations of the Divine Mother through whom the Lord God creates the reality of the New Heaven and the New Earth and raises the consciousness of the human race to live in it. Thus we are blessed to enter into the dynamic new universe and to co-create with God. There is no greater blessing now on Earth than to witness and participate in the New Genesis!
- *The "Vision of Christ", with a face as bright as the midday sun* (Chapter 1). For St. John this vision was meeting the Second Coming of Christ. It is not by chance that the *Book of Revelation* started with this vision and finished with the Genesis of the New Reality. Thus, for St. John, Christ fulfilled his promise to come back and to bring everyone who believes in Him to the world where He lives. In one or another way all of us have to prepare for these most glorious events - meeting the Second Coming of Christ and the Coming of other Divine Masters and Personifications of the Divine Feminine!
- *The Seven Blessings* (Chapters 2, 3). After His appearance to St. John, Christ gave Seven Messages for the Churches. Each Message finishes with a Blessing for opening the seven chakras in the human being. Thus Christ traced the Path to the Throne of God and to the restoration of Cosmic Consciousness in the Human Being. *Those who win the victory* will live in the whole three-fold structure of the Universe: with an ennobled personality on Earth, with a blossoming soul in the Celestial world and with an awakened Divine Self in the Highest Divine World. Thus the *Axis Mundi* in us will be restored and from *Homo Sapiens* we will become *Homo Divinus*, beloved Sons and Daughters of God. To achieve this however we have to overcome the challenges on the Path and receive the Divine Blessings!
- *The Lamb and His People* (Chapter 14). "*144 000 people stood before the throne and were singing a new song, which only they could learn*". These people are the Initiates from all world religions who are witnessing and participating in the New Genesis. We have also to receive the initiation into the coming

New Reality and to join the 144, 000 people around the Throne of God!

- *The Fall of Babylon* (Chapter 18). Babylon, the fall of which is described so dramatically in the *Book of Revelation*, is a symbol of all the negative aspects of our contemporary civilisation. Obviously humankind cannot continue its evolution in the long term with the excesses and abuses of the present Babylonian civilization. This civilization has to be replaced by the Heavenly Jerusalem civilization. We have to join the living souls from the four corners of the world in order to reach the critical mass for transcending the Babylonian civilization.
- *The Rider on the White Horse* (Chapter 19). In our time the struggle between the Light and the Dark forces has reached a critical point. In order to survive, humankind has to overcome the power of the dark forces and the present, Babylonian-type, civilisation has to fall. The *Rider on the White Horse* is the leader of the Divine Action from Heaven who will conquer the Beast and his army. All human beings who have restored their cosmic consciousness will participate in this battle!
- *The Final Judgement* (Chapter 20). With the fall of the Babylonian civilisation the present Indo-European cycle of evolution finishes and the New Cycle of Existence begins. This dramatic change brings the *Day of Resurrection and Judgment*. At this moment of Truth the whole Indo-European Cycle is seen as a Divine wholeness and a single event in God's Mind: the Creator opens the books where everything is recorded and reveals the original Divine Plan for the evolution of all beings in the Cycle. This Day is a Day for Judgement and of the harvest of the good deeds from the *Book of Life*, which will enter into the New Cycle. By receiving the light of the New Genesis, we could help the souls from all planes of existence to raise their consciousness and to enter into the New Reality!
- *The Wedding-Feast of the Lamb* (Chapter 19) - a celebration of the new celestial culture coming down on Earth, woven by "the good deeds of God's people". The archetype of the *Wedding Feast of the Lamb* is connected with the archetype of the Union between the Universal Masculine and Universal Feminine forces which gives birth to the reality of the New Heaven and the New Earth. We are warmly invited to participate in the Divine Wedding in Heaven and to co-create with the Divine Masters and the Personifications of the Divine Feminine in developing this Reality on Earth.

- *The New Jerusalem* (Chapter 21). The Holy City with twelve gates, "coming down out of heaven from God and shining with the glory of God" is the reality of the Kingdom of God with "many mansions"; the many mansions are the spiritual realities revealed by the world religions. When the last, twelfth, Gate, is opened, the Indo-European Cycle of evolution comes to a close and humankind enters into the reality of the New Heaven and the New Earth to begin its New Cycle of existence. We have to ascend through the whole vertical structure of the Universe in order to become citizens of the Holy City, where the Lord and the Divine Mother are always present!
- *The Kings of the nations will bring their wealth into it* (Chapter 21). Similarly to the essence of the human being, consisting of body, soul and spirit, every nation has a three-fold structure as well – a 'body', which is its socio-cultural organism, a National Soul and a National Spirit. The Kings of the nations are the National Spirit-Guides who lead the Missions of the nations over the centuries. They will bring the accumulated spiritual treasures into the Holy City. Following the new spiritual paradigm, we have to participate actively in the fulfilment of the Mission of the nation to which we belong!
- *The Tree of Life* (Chapter 22). "On each side of the river was the tree of life, which bears fruit twelve times a year, once each month; and its leaves are for the healing of the nations". The *Tree of Life*, with its fruit and leaves, is the symbol of the realisation of the Testament of Truth and life in the Kingdom of God with many mansions. To live in the Kingdom of God with many mansions is to gather the spiritual fruits from the outgoing Indo-European Cycle and to build life on all levels of Being as a Divine Temple!

So, my Mission was connected with deciphering, social presentation and activation of the above mentioned celestial archetypes from the *Book of Revelation*.

In 1986 the situation in Bulgaria was not appropriate for any open socio-cultural, metaphysical and mystical work and for this reason, with the blessings of our Divine Father-Mother, I was sent to Western Europe. There a completely new stage in my life opened - I had to shift from the inner mystical development to the outer social missionary work. In essence this was a task to prepare the establishment of the Kingdom of God on Earth and required work on the level of human civilization in general and on a socio-cultural national level in particular.

Part Two

New Mysteries from Ireland

Introduction **Spiritual Activities in England and Scotland**

Journey to Western Europe

I am very thankful that by the grace of God I am involved in the opening of the twelfth and last Gate of the Heavenly Jerusalem. My involvement has been developing for more than twenty-five years, mainly in two countries – Bulgaria and Ireland. In this process however some other countries are involved, especially Russia, England, Scotland, Switzerland and USA. I will consecrate Part Two to the metaphysical and mystical events in Ireland in relation to the opening of the twelfth Gate. The process started in Bulgaria and Russia, then continued in the UK, Switzerland and the USA and entered into a new stage in Ireland.

As I mentioned previously, in regard to the Gates of the Holy City, after the work on the Mandala of the Heavenly Jerusalem was completed, I was able to contemplate and see metaphysically four of its Gates ‘widely open’: the Hindu, the Buddhist, the Christian and the Gate of the Master Beinsa Douno. Also I saw the Gates of Judaism, Islam and Zoroastrism, but only partly open. At the same time, the twelfth Gate, the Gate of the Holy Spirit, was opening gradually through my visions in Prague, the thirty-seven Messages from the Holy Land and the work on *The Book of Resurrection*.

The process of opening the twelfth Gate had advanced, but a lot more work had to be done! The complete opening of this twelfth Gate and receiving the Initiation of the Holy Spirit as the newest fruit from the *Tree of Life* required further spiritual development. For this purpose I had to go to Western Europe and continue my metaphysical and mystical work. Thanks to my English friends I was able to spend my one-year ‘sabbatical leave’ in London and after this I settled in Ireland. I am very thankful to my English friends (Philip, Danielle and Ardella) who helped me to ‘escape’ from the communist system in Bulgaria and to start my new stage in life of unfolding a Mission.

In July 1986 I was guided by the Divine Masters and the Divine Mother to leave Bulgaria and to go to Western Europe in order to

continue my spiritual work. On the one hand, I shared my revelations about the Second Coming and the New Jerusalem in many countries (UK, Ireland, Switzerland, U.S.A. France, Germany) in the form of lectures, seminars, initiatic cycles, special celebrations, a spiritual school of Paneurhythmy, etc. On the other hand, I became familiar with the Western European spiritual culture including the depths of the religious traditions, the variety of New Age movements, the special movement for the care of the Earth and the environment, and so on. An important aspect of my travels in Western Europe was the meditation and visions about the mission of all the countries which I visited in the Divine Plan for the establishment of the Kingdom of God on Earth. Thus, I served as a living bridge between the Eastern European spiritual culture and the Western European spiritual culture.

Arrival in London and the first month in England

I still remember vividly the last hurdles before departure in Sofia and the emotional farewell to two of my close Bulgarian friends at Sofia airport. Two days before my departure I had to collect my passport from the Passport Office. For this purpose I had to present all my documents, including the flight ticket. The ticket was issued from the travel agency of my English friends and had to be approved by the Bulgarian authorities. When I showed my ticket, the officer became suspicious and went to consult his superior. In these twenty dramatic minutes everything was hanging in a dangerous balance: if the ticket was not approved I would not have had the right to take the flight and all my preparations, expectations and dreams for a new spiritual life would have collapsed. Thanks be to God the ticket was accepted (because the travel agency of my friends was officially connected with the Bulgarian agency Balkan) and I received my passport.

Needless to say I felt very happy on the plane – finally free! It was a flight to freedom, but also to the unknown! I did not know English, the English culture and the political system, but I had friends! At Heathrow two of them met me and my spiritual journey in Western Europe started! Before this however a subtle problem occurred: the passport officer at the desk asked me something which I did not understand and she went to consult her superior. After a few minutes she came back and gave me an English visa for three months – her hesitation was to give me a visa for one month or for three months (the maximum for visiting foreigners). She gave me three months and this was crucial because I was able to travel

across the whole of England and Scotland, to visit Findhorn Community, the legendary island Iona and many other interesting places. I was also able to apply for an extension to my English visa, which was of crucial importance for my stay in Western Europe.

The next day after my arrival my friend Ardella brought me to a seminar in the Francis Bacon Society, led by its chairman Peter Dawkins. Because I did not know English, from time to time Ardella translated in French, but intuitively I was able to enter into the amazing atmosphere of the English spiritual and metaphysical culture. In the break during the seminar Peter Dawkins, well acquainted with the great Bulgarian Master Beinsa Douno, invited me warmly to visit his house. After the seminar I was invited to participate in a large gathering of spiritual people, including the well known spiritual healer Soozi Holbeche. Two years earlier I had met her in Bulgaria with a group of Western European guests and this time the meeting was like between old friends.

In the first weeks of my stay in London the meetings with spiritual friends followed one after other. I went with Ardella to the house of Peter Dawkins and spent a wonderful day there with him, his wife and two children. With translation by Ardella we had a deep spiritual conversation, but when we embarked on a meditation I experienced the beauty and the depths of the English spiritual culture and the richness of the New Age movement. Being familiar with culturology, I entered into the essence of the Western European culture – from the family life in a home with a beautiful garden, through the spiritual traditions and esoteric activities in England, up to the visions for planetary activities.

Another remarkable meeting was with the great philanthropist Elinore Detiger. She was at the heart of the New Age and the Feminist Movements. She supported morally, materially and financially the activities of many people, including myself. In the first month of my stay in England and later on, I was really amazed by the goodness, warmth and generosity of many people, especially Ms Elinore Detiger. For instance, she provided us, Ardella and I, with a car to cross the whole of England and most of Scotland to reach the Findhorn community. After this, with her car, we travelled to Iona and spent a few days in her house there. Later in the year she brought me by taxi to the heart centre of England - Glastonbury - and took care of my accommodation there. In a crucial moment in Italy, during the International Florence Convocation she covered the expenses of the luxurious hotel for our stay there. Needless to say,

people like her, my hosts and many more friends in Western Europe were the hope of the good future of humankind!

Visit to Findhorn Community

One of my hosts in London, Ardella, booked an experience week for the second half of August in the well-known community of Findhorn in Scotland. So, with the car of Elinore Detiger we crossed practically the whole of England and Scotland and arrived in Findhorn Community. On the way to Findhorn we stayed in the houses of Ardella's friends in Newcastle and Edinburgh and I was able to appreciate again the hospitality of her English friends and the beauty of the land of England and Scotland.

When we arrived in Findhorn, we were accommodated in the Cluny Hotel, half an hour from the Findhorn Community. The experience week is group work with the guests guided by a member of the Community and introducing them to some of the main features of Findhorn Community life. In general it is a very interesting form of group activity, but I did not know English and I would have preferred to live in the Community itself and to establish contact with the participants in it.

Thankfully the organisers of the experience week allowed us to move to the main caravan park of the Community. There I had wonderful days meeting remarkable members of the Community, experiencing the atmosphere and the various activities of this planetary centre. The Findhorn Community was well-known for its contact with the angelic world and its achievements in the New Age culture. At some stage I had a metaphysical contact with the light beings in the gardens of Findhorn and the founder of the Community, Eileen Caddy, showed an interest in my vision. So, a small group, including Eileen Caddy, some leading members of the Community and light leaders from Italy gathered and I shared my vision. After this we had an inspiring meditation and decided to connect on a weekly basis, every Tuesday, from 18.00 for meditation. The friends from Italy continued this tradition for years.

Another interesting event in Findhorn was my introduction of the sacred dance Panneurhythmy created by the Master Beinsa Douno. For this purpose, every morning an elderly woman called Barbara Darcy Thompson (over 80 years of age) came with her car to bring us from the Community Park to the Cluny Hotel. There the Teacher of sacred dance, Anna Barton, organised her sacred dance group to learn Panneurhythmy; after our seven morning sessions she listed

the Panneurhythmy in the Findhorn Programme. The Panneurhythmy was well appreciated by all participants. Interestingly, when we asked Barbara Darcy why she was coming every morning early, despite her age, her answer was: *Oh, the Panneurhythmy gives me a lot of life energy and power; this is what I need most at this stage in my life.*

Altogether the visit to Findhorn was very rich and emotional and produced good results: the Teacher of sacred dance Anna Barton listed the Panneurhythmy in the Programme of Findhorn and the weekly Tuesday International Meditation was established. Because of these activities I was invited to come to Findhorn again in the middle of September. After Findhorn we went to Iona and I appreciated the incredible beauty and magic of this holy island. As I mentioned previously, Elinore Detiger was very kind to give us the keys to her house in Iona for our stay there.

In my second trip to Findhorn I had a wonderful time, appreciating the Community life in full. To some extent it was a dream fulfilled: having read the bestselling book *The Magic of Findhorn* by Paul Hawken, I wanted very much to visit this Community and to participate in its life. So, this happened and I experienced the Community life deeply within. After the visit to Findhorn, accompanied by some participants from the Community I visited their base on the Isle of Erraid – another revealing experience – and finally we went again to Iona to participate in an inspiring one-week seminar led by Peter Dawkins and his wife Sara Dawkins. In this seminar I was able to appreciate in full the magic of Iona and its place in human spiritual history and culture. For instance, Iona was visited by the great German composer F. Mendelssohn who, inspired by Iona and the surrounding picturesque islands, wrote his famous overture *The Hebrides*.

Celebrating the 80th Birthday of Sir George Trevelyan (November 1986)

The first months in London were extremely busy, interesting and dynamic. I met many spiritual people, participated in numerous New Age activities, celebrated the eightieth birthday of Sir John Trevelyan, visited the Concert Halls and more. On the eightieth birthday of Sir John Trevelyan I was introduced to important Light Leaders who helped me to enter more deeply into the culture of the UK, Ireland and the USA. For instance, we were invited to the house of the Russian Princess Helena Gagarin-Mutafian. I established a

good contact with her and we had quite a few interesting spiritual gatherings and meditations in her house. At some stage she suggested to go to the house of her friend, Barbara Cartland, the stepmother of Princess Diana.

The visit to the estate of Barbara Cartland was very interesting and revealing. We went to her estate in the country by taxi. Living in Bulgaria and studying in Russia I had never visited such a rich mansion. I was introduced to Barbara Cartland and she expressed a desire to have some healing for her eyes. So, I entered into the state of prayer-meditation and started with a few 'magnetic passes' over her head. At some stage I received a very vivid picture of the history of British Royalty. The visit to the house of Barbara Cartland concluded with the richest afternoon tea which I could imagine and 'modest presents': I received a gold-plated leaf from the oak where Queen Elizabeth 1 had her first success in hunting and Ardella received a gold-plated brooch.

I became a frequent visitor to the house – Link Centre – of the Baroness Edmée di Pauli. Her house was really a great Link Centre. This remarkable Lady helped me with two crucial connections: the first was with the founders of the Meitheal Community in Ireland. Actually, as a result of my visit to this community, I established important contacts in Ireland which finally led to my settling in Ireland and the continuation of my Mission there. The other contact, in her country house, was with the American Light Leader August, 'Gus', Jaccaci. The place itself was an old spiritual centre and I had an inspiring mystical connection with the English National Soul and Spirit Guide from over the centuries. Gus Jaccaci was very interested in my Mandala of the Heavenly Jerusalem and invited me to the International Florence Convocation in February 1987. At the conference I met a spiritual person from the United States who invited me to give seminars and workshops there. So, the Link Centre of Baroness Edmée di Pauli was a great link centre full of interesting meetings and contacts, with a strong vibrant New Age atmosphere.

During this time I started learning English in Hounslow Borough College, at Intermediate level instead on my appropriate level – Beginner - which was not an easy task. For Christmas I visited the country house of my friend David, who was very interested in the Teaching of Omraam Mikhaël Aïvanhov, a well known spiritual Teacher, originally from Bulgaria, but living and teaching in France. Perhaps it was not by chance then that in his house I learned about the passing over of Omraam Aïvanhov. Thus, with David, I was able,

thousands of miles away from Bulgaria, to appreciate his important contribution to the spiritual culture of Europe. Later David became fascinated with the Teacher of Omraam Mikhaël Aïvanhov, the World Teacher Beinsa Douno, and wrote a few inspiring books about him.

The International Florence Convocation and Visit to Switzerland

In February 1987 I attended the International Florence Convocation, organised by the American Light Leader Gus Jaccaci. There I presented the concept of the Mandala of the Heavenly Jerusalem. I also introduced the sacred dance Paneurhythmy and a number of us performed it every morning before the start of the Conference day. One of the enthusiasts of the Paneurhythmy was an American friend Betty, from the Jean Huston Mystery School. She came to Glastonbury in August 1987 to participate in the international event of Harmonic Convergence. In the summer of 1988 she invited me to the USA for workshops on Paneurhythmy and Mandala Meditation.

Before my departure I was introduced to an English friend, the late Austin Arnold, who was working in Geneva, in the Offices of the United Nations. He was a great spiritual networker and introduced me to many people in Switzerland. By chance in Switzerland I had a very good Bulgarian friend, Ivan Anguelov, who was the conductor of the Symphony Orchestra in Biel. He was and still is one of my best friends and in his house I was always very welcome. With these two important connections I made Switzerland a permanent basis for lectures, seminars and workshops. Thanks to them, over the years, I had workshops in various parts of Switzerland, in France and Germany.

After my participation in the International Florence Convocation in 1987 I visited Switzerland and had important friendly meetings with Austin Arnold and my Bulgarian friend Ivan Anguelov. Austin Arnold introduced me to Rudolf Schneider, the head of the Institute of Planetary Synthesis, who organised a lecture for me in the central office of the Institute. There I met quite a few people who were interested in my spiritual work. One of them was the Chief Editor of the magazine *Share International*, connected with the spiritual activities of Benjamin Creme. The fact that I was coming from Eastern Europe, from behind the Iron Curtain, evoked special interest in my spiritual work. As a result I had a few workshops in Geneva, Interlaken and other cities. In one of the Bulletins of the

Institute of Planetary Synthesis, New Perspectives on Global Education, at the Conference “New Perspectives on Conflict Resolution and Creative Leadership”, Colorado Springs, October 1987, Rudolf Schneider wrote about my spiritual achievements in Bulgaria:

“The next seed-group works with transcendental mysticism, occultism and religion. Throughout human history, the religions of the world have been a source of conflict and of separation. The spirit is one, the wisdom given by the guides of the human race has always emphasised our unity, the value of life and love for oneself and others, but men created separative forms in the name of churches, sects, creeds. Those who work in this seed-group have therefore the task of revealing the unity of all religions, which only represent different paths all leading to the same goal: the union of man with God, or the absolute. It is said that the new world religion will come from Russia, and it is interesting to note that one of the most advance researches into the unity of all religions which I know of has been done by a Bulgarian, whose name I cannot give here unfortunately because of difficulties he might have in his country if his work is known. He writes under the pseudonym Noel, and has developed after ten years research a Mandala for meditation incorporating all the main world religions”.

Subsequently I received many encouraging letters from various countries, most of them from the USA. In 1989 Rudolf Schneider also organised the workshop *The Rose of the World and Mandala of the Heavenly Jerusalem* for me in Geneva.

Through Austin Arnold I met the Chief Librarian in the United Nations in Geneva, Theodor Dimitrov, a Bulgarian with whom I had important spiritual conversations. Austin also organised a workshop in Marseille, France. He was a warm-hearted and generous person, a great soul, to whom I am very thankful and appreciative.

Spiritual Activities in England

Back in England, I went to Glastonbury for Easter 1987 where I led Mandala Meditation. It is interesting to note that I still did not know English well and I led the meditation in French with translation by a friend, David. This visit to Glastonbury was a very good preparation for Harmonic Convergence; there I became familiar with the mythology of Glastonbury as the heart centre of England and Europe and met many spiritual people. The amazing story about Glastonbury and its environment is that around it there is a natural

Zodiac formed by Nature, which could be seen from above. Needless to say, I was elated with this coincidence and felt a strong metaphysical and mystical connection with Glastonbury and its surrounding area.

As to the Gates of the Heavenly Jerusalem, in May 1987 I had a very deep mystical vision in which I saw that I had to include key phrases for two more Gates – Judaism and Islam. On August 17, in preparation for Harmonic Convergence, David and I included two more metaphysical formulas: *I am that I am* for Judaism and *Lover, beloved and love am I in one, beauty, mirror and the eyes that see* – a key formula by the great Sufi Teacher Hazrat Inayat Khan - for Islam. Thus we had seven mantras and key formulas for the Mandala Meditation – Hinduism, Buddhism, Judaism, Christianity, Islam, Beinsa Douno's tradition and the twelfth Gate, the Gate of the Holy Spirit. The task of this Mandala Meditation for Harmonic Convergence was '*Knocking at the Doors of the Heavenly Jerusalem*' in order to enter into the Holy City.

In May 1987 I had my first attempt to give a talk in English in the Link Centre of Baroness Edmée di Pauli. My theme was the Mandala of the Heavenly Jerusalem and its connection with Harmonic Convergence. In this gathering I met two people from the Meitheal Community in Ireland, Patricia and Paul, who invited me to visit them in the summer.

Appreciating the invitation, my friend Ardella and I went to this warm-hearted community in a most picturesque place in Donegal, Ireland, in July. Actually, the opening of the New Mysteries from Ireland started with this trip to Meitheal Community. There I entered into deep metaphysical and mystical contemplation and linked with the vibrations of the previous Golden Age in Ireland. With this story I am starting Part Two of my book - *The New Mysteries from Ireland*.

Celebration of Harmonic Convergence

Around the time of Harmonic Convergence (August 16-17, 1987) many books and articles on the subject were distributed all over the world. They inspired and motivated many people to celebrate this great event. Some of the articles explained Harmonic Convergence not only from the point of view of the Mayan Calendar, but also presented the astrological chart of the event. Born on August 15, my birth chart had many common features with the chart of Harmonic Convergence. This is why it was not by chance then that on August

16-17, 1987 I was one of the leaders of the celebration to mark the beginning of the transition period to the great New Cycle of 25,625 years in the life of humankind.

For the great planetary celebration of Harmonic Convergence on August 17, I, with a few friends, went to Glastonbury five days in advance. The atmosphere was charged with great energy and expectation. In Glastonbury, one of the most sacred places in England, representatives from the five continents gathered on August 15. On the 16th we started an intensive preparation for the great celebration of the 17th which had to coincide with the sunrise in the sacred place of the Mayans, marking the end of the great Cycle of 5,125 years and the transition to the New Era. We planned to celebrate this great event with Mandala Meditation and the sacred dance Panneurhythmy. We intended to dance the Panneurhythmy on a sacred place to celebrate the beginning of the New Era in the life of humankind. It was a staggering coincidence that in a completely different tradition - that of the American Indians - we find similar archetypal images. The Hopi prophecy states:

144,000 Sun Dance enlightened teachers will totally awaken in their dream mindbodies. They will begin to meet in their own feathered serpent or winged serpent wheels and become a major force of the light to help the rest of humanity to dance their dream awake. A Sun Dance teacher is any human being who has awakened, who has balanced their shields, who has gained the dream mindbody and who honours all paths, all teachers, and all ways. (A Hopi Prophecy, Acorn Publishing, Glastonbury, p. 24.)

On August 17, well prepared in advance, we gathered at around 13.30 on the Abbey Grounds to mark the great historical moment with a Mandala Meditation and the sacred dance Panneurhythmy. Exactly at the precise moment of the end of the great Mayan cycle of 25,625 years and the beginning of the transition period (of 25 years to 2012) we did a Mandala Meditation. Through the Mandala Meditation we linked, in peace, love, harmony and mutual understanding for our common cause, with representatives of many spiritual traditions all over the world.

The deep esoteric meaning of Harmonic Convergence, according to the initiator of this planetary event, Dr. Jose Arguelles, was to unite the prophecies of many other spiritual traditions and world religions. For this purpose it was very appropriate to perform the Mandala Meditation as a symbol of integration and the unity of all

humankind. We held the feeling of the whole of humankind as one great spiritual family preparing to enter into the great new cycle of evolution in peace, harmony and mutual understanding.



East end of the Great Church, looking west.

After the Mandala Meditation, following the idea of the Hopi Indians that 144,000 sun-dance enlightened teachers were invited to dance on sacred places to mark the beginning of the new cycle; we did part of the sacred dance Paneurhythmy at the heart centre of England – the Abbey grounds in Glastonbury. We did the Paneurhythmy up to the 16th movement because of the seventy-two people taking part only six of them knew the Paneurhythmy in advance. By a wonderful coincidence the 16th movement is *The Rising Sun*. Our Paneurhythmy, ending with this movement, felt like a sign of the rising Cosmic-spiritual Sun of the New Epoch.

It was so emotional that after the Paneurhythmy we all gathered around the century-old oak tree and the 'patriarch' of the English spiritual culture, Sir George Trevelyan, already over eighty years old, inspiring and emotionally said: "I danced many times in my life but for the first time I danced for God! It is so significant!" These words were very meaningful for all of us.

The celebration raised in status to an emotional spiritual event. In Glastonbury, the spiritual heart of England, with representatives of the five continents, the circle of the Paneurhythmy marked the beginning of the new epoch prophesised by the Mayan Initiates

centuries ago in their calendar. Truly the New Era was coming! Harmonic Convergence generated very strong energies which are still active, especially in 2012, when the Transition period came to a close. It is not by chance that Harmonic Convergence in Glastonbury and the visit to Meitheal Community in Ireland played a very important role in my spiritual journey in Western Europe.

After Harmonic Convergence in September 1987 I attended a special International Seminar in Iona. The speakers were from Europe and USA and the themes covered a whole variety of spiritual topics: from near-death experience to the conservation of the planet. I participated in it presenting the concept of the Mandala of the Heavenly Jerusalem and I had some other informal activities such as guiding a morning prayer-ceremony in the Abbey. I would like to mention two important events from that Seminar. The first was the presentation of the Kabbalah tradition by Z'ev ben Shimon Halevi: I had read a lot about the Kabbalah, but did not have a living mystical experience – the presentation by Halevi was like an initiation into the Kabbalah. The second was hearing the wonderful Irish singer Noirín Ni Riain who conveyed to me the magic vibrations of Ireland - the land, the history and the people.

After the seminar in Iona I was invited by the General Secretary of Theosophical Society of Ireland, Matthew Finnegan, to give a lecture in Dublin, in the Society. I went to his house in November and had a two-day workshop *The Dawn of the New Millennium* in December (5-6). We established a very good friendly contact and he invited me to stay in his house in Delgany, Co. Wicklow for as long as I wanted. I was deeply moved by his invitation and returned to London for the New Year, 1988, full of hope and enthusiasm about the coming new stage in my life.

Back in England, I had a four-day workshop in Glastonbury (February 1-4, 1988) consecrated to the Second Coming of Christ. I was very happy that Sir George Trevelyan expressed a desire to participate actively in it. The seminar was very interesting and dynamic and continued the stream of Harmonic Convergence with Panneurhythmy and meditation on the Mandala of the Heavenly Jerusalem. Sir George Trevelyan gave inspiring talks, full of wisdom, life experience and spiritual warmth. This was my last time to work with the late Sir George Trevelyan and I would like to use the opportunity to express my deep personal admiration and appreciation of this remarkable human being.

Chapter One

The First Golden Age in Ireland

The Meitheal Community

Meitheal Community in County Donegal was an eco centre and community of spiritual people living together and working for personal, environmental and planetary transformation. This community was connected with Findhorn Community and followed Eileen Caddy's inspiring example. I had been to Findhorn, met Eileen Caddy and had wonderful experiences of this community and its achievements. Naturally I was looking forward to appreciate Meitheal Community and to link with the angelic world there.

The visit to Meitheal Community in July 1987 was crucial for my settling in Ireland. This is why I am starting Part Two of my book *New Mysteries from Ireland* with this remarkable visit.

So, in July 1987, with joy and good feelings we travelled to Ireland, to the Meitheal Community in Donegal. We arrived in Belfast late in the evening and were warmly met by Patricia and Paul, the founders of the Meitheal Community. With their car we started our journey in Northern Ireland. I felt immediately the different atmosphere from England, especially when we had to cross the border with the Republic of Ireland. We were checked by the border control, friendly but at the same time with caution.

The Office of Meitheal Community was in Derry, while the Community itself was in the Republic of Ireland. So we crossed the border practically every day without any problems, but the existence of the border, the military cars circling in Derry and around, the soldiers in uniforms created the feeling of tension. At that time I did not know anything about the conflict between Protestants and Catholics in Northern Ireland and was quite surprised to witness this situation and the tension between two neighbouring countries, both after all in the EU.

In the Community itself we were met very warmly and felt immediately at home. There were about fifteen to twenty people in the Community, some of them living there, others travelling to it every day. The atmosphere was very enthusiastic, with a lot of energy and a variety of activities – quite similar to Findhorn. We were introduced to everyone and the next morning we started our life there not as visitors or guests, but as members of the

Community, despite the fact that I was invited to give an extensive seminar there.

The main activity of the first day was to visit the ancient Grianan Ringfort. "Grianan Ringfort is a stone ring fort surrounded by earthworks on the top of Grianan Mountain, some 244 metres high. The fort has an internal diameter of 23.4m, and has a massive stone wall almost 4m thick. There are several stairways giving access to the top of the walls. Within the walls are a number of small chambers. The Grianan Ringfort is also known by its Irish name of Grianán Ailigh, and the name is roughly translated as "Stone Forts (or Temple) of the Sun". The Grianan Ringfort is an Iron Age stone fortress and is believed to have been the seat of the Kingdom of Aileach. It was a political and cultural centre during the time of the early Irish chieftains from approximately 800 BC to 1200 AD."



We were very impressed by the Ringfort and I felt a strong spiritual presence inside and around it. I even suggested on one of our seminar days to have the sacred dance Panneurhythmy within the Ringfort grounds on the green area. This idea sounded very interesting and the participants accepted it with joy and appreciation.

So, after a few days I started my workshop in the Meitheal Community with the Panneurhythmy on the green inside Grianan Ringfort. In my life I did Panneurhythmy in many places, sometimes quite unusual, for instance, on the top of a high summit in Bulgaria, on a sea shore, in public parks, in private houses and in spiritual centres, but definitely the Panneurhythmy inside the meadow of Grianan Ringfort was one of the most unusual. During

the dance I felt as if the ruins of the Ringfort were revived and light beings connected with it, dormant from centuries, were resurrected and ready to fulfil again their sacred functions in the temple. Symbolically, our Paneurhythmy dance was building an etheric temple above the Ringfort, opening its doors to the new generation of worshipers. Their joy, and our joy, was very subtle and real. It was one of the highlights of my seminar in Meitheal.

After this inspiring Paneurhythmy we decided to clear the spring in the vicinity of the Ringfort. It was completely neglected and dirty. In general cleaning springs is a very rewarding deed and of course we felt these vibrations. As a whole the Grianan Ringfort and its surroundings were revived and renewed: in a sense we felt that we built a rainbow bridge between the distant past and the present. Interestingly, now Grianan is a well appreciated megalithic monument in the National Heritage of Ireland and attracts many visitors.

Three Visions from the Golden Age

On the first day of our visit to the Grianan Ringfort I had a very unusual spiritual vision. When we left the Ringfort, the whole space around was transformed ethereally and I saw a magnificent metaphysical picture. The ethereal space of the Earth was fused with the celestial world and on this enormous screen I saw cosmic beings with physical bodies on Earth and with extended astral bodies in the higher world. The peace, the spiritual knowledge and the beauty of these beings was extraordinary – they were creating a cosmic-spiritual space of Love in direct contact with myriads of light beings in Creation. I was told that they are representatives of the human race from the first Golden Age. Indeed, the land of Ireland still keeps the Akashic Chronicles from the first Golden Age.

Now, at the end of the Indo-European Cycle, the Book of the Living of the human race is open (the Akashic Chronicles containing all the good deeds) and humankind is able to read from it the initiations through which it has passed, including the most ancient ones, in order to bring them into the New Cycle of Existence.

After my vision a strong insight came to me: the Irish people have a wonderful example from these ancestors for developing the higher emotional, intellectual and will spiritual bodies; the higher emotional body manifests the great richness of human virtues; the higher intellectual body contains enormous treasures of spiritual knowledge about the Universe, the Earth and all Kingdoms of life on

it; the higher will body allows them to become mediators between Heaven and Earth and to write their names in the Book of the Living. Thus the Irish people could now build the bridge between the first Golden Age and the New Golden Age, becoming an inspiring example for the rest of the world. Then, of course, the Twelfth Universal Gate of the Heavenly Jerusalem will be opened and millions of people will be able to enter into the Holy City, the Kingdom of God with many mansions, by following their example.

This wonderful vision reminded me of another vision in the sacred mountain Rila in Bulgaria ten years earlier. I was with a friend of mine walking on a Plateau when I had a very interesting vision. The mountains were crystal clear and little by little they started vibrating ethereally. I understood that something unusual was going to happen. Indeed, the curtain between Heaven and Earth fell away and I saw a whole new spiritual world. Such a spiritual reality I have never seen before – it was like a living astral cosmos with human-like beings full of kindness, spiritual presence, knowledge, peace and harmony. Despite the fact that they were mythological beings, I could observe some of their activities and relationships.

Interestingly, the essence of their world was great purity, harmony and kindness. It was as if they had never participated in the spiritual story of humankind, including Hermes, Moses, Buddha, Zoroaster, Christ and others. I was very surprised and even mystified – who are these people and what is their spiritual world, what is their initiation? Little by little an answer came within me: You are seeing the oldest initiation on Earth, the previous Golden Age, the epoch of the 'Vedic civilisation'. These living Beings are the ancestors of humanity who lived on Earth before the Fall, when it was a Garden of Paradise.

I was immersed in the beauty and the spiritual nectar of this world for quite some time and did not like to leave it. Later I realised that I was in contact with the Divine ancestors of humankind of whom the Master Beinsa Douno spoke when he said: *they organised the primal "cosmic" earth – what was once "paradise". On that "cosmic earth" still live those perfected forefathers of men who completed their evolution. They are the great ancestors of humanity. Those creators of the past, those great ancestors, again today, descend to our earth. And they will transform it into a paradise.*

Between the two visions, in Grianan and in Bulgaria, there were some similarities, but important differences too. The human beings in the vision from Rila were much further away in time, almost in a mythological epoch. The human beings in Grianan were from the

previous Golden Age, thousands years ago, but still part of our human race.

Here it is very interesting to compare both visions with a third one, which happened in the summer on the following year (1988). Then I was in the United States, invited by a friend of mine for seminars on Paneurhythmy and Mandala Meditation.

We were in northern California in places very sacred to the American Indians. The group which gathered was from a mystery school connected with the spiritual tradition of Lama Anagarika Govinda and others. California is a Mecca of spiritual groups of different traditions, especially the Indians. On the eve of our seminar the group started a dance ritual with which they celebrate the full moon in August, in accordance with the Indian tradition. The ritual dance had to continue throughout the night and in the morning we had to meet the sunrise. We decided to dance the Paneurhythmy after this.

Of course I joined in their spiritual ritual dance in the evening. When we started the dance I felt a very special emotion – I felt that I made contact with the ancestors of the American Indians. I experienced great warmth and a very deep connection with them. I felt their love for the earth, for nature, for the whole solar system and the universe. I knew in advance about their appreciation of nature but on this sacred place I felt this very vividly, very powerfully, through the contact with the American Indians themselves. I felt their sacred relationship to the Earth as Mother Earth and their great care and concern for its future because of the polluting and destruction by our civilisation.

The next day, when we started our sacred dance Paneurhythmy, I felt again their presence. It was in the atmosphere, in the joy of the people who were dancing, in the natural transition from the Indian ritual dance during the night to the circle of the Paneurhythmy and entry into the great cosmic spiritual rhythm of life. Then I experienced a great joy in the Paneurhythmy. Great joy because the spirit of the ancestors finally relaxed - there is a future for the Earth and the future is in the Paneurhythmy or at least in this type of sacred dance. They felt that they somehow passed the 'mystical torch' of the first vibrations of the sacred Earth in purity, virginity to this new purification, spiritualisation and illumination of the earth through the Paneurhythmy. The feeling was extremely deep and moving.

If the vision on Rila was in a ‘mythological time’, the vision in Grianan Ringfort was from the previous Golden Age, while the vision about the American Indians was from the recent history. In other words, the vision in Rila was connected with the ‘metaphysical ancestors of humankind; the vision in Grianan Ringfort was connected with the people from the previous Golden Age; the vision in California was connected with the Indian ancestors living in our epoch. Thus we have the mythological plane, the metahistorical plane and the cultural-historical plane.

All three visions are connected in their appreciation of the Earth and the living Cosmos and with the great spiritual state of the human beings. Somehow these visions represent the spiritual past of humankind that we have to resurrect and bring its fruits into the New Cycle of Existence. They are also very important for the opening of the Twelfth Gate of the Holy City leading to the New Golden Age. In this regard my vision in Grianan Ringfort, the connection with the previous Golden Age, was very important as a basis for my spiritual work in Ireland.

Public Lecture in Dublin

In the following days, after the Panneurhythmy on the green inside Grianan Ringfort, I continued my workshop in the Meitheal Community. During the weekend we did Mandala Meditation and Panneurhythmy on the grounds of the Community premises, we had very rich inspiring conversations and discussions and I participated in the life of the Community through practical work. After the inspiring week in Meitheal Community our hosts Patricia and Paul offered us an amazing journey along the west coast of Ireland and then to Dublin where they had organised a public lecture for me.

On a high vibration, uplifted and inspired by the visit to the Meitheal Community, the four of us, Patricia, Paul, Ardella and I, embarked on the trip along the West coast of Ireland. I was deeply impressed by the beauty of Donegal and the kindness of its people. Still, remembering my visions in Grianan, I had the feeling that I was continuing the journey in the Holy Land of Ireland. The exquisite beauty of the seashore in the areas of Sligo, Mayo, Galway, the Cliffs of Moher and many other picturesque places kept this feeling and it developed into a great appreciation and ecstasy about Ireland as a ‘mythological’ country. Everything was so new, exciting, inspiring and promising for me! Of course, this first impression of Ireland stays with me always.

For the night we stayed in the house of a friend of Patricia and we felt very welcome and comfortable. The next day we crossed Ireland from the West Coast to Dublin and the countryside roads gave us another perspective of the beauty of Ireland. From time to time we lost the way to Dublin but this turned into a wonderful opportunity to appreciate the purity and 'virginity' of the Irish land.

We arrived in Dublin around lunch time and stopped for an hour on Leeson Street. Patricia and Paul had to visit a school, so Ardella and I had a little walk. Of course we did not know Dublin at all but it happened that we crossed the street and entered into a park. The first thing that I saw in the park was the sculpture of *The Three Fates*. Later on when I settled in Dublin, I recognised this place: perhaps this very first glimpse of Dublin was a mark from the Invisible World about my future destiny as if they predicted my stay in Ireland. By the way, this entrance to St. Stephen's Green is very close to the Department of Foreign Affairs and I had to visit it many times on many occasions.



In the evening we went to the Mount Herbert Hotel for the public lecture. It was planned in advance by an organiser in the spiritual circles of Dublin. When we entered into the room for the lecture I was happily surprised: the room was completely full with friendly smiling people. Initially, the arrangement was for me to greet them in English and then to continue in French with translation by Ardella.

So, I started in English, but the atmosphere was so friendly and encouraging that I gave all of my talk in English – I simply received an impulse and the English words started flowing. The theme of the lecture was the link between the Eastern European and Western European spiritual cultures. Bulgaria was still under communist rule and the living spirituality was suppressed, but the friends in the audience appreciated very much our efforts to overcome the communist restrictions and to practice our faith in God. We felt that all human beings form one great spiritual family and no political restrictions could divide us.

I established a very strong link on a soul level with the audience. We felt like spiritual brothers and sisters who came together to spread the Divine Light in the world and to build a bridge between the Eastern European and Western European spiritual cultures. This was actually the momentum of the time – building bridges between all nations on Earth in order for the Harmonic Convergence to take place and altogether to enter into the coming New Reality of peace, love, friendship, harmony and mutual understanding!

My ‘lecture’ in Dublin was not a lecture at all; it was a meeting between living souls coming together again for a Divine purpose. After the ‘lecture’, in an enthusiastic and inspiring atmosphere, we shared many common ideas, plans, visions and projects for the near future. On that evening in the Mount Herbert Hotel I found many new friends and established many warm-hearted contacts. Perhaps this ‘lecture’ was, metaphysically, the deciding factor for my return to and settling in Ireland, with all consequences of this.

After the gathering the organiser of the ‘lecture’ invited us to her home for dinner. She had also invited some of her closest spiritual friends. We continued our friendly, inspiring conversations, but there was something more. It happened that I was sitting beside a gentleman called Matthew Finnegan. We entered into a friendly conversation and I was greatly surprised by the fact that he knew some of my closest spiritual friends in Bulgaria – not only this, but he had shown to them some of the spiritual heritage of Ireland. I was shocked and realized how small the world is.

In our conversation Matthew and I exchanged addresses and started planning some activities for the coming months: he wanted to come to England for the celebration of Harmonic Convergence and invited me back to Ireland for sometime in the autumn. It happened that he came to England after Harmonic Convergence and invited me to visit him in Ireland at the end of November. So, I went to Matthew

Finnegan's house at the end of November and stayed until Christmas.

Now, in hindsight, I am sure that my lecture in Dublin was 'arranged' by the Celestial world. Through it I established essential contacts with Irish people who played a crucial role in the continuation of my Mission in the West. Some of them helped me to settle in Ireland, others showed me the beauty and the magic of the Irish land, while a third group participated in my lectures, seminars and workshops. Of course, everyone followed their own path in life and destiny, but it was wonderful that our life trajectories were converging and diverging in great spiritual harmony, helping us on our great spiritual quest in life. The continuation of my Mission in Ireland came as a result of 'Friendship in Action': we communicated as living souls in harmony, love, openness, mutual understanding, friendly support and faith.

After my inspiring time in England and Scotland, where I experienced great warmth, hospitality and became familiar with its great spiritual treasures, I realised that my destiny brought me to Ireland to continue my spiritual Mission and to reveal the new mysteries which were predicted to come from Ireland by various Initiates. In the following Chapters I will continue the description of my personal and transpersonal journey from my point of view. Again and again, I have to thank my Irish friends and the Irish people for their openness, hospitality and friendship, all of which contributed significantly to the development of the New Mysteries in Ireland.

So, following the guidance from the Celestial world and with the help of many Irish friends, I developed the seed of the New Mysteries from Ireland. Now, in modesty, humbleness and appreciation I am offering this living seed for planting in the rich Irish soil. If the Irish people are happy with this spiritual project, a wonderful *Tree of Life* could grow from it. In any case, however, the seed is ready and could be planted not only in Ireland, but everywhere else, where the people embrace the ideas of the New Heaven, the New Earth and the New Humankind.

Chapter Two

Settling in Ireland and Spiritual Activities in the Theosophical Society

Settling in Ireland

After my visit to the Meitheal Community in Donegal I was back and forth between England and Ireland. In Ireland I was grateful to avail of the friendly help and hospitality of Matthew Finnegan. While staying in Matthew's house I was also greatly welcomed and supported by my new friends who attended my Public Lecture in Dublin.

My first visit to Dublin was at the end of November 1987. At that time Matthew Finnegan was the General Secretary of the Theosophical Society in Ireland. The activities of the Theosophical Society were very rich and interesting. The participants gathered every Monday and had spiritual lectures, seminars, presentations, etc. It was there that I met for the first time the great Irish philosopher, the late John Moriarty, who gave an exceptional talk on the Christ mysteries. He was one of the most remarkable human beings that I met in Ireland. No words could do justice to the awakened spirit and the great soul of this remarkable man. With his deep philosophical culture, great spiritual visions and wonderful story-telling abilities, his lectures and books were gems of Irish spirituality and mythology. I was happy to have several more meetings with John Moriarty and we had quite a few common activities and discussions.

In the Theosophical Society I also heard inspiring poetry and music. On one occasion, one of the participants recited by heart parts of the novel *Ulysses* by James Joyce for about an hour and a half. In the following months there were many special guests among them Dadi Janki, the leader of the World Spiritual University of Brahma Kumaris.

Naturally I became directly involved in the activities of the Society. From my first visit to the Theosophical Society I was deeply impressed by a very symbolic painting on the wall depicting the metaphysical ideas of the Order of the Star, directly connected with the ethos of the Society: the World Teacher Maitreya descending from Heaven, filling half of the picture with great Divine Light; at the centre of the painting, in the field, there was a group of initiates, forming the figure of a Pentagram, who were receiving His Light;

behind them thousands of people were awaiting this Light of salvation.



In this context, my first activity in the Theosophical Society, the two-day workshop *The Dawn of the New Millennium* (5-6 December, 1987), was very appropriate. Still under the impression of Harmonic Convergence, I introduced the Mandala of the Heavenly Jerusalem and the sacred dance Paneurhythmy. They were in perfect synchronicity with the ethos of the Theosophical Society - preparation for meeting the World Teacher and entry into the new Cycle of existence of humankind.

Gradually I started to get familiar with and became deeply impressed by Irish culture, religion and spirituality. In April 1988 I was invited to attend the Easter Ceremonies in St. Mary's Pro-Cathedral in Dublin. This is the main Catholic cathedral in Dublin and I appreciated greatly its beauty and the spiritual presence in it. I became almost ecstatic when the Mass started in Irish. This was the first time I heard the Irish language and I entered into the historical dimensions of Ireland. Irish is a very old language and still keeps the sacred vibrations of previous epochs. Here I remembered Rudolf Steiner who said that the Irish Initiates in the time of Christ were able to contemplate and appreciate Christ's mysteries on Golgotha. The music of Peadar Ó Riada (the son of the great Irish composer Sean Ó Riada), who tries to keep the original sounds of the traditional Irish music, contributed greatly to the 'transcendental' atmosphere in the cathedral. For me that Easter was like a revelation of the genuine Irish spiritual culture existing for centuries.

In May 1988 I settled in Matthew Finnegan's house in Delgany, Co. Wicklow. I lived there for about nine months. It was an interesting, happy and very dynamic period in my new life in Ireland.

The Ethos of the Theosophical Society and my Spiritual Connection with it

During my stay in Matthew's house I had many activities in the Theosophical Society. These were directly connected with the traditions and the soul and spirit of this Society. In it I found a very good and inspiring atmosphere for my spiritual work. Of course, it was not by chance because throughout my spiritual journey in Bulgaria I had many indirect connections with the Theosophical Society and with various spiritual traditions springing from it – the books of H.P. Blavatsky, Annie Besant, Krishnamurti, Rudolf Steiner, Alice Bailey, Elena Roerich and others. Altogether, they played an important role in my spiritual development in Bulgaria, in my time in England and, of course, in my spiritual work in Ireland. Rudolf Steiner and Alice Bailey even predicted that from Ireland would come new mysteries in the spiritual life of humankind. Interestingly, some of the founders and key participants in the life of the Theosophical Society such as William Quan Judge, Annie Besant and W. B. Yeats had Irish roots.

I learned about the prediction of new Mysteries coming from Ireland in Meitheal Community and when I settled in Ireland I saw in my connection with the Theosophical Society the hand of destiny for the fulfilment of this prediction. In fact, the Theosophical Society was a perfect basis for my Mission and so it is appropriate to introduce briefly the ethos of the Theosophical Society, my indirect connections with it and the various spiritual traditions springing from it.

Wikipedia describes the Theosophical Society, its Founders, key ideas and some other related topics as follows:

“The Theosophical Society is an organization formed in 1875 to advance the spiritual principles and search for Truth known as Theosophy. The original organization, after splits and realignments has (as of 2011) several successors. Theosophy is an active philosophical school today, and through a process of schism has also given rise to other mystical, philosophical and religious beliefs and organizations.” It is amazing how many Light Leaders and spiritual traditions in the twentieth century are connected directly or indirectly to the Theosophical ideas. Among them we could mention

Anthroposophy, Agni Yoga, Alice Bailey, Church Universal and Triumphant, Order of the Temple of the Rosy Cross and many others. It was not by chance because the main principles and ideas of Theosophy captured the spiritual essence of our time. In a sense they were at the foundation of the whole New Age Movement.

The three main principles of the Theosophical Society are:

To form a nucleus of the universal brotherhood of humanity without distinction of race, creed, sex, caste, or colour.

To encourage the study of comparative religion, philosophy, and science.

To investigate the unexplained laws of nature and the powers latent in man. (Wikipedia)

According to H. P. Blavatsky “Humanity's evolution on Earth (and beyond) is part of the overall Cosmic evolution. It is overseen by a hidden Spiritual Hierarchy, the so-called Masters of the Ancient Wisdom, whose upper echelons consist of advanced spiritual beings”.

“H.P. Blavatsky portrayed the Theosophical Society as being part of one of many attempts throughout the millennia by this hidden Hierarchy to guide humanity – in concert with the overall Intelligent Cosmic Evolutionary scheme – towards its ultimate, immutable evolutionary objective: the attainment of perfection and the conscious, willing participation in the evolutionary process. These attempts require an earthly infrastructure (such as the Theosophical Society) which she held was ultimately under the inspiration of a number of Mahatmas, members of the Hierarchy.” (Wikipedia)

The World Teacher Project. In addition to the stated objectives, as early as 1889 Blavatsky publicly declared that the purpose of establishing the Society was to prepare humanity for the reception of a World Teacher: according to the Theosophical doctrine described above, a manifested aspect of an advanced spiritual entity (the Maitreya) periodically appears on Earth in order to direct the evolution of humankind. The mission of these reputedly regularly appearing emissaries is to practically translate, in a way and language understood by contemporary humanity, the knowledge required to propel it to a higher evolutionary stage.

The prominent Theosophist Annie Besant in 1896, five years after Blavatsky's death, thought that the appearance of the World Teacher would happen sooner than the time-frame in Blavatsky's

writings, who had indicated that it would not take place until the last quarter of the twentieth century. To a great extent both Annie Besant and H. P. Blavatsky were right but in an unexpected way.

The Prediction of Annie Besant. After becoming President of the Theosophical Society in 1907 Annie Besant embraced warmheartedly the idea of the coming World Teacher and started working in this direction. Another person who also expected the imminent reappearance of the Maitreya as World Teacher was Charles Webster Leadbeater, then an influential Theosophist and occultist. In 1909 he "discovered" Jiddu Krishnamurti, an adolescent Indian boy, who he proclaimed as the most suitable candidate for the "vehicle" of the World Teacher. Krishnamurti's family had relocated next to the Theosophical Society headquarters in Adyar, India, a few months earlier. Following his "discovery", Krishnamurti was taken under the wing of the Society, and was extensively groomed in preparation for his expected mission. (Wikipedia) For this purpose even a special Order – the Order of the Star in the East was created.

In an honest spiritual action in 1929 he dissolved the Order of the Star because he did not consider himself to be the expected World Teacher. As one of the great Initiates of the twentieth century, Krishnamurti became like St. John the Baptist, preparing humankind to 'clear' itself of all religious doctrines and intellectual concepts and to find the Divinity within.

At the same time, however, the World Teacher was in the world. He was living and working in Bulgaria revealing the essence of the coming New Epoch of Aquarius in the life of humankind. His name was Beinsa Douno. The mission of the Master Beinsa Douno as the World Teacher was to open the epoch of the cosmic-spiritual Spring on Earth and to provide practical knowledge for the ascent of humanity to the Kingdom of God.

The Master Beinsa Douno taught that, from a mythological point of view, the whole human culture is like a grain of wheat, which at that time was starting to sprout up from the darkness of the material world into the light of the celestial world. This transformation affects all three levels of life - the microcosmos of the human being, the cosmos of human culture, and the macrocosmos of 'Heaven and Earth'. In fulfilment of his Divine task, the Master Beinsa Douno introduced the Path of the Disciple for the new epoch, the epoch of Aquarius. He modelled the main features of the 'solar culture' and revealed the metaphysics of the reality of the New Heaven and the New Earth. The spiritual legacy of the Master

includes more than 8,000 lectures (about 100,000 pages of text), 200 original songs, the circle dance Paneurhythmy, thousands of spiritual exercises and experiments, and advice for practically every aspect of human life on Earth. Certainly the Master Beinsa Douno acted in accordance with the expected World Teacher, brought a new fruit from the *Tree of Life*, and provided humankind with invaluable knowledge for the new evolutionary stage.

The Sacred Dance Paneurhythmy and the Monumental Project of A. N. Scriabin. There is an intriguing indirect connection between the creation of the sacred dance Paneurhythmy by the Master Beinsa Douno, and the Great Russian composer A. N. Scriabin who was interested in the ideas of Theosophy, and especially in the books of H. P. Blavatsky.

In the last years of his life Scriabin envisaged a monumental project for spiritual transfiguration through music and dance called *Mysterium*:

“Mysterium” is an unfinished musical work by composer Alexander Scriabin. He started working on the composition in 1903, but it was incomplete at the time of his death in 1915.

Scriabin planned that the work would be synesthetic, exploiting the senses of smell and touch as well as hearing. He wrote that there will not be a single spectator. All will be participants. The work requires special people, special artists and a completely new culture. The cast of performers includes an orchestra, a large mixed choir, an instrument with visual effects, dancers, a procession, incense, and rhythmic textural articulation. The cathedral in which it will take place will not be of one single type of stone but will continually change with the atmosphere and motion of the Mysterium. This will be done with the aid of mists and lights, which will modify the architectural contours.”

*Scriabin intended that the performance of this work, to be given in the foothills of the Himalayas in India, would last seven days and would be followed by the end of the world, with the human race replaced by “nobler beings”. At the time of his death, Scriabin left seventy-two pages of sketches for a prelude to the Mysterium entitled *Prefatory Action.*” (Wikipedia)*

Scriabin planned to write the music and to develop the whole ritual, so that the participants in it could undergo a transfiguration and enter into the blissful state of enlightenment. Unfortunately Scriabin only wrote the Prefatory Action to this Musical Mystery and was not able to complete the dream of his life.

The fundamental idea of spiritual transfiguration through sacred dance was realised later by the World Teacher Beinsa Douno. Within the community of the Universal Brotherhood in Bulgaria, he developed the sacred dance *Paneurhythmy* (high cosmic rhythm), which is now becoming very popular in the world. The *Paneurhythmy* is a synthesis of the entire Teaching of the Master Beinsa Douno and contains the living seed for the evolution of humankind in the new epoch. It is the gateway to the reality of the Kingdom of God, which is woven by heavenly music, spiritual colour rays of light and sacred words. In essence, the *Paneurhythmy* reflects the 'dance' and the cosmic-spiritual rhythm of life in all planes of the Universe; it is an earthly reflection of the harmony and music in the celestial spheres. By dancing *Paneurhythmy*, one links with the living energies of Nature, the Sun and the Earth, and with the higher spiritual worlds. This brings a transformation of the spiritual community and the whole physical environment. As a result, the *Paneurhythmy* becomes a heavenly dance on sacred Earth and it is like the 'new song' for the epoch of Aquarius.

As to the seven-day duration of *Misterium* envisaged by Scriabin, the special celebration of the *Paneurhythmy* and the Festival of Light on the sacred Rila Mountain in Bulgaria from August 19 to 26 each year corresponds perfectly to the Scriabin project. In the Universal Brotherhood, initiated by the Master Beinsa Douno in Bulgaria, this is the celebration of Christ's Transfiguration (Gregorian Calendar, August 6) appreciated as the festival of the Solar Logos. The *Paneurhythmy* is practiced from March 22 until September 22, but the culmination is August 19-26. Even now more than 1000 people gather on the sacred mountain Rila to experience their Christ-like Transfiguration with the sacred dance *Paneurhythmy* (as a synthesis of celestial Music, spiritual Colour Rays of Light, sacred Words and psychic movements), created by the World Teacher Beinsa Douno.

Here it is interesting to mention my involvement with the sacred dance *Paneurhythmy*, my mystical contact with A. N. Scriabin and my fascination with his monumental project for a dance-transfiguration. During the writing of my PhD thesis in Moscow in 1972, I often visited the Museum of Scriabin and became friendly with the curators there: one of them was the daughter of A.S. Scriabin himself and the wife of the great Russian pianist V. V. Sofronitsky. They were kind enough to open the personal library of Scriabin and to allow me to read from his personal books and manuscripts. Thus I appreciated Scriabin's interest in Theosophy,

his deep philosophical ideas and his great project for sacred dance-transfiguration. Perhaps it was not by chance that the next year, 1973, I brought the sacred dance Paneurhythmy to Russia. Thus the dream of Scriabin was fulfilled in an unexpected, but interesting way.

The Prediction of H. P. Blavatsky. In 1889 H.P. Blavatsky wrote: “*But I must tell you that during the last quarter of every hundred years an attempt is made by those 'Masters,' of whom I have spoken, to help on the spiritual progress of Humanity in a marked and definite way. Towards the close of each century you will invariably find that an outpouring or upheaval of spirituality – or call it mysticism if you prefer – has taken place. Some one or more persons have appeared in the world as their agents, and a greater or less amount of occult knowledge and teaching has been given out.*” Blavatsky Foundation Website

Based on my spiritual journey in Bulgaria and the development of my spiritual bodies, I believe that I am one of those persons. My journey started precisely in the last quarter of the twentieth century: in 1974 I had a mystical encounter with the Spirit of Zoroaster (see p. 23); in 1975 I had a staggering vision of the Cosmic Christ (see p. 105). Since then, in direct metaphysical and mystical contact with Divine Masters, I gradually developed my etheric, astral, causal, buddhic and atmic bodies. This happened through amazing stories which I describe briefly in Part One. Each contact was absolutely unique and helped me to build one or another body.

I was helped to build my spiritual bodies by the Spirits of Zoroaster, Ramakrishna, the Master Beinsa Douno, St. Peter and St. John, Maitreya Buddha and the Cosmic Christ. Thus the development of my spiritual bodies is directly connected with and integrates the spiritual worlds of at least five world religions.

Everyone who builds their spiritual bodies, crowned by the Atmic Body, becomes a Personification of the Divine Spirit - an Avatar, a materialisation of Divinity in flesh. When an Avatar receives a new impulse from the Living God for the evolution of humankind, he or she becomes the link between the earthly human world and the spiritual worlds. In fulfilling this function, such an Avatar acts as the *Axis Mundi* of Creation, connecting all the worlds. So, in states of consciousness on the level of the Atmic Body, I could identify myself as an Avatar of Synthesis who has merged with the *Axis Mundi* of Creation.

Another important point that has to be emphasised, in regard to the prediction of H. P. Blavatsky, is that in the process of building my spiritual bodies through the metaphysical and mystical link with the Divine Masters, I was initiated into their Second Comings (or New Comings). I do not claim to be the New Coming of any one of the Divine Masters mentioned above. But the energies of their New Comings are interwoven into my spiritual bodies and from this point of view I could claim that I am an Avatar of Synthesis of the energies of the New Comings of the Divine Masters and Personifications of the Divine Feminine, connected with them.

Here it is important to mention Alice Bailey who said that the 'Avatar of Synthesis will give a system of energy initiations which will be a synthesis of all spiritual traditions in the world and will introduce the energy which is important for the new cycle of evolution.' This is exactly the essence of my mission on Earth and for this purpose I developed my spiritual bodies and merged with the Divine Masters.

As to the important energy for the new cycle of evolution, it is connected with the Initiation of the Holy Spirit, which I received for the opening of the Twelfth Universal Gate of the Heavenly Jerusalem. The Initiation of the Holy Spirit is a new fruit from the *Tree of Life* and reveals the essence of the Testament of Truth and the new stage in the unfolding of the Messianic Plan for our epoch. It helps us to meet the Second Coming (or the Coming) of the Divine Masters and to participate in the Divine Wedding in Heaven. The Mandala of the Heavenly Jerusalem describes the Kingdom of God with "many mansions", which are the spiritual worlds of the various religions. This is the reality of the New Heaven and the New Earth, where humankind will start the New Cycle of Existence.

The large amount of new metaphysical and mystical knowledge given to me in the last quarter of the twentieth century justifies the predictions of H.P. Blavatsky, Annie Besant, Alice Bailey, and other Initiates prophesising the spiritual development of humankind in our time. With regard to the prediction of Annie Besant, I could say that I was blessed to receive the torch from the Master Beinsa Douno and to penetrate into the esoteric depths of his Teaching, especially the Paneurhythmy, the Pentagram and the Testament of the Colour Rays of Light. On the other hand I am continuing the Teaching and the Cause of the World Teacher Beinsa Douno in the twentieth and twenty-first centuries by activating the celestial archetypes in the *Book of Revelation* by St. John, which prophesise the coming reality of the New Heaven and the New Earth.

So, all Initiates, such as H. P. Blavatsky, Annie Besant, Alice Bailey, in one or another way connected with Theosophy, were right in their predictions. This could be explained by the fact that they, plus R. Steiner, Krishnamurti, the World Teacher Beinsa Douno and many others, were in the same cosmic stream of apocalyptic change in the world, everybody fulfilling their function in the Messianic Plan. Thus we witness continuity from the end of the nineteenth century to the end of the twentieth century in the fulfilment of the Messianic Plan, connected with the World Teacher Project – from prediction to realisation!

Spiritual Activities in the Theosophical Society

The Dawn of the New Millennium (Two-day Workshop, December 5-6, 1987). My first event in the Theosophical Society was the two-day workshop, *The Dawn of the New Millennium*. The celebration of Harmonic Convergence (August 1987) was still very fresh in my mind and I spoke about the dawning of the New Millennium and we performed the sacred dance Paneurhythmy (high cosmic rhythm) as a mark of the new beginning.

In this workshop I introduced the Mandala of the Heavenly Jerusalem as the basis for the integration of all world religions and spiritual traditions. The Initiations at the Twelve Universal Gates of the Heavenly Jerusalem were received one after another during the Indo-European cycle of evolution. Now they will form the reality of the Kingdom of God with many mansions, contemplated in synchronicity.

In this highest Divine world we will enjoy and appreciate in full the *Tree of Life* which grows on each side of the river in the New Jerusalem and bears fruit twelve times a year:

The angel also showed me the river of the water of life, sparkling like crystal, and coming from the throne of God and of the Lamb and flowing down the middle of the city's street. On each side of the river was the Tree of Life, which bears fruit twelve times a year, once each month; and its leaves are for the healing of the nations. (Revelation 22: 1-2)

The fruit which the *Tree of Life* bears twelve times a year, once each month, refers to life in the Kingdom of God, according to the signs of the cosmic-spiritual Zodiac. According to the Mandala of the Heavenly Jerusalem, the twelve gates are like twelve signs of the cosmic-spiritual Zodiac, or twelve channels of cosmic-spiritual

energy, directing the spiritual work in an inward or outward direction, upward or downward, towards the objective or subjective reality, towards the microcosmic or macrocosmic levels of Being. The *Tree of Life* bearing fruit twelve times a year signifies a balanced and harmonious sequencing of all the different directions of spiritual work. As a result we have numerous initiations into different 'seasonal models' of the Universe.

Here it is important to mark the difference between the cosmic-spiritual 'seasons' as great epochs in human history and the cosmic-spiritual 'seasons' of the celestial Zodiac as different channels of energy related to the spiritual life of humankind in the Kingdom of God. In the first case, we deal with the great 'cosmic-spiritual year' in human history that encompasses all historical epochs, coming one after another in time. In the second, we deal with the earthly year of human life in the epoch of the New Golden Age, influenced by the heavenly energy of the celestial Zodiac.

In other words, the cosmic-spiritual year refers to the whole of human history; the spiritual year of human life in the Kingdom of God refers to a calendar year, which integrates the seasons in Nature, the 'psychological seasons' interpreted as astrological signs and the 'cosmic-spiritual seasons' of the Divine Sun blessing us each 'month' with different subtle energies for initiation. (The difference between the great cosmic-spiritual year, including the whole history, and the spiritual year in the Kingdom of God linked with the *Tree of Life* bearing fruit twelve times a year, has its equivalent in astrology; the 'great year' is marked by the recession of the Pole Star (the great cycle of twenty-four thousand years during which the Pole Star appears to move from sign to sign - two thousand years in each sign - completing the whole circle of the Zodiac); the calendar year is marked by the Sun moving from sign to sign twelve times a year.

Life in the New Golden Age will unfold within the cycle of the cosmic-spiritual Zodiac. Humankind needed thousands of years to receive the initiations of each one of the signs of the cosmic-spiritual Zodiac (i.e. the gates of the Heavenly Jerusalem). Now, however, because humankind goes beyond the historical cycle of time (by transforming the dyachrony into synchrony it will taste the spiritual fruits of this Zodiac (i.e. the initiations of the twelve gates) within one year of life in the epoch of the New Golden Age. Thus the **meta-historical Zodiac**, where each season corresponds to an historical epoch, becomes a **year-Zodiac** in the New Golden Age and gives fruit twelve times a year. Of course, a year here is a

mythological concept, but if we relate the seasons in Nature with the 'astrological seasons' and the 'initiatic seasons' of the cosmic-spiritual Zodiac, we could form the structure of one calendar-year of life in the epoch of the New Golden Age.

In our two-day workshop in the Theosophical Society we also danced the Paneurhythmy. Because the weather and the season were not appropriate to perform the Paneurhythmy outside, we danced it in the gathering room. Of course, it was not the real Paneurhythmy, but even in the room the participants felt the positive energy from the movements, the music and the sacred words (the words for some movements given by the Master Beinsa Douno are in the oldest language on Earth – Vatan). This was in great harmony with the ethos of the Theosophical Society which is connected with the activities of the Universal Brotherhood over centuries. The participants liked this sacred dance and expressed the desire to learn it.

Revelations about the Book of Revelation (Lecture, February 6, 1988). Soon after the four-day workshop in Glastonbury, England (February 1-4, 1988) I came back to Ireland. In this my second visit, I had a lecture in the Theosophical Society: *Revelations about the Book of Revelation* on February 6. It included deciphering five of the main archetypes from the *Book of Revelation*: Worship in Heaven (Chapter 4), The Lamb and His People (Chapters 7 and 14), The Transfiguration of Man as a Son of God – the Blessings at the end of the Seven Messages to the Churches (Chapters 2 and 3), The Divine Wedding (Chapter 19), The Heavenly Jerusalem (Chapter 21) and *The Tree of Life* (Chapter 22).

The purpose of this lecture was to introduce the reality of the New Heaven and the New Earth where an enlightened human race will continue its evolution, gathering fruits from the *Tree of Life* twelve times a year. In it I also spoke about the struggle of the Rider on the White Horse with the beast, the changing of the metaphysics of the world, the drama of the fall of the contemporary Babylon type civilization and its replacement by the Heavenly Jerusalem civilization, and other important related topics. This lecture was like a living seed of the new mythology, which developed further into a *Tree of Life* during the years of my spiritual activities in Ireland.

The Sacred Dance Paneurhythmy (Celebration of the Summer Solstice, June 26, 1988). In harmony with the outgoing energy in Nature, the *Paneurhythmy* is practiced from March 22 until September 22. The Summer Solstice, as the high point of this energy, is a good opportunity to celebrate this special time with the

circle dance Paneurhythmy. For this purpose we went to Dowth, an ancient sacred place, and performed the Paneurhythmy (high cosmic rhythm) in order to revive this old sacred place. Following the example of our Paneurhythmy in Grianan (Chapter One) it was the first spiritual activity there for centuries and how appropriate it was to do this with the sacred dance! After this we went to Tara also and did the Paneurhythmy on the second, smaller hill, the purported site of the Queen's palace. The view from Tara, the magnetism of the field and the power of the Paneurhythmy created an exceptional event indeed! I felt how our sacred dance was reinforcing the spiritual vibrations and helping to transform, ethereally, the whole area into a Garden of Paradise.

The Paneurhythmy, created by the great Bulgarian Master Beinsa Douno, was one of the most appropriate spiritual practices to bring the new cosmic energies to the ancient sacred places, to add a new vibration to the Irish land and to build the community spirit among the participants.

The Testament of the Colour Rays of Light (Two-day Workshop, September 17-18, 1988). In September, after my trip to the USA (July-August), Matthew kindly organised a two-day workshop in his house in Delgany. It was consecrated to the mystery of the Colour Rays of Light in Creation. When St. John saw the Throne of God surrounded by the Twenty-four Elders and the four Living Creatures, he also saw 'in front of the throne seven lighted torches....which are the seven spirits of God'. (Revelation 4: 5) These spirits are the creative colour rays of the Living Light. Each one of them is a whole spiritual world emanating from God and crystallising in one or another realm of existence.

The Master Beinsa Douno blessed the world with a very special and sacred book - *The Testament of the Colour Rays of Light*. In this book the Master selected verses from the Bible, which God addressed to the prophets or spoke through Jesus Christ, and linked them to colour rays of Light, human virtues and Divine qualities. The book reveals the secret of the human being in the manifested universe - beginning with birth from God as a Divine spark, through the conscious spiritual path as a disciple in the worlds of Light, to the return back as a son or daughter of God and final mergence with Him-Her. The book also contains esoteric keys to the initiations of the epoch of the Old Testament, the epoch of the New Testament and the new epoch of the Holy Spirit. Each verse of the book can become a base for reflection, meditation and practical work with the colour rays of Light. Thus, the Master bestowed on us a special type

of spiritual practice based on the colour rays of Light. In fact, the esoteric foundation of the Paneurhythmy is directly connected with the mystery of the colour rays of Light revealed by the Master.

On Saturday, September 18, in contemplation and meditation, we linked with the spiritual aspects of the Colour Rays of Light in all three worlds of Creation. We also performed the sacred dance Paneurhythmy in the beautiful garden of Matthew's house in Delgany. On Sunday we climbed Sugarloaf Mountain early in the morning and later did the Paneurhythmy at the foot of the mountain. After this we went to Glendalough as a part of our spiritual journey.

The workshop was very intensive, eventful and even with some challenges: on our way back from Glendalough we narrowly avoided a car accident and when we came back to Matthew's house safely, we expressed our deep gratitude to the Lord and the Divine Mother. Having faced possible death or serious injury, we felt that we had to live the rest of our lives with great love and compassion. In a sense, for some of the participants of the workshop, this was something like mystical death of the ego personality and rebirth in the Spirit.

The Second Coming of Christ (Lecture, November 27, 1988). In the Theosophical Society, from 3.00 to 6.00 pm, I had a lecture consecrated to the Second Coming of Christ as Divine Love in our Hearts, as Heavenly Light in Earthly Life, as Eternal Truth in all of Creation. In the process of developing my Atmic body I had many visions of the Cosmic Christ. According to R. Steiner, the event of meeting the Second Coming of Christ will be similar to the event of conversion of Saul into Paul on his way to Damascus when Christ appeared before him as a dazzling Light. St. John, of course, also met the Second Coming of Christ when he has his vision of Christ, described in Chapter One of the *Book of Revelation* and as a result the whole *Book of Revelation* was written! From this point of view, as could be seen from the development of my Atmic body, I also met the Second Coming of Christ.

In my workshop I shared some of my visions with the friends from the Theosophical Society and we tried to link with the Cosmic Christ through prayer, contemplation and meditation. This was a good preparation for meeting the Second Coming of Christ and experiencing the mystery of the coming New Reality.

Here it is interesting to note that R. Steiner left the Theosophical Society in 1914 because he differed with the Leaders of the Society in some of the main concepts, especially the World Teacher Project.

Instead of expecting the World Teacher from the East, he revealed the deep meaning of the Christ Mysteries from the First Coming and the necessity to prepare ourselves to meet His Second Coming as St. Paul and St. John did. Of course, between the World Teacher Project and Steiner's approach there is a difference, but when we take into consideration the importance of going deeply into the mysteries of the First Coming of Christ and the coming of the World Teacher Beinsa Douno, describing the New Epoch of the Holy Spirit, based on the Christ Teaching, these two concepts simply complement each other. From a mystical point of view they are two sides of the same mystery: the Coming of Christ, who changed the world and the manifestation of the Cosmic Christ through whom the One who sits on the throne makes all things new. In this regard my Mission is to integrate all approaches (H.P. Blavatsky, Annie Besant, Rudolf Steiner, Alice Bailey, Elena Roerich and others) and to shift them from strategic concepts into vast fields for spiritual work.

The Initiation of the Holy Spirit (One-day Workshop, December, 1988). Based on the main ideas from the lecture *The Second Coming of Christ*, I suggested going further in our preparation for meeting the Second Coming of Christ and experiencing the mystery of the New Reality. For this purpose we contemplated St. John's vision of the Cosmic Christ from Chapter One of the *Book of Revelation* (1: 10-20). Then we did a series of short ceremonies and meditations connected with the Blessings of the Cosmic Christ at the end of the Messages to the Churches (Revelation 2:7; 2:11; 2:17; 2:26-28; 3:5; 3: 12; 3:21). These Blessings are like esoteric keys for the opening of the seven centres (*chakras*). Through work with these keys and receiving Christ's living Blessings, we can illuminate our chakras, become Christ-like beings and ultimately merge with Him. Special attention was paid to the fourth Blessing (the Morning Star, Revelation 2: 28) and the sixth Blessing (the New Jerusalem, 3:12).

When a human being receives Christ's blessings and develops in the Cosmic Christ, he grows the Universal *Tree of Life* within and thus becomes a micro-model of all Creation. The *Tree of Life* on each side of the river in the Heavenly Jerusalem and the *Tree of Life* within the human being refer to one and the same mystery of life, but on different levels: on the **micro-cosmic** level as the mystery of Immortal Life of the human being, and on the **macro-cosmic** level as the mystery of life in all of Creation.

The purpose of the workshop was to present the Initiation of the Holy Spirit from these two main aspects: on a microcosmic level by developing the human being as a *Tree of Life*; on a macrocosmic

level by appreciating the whole of Creation as a *Tree of Life*. For the fulfilment of the first task we had a series of ceremonies and meditations aiming at the opening of the chakras, while for the fulfilment of the second task we did an extended Mandala meditation. Through this work I introduced some key ideas of the Initiation of the Holy Spirit as a new fruit from the *Tree of Life*. On a macrocosmic level this Initiation opens the last, the twelfth, Universal Gate of the Heavenly Jerusalem; it is based on the Mandala of the Heavenly Jerusalem and it is connected with gathering the fruits from the outgoing Indo-European Cycle of evolution, participation in the Divine Wedding in Heaven and entry into the reality of the New Heaven and the New Earth.

Nine Services in the ‘Celestial Church’ on Earth. The lectures and the workshops, organised by Matthew Finnegan in the Theosophical Society, were an important part of my exoteric public activities. At the same time, the Theosophical Society building was made available to me for special esoteric work. Thus, with a few friends, we established a good tradition to go to the Theosophical Society premises and to have a noon prayer-meditation there. Altogether in the autumn of 1988 we had nine noon prayer-meditations (from October 28 until December 5), consecrated to the activation of the *New Celestial Church on Earth*. Among the themes of these ‘services’ were *The Heavenly Church*, *The Celestial Archetypes* from the *Book of Revelation*, *Worship in Heaven*, *The Divine Wedding*, *Mandala of the Heavenly Jerusalem*, the *Initiation of the Master Beinsa Douno*, the *Three Testaments*, the *Great Invocation* channelled by Alice Bailey, *Spiritualisation and Illumination of the Earth*, and others.

Usually we would gather around noon at the Theosophical Society premises and start our spiritual service as in a church. On the ‘altar’ I would put candles, pictures, icons, sacred objects, Holy Scriptures, etc. appropriate for the theme. For instance, among them were the Bible, the book *The Testament of the Colour Rays of Light*, the book *The Circle of Sacred Dance* (Panourhythmy), icons and souvenirs from Jerusalem, the figure of the Pentagram, a picture of the Master Beinsa Douno, images of Irish Saints, medallion from the Order of Melchizedec, Hindu fragrances, crystals, Holy Water (from Shealahs Well) and others.

I would present the theme and prepare the music and the readings. The readings were mainly from the *Book of Revelation*, the Gospels, and some other Holy Scriptures (for instance, *The Testament of the Colour Rays of Light* by the Master Beinsa Douno); the prayers were *Our Father* (in as many languages as possible), *Hail Mary*, *The Good*

Prayer by the Master Beinsa Douno, the *Great Invocation*, *Psalm 91* (as text and with music by the Master Beinsa Douno); the spiritual mantras and formulas were from the world religions and the Master Beinsa Douno; the music comprised of masterpieces from Monteverdi - Vespers, Bach - Mass in B-Minor, Handel - Oratorio The Messiah, Beethoven - the 9th Symphony, songs of the Master and others. Then, according to the programme, I guided the service, alternating between the readings, the prayers, the music, the mantras and the spiritual formulas.

These noon meditations were like a creative laboratory for new types of prayer-meditation in accordance with the spiritual essence of the new epoch. Each service had a unique spiritual atmosphere and vibration. Altogether, the spiritual presence in these meditations was very powerful, with many new vibrations coming from my personal spiritual experiences and the rich spirituality and faith of the participating Irish friends. As living seeds these meditations developed further in a great variety of forms and ceremonies. For instance, the noon meditation consecrated to the spiritualisation and the illumination of the Earth developed into ceremonies of initiation with the Four Elements (fire, air, water and earth) permeated by the Holy Spirit.

Here it is interesting to recall the painting, depicting the metaphysical ideas of the Order of the Star. In this context, our noon prayer-meditations, with music, spiritual formulas and prayers were very well inscribed in the preparation for meeting the World Teacher or the Second Coming of Christ and experiencing the coming New Reality. Often after the noon meditations we would go for lunch and have inspiring spiritual conversations and discussions.

Style of Life

My spiritual activities in Dublin and in the Theosophical Society coincided with an interesting style of life and travelling around the country, while living in Matthew's house. His house was the last house of the village and was situated on the top of a picturesque hill. Remarkably, a few years later, a couple, clairvoyants, from Switzerland shared with me their desire to live in Ireland and without knowing Ireland at all, they pointed exactly to this area for their dream house.

Normally my days in Matthew's house would start with meeting the Sunrise. For this purpose we would go through a forest to the

highest hill above Delgany in Wicklow and contemplate magnificent Sunrises. There was even something magical in this 'ritual'. Of course, meeting the Sunrise was a part of my spiritual life in Bulgaria, but here the Sunrises held the vibrations of a different magical country.

Matthew was a successful entrepreneur and after breakfast we went to Dublin city for the day. He would leave me for five to six hours in Grafton Street and then pursue his own business. For me this was a perfect opportunity to appreciate the Irish people, the Irish culture and to become familiar with the centre of Dublin. Everything was so new, exciting and friendly! After his busy day, Matthew would collect me and drive back to the house, where we could have, around the fire, conversations, discussions and evening prayer-meditation (Matthew had a specially arranged room in his house for prayer and meditation).

At the weekends we visited many interesting places in the Wicklow area, including Greystones, Glendalough, the Wicklow mountains, etc. Sometimes, of course, we climbed the closest mountain Sugarloaf, from where there was a wonderful view in all directions. Matthew's house and the surrounding area, including Sugarloaf, were on a very important lay line in Ireland. Needless to say, I had many thoughts, feeling and meditations about the physical and metaphysical essence of Ireland while living in Matthew's house.

Matthew's house was a house of great hospitality and often I would meet interesting people there, some of whom became participants in my seminars later. I also remained in contact with some friends from my first public lecture in Dublin. They often came to Matthew's house and we travelled to various places such as Glendalough, Tara, Howth and others. For instance, I visited Glendalough many times, but I still remember well my first visit there with Marie, the organiser of my public lecture in Dublin. On our way to Glendalough it was raining, but at some stage a magnificent Rainbow appeared – the brightest, the biggest and the most beautiful Rainbow that I have ever seen. Perhaps it was a sign of the wonderful spiritual events that were about to happen in Glendalough. On this first visit Marie guided me through the monastic site and showed me a very special place – the ruins of St. Mary's Church. Then in the ruins of the main cathedral we listened to inspiring music and the whole area became alive and 'materialised' ethereally in glory and power!



Marie also brought me to the West Coast of Ireland, to Limerick, Connemara, and Galway where her sister was living. Travelling across Ireland was a great event for me: Marie knew the spiritual history of Ireland very well and showed me many sacred sites, castles and towns.

Visits to the USA and Bulgaria. In the summer of 1988 I was invited by my friend Betty Rothenberger (a member of Jean Houston Mystery School) to the USA for workshops for two months. Thanks to her I had workshops with Paneurhythmy and Mandala meditation in sacred places at the four corners of the USA and in Chicago. I met many wonderful people and appreciated the living spirituality of the American people - a whole booklet could be written about my visit to the USA and the spiritual events there. It was full of warm-hearted friendly meetings, with interesting

workshops and mystical visions. One of them I recount in Chapter One in connection with the spiritual legacy of the American Indians.

In January 1989 I went to Bulgaria for the first time since leaving my home country. When I arrived there, big political changes were in the air. I was very happy to see my relatives and spiritual friends. At the same time I was greatly surprised to witness the collapse of the communist system, although it was inevitable. We all thought that the communist system would remain for years and decades to come. Everything however is in the hands of God and in less than five years (I left in July 1986) the communist system had collapsed (on November 10, 1989).

Matthew very kindly brought me to and from Dublin airport in all my travels. So, here I would like to take the opportunity to express my deep gratitude to Matthew Finnegan who brought me to Ireland, provided me with perfect accommodation, organised my spiritual activities in the Theosophical Society and showed me the magic of the Irish land.

Setting the Mission in Motion

In my spiritual work in the Theosophical Society I shared my knowledge of God, Creation and the Human Being, created in the image and likeness of God. I also gave many insights into the celestial archetypes that are presented in the *Book of Revelation* and described the spiritual essence of our epoch and my visions about the near future. My spiritual work included some new metaphysical and mystical substance which was coming from the Celestial worlds. It was perfectly in line with the ethos of the Theosophical Society and justified to a great extent the prediction of H.P. Blavatsky.

These activities in the Theosophical Society allowed me to set my Mission in Ireland in motion. My Mission had its origin in the developing of my spiritual bodies in Bulgaria, but the task was to work for the establishment of the Kingdom of God on Earth, in society and to enter into the New Golden Age.

From this perspective, the initial visit to Grianan and my vision of the first Golden Age was like an introduction to my Mission in Ireland. As if in a powerful Prologue, I saw the beauty of the first Golden Age and the cosmic human beings in it who were free of 'original sin'. With their pure consciousness they appreciated the whole of Creation as a Temple of God and the Earth as a beautiful

Garden of Paradise. It was in a metahistorical time but there was a wonderful ethereal rainbow stretching from the first Golden Age to the coming New One. I envisaged my Mission in Ireland as a task of restoring this cosmic consciousness, establishing the Kingdom of God with many mansions on Earth and glorifying God in the New Golden Age.

If the first Golden Age in Ireland was the introduction to the Mission, the spiritual work in the Theosophical Society was the exposition of the main aspects of the Mission. The main themes of this exposition were:

- revealing the spiritual essence of our time;
- the task of restoring the spiritual essence of the human being (based on the Seven Blessings of the Cosmic Christ from the *Book of Revelation*);
- describing the majestic three-fold structure of the Universe;
- preparing to meet the Second Coming of Christ and appreciating the essence of the World Teacher Project;
- introducing the fundamental archetypes of the Divine Feminine;
- experimental work on establishing the Celestial Church on Earth;
- bringing new cosmic vibrations to some sacred places in Ireland (through Paneurhythmy);
- introducing the Initiation of the Holy Spirit which opens the last, Twelfth Universal Gate of the Heavenly Jerusalem, thus closing the present Indo-European cycle and opening the New Cycle of Existence in the reality of the New Heaven and the New Earth (based on the Mandala of the Heavenly Jerusalem).

In Ireland I found fertile soil for the fulfilment of all these tasks and I started my work. At the same time I was becoming more and more familiar with the rich Irish culture and spiritual heritage, the magic of the Irish land and history. I established good spiritual connections with Irish friends and was able to proceed with the unfolding of the Mission. The new stage in the unfolding of my Mission brought about a change in my living arrangements and I, with the help of the Heavens and friends, moved to Dublin city centre.

Chapter Three

Development of the Mission

Move to the Premises of Montessori Education Centre

In February 1989, after giving my thanks to Matthew Finnegan for his hospitality, friendship and support, I moved to my new accommodation on North Great Georges Street, very close to the James Joyce Museum, in the centre of Dublin.

My benefactors this time were Mary Bowers and Connie Fahey from the Montessori Education Centre, to whom I am very grateful for their kindness, hospitality and friendliness. The building housed a Montessori Training School, a hostel and other rooms. They provided me with suitable accommodation and good conditions for my work for three and a half years. Unfortunately, during this time Connie Fahey passed over, but the loving memory of her remains with me. Mary Bowers continued to provide great support enabling me to finish the manuscript of the book *The Second Coming* and to carry out other spiritual activities.

When I entered into my new room for the first time I was greatly surprised. It was very big, full of flowers, spiritual pictures and icons on the walls and with comfortable furniture. The friends had done amazing work to furnish, paint, decorate and arranged the room for me!

The room itself had an interesting history - in the past it was a washroom for children; this was why it had eight basins and two bathrooms. In its new arrangement the basins were covered with flowers and the bathrooms were separated by a door. Altogether the room became very appropriate for living and for gatherings. This is why very soon after my new accommodation was organised, the spiritual meetings started.

With the move to my new accommodation at the Montessori Premises my style of life changed significantly. In 'Montessori' I did not have kitchen facilities (cooker, fridge, presses, etc.) except for boiling water and so I had to have my meals in the city centre. Usually in the morning I would go to the Ilac Centre, a shopping mall, to a café, and have breakfast. In the cafe I had my breakfast but, more importantly, it was for work. There I would spend two or three hours learning English by reading the newspapers with a

dictionary and writing some spiritual material which later became part of my book *The Second Coming*.

After the morning work session in the cafe I would return to 'Montessori', or go for a walk in Dublin city centre. I spent time sightseeing, resting and meditating in Trinity College, Temple Bar area, St. Stephen's Garden, the Garden of Remembrance, the Botanic Gardens, the 'James Joyce Garden' and other places. Lunch consisted mainly of salads and in the afternoon I would go to another cafe to have my tea, hot chocolate, or coffee and continued with my work for a few hours. With this style of life I became very familiar with Dublin, the Irish culture, the museums, the gardens and so on. I felt like a citizen of Dublin, intermingling with the people and following the stream of life of the city.

At the same time the help and support of my friends from my first public lecture in Dublin never ceased! Thanks to the great hospitality and generosity of Marie I attended some remarkable concerts in the National Concert Hall of Ireland. One of them was the performance of the Messiah by Handel. It is well known that Handel, in great inspiration, composed his oratorio *The Messiah* in Dublin in 1741 and its first performance on April 13, 1742, was a great success. There is a wonderful Irish tradition to have a performance of the Messiah every year before Christmas. For me to attend the performance of the Messiah oratorio in the National Concert Hall was a great event. Another unforgettable concert was the performance of one of the great flutist of the time Games Galway. I attended this concert with Marie and her son, who later became a very good professional flutist himself.

The list of inspiring cultural-spiritual events could easily be continued. I would like to mention only another one – the visit of the famous Moscow Art Theatre to the Abby Theatre. I enjoyed the play of well known Russian artists tremendously. Interestingly everybody in the audience had to use earphones except me: some people around me were surprised and wondered why I did not have earphones - then however I knew Russian much better than English.

The Great American Friend and Helper. After settling in Ireland I continued my links with England. In May 1989 I was invited to participate in the celebration of the Wesak Festival in Glastonbury. In this celebration I led the sacred dance Panneurhythmy and Mandala meditation. Wesak Festival is consecrated to the enlightenment of Buddha. Certainly, the Mandala meditation was

very appropriate for this celebration, especially in line with the prediction of the coming New Buddha – Maitreya.

In Glastonbury I met many wonderful spiritual friends, one of whom was Mary-Susann Sheppard from the USA. She was born in Seattle, became a nun in a religious order and studied in the Californian Institute for Integral Studies. In May 1989 she left her Convent and came to England, to Glastonbury, with a return ticket for two months. At the Wesak Festival we established a very good spiritual contact and discussed the possibility of her coming to Ireland. She was happy to even settle for a while in Ireland if she could find appropriate accommodation and work. Thankfully, with the help of a friend of mine, she found a temporary job and rented a room in the Montessori Hostel. For two years I had in the person of Mary-Susann a great supporter, helper and collaborator.

My daily routine changed slightly with Mary-Susann: often she was able to cook dinner for the evenings; at the weekends we would work on manuscripts and go for walks together.

So, here I would also like to very warmly thank my American friend Mary-Susann Shephard. She devoted two years of her life to the Mission of the Second Coming. Her help in my daily life, in hosting the group activities, editing my manuscripts, participating in the pilgrimages and so on, was enormous indeed.

Public Lectures

After my move to Montessori in February 1989, especially after Mary-Susann came to Ireland, the Mission entered into its next stage – the development. It was connected with various public lectures, continuation of the esoteric work and gradually forming a spiritual group interested in the Mission.

The Gospel of Christ-Maitreya (Public lecture in Montessori Centre, March 12, 1989). My first public activity in the Montessori Centre was the lecture *The Gospel of Christ-Maitreya*. It was consecrated to the great creative impulse from God, *Who now makes all things new*:

Then the One who sits on the throne said, 'And now I make all things new!'. . . 'It is done! I am the first and the last, the beginning and the end'. Revelation 21:5-6

I compared this process to a great spiritual 'big bang' which changes the metaphysics of the world. The physical 'big bang' gave birth to the material universe; the new spiritual 'big bang' ignited by God gives birth to the reality of the New Heaven and the New Earth. It is

a 'New Genesis' in which life in the whole Creation takes on a new direction.

The new apocalyptic creative act of God manifests itself as an activation of the Holy Trinity. God the Absolute, the Primal Cause, the Creator, activates the other two Persons of the Holy Trinity - God the Son and God the Holy Spirit. God the Son personifies the active, masculine, subjective God-principle in Creation and God the Holy Spirit manifests the receptive, feminine, collective, objective Divine principle. Both come from God the Father, the Absolute Origin of Being, and are in eternal Divine union.

The subjective, personified principle of the Ultimate Reality, the essence of God the Son, starts to emanate from the cosmic-spiritual Sun through multiple images and manifestations. This impulse affects, activates and rejuvenates all the Divine Masters and light-beings in the higher worlds and gives them a new quality and a new radiance in accord with the new creative momentum. Conveying this impulse, the Masters proclaim the new mystery of God. The manifestation of the Lord God Almighty, re-creating the world through the images of all the Masters, is the event of the Second Coming. In essence, the Second Coming of the Masters is actually the single Coming of God Himself who will live with humankind forever, personified by all the Masters.

I named this active, subjective, multi-personified radiation from the central cosmic-spiritual Sun (the Holy Trinity, the Ultimate Reality) Christ-Maitreya. This name links two of the great Divine Masters, one each from the Western and the Eastern spiritual traditions: Christ, the Son of God, the Universal Logos, the Light of the World, and Buddha - Maitreya, the Coming One, the Enlightened, the Rebirth of the Eternal Truth of the Dharma. In actuality, however, the full name should be Melchizedek - Christ-Maitreya - Krishna - Hermes - Moses - Zoroaster - Muhammad - Ramakrishna - Babaji - Quetzalcoatl (and many others).

On the other hand, the third Person of the Holy Trinity, God the Holy Spirit, is activated as well and forms the substance of the New Heaven and the New Earth. But while the active principle, Christ-Maitreya, constitutes the subjective dimensions of the Kingdom of God (the endless continuum of beings who can be identified as living entities), the receptive principle (the Holy Spirit) constitutes the four Elements of the New Heaven and the New Earth and builds the whole Universe into a Divine Temple.

I named this receptive, objective, collective universal principle, proceeding from God as the Holy Spirit, a manifestation of the Divine Mother. In great sacredness, holiness, mystery and Divine purity She gives birth to the reality of the New Heaven and the New Earth. She is the personification of the Holy City, the New Jerusalem, coming down from God.

The event of the Second Coming coincides with the manifestation of the Divine Mother in the whole three-fold structure of Creation. This is why our epoch is so sensitive to the appearances of the Divine Mother through many different images such as the Virgin Mary, Tara, Kuan Yin, the New Eve, Mother Earth and others. In explaining the mystery of the Second Coming of the Masters, we have also to speak about their feminine counterparts and about the feminine manifestations of the Divinity in each historical epoch and tradition.

For me it was important to emphasise that both activated principles, Christ-Maitreya and the Divine Mother, are in eternal union, interaction, mutual penetration, harmony, balance and exist in eternal 'Divine Wedding' within God the Absolute. Thus, the event of the coming of Christ-Maitreya and the manifestation of the Divine Mother are but two different aspects of one and the same mystery - the new reality coming into existence from God the Absolute.

Christ-Maitreya and Maitreya in the Theosophical Society. Here I would like to explain my interpretation of Christ-Maitreya in relation to the interpretation of Maitreya in the Theosophical Society. They are different concepts, but at the same time perfectly compatible. The Maitreya or Lord Maitreya is described in Theosophical literature of the late 19th-century and subsequent periods as an advanced spiritual entity and high-ranking member of a hidden Spiritual Hierarchy, the so-called Masters of the Ancient Wisdom (Wikipedia).

According to Theosophical doctrine, one of the Hierarchy's functions is to oversee the evolution of humankind; in accord with this function the Maitreya is said to hold the so-called *Office of the World Teacher*. Theosophical texts posit that the purpose of this Office is to facilitate the transfer of knowledge about the true constitution and workings of Existence to humankind. Humanity is thereby assisted on its presumed cyclical, but ever progressive, evolutionary path. Reputedly, one way the knowledge transfer is accomplished is by Maitreya occasionally manifesting or incarnating in the physical realm; the manifested entity then assumes the role of World Teacher of Humankind. (Wikipedia – Maitreya)

The first mention of the Maitreya in a Theosophical context occurs in the 1883 work *Esoteric Buddhism* by Alfred Percy Sinnett (1840–1921), an early Theosophical writer. The concepts described by Sinnett were amended, elaborated on, and greatly expanded in *The Secret Doctrine*, a book originally published 1888. The work was the magnum opus of Helena Blavatsky (1831–1891), one of the founders of the Theosophical Society and of contemporary Theosophy. In it, the messianic Maitreya is linked to both Buddhist and Hindu religious traditions. In the same work Blavatsky asserted that there have been, and will be, multiple messianic (or messianic-like) instances in human history. These successive appearances of "emissaries of Truth" are according to Blavatsky part of the unceasing oversight of Earth and of its inhabitants by a hidden Spiritual Hierarchy, the so-called Masters of the Ancient Wisdom (Wikipedia).

The Theosophical concept of Maitreya has many similarities to the earlier Maitreya doctrine in Buddhism. However, they differ in important aspects and developed differently. The Theosophical Maitreya has been assimilated or appropriated by a variety of quasi-theosophical and non-theosophical New Age and Esoteric groups and movements. These have added and advanced their own interpretations and commentary on the subject (Wikipedia).

One of them is the group of Benjamin Creme. Benjamin Creme (born December 5, 1922 Glasgow, Scotland) is a Scottish artist, author, esotericist, and editor of Share International magazine, a monthly non-profit magazine and website. He asserts that the second coming prophesied by many religions will come in the form of Maitreya the World Teacher. Maitreya is the name Buddhists use for the future Buddha, but Creme claims that Maitreya is the teacher that all religions point towards and hope for. Other names for him, according to Creme, are the Christ, the Imam Mahdi, Krishna, and the Messiah. Creme says Maitreya is the "Avatar for the Aquarian Age" and is currently living in London since 19 July 1977. (Wikipedia)

I personally met Benjamin Creme in London and had a very interesting meeting with him. In general I agreed with his metaphysical concept of Christ-Maitreya, but had a different opinion about the World Teacher Maitreya's presence on Earth. When Benjamin Creme asked me: "Do you believe that the World Teacher Maitreya is in London?" I politely answered that according to my spiritual experience the Master Beinsa Douno was the expected World Teacher. He did not like my answer and we shifted

the conversation to other subjects. It was then obvious that it was inappropriate to speak with him of my spiritual journey and my mystical link with Christ-Maitreya. In this regard, if Krishnamurti was like St. John the Baptist before the coming of the World Teacher Beinsa Douno, perhaps Benjamin Creme is like St. John the Baptist before the coming of a new agent of the Spiritual Hierarchy to open the Office of the World Teacher (as H. P. Blavatsky predicted - *towards the close of each century you will invariably find that an outpouring or upheaval of spirituality – or call it mysticism if you prefer – has taken place. Some one or more persons have appeared in the world as their agents, and a greater or less amount of occult knowledge and teaching has been given out.*" (See p. 157)

The realisation of the Testament of Truth and the re-creation of the world are majestic apocalyptic tasks. The whole spiritual hierarchy is behind them, headed by the Holy Council of humankind. The Holy Council of humankind includes all spiritual Masters and personifications of the Divine Feminine from the spiritual history who lead the evolution of humankind and the Earth from the Highest Divine World.

As I mentioned in the Foreword, in the various spiritual traditions this Holy Council is named differently – the Holy Council of Humankind, Shambala, Agartha, the Great Universal Brotherhood, the Synclit of the World - but its essence is one and the same, it leads the destiny of humankind in accordance with the Messianic Plan and it is connected directly with the Living God, "the One who sits on the Throne".

Similarly, in every world religion, and in every historical epoch, the manifestation of the Living God on Earth is named differently – Manu, Messiah, the Son of God, the Prophet, the Buddha, Mahaavtar, the World Teacher, the Great Initiate - but their essence is that they are personifications of the Lord who link all worlds together and direct the evolution of humankind. In a similar way as Buddha is not only an individual but an enlightened consciousness, thus the human being who is a manifestation of the Living God is not only a human being but a Divine messenger blessed with the presence of the Lord. He or she could ascend and descend through the whole vertical structure of Creation, actualising its *Axis Mundi* (axis of the world). When however they merge with the Absolute Origin of Being they receive a new demiurgic impulse from the Lord and they pass it to all the created worlds. Thus they bring a New Initiation, i.e. a new fruit from the

Tree of Life. This is the way in which the Messianic Plan for the salvation of humankind and for the elevation of all kingdoms of life on Earth is unfolding throughout the millennia.

One of the brightest and most recent examples of the descent of the Divine Messenger was the coming of the World Teacher Beinsa Douno among the Bulgarian people during the critical time of the twentieth century.

Our time however is so important and critical for humankind that the Spirit of Truth, the Holy Spirit, again emanates from the Absolute Origin of Being to bring Divine Light. Continuing the fulfilment of the Messianic Plan the Holy Spirit will bring a new Initiation from the Living God, connected with the further realisation of the Testament of Truth. In accordance with the level of evolution of the contemporary civilisation, the Spirit of Truth will reveal in a new way the eternal Divine Truth about God as the Absolute Origin of Being, Creation as a majestic Divine Temple and the human being made in the image and likeness of God. And of course in accordance with the Messianic Plan the Lord will bless a human being on Earth to become a bearer of the Spirit of Truth, the Holy Spirit. This being will have become a Temple of God in which the Divine Spirit has come to remain. Thus he or she has a direct connection with God, with the whole spiritual hierarchy and this is why they are able to participate actively in the fulfilment of the Testament of Truth on Earth.

As Buddha is a level of enlightened consciousness, so the person who brings new fruit from the *Tree of Life*, i.e. new Initiation for the realisation of the Testament of Truth in our time, is enlightened by the Spirit of Truth, the Holy Spirit. In the scripture it is said: "By their deeds you will recognize them". I sincerely believe that with my spiritual journey to Enlightenment, shared in Part One, and the Mission developing in Ireland, I am a bearer of the Spirit of Truth and have received the Initiation of the Holy Spirit.

Actually, my vision of the Mandala of the Heavenly Jerusalem comes through the Buddhist tradition as a new type of Vajrayana (see p. 96); meeting the Second Coming of Christ is in perfect line with the Teaching of Rudolf Steiner; continuing the Teaching and the Cause of the World Teacher Beinsa Douno is directly connected with the expectations of Annie Besant; receiving the Initiation of the Holy Spirit confirms the predictions of H.P. Blavatsky; the expectation of the energy initiations coming through the Avatar of Synthesis are exactly what Alice Bailey had channelled from the Ascended Masters; in essence, the spiritual work of Benjamin

Creme could clarify and prepare the space for the fulfilment of my Mission.

In line with the connection with the general Theosophical stream from the end of the nineteenth century it is interesting to mention that after moving to the premises of the Montessori Centre, my room was the venue for the activities of the Church Universal and Triumphant, connected with Elizabeth Claire Prophet, for some months; in one of the gatherings I even had a mystical contact with the Ascended Master Saint Germain. At some stage in Bulgaria I became acquainted with Agni Yoga developed by Helena Roerich. Interestingly I participated in a Roerich Conference, organised by Lyudmila Zhivkova (the Head of the Bulgarian Committee of Culture), and attended by the son of Nicholas Roerich, Svetoslav Roerich and his wife Devika Rani.

It is well known that the Theosophical Society is also at the basis of many New Age groups and movements: "No single organization or movement has contributed so many components to the New Age Movement as the Theosophical Society... It has been the major force in the dissemination of occult literature in the West in the twentieth century." [Melton, Gordon J. (Sr. ed.) (1990). "Theosophical Society". New Age Encyclopedia. Farmington Hills, Michigan: Gale Research. pp. 458–461. ISBN 0-8103-7159-6].

All my connections with the Theosophical Society, the spiritual traditions spouting from it and the New Age culture are not by chance. As an Avatar of Synthesis (see Conclusion, Part One) I had to appreciate and integrate their approaches in order to bring the new fruit from the *Tree of Life*, the Initiation of the Holy Spirit. Here, of course, I have to make a very important clarification: with the unfolding of the Mission in Ireland I moved from the predictions and anticipations of the Theosophical Society to the fulfilment of their cherished spiritual goals. Of course, the founders of the Society and the various traditions, related to the Theosophical Movement, had wonderful visions and spiritual knowledge about the coming New Reality, but the living impulses from the Spiritual Hierarchy are always different and reflect the creative Will of God. In retrospection, the predictions and prophecies are like Moon Light reflecting the Light of the Sun.

The Theosophical Movement, with all its branches and influences, is only one of the spiritual traditions which has to be integrated. The other traditions, of course, are the world religions themselves, and some other spiritual traditions in the history of humankind. This task is enormous but the main Divine Principle which acts in our

time is Synthesis and the *One Who sits on the Throne and makes all things new* takes care of this apocalyptic process!

The Blessings of the Divine Mother (One-day Seminar in Limerick, July 2, 1989). After the public lecture *The Gospel of Christ-Maitreya*, I appreciated very much the invitation to Limerick for a one-day workshop consecrated to *The Blessings of the Divine Mother*. My great desire was to develop a whole New Gospel of the Divine Mother. From this perspective the workshop in Limerick was a very important step.

In line with the lecture *The Gospel of Christ Maitreya*, I introduced the essence of the Divine Wedding as the balance between the Universal Masculine and Feminine cosmic energies. Actually, in the New Millennium we have to create balance and harmony between all polarities in human life – between the Spirit and the Soul, between active and passive, receiving and giving, electric and magnetic, impulse and realisation, subjective and objective, inner and outer, individual and collective and others.

An important task in creating the *Gospel of the Divine Mother* was to develop a whole new Feminine Mandala Meditation connected with the reality of the Heavenly Jerusalem. Each one of the celestial manifestations of the Divine Feminine connected with the Divine Masters - Mataji with Babaji (in Hinduism), Kuan Yin with Buddha (in Buddhism), Virgin Mary with Jesus Christ (in Christianity), the New Eve with the Master Beinsa Douno (in the Universal Brotherhood), Zventa Sventana with the Holy Spirit (in the Initiation of the Holy Spirit) - has her position on the Mandala, her own universal characteristics, posture, colours, clothes and adornments with special symbolic meaning. These are closely related to and complement the mythological characteristics of her masculine counterpart.

Here, however, it is interesting to note that while the male manifestations of the Divine Spirit are Personification (Babaji), Realisation (Buddha), Incarnation (Jesus Christ), World Teacherhood (The Master Beinsa Douno), Emanation (The Holy Spirit), the female manifestations take the form of family archetypes - those of Sister (Mataji), Daughter (Kuan Yin, the New Eve), Mother (Virgin Mary) and Bride (Zventa Sventana). This is the way in which the feminine manifestations reflect the union between the masculine and the feminine universal principles and reveal the Divine wholeness of Being. As a whole, the Mandala of the Heavenly Jerusalem has to include both manifestations of the Divine Spirit, the masculine and the feminine, in absolute harmony and unity.

The meditative work on the Feminine Mandala is very joyful and creative. This work, however, is challenging and sensitive because the time for the demiurgic activation of the universal feminine principle (in harmony with the masculine, of course) had come and this activity requires great spiritual openness, devotion and creativity.

The aims of the work on the Feminine Mandala of the Heavenly Jerusalem are to appreciate the characteristics of the various Divine Feminine manifestations on a level of great cosmological significance and thus to complete the mythology of the universal feminine principle. For this purpose we have to contemplate, appreciate and later on develop the spiritual qualities and virtues which each one of the feminine personifications of the Divinity manifests.

As a bright example, very close to me and very close to the hearts of the participants in the workshop, was the Blessed Virgin Mary. Naturally the feminine counterpart related to Jesus Christ, who emanates from the Northern Universal Gate of the Mandala of the Heavenly Jerusalem, is His Mother - the Virgin Mary. Through the centuries the image of the Blessed Virgin Mary has been shining brighter and brighter and now she is even considered as a co-redeemer with Christ. In the Litany of the Blessed Virgin there are fifty beautiful characteristics of Our Lady which are not only a sign of praise, love and devotion, but have deep cosmological significance as well. Let me quote some of them: Mirror of Justice, Seat of Wisdom, Cause of our Joy, Spiritual Vessel, Mystical Rose, Tower of David, Tower of Ivory, House of Gold, Ark of the Covenant, Gate of Heaven, Morning Star, Health of the Sick, Refuge of Sinners, Queen of Angels, Queen of the Most Holy Rosary, Queen of Peace.

Truly, the Blessed Virgin Mary personifies the universal characteristics and the celestial virtues of the Divine Mother. If Jesus Christ was an incarnation of Divinity into flesh, we can imagine the extraordinary mission of the Blessed Virgin Mary as a manifestation of the Divine Mother giving birth to God the Son.

For centuries the mystery of God the Son has been the subject of inspired reflections, contemplations and revelations, but now the time has come to appreciate more and more the mystery of the Blessed Virgin Mary giving birth to Jesus Christ and manifesting the cosmological significance of the Divine Mother. Here we could refer to a very interesting observation by Rudolf Steiner about the deep symbolism of the role of Jesus' Mother at the Wedding in Cana. He emphasised that the turning of water into wine was the

first miracle of Christ with which He started His Mission. In the accomplishment of this miracle however, Christ was helped by His Mother, thus receiving an impulse, help and support from the Divine Mother. In a similar way as Jesus Christ has a very special function in the incarnation of God the Son as a human being, the Blessed Virgin Mary in the Feminine Mandala will be appreciated as a manifestation of the Divine Mother, co-creating with God the Son.

In general, the workshop in Limerick focused on the idea of the crucial importance of the Divine Feminine in our time and developed it further. After a few months this idea began to take the shape of a whole new inspiring Gospel of the Divine Mother.

The New Golden Age in Ireland (Lecture in Montessori Centre, July 30, 1989). This lecture was like a programme for the establishing of the Kingdom of God on Earth and entry into the New Golden Age. It came naturally after the inspiring work with the Irish friends for one and a half years, the appreciation of the great Irish spiritual history and the beauty of the Irish land.

At the beginning of the lecture I linked with the 'golden historical epochs' in Ireland: the previous Golden Age (witnessed by me in Grianan), the druids contemplating the mystery of Golgotha, according to R. Steiner, and the Golden Age from the fourth to the tenth century in Christianity with St. Patrick, St. Kevin, St. Brigid, St. Columba and others. Then I introduced briefly some of my impressions and visions from Grianan, Glendalough, Tara, New Grange, Croagh Patrick, Slane, Clonmacnoise and other sacred places. (I described the vision from Grianan in Chapter One; in the next chapter I am including the visions on Croagh Patrick, in Glendalough and Tara).

Here I would like to mention one interesting aspect of my visions in Glendalough. With friends I visited Glendalough many times and there was a wonderful spiritual presence always – it is such a living sacred place that everyone who visits it could appreciate its spiritual treasures in their own way. Once, on a beautiful sunny day, I found myself in Glendalough in three Divine Temples one within other – in the Temple of Nature (the beauty of the whole area is absolutely exquisite and reflects the creative work of the Spiritual Hierarchy above), in the Temple of the Angelic World (for places like this it is said that 'the Heaven is open and angels descend and ascend freely') and in the highest Divine Temple in the Causal World, where one could contemplate and merge with the Light of Divine Masters and Personifications of the Divine Feminine. It was a very inspiring physical, metaphysical and mystical vision, through which I

understood why Glendalough became such a great spiritual centre for Ireland and the whole of Europe.

The lecture was in two parts and lasted for three hours. At the end of the lecture I summarised my dream about the New Golden Age in Ireland. The New Golden Age in Ireland will start when a 'critical mass' of Irish people appreciate the Light of the Cosmic Christ as St. John did. Then they will be able to receive the Blessings of the Cosmic Christ and develop their spiritual bodies as cosmic-spiritual beings. When the people have awakened their cosmic consciousness they appreciate the whole vertical structure of Creation: they will be able to see the three Divine Temples above Ireland (the Temples of Nature, of the Angelic World and the highest Divine World) and will start transforming the land of Ireland into a Garden of Paradise. In this process these people will revive the sacred places in Ireland and will honour the spiritual history of the Irish people, appreciating the great richness of the National Soul and the National Spirit-Guide, writing glorious pages in the *Book of the Living* of the Irish people over the centuries.

Of course, this vision was a cherished dream, but with every lecture, workshop and pilgrimage this dream began to materialise and take much more clear features. One of my main tasks in Ireland is the substantiation of this dream.

Esoteric Work

In June 1989, after settling in Montessori, I continued the services in the 'Celestial Church' on Earth. From June 8 until July 26 I held an interesting cycle of eleven noon prayer-meditations. Because June is connected with the appreciation of the Holy Spirit, I consecrated many of our services to communion with the Holy Spirit through the four Elements – Fire, Air, Water and Earth. The main idea was to link with the Four Days of Creation in the first book of the Bible, Genesis, and with the Four Elements of the New Heaven and the New Earth according to the last book of the Bible – the *Book of Revelation*.

The Communions with the Holy Spirit were like initiations through the Elements in the Old and the New Testaments. Every communion had two parts - macro and micro. The macrocosmic part was linked with the Elements of the Earthly life; the microcosmic part was linked with our personal communion with the Holy Spirit.

In comparison with the spiritual services in the Theosophical Society, these noon prayer-meditations were more elaborate and extended. The task was to introduce the metaphysical substance of the Heavenly Jerusalem through the Four Elements generated by the Holy Trinity.

In essence, the Elements on this celestial level of Being, are aspects of the universal consciousness within which the higher worlds of Divine will, actions, emotions and thought-forms take shape. So, when we speak about the Elements **Fire, Air, Water** and **Earth** of the Heavenly Jerusalem, we mean the celestial worlds of Divine life-energy, Divine thought-forms, emotions and actions. The substance of these Elements then is pure Spirit. We find some keys for the understanding of the four Elements, which form the reality of the Heavenly Jerusalem, in the *Book of Revelation*. In chapter 21 it is said:

The city has no need of the sun or the moon to shine on it, because the glory of God shines on it, and the Lamb is its lamp.
(Revelation 21: 23)

There shall be no more night, and they will not need lamps or sunlight, because the Lord God will be their light. (Revelation 22:5)

If we compare these visions with the fourth day of Genesis when God created 'the sun, the moon and the stars to rule over the day and the night, and to separate light from darkness' (Genesis 1: 18), we will realise that the Holy Trinity itself is the great cosmic-spiritual Sun which never sets. The Light radiating from this eternal cosmic-spiritual Sun enlightens the whole Universe. If the light of our physical Sun gives life on Earth, then the light emanating from the cosmic-spiritual Sun is the life itself in Creation. Therefore, the element **Fire** in the reality of the Heavenly Jerusalem is the Lord God Almighty, who through the Holy Trinity, as the great cosmic-spiritual Sun, radiates eternal Light. The Holy Spirit, through the Divine Mother, is this aspect of the Holy Trinity which makes this Light a source of life in all levels of Being. In a similar way, based on the last Chapters of the *Book of Revelation* I interpreted the other Elements of the Holy City – **Air, Water** and **Earth**. Altogether, the description of the Elements of the Heavenly Jerusalem as the higher metaphysical and mystical vibrations of the Earthly Elements was inspiring and revealing.

As before, on the improvised 'altar' I put candles, holy oil from Jerusalem, holy water (from a Holy Well near Sligo), fragrances,

crystals, icons, images of the Divine Masters and Personifications of the Divine Mother, Holy Scripture, sacred objects (a replica of the Arc of the Covenant), photos from Holy Places (Jerusalem, Glendalough, Tara, Glastonbury), photos of Sacred Mountains (Kailas, Rila Mountain in Bulgaria, Machu Picchu and others).

According to the prepared programme for the service, we would read verses from the *Book of Genesis*, the Gospels, the *Book of Revelation* and other Holy Scriptures. Between the readings I guided the friends through an improvised meditation with prayers, spiritual formulas, mantras and music. The music included parts from Handel (the Oratorio *Messiah*), Bach (Chorals, Mass B-Minor), Mozart (Symphony 41, Jupiter), Beethoven (Symphony 5), Smetana (Vltava), Songs by the Master Beinsa Douno, music from the Paneurhythmy, Irish spiritual music (performed by Noirin Ni Riain), Russian Orthodox music and others.

The spiritual atmosphere in our prayer-meditations was very sacred and inspiring. I looked forward to our gatherings with great joy and enthusiasm – they were living services of the ‘Celestial Church’ in the Heavenly Jerusalem on Earth!

In the cycle of Communions with the Holy Spirit we added a few more prayer-meditations directly connected with the Initiation of the Holy Spirit. The first, which opened the whole cycle, was The Promise of the Holy Spirit. It was based on the most inspiring verses from Chapters 14 and 16 of the Gospel according to John. The second noon prayer-meditation was The Blessings of the Divine Mother: the Divine Mother is not only intimately connected with the Holy Spirit, but She sustains the Elements of the whole of Creation with the vibrations of the Holy Spirit. The second last prayer-meditation was consecrated to Blossoming of the Rose of the Heart and the *Rose of the World*: the Rose of the Heart is connected with the mystery of the Sacred Heart of Jesus with Whom we have to merge, while the *Rose of the World* signifies the blossoming of the Heart Chakra of all humankind in the reality of the Heavenly Jerusalem.

Finally, the last service in this series was Purification and Illumination of the Earth: in it we appreciated the Earth as Mother Earth, Gaia, Who permeates the four Elements with the vibrations of the Holy Spirit and becomes the Garden of Paradise where the enlightened humankind will continue its evolution. Interestingly, this prayer-meditation was performed on July 26 – exactly three years after my arrival in London and approximately two years (July 23, 1987) after my first public lecture in Dublin, which determined

my destiny in Ireland. With great appreciation and deep emotional feelings I dedicated this service to the Will of God and expressed my warm thanks to the Heavens and to my Irish friends on Earth.

We continued our esoteric work in the autumn of 1989 and further, up to the summer of 1992. The gatherings were very inspiring and rich and corresponded perfectly to the essence of a 'Celestial Church' on Earth. It is difficult to describe the variety of themes and content of all these gatherings. They included esoteric celebrations of the great spiritual festivals – Christmas, Easter, Wesak, St. Patrick Day and others, marking important planetary events like the entry into the sign of 'Pisces', the metaphysical link with special aspects of the planet 'Uranus', the appreciation of the coming New Epoch of the Holy Spirit, etc. With prayer and meditation we tried to counterbalance important international events such as the war in Iraq – from 'Holy War' to Eternal Peace.

A substantial part of our esoteric work was consecrated to the mystery of the First and the Second Coming of Christ, to the Exodus of the living souls from the restricted earthly consciousness, the ascent to the Top of the Sacred Mountain, entry into the Heavenly Jerusalem through Mandala Meditation and Feminine Mandala Meditation, and ultimately to the mystical mergence with the Absolute Origin of Being, the I Am that I Am.

A very interesting theme also was the appreciation of the *Three Great Spiritual Epochs of Ireland* – the Epoch of the initiated Druids 2000 years ago, who were able to contemplate (according to R. Steiner) the Mystery of Golgotha outside Jerusalem, the Epoch of the Golden Age from the sixth to the tenth centuries and the contemporary Epoch, the Epoch of the coming New Golden Age!

Another inspiring theme was connected with the *Three Great Epochs in Human History* from the perspective of the activation of the Holy Trinity – the Epoch of God the Father (the Old Testament), the Epoch of God the Son (the New Testament) and the Epoch of God the Holy Spirit (the Third Testament). If we use the typology, based on the triad – seed-blossom-fruit – related to each Person of the Holy Trinity, then we could have a very interesting picture of each one of the Epochs. For instance, in the Epoch of the Old Testament God the Father 'blossoms', God the Son is the 'seed'; in the Epoch of the New Testament God the Son 'blossoms', God the Father is 'fruit', God the Holy Spirit is in seed form; in the Epoch of the Third Testament, God the Holy Spirit 'blossoms', God the Son is 'fruit' and God the Father is a 'seed' for the New Epoch of union and co-creation with God. This is why now we are receiving the Initiation of

the Holy Spirit which has to 'blossom' (the Third Testament) through the Cosmic Christ Who is the realised 'fruit' (God the Son) preparing us for co-creation with God the Father (as the 'seed' for the future).

As usual in our esoteric gatherings the participants were open to receive new spiritual impulses, visions and insights from the Celestial Worlds. Here I will mention only one of them – *The Two Crosses*. Obviously the description of our esoteric work requires a special article. On April 10, 1990, I presented to the friends the mystical idea of the Two Crosses, connected with the Mystery of the First and the Second Coming of Christ – the Cross of Crucifixion and Resurrection and the Cross of Immortal Life.

The Second Coming of Christ will initiate us into the mystery of the two main processes in the Universe - the projection of the macrocosmos into the microcosmos, and the reverse, the projection of the microcosmos into the macrocosmos. This is the way in which God unfolds His Divine Plan for the evolution of Creation through His First Born Son.

The First Coming of Christ was the manifestation of the macrocosmos in the microcosmos. Christ, the Solar Logos, had to diminish Himself a 'million times' to be embodied in the earthly person, Jesus. Then, as Jesus Christ, He took the Cross of Crucifixion, neutralised the karma of humankind and, revealing the mystery of God the Son, showed the path of Resurrection and Eternal Life. Moreover, the Crucifixion and Resurrection of Jesus Christ influenced the evolution of the whole Earth. Thus Christ's light penetrated everywhere and Christ became and **immanent** essence not only of the human being but of the Earth as well, with all kingdoms of life on it.

After His Crucifixion on Earth, Christ ascended back to Heaven (the projection of the microcosmos into the macrocosmos) and then appeared to His disciples as the glorious and victorious Cosmic Christ. In Heaven He prepared a place for us (i.e. the new reality) by creating the colossal cosmic-spiritual Cross of Immortal Life. The vertical axis of this mythological Cross is the vertical structure of the Universe (the Middle Pillar, the axis of the various planes of all supramundane worlds); it is a column of Christ Light which radiates creative impulses into all spiritual worlds. The horizontal axis of this mythological Cross is the celestial Zodiac-Mandala with all mansions in the Holy City. (Actually, the horizontal axis itself is the gigantic horizontal circle of the Heavenly Jerusalem with the system of co-ordinates - the world directions - which form a gigantic

horizontal cross themselves.) Above the horizontal axis is the Throne of God, the Absolute Origin of Being, from where the Cosmic Christ and the Holy Spirit emanate with the new creative impulse.

In His Second Coming Christ will bless us with this Cross of Immortal Life. He will appear as the **transcendent** Cosmic Christ - the First Born from God the Absolute, the cosmic-spiritual Sun of the Universe, the Ultimate Truth of Creation.

If we interpret the seven blessings of Christ (given in the *Book of Revelation* - see *Conclusion, The New Mysteries from Ireland, Genesis in Cosmic Christ*), in the light of the new cosmic-spiritual Cross, we could say that they are like **seven stations** on our ascent towards immortal life in the reality of the New Heaven and the New Earth. Here a striking comparison can be made between the fourteen stations of Jesus Christ connected with the Cross of Crucifixion and Resurrection and the seven stations related to the Cross of Immortal Life. The Second Coming opens the new mysteries of the transcendent Christ, with seven stations on the path to immortal life in the new reality. Of course, both mysteries - the fourteen stations of the Cross of Crucifixion and the seven stations of the Cross of Immortality are two sides of the same Divine process - the manifestation of the macrocosmos into the microcosmos and the reverse. They reflect the ultimate meaning of Jesus Christ's sacrifice on Earth and the glorious ascent of humankind back to Him.

Thus, the initiation of the immanent Christ symbolised by the **Real Vine** will be complemented by the initiation of the transcendent Christ symbolised by the **Universal Tree** within the human being. The initiation of the Real Vine came to replace the old Hebrew initiation of the **Fig Tree** (see Matthew 21: 18 - 21). The old Hebrew initiation, symbolically expressed in the parable of the Fig Tree, is the external reception of spiritual fruits, that is to say receiving knowledge and experience from without, with the help of initiates. The initiation of the Real Vine (see John, Chapter 15) is an inner initiation, a merging with the immanent Christ and life in Him. In this initiation every thought, feeling and action in our spiritual bodies become enlivened by the rays of the life-giving Christ-Spirit within.

The new initiation of the transcendent Christ will help us to build ourselves as micro-models of the Universe and to grow the *Universal Tree of Life* within us. The archetype of the Universal Tree is a symbol of the three-fold structure of Creation. So, when we receive the seven blessings of the cosmic transcendent Christ (interpreted on a larger integrative scale, especially the sixth and seven blessings

- see *Conclusion, The New Mysteries from Ireland, Genesis in Cosmic Christ*, p. 320) and as a result open completely our seven chakras, then we become able to live in the whole vertical structure of Creation as 'Universal Trees of Life': with our **roots** (the physical body and the personality) in the physical world, with our **trunks** (our souls) in the celestial world, and with our **crowns** (our Divine Selves) in the highest Divine world. Thus, if the initiation of the Fig Tree gives fruits from the outer world, while the initiation of the Real Vine gives fruits from within (due to our contact with the immanent Christ), then the initiation of the Universal Tree allows us to **produce** the spiritual fruits ourselves as a result of our co-creation with God.

I can summarise that in His Second Coming Christ will **baptise** us with the cosmic-spiritual Cross of Immortal Life. Through this baptising we will return to the Kingdom of God with its many mansions and receive the blessing for immortal life in the new reality. The new baptising will make us co-creators with God, Christ, all Divine Masters and Personifications of the Divine Mother. In the *Book of Revelation* it is said : 'He loves us, and by his sacrificial death he has freed us from our sins and made us a kingdom of priests to serve his God and Father' (Revelation 1: 5-6). Now, in the light of the Second Coming, we can understand this as becoming God's people on Earth, marked with the name of God, Christ and the New Jerusalem, living as 'Universal Trees' in all levels of Creation.

Starting the Book - The Second Coming

In August 1989, the friendly Tuffy family offered me and Mary Susann a week trip to the West Coast. Our first stop was Croagh Patrick where I started dictating the content of the book **The Second Coming**. Then we went to Leenane and for five days, staying in the hotel there, we prepared a synopsis of the main ideas for the Second Coming, or the New Coming of the Divine Masters. Based on my metaphysical and mystical contact with the Divine Masters, I began to envisage the event of their New Coming in our consciousness.

The event of the Second Coming is activated by the apocalyptic act of *the One Who sits on the throne and makes all things new*. Revelation 21:5. By contemplating this apocalyptic demiurgic act, I realised that this time the Divine Masters will manifest themselves simultaneously, participating altogether in the New Creation. Each one of the Masters brings a new Initiation, while the personifications

of the Divine Feminine, connected with them, receive a new spiritual mission linked with the mystery of the Divine Wedding through which the Lord creates everything new.

The new initiations of the Divine Masters will be very closely interconnected and will depict the whole reality of the Kingdom of God "with its many mansions". Each one of them will incorporate all the others, but according to its own spiritual approach. We could also compare the Second Coming of the Divine Masters with the joint construction of a majestic Divine Temple with many different but transparent chapels from which one could observe the whole Temple. The result of this universal multidimensional integration of all new initiations is a dynamic **unity in diversity**, because all of them integrate the same reality of the Kingdom of God, and **diversity in unity** because each one of them integrates the others differently.

The Masters, according to their promises, can appear in any level of Creation, but regardless of their actual manifestation, they will proclaim the wholeness of Being on both the macrocosmic and microcosmic levels. For instance, Christ, "the Son of Man will appear, coming on the clouds with great power and glory" (Mark 13: 26), i.e. He will appear in His universal body, in the highest Divine world, as the Light of the whole of Creation.

The Hebrew Messiah will come to lead the New Exodus of representatives of all world religions to the Promised Land (the Kingdom of God, the seven Heavens) and will inaugurate the Third Temple – the whole Universe as a Divine Temple.

Zoroaster may manifest in the heavenly worlds as an inner Guide within our souls and spirits and will reveal the mystery of the great cosmic-spiritual Sun which gives eternal life to all of Creation.

The coming of Maitreya-Buddha will result in a great, staggering Enlightenment revealing the totality of all existence and embracing the past, the present and the future of humankind.

The Divine guru Ramakrishna was an embodiment of Rama and Krishna; in his Second Coming he can even become a manifestation of Masters from different traditions in order to confirm the absolute mystical unity of all religions.

Each one of the Divine Masters, and the personifications of the Divine Feminine as well, will find the most appropriate male and female, physical, etheric, heavenly or universal bodies to manifest the great apocalyptic event of the Second Coming. This is why we

will have many incarnations, embodiments, personifications and manifestations related to the mystery of the Second Coming in all three worlds. On the other hand, many human beings will be directly inspired by the Masters and will become their channels, witnesses, messengers, collaborators and co-creators.

All prophecies will be fulfilled because it is God who acts. All appearances will radiate the Light of the new Divine impulse which re-creates the world. And all the Masters will announce, in a different way according to their tradition, the results of their common work in Heaven, inspired by the new creative act of God.

Thus, the Second Coming is a great Divine impulse with many different images and manifestations. In effect, the Second Coming of the Masters is a an enactment of the great transformation of humankind which will enable us to return to the Kingdom of God. Then, guided and enlightened by the Masters, humankind with its new cosmic-spiritual consciousness will start the transformation of the whole Earth into a Garden of Paradise.

Dictating the introduction of the book to Mary-Susann, I meditated on how participants in the Divine Service in front of the Throne of God would meet the new coming of the Divine Masters and the personifications of the Divine Feminine and receive their new initiations for co-creation with God. This would happen in emotional spiritual events similar to those of the first coming of the Masters. Let us remember the apostles around Christ, the disciples around Buddha, the priests and the elders around Moses, the friends around Muhammad, the first disciples around the Master Beinsa Douno and many other emotional stories connected with the coming of the great spiritual Masters. This time the people could experience similar sacred events in connection with their Second or New Coming.

The preliminary work on the book *The Second Coming* was very inspiring and promising. Mary-Susann and I had moments of great joy and enthusiasm. Every day, after the work, we went for walks in the picturesque hills around Leenane. During these walks we contemplated the beauty of the amazing scenic pictures which surrounded us. For instance, in one of them, after the rain, the water was streaming down from many brooks from everywhere with an amazing 'symphony' of sounds; there was dynamic movement of the clouds, a 'magic' mist drifted across the landscape, and we had the feeling that we were witnessing one of the Days of Creation and the primordial unity in Nature. Naturally, I was very thankful to Mary-Susann for her great help and collaboration and to the

friendly Tuffy family, who provided us with such a great working trip.

Forming the Group and Spiritual Activities

With my settling in the Montessori Centre, the arrival of Mary-Susann Shephard and with the help of friends, a serious group, interested in my spiritual work, began to form. In the autumn of 1989 I started the weekly group gatherings in the Montessori Centre. The group of about twelve or fifteen people comprised of the friends from my first public lecture in Dublin, some friends from the Theosophical Society and some other friends interested in prayer and meditation. In all our gatherings Mary-Susann was the organiser of the group, taking care of the room, the cassette player, the leaflets, the materials, the refreshments and so on.

The gatherings of the group were scheduled to start on September 29, 1989, in my room in Montessori. Initially they were envisaged as an Initiatic Cycle of nine lectures with meditation. I wanted the beginning of the cycle to coincide with the day of St. Michael, September 29, who is considered as the Heavenly driving force for the new epoch. For some reason we started our Initiatic Cycle one week later, on October 6, but the gatherings reflected the new spiritual impulses which were coming through St. Michael with power and glory.

The group was like a spiritual laboratory for channelling the new creative impulse from God, *Who now make all things new*, described in the *Book of Revelation* by St. John (Revelation 21:5).

The Initiatic Cycle, *The Blessings of Christ-Maitreya*, consisted of nine Friday evenings, from 18.00 to 20.30. Christ-Maitreya was considered as a symbol of the great Divine Light which encompasses the whole Earth. It is an actualisation of the Christ presence, revealing the reality of the Kingdom of God as an Initiation and taking the form of a Christ-Maitreya Enlightenment. The Friday evenings included my lectures describing the different aspects of the Initiation of Christ-Maitreya and many practical activities – meditations, ceremonies, rituals, communions, sharings, etc. The main purpose of the Initiatic Cycle was to merge with the cosmic-spiritual stream of Christ-Maitreya and to receive His Blessings.

After the Initiatic Cycle we continued our weekly gatherings and we had more than fifty gatherings altogether. Below I am including the

Programme of the Initiatic Cycle as a document of the formation of the group and its first activities:

THE BLESSINGS OF MAITREYA-CHRIST

An Initiatic Cycle led by Leon Moscona
at Montessori Education Centre
43, North Great George's Street, Dublin 1

PROGRAMME

1. Friday 6 October 1989	6.00 p.m. – 8.30 p.m.
a) Lecture:	“The Vision of Maitreya-Christ” An explanation of the Second Coming
b) Experience:	“Worship in Heaven” (Revelation 4) Guided meditation actualizing the images of the Cosmic-Spiritual Christ, God the Father and the Divine Mother.
2. Friday 13 October 1989	6.00 p.m. – 8.30 p.m.
a) Lecture:	“The Reality of the Heavenly Jerusalem” A description and interpretation of the image of the Heavenly Jerusalem according to the <i>Book of Revelation</i> . The Divine Wedding between the cosmic-spiritual masculine and feminine energies.
b) Experience:	Mandala Meditation. Opening the doors of the Heavenly Jerusalem and entering into the Holy City.
3. Friday 20 October 1989	6.00 p.m. – 8.30 p.m.
a) Lecture:	“The New Apocalypse” Revealing the reality of the New Heaven, New Earth.
b) Experience:	Communion with the Holy Spirit through the elements. Fire Communion – link with the light of the Cosmic-Spiritual Sun within.
4. Friday 27 October 1989	6.00 p.m. – 8.30 p.m.
a) Lecture:	“Christ Genesis” Explanation of the seven blessings given by Christ after the messages to the Churches in the Book of Revelation (Revelation 2, 3) the mystery of the human being.
b) Experience:	Initiatic Union with Christ and opening of the chakras. Personal cosmic-spiritual transfiguration.
5. Friday 3 November 1989	6.00 p.m. – 8.30 p.m.
a) Lecture:	“The Initiation of the Holy Spirit”. The Universe as

Divine Temple. The sacredness of life.
The sacraments of the Holy Spirit.
Service in the Heavenly Church.
Joining with 144,000 in their workshop
in Heaven (Revelation 14). The Fruits of
the Spirit.

b) Experience:

6. Friday 10 November 1989 6.00 p.m. – 8.30 p.m.
a) Lecture:
“The New Golden Age”.
Spiritual visions and messages about the
New Golden Age. Returning to the
Garden of Paradise. Link between the
earthly and celestial structures, between
past, present and future.
Transfiguration of human life and
culture.
b) Experience:
the
A poetic dream – meditation revealing
sacred dimensions of the New Golden
Age in Ireland.
Creating new mythology. Visualisation of
the Kingdom of God on Earth.

7. Friday 17 November 1989 6.00 p.m. – 8.30 p.m.
a) Lecture:
“The Spiritual Himalayas”
An image of the spiritual universe
containing all the Initiations, Shamballa,
Agartha, Mount Meru.
b) Experience:
spiritual
A mystical pilgrimage – climbing the
“Mt. Kailas”.
Link with the sacred mountains and
sacred places on Earth. Spiritualisation
and sacralisation of the Earth.

8. Friday 24 November 1989 6.00 p.m. – 8.30 p.m.
a) Lecture:
“The Cosmic-Spiritual Zodiac”.
Description of the image of the spiritual
universe with the Cosmic Spiritual Sun
in the Centre and twelve “gates”
revealing different pictures of the
universe according to the four spiritual
seasons. A new cosmogony and a new
astrology.
b) Experience:
Attunement to the stars and the cosmic-
spiritual sun – a guided meditation
through the four spiritual seasons, the
different epochs in the spiritual history
of humankind and the Eternal Light of
the cosmic-spiritual Sun.

9. Friday 1 December 1989 6.00 p.m. – 8.30 p.m.
a) Lecture:
“The Rose of the World”
A poetic symbol of the integration of all
religions and spiritual traditions. The

“Rose of the World” in the hand of the Divine Mother. “The Rose of the Heart” and the “Rose of the World” – individual and collective images of the Universal Soul.

b) Experience:

The Great Convocation: One Earth and one Humankind. Opening of the Heart Chakra of Humankind and the blossoming of the “Rose of the World”

The Initiatic Cycle is a living process and as such is subject to change in theme, place and time.

So, in the Initiatic Cycle, *The Blessings of Christ-Maitreya*, we discussed, contemplated and meditated on the greatest mystery of our time – the re-creation of the world by the Lord God Almighty. This shed light on the essence of the Second Coming (or the New Coming) of the Divine Masters, the Manifestation of the Divine Feminine in our time and the Divine Wedding between the Masculine and Feminine Universal Principles giving ‘birth’ to the reality of the New Heaven and the New Earth.

After the Initiatic Cycle the group became the basis for various seminars and public lectures, such as:

The Coming of the Light into the World (Public Lecture in Montessori Centre, December 17, 1989). This lecture actually marked the end of the Initiatic Cycle! In it I summarised the development of the Mission in 1989: the previous three lectures, the esoteric gatherings in Montessori, the work on the book *The Second Coming* and the results of the Initiatic Cycle!

Resurrection and Enlightenment (Public Lecture, Mount Herbert Hotel – May 9, 1990). This lecture coincided with the celebration of Wesak festival – the day of Buddha’s Enlightenment. In it I connected the two great Teachings – one from the West and one from the East: the Teaching of Jesus Christ about spiritual Resurrection and the Teaching of the Enlightened One – Gautama Buddha! This lecture was another example of the new creative impulse from God, Who acted through Christ-Maitreya – a collective Personification of the Divine Masters.

The Sacred Dance Pneurythmy (One-day Workshop in Glendalough, in the ruins of St. Mary’s Church, Summer 1990). Glendalough became our favourite place for outings and pilgrimages. One of my dreams was to have a Pneurythmy day in the ruins of St. Mary’s Church. The spiritual presence in

this place is extraordinary. So, with great joy in the summer of 1990 I went there for a full day with the group. A whole article could be written about this event, but now, in brief – this was a spiritual celebration on a sacred place, connecting the first Golden Age with the coming new one through the sacred dance *Paneurhythmy* and the vibrations of the Blessed Virgin Mary.

The Immaculate Conception in our Lives (workshop – 8 December, 1991, Milltown Park Institute, Dublin). December 8 is an important day in the Christian Calendar – the celebration of the immaculate conception of the Blessed Virgin Mary! Gathered in the big hall of Milltown Park Institute we appreciated this great spiritual festival. The ‘workshop’ was full of joy, celebration and devotion to the Blessed Virgin Mary. In it I introduced my emotional dream connected with the Holy Mother (see p. 208) and we began the preparation for our mystical birth from the Rainbow Body of the Blessed Virgin. The theme- Glorification of the Divine Feminine – became one of the most important themes in our group work and resulted in the development of a whole New Gospel – the Gospel of the Divine Mother, introduced in the book *The Second Coming*. In the Conclusion of this book, *The New Mysteries from Ireland*, the mystical birth from the Rainbow Body of Light of the Blessed Virgin Mary is presented as an inspiring spiritual programme!

In general, the group was much more than a spiritual study-group – it was a circle of good spiritual friends participating together in various types of activities – weekly gatherings, attending my public lectures, seminars, pilgrimages, personal meetings and so on. A bright example of the life of the group was the collective attendance at a great musical event in Ireland – the premiere of the symphony *Turangalila* by the great French composer, Olivier Messiaen. This was a remarkable concert in the National Concert Hall of Ireland with the presence of Olivier Messiaen himself. I was very happy that we attended this concert because he played an important role in my musical career. In 1964, in Sofia, I attended the Bulgarian premiere of his monumental symphony where he was present also. The rehearsals and the concert, his other musical pieces and theoretical conceptions were important events in my musicological education. At the premiere of *Turangalila* in Ireland, in 1991, I was happy to see Olivier Messiaen again and this was my farewell to one of the greatest composers of the twentieth century. In 1992 he passed over into the celestial worlds.

Appreciation of the Catholic Faith

The Republic of Ireland is a Catholic country. Many of the friends were devoted Catholics. Through them I appreciated the depths of the Catholic faith. As mentioned earlier, the celebration of Easter in 1988 in the Irish language was a revelation for me (see p. 151).

After my move to the centre of Dublin, I started to attend the Catholic Mass at midday with my close Irish friends. At these services I felt a very powerful spiritual presence and experienced the Spirit of the Catholic Community. Through these friends I appreciated the Catholic faith, met distinguished priests and Irish people and embarked on various pilgrimages and visits to sacred sites. Our connection was a great spiritual friendship in action!

A few times I attended the Rosary evening in the Church of Adam and Eve. In these services more than a thousand people participated and expressed their love, hope and devotion to the Blessed Virgin Mary. In the same church I attended the service consecrated to the Day of St. Antony (June 13). It was a very deep and moving service, with a longstanding tradition in Ireland. Living very close to St. Mary's Pro-Cathedral, I spent many hours there attending the great Christian Festivals of Christmas and Easter, the services, or otherwise alone, having a peaceful time for prayer and meditation.

Over time I was introduced to distinguished Catholic priests. One of the closest to me was Father Donald, who for many years was the representative of the Vatican in crisis regions of the world like Lebanon and others. We had a few meetings and I was greatly impressed by his wisdom, passion, bravery, modesty and living spirituality. He appreciated many of my ideas about the Second Coming of Christ, the Heavenly Jerusalem, the reality of the New Heaven and the New Earth and the Divine Feminine. Of course as an ordained Catholic priest he was not able to spread these ideas, but we parted as good spiritual friends, each following his faith and destiny.

On December 31, 1990, I was invited to give the Peace Talk in the Carmelite Church in Dublin, as part of World Peace Day Talks which took place every year on New Year's Eve. Throughout the years the speakers included John Moriarty, John O'Donohue, Don Conroy and other prominent people. In my talk I shared some of my mystical visions in Ireland with a congregation of approximately a thousand people and I concluded my talk with the words: *It is my firm conviction now that Ireland has a very important role to play in*

the establishment of the Kingdom of God on Earth. The beauty and purity of Ireland as a land, the mystical depths of the Irish spiritual history and culture, the great devotion and warm-heartedness of the Irish people – all these features could make Ireland an ideal model for the fulfilment of this Divine Task.

Another year the Peace Talk and the whole service was given by the much-loved priest, poet and Hegelian philosopher John O'Donohue. During his service I felt the magic of the Eucharist as a living ceremony of the Christ mysteries and the Last Supper. While I felt the mystical presence of Christ, I experienced the depths of Irish Christianity and the stream of this spiritual tradition for centuries. After the service we went to the nearby cafe for a cup of tea and I was introduced to John O'Donohue. I appreciated the genuine Christ presence which he brought to the service and briefly shared some of my spiritual ideas. His unfortunate and premature death at the age of fifty-two was a great loss for the Irish people and I regret very much that I was not able to develop further my connection with such a noble Spirit.

In 1990 my Irish friends organised two Radio interviews for me: one with Andy O'Mahony on RTE Radio 1 and the other – with Larry Hogan on 98 FM. I was quite anxious before the interviews because I did not know English well. Nevertheless the interviews went well: the first one was thirty minutes and after the interview Andy O'Mahony and the whole recording team were completely satisfied and pleased. The second was much longer, with open lines and direct communication with the listeners. Larry Hogan had a chat with me a few minutes before the interview and asked me about my mystical experiences. Innocently I told him about my vision of the Cosmic Christ on the sacred mountain Rila in Bulgaria. When the interview started he presented me as a mystic from Bulgaria and asked directly: *Leon you are claiming to have seen the Cosmic Christ; let me start the interview with a few questions about your vision.* Naturally I did not expect such a beginning to the interview, but answered his questions to the best of my ability. Little by little the people started asking questions on the line. I communicated with them and we spent more than two hours on air. Even when we officially finished the interview, there was a steady flow of calls from listeners.

When I moved to the Montessori premises, my travels and visits to sacred sites with friends became more frequent and I became familiar with the great spiritual tradition of Ireland. Our trips to Glendalough and Tara became regular, but many more sacred sites

and towns all over Ireland revealed their historical, spiritual and cultural secrets. Among them were Slane, Clonmacnoise, Newgrange, Knowth, Sligo, Leenane, Donegal, Limerick, Galway, the Aran Islands and others. Thanks to these spiritual friends, I truly felt at home with the Irish people and the Irish land!

Seminars Abroad

I started my lectures, seminars and workshops in mainland Europe in February 1987, when I was in England. As I mentioned in the Introduction, my first trip abroad was to participate in the International Florence Convocation, in Florence, Italy.

The house of my Bulgarian friend Ivan Anguelov was my basis in Switzerland. For many of these years I would settle first in his house, or in the house of his relatives, and then start my Swiss workshops. In his house I always felt at home - he gave me the keys and I would avail of the house even when he was not in Switzerland. I travelled with Ivan all over Switzerland and I met many interesting people in the fields of musical culture and spirituality. For instance, through Ivan Anguelov, I met a yoga teacher from Biel who organised my workshops in Biel in 1992, 1993 and in the neighbouring town of Solothurn in 1994 and 1995.

In one of my visits to Switzerland Ivan invited me to travel with him to Germany, to the house of his sister in Bayreuth. There of course we visited Wagner's Opera Theatre and the Museum of Wagner. In my spiritual journey I had many visions and mystical experiences linked with great composers, such as Mozart (p. 35), Bach, Beethoven, Handel, Scriabin (p. 155) and others, but the mystical contact with Wagner was exceptional – it deserves a special article! I still have a close friendship with Ivan Anguelov and for friends like him it is said in the Bible: *There is a friend, closer than a brother* (Proverbs 18:24)!

From March 31 to April 2, 1989, I had an important workshop in Sebil Centre, in Zurich. In fact, I was the first lecturer, with whom they opened their Centre. After 1989 the organisers from Sebil, who became close friends also, invited me to give lectures, workshops, pilgrimages and Pentecost celebrations, for nine consecutive years. We developed a very friendly spiritual group and kept the contact over the years. Through Sebil I also met a German friend who organised a workshop for me in Germany. Interestingly, I had my Paneurhythmy workshop in Germany on October 3, 1990 - the Day

of the Reunification of Western and Eastern Germany. We appreciated the Paneurhythmy workshop as a celebration!

The Art of Transfiguration (Four-Day seminar in Glastonbury, England, together with the Light Leader Robert Coon, September 2-5, 1989). During the Wesak festival in May 1989, in Glastonbury, I met the Light Leader Robert Coon. We knew each other well since the celebration of Harmonic Convergence in August 1987, in Glastonbury, and after two years we were happy to discuss many spiritual topics of mutual interest. As a result of our enthusiastic conversations came the idea to have a common extended workshop in Glastonbury in the autumn.

So, in September, 2-5, 1989, we had our workshop *The Art of Transfiguration* in Glastonbury, on the Abby grounds. Robert Coon did a lot of research on the phenomenal natural Zodiac around Glastonbury; he also was an expert in the twelve planetary gates of energy around the Earth as the Living Being, Gaia. I worked for years on the metaphysics of the Zodiac-Mandala of the Heavenly Jerusalem. In our common work we connected the natural Zodiac around Glastonbury, the spiritual chakras of the Earth and the Zodiac-Mandala of the Heavenly Jerusalem. In this Divine wholeness we offered to the participants in the workshop the opportunity to undergo a personal spiritual transfiguration, to participate in the process of healing, purification and illumination of the Earth and to prepare for the events of the New Comings of the Divine Masters and the Personifications of the Divine Feminine.

An essential part of the workshop was the performance of the Feminine Mandala meditation. The ideas which I introduced in the workshop in Limerick, on July 2, *The Blessings of the Divine Mother* (p. 180), were further developed and became a basis for an extended Feminine Mandala meditation. This Feminine Mandala meditation lasted more than an hour and included inspiring music, mantras and prayers from the main world religions. The results of this Feminine Mandala meditation were very impressive and moving. The spiritual presence was so magnificent and powerful that it was still felt long after the event took place. Truly, the feminine personifications of the Divinity are extremely responsive, loving, tender and merciful.

Development of the Mission

In general, I could summarise that during my time in Matthew's house the Mission was set in motion and after a few months in the

Montessori premises, I was ready for the further development of the Mission. This included forming a group and giving lectures, seminars and workshops in which I introduced the main ideas of my spiritual work, making important contacts, appreciating the Irish land, people and culture. With the help of my friends, especially Marie, I had many pilgrimages and journeys across Ireland, I started writing spiritual materials and I even had some media activities. I also established important contacts in Switzerland, England, USA, France and Germany.

As mentioned previously (p. 125), the Mission itself was to open metaphysically the last, Twelfth, Gate of the Heavenly Jerusalem, thus closing the great Indo-European cycle of evolution, and to reveal the reality of the coming New Heaven and New Earth, where humankind will start its new Cosmic Cycle of Existence and establish the Kingdom of God on Earth.

At the end of the Indo-European Cycle we will be blessed with a new majestic integral Pentecost from the Lord God Almighty. This time the Holy Spirit will reveal the whole spiritual history of humankind, initiation after initiation, so that all twelve gates of the Heavenly Jerusalem will be opened and the people will become able to experience simultaneously the richness of many spiritual traditions – Hermetism, Hinduism, Buddhism, Taoism, Zoroastrism, Judaism, Christianity, Islam and others. Thus the Holy Spirit will open the *Book of the Living* where all initiations and the good deeds of many generations of the Indo-European cycle are written.

The Mandala of the Heavenly Jerusalem provides a basis for the New Pentecost. Through it we could contemplate the Initiations in the spiritual history of humankind one after another, or even in a single act of illumination. Thus we harvest the spiritual fruits from the outgoing Indo-European Cycle and bring them into the New Cycle of Existence.

Humankind needed thousands of years to receive the initiations of each one of the epochs in the cosmic-spiritual Zodiac (corresponding to the gates of the Heavenly Jerusalem). Now, however, in the New Pentecost humankind will taste the spiritual fruits of this Zodiac (i.e. the initiations of the twelve gates) simultaneously. Thus, the diachrony (historical time) of the cosmic-spiritual Zodiac-Mandala, where each season corresponds to an historical epoch, becomes the synchrony of the New Pentecost. It is a staggering illumination indeed! In it we will contemplate the fullness of the First Coming of the Divine Masters and their Feminine Counterparts in the spiritual history of humankind.

The end of the Indo-European cycle in human history and the beginning of the New Cycle of Existence brings the Day of spiritual Resurrection and Judgment for humankind. This Day is the harvest of the fruits of the outgoing Cycle. At this moment of Truth the whole Cosmic Cycle is seen as a Divine wholeness and a single event in God's Mind: the Creator opens the books where everything is recorded and reveals the original Divine Plan for the evolution of all beings in the Cycle.

This is why St. John in his *Revelation* (20:12) '*saw the dead, great and small alike, standing before the throne. Books were opened, and then another book was opened, the book of the living. The dead were judged according to what they had done, as recorded in the books*'. The content of the 'opened books' is the history of the human race throughout the Indo-European Cycle. In a similar way as an illuminated human being can see all his or her past incarnations, humankind, at the end of the cycle will be able to read its spiritual history (in the Akashic Chronicles) as 'opened books'.

Moreover, God will make visible the spiritual essence of the deeds of all generations from the outgoing metahistorical cycle in order to gather the good seeds, to preserve and include them in the new metahistorical cycle, and to assign the undeveloped ones to a different realm.

The essence of the New Cycle is life in the reality of the New Heaven and the New Earth in accordance with Divine Love, Light, Wisdom and Truth. Only the souls who will be able to live with these values will enter into the new cycle. The undeveloped human beings will be obliged to start the evolutionary process from much lower levels of Being.

In fact, no one judges us, but when we face the Divine Truth we see the whole story of our lives and we understand what we have done and the consequences of our deeds. We could compare this self-judgment with the phenomenon in the hours of death when a human being sees all of his or her life as if on a video screen and understands, from a new spiritual perspective, the essence of all his or her deeds and their interconnection. The impressions from this 'video' are the judgment; they are the psychic material which the person will deal with in the psychological dimensions of his 'life after death'. According to the law of karma, if his life was based on love, goodwill and friendship – on all positive human virtues – he or she will continue the ascent into higher metaphysical planes of the Universe. If however the life of the human being was based on negative emotions, violence and offences against others, karmic law

obliges them to rectify their deeds. For this purpose, they incarnate again on Earth and face all the problems which they caused.

Naturally, the drama of the End of Time, the Day of Resurrection and Judgment requires a transitional period when each act of repentance or noncompliance will influence the evolutionary direction – upward or downward. And, of course, we will be given enough time to make our choice consciously and to take full responsibility.

The New Cycle of Existence springs from the New Genesis, which is a staggering New Enlightenment containing the essence of the great spiritual teachings from the past, the keys to the present apocalyptic re-creation of the world and the living seeds for the coming New Reality. In the Teaching of the Kabbalah we find: *After the End of Days the CREATOR wills another general Cycle (Shemittah) to unfold the new Universe. In this next sefirotic step are the seeds of everything great and small, high and low, that will happen in the following manifestation of Existence which thus proceeds, cosmic cycle by cosmic cycle, towards the Jubilee of Jubilees* (Halevi, A Kabbalistic Universe, p. 246).

As a result of my spiritual activities, the main themes of the 'exposition' of the Mission developed in a much more substantial way:

- The New Genesis from the Living God, *Who makes all things new* began to appear as the Reality of a New Heaven and a New Earth
- The preparation for the meeting of the Second Coming entered into a new stage with the writing of the book *The Second Coming* and revealing the deep metaphysical and mystical essence of this mystery
- The appreciation of the Divine Feminine began to develop into a whole New Gospel of the Divine Mother.
- The number of interpreted celestial archetypes from the *Book of Revelation* increased significantly and began to outline the coming New Reality
- The key ideas of the Mandala of the Heavenly Jerusalem were developed further and in much more detail
- The sacred dance Paneurhythmy received some new purposes in line with the task of purification, transformation and spiritualisation of the Irish land

- The participants in the lectures and seminars began to form a spiritual group embarking on a spiritual journey

These important aspects of the development of the Mission are described in this Chapter, but the following three Chapters, *The Magic of Ireland - Pilgrimages and Visions*, *The Sacred Dance Panorhythm and the Peace Process in Northern Ireland* and *The Nine-Fold Path of the Divine Rainbow* developed these aspects in much greater detail.

If I compare the structure of Part Two of the book with the structure of a musical sonata form, consisting of introduction, exposition, development, recapitulation and coda, then Chapter One is the introduction; Chapter Two is the exposition; Chapters Three, Four, Five and Six are the development; Chapters Seventh and Eighth, *The New Stage in the Mission* and *The Book The Second Coming*, are the recapitulation, while the Nine Chapter, *The Second Coming Integral Mission* and the *Conclusion, The New Mysteries from Ireland and Establishing the Kingdom of God on Earth* are the coda.

My pilgrimages and visions played a crucial part in developing the New Mysteries in Ireland during this time. I described my vision in Grianan in Chapter One. Now I will describe the essence of some other important visions which, together with the work of the group, brought the Mission to a new stage.

Chapter Four

The Magic of Ireland - Pilgrimages and Visions

Pilgrimage to Croagh Patrick



Croagh Patrick is a legendary holy mountain in Ireland. It is a symbol of the mythological Sacred Mountain from where one could reach higher levels of Being. It was on the summit of the mountain that Saint Patrick fasted for forty days in 441 AD and after this started his. Since then the pilgrimage to Croagh Patrick has become a confirmation of faith and a symbol of the journey to higher states of consciousness.

In the summer of 1989 Marie, John Moriarty and I approached the Mountain but the weather was very misty and nothing could be seen. Nevertheless I expressed a desire to climb it and Marie encouraged me. So, I started, following the traced path, but it could only be seen two or three metres ahead. At some stage the path curved and I was not sure where to go but the inner feeling guided me in the right direction. Somewhere along the path I saw a Cross and I stopped for a short prayer-meditation. Later on the path disappeared and I started climbing from stone to stone towards the summit. I did not know how long it would take because I was only able to see a few stones ahead. Finally I reached the top but everything was in deep mist. To my great surprise, after I did a little walk on the top of the hill, I saw the silhouette of a church appearing as if from a 'mythological land'! Of course, as a pilgrim, I toured the church in deep prayer and meditation. After about an hour I descended peacefully and met my friends.

Because I did not know the area and the path to the summit I felt that this climb was like a test for me, the opportunity to ascend to higher meditative states and to receive some insights about my mission in Ireland. During my ascent, little by little, Croagh Patrick became for me like the summit of a Sacred Mountain from where I was able to contemplate some metaphysical and metahistorical events. With great appreciation I linked with the pilgrims from generation to generation journeying to Croagh Patrick. In a sense they were expressing the most beautiful qualities and virtues of the National Soul of the Irish people while their pilgrimage to the summit was a link with St. Patrick as the personification of the National Spirit-Guide of Ireland.

The spiritual thoughts and feelings during my climb were very deep, emotional and revealed to me the essence of the Irish nation and destiny. Out on the mountain everything was in deep mist to such an extent that when I reached the top of the mountain I was not able to see the church which stood there. On the other hand the National Soul and the National Spirit-Guide, personified by St. Patrick, were lit by the bright light of the 'spiritual Sun'. For me this was an indication that I was accepted mystically by St. Patrick and by the Irish people and received blessings from Heaven for a spiritual mission in Ireland. Perhaps this is why my next pilgrimage to Croagh Patrick was in wonderful weather and I was able to enjoy the exquisite view of all three hundred and sixty five islands in Clew Bay.

In hindsight I could say that after my climb to the top of Croagh Patrick the path for introducing the mysteries of the Second Coming was opened. It was not by chance that later on, at the foot of Croagh Patrick, with Mary-Susann, I started writing the book *The Second Coming!*

Glendalough and the River of Light

Perhaps it is not by chance that Glendalough became one of my favourite sites in Ireland: it was close to my first dwelling place – Matthew's house; it reminded me of the Sacred Mountain Rila in Bulgaria; it was one of the most important spiritual centres in Ireland from where the revival of Christianity spread to Europe; I felt very much at home and inspired while being there.

On one occasion I was with a group of four close spiritual friends, Marie, Jim, Don and Mary-Susann, in Glendalough. First of all we visited St. Kevin's cell and did a prayer-meditation there. The

spiritual presence was very powerful and we felt an impulse to climb to the top of the hill above the second lake. Exactly at 12.00 o'clock we were there and we started a meditation which I will remember for the rest of my life.

As we entered into the state of contemplation and meditation, for me the Heavens opened and I felt a Divine stream of light pouring down. It was like a majestic river of light, springing from the Heavens above Glendalough and flowing out through the whole of Ireland – passing through *Slane, New Grange, Tara, Clonmacnoise, Croagh Patrick*, and many other sacred sites. Just as the River Shannon flows through Ireland, so this river of light flowed through the whole of Ireland, making it a celestial land.

Here I recall the vision of St. John in the *Book of Revelation*: "The angel also showed me the river of the water of life, sparkling like crystal and coming from the Throne of God and the Lamb and flowing down the middle of the City's streets" (Revelation: 1: 2). The people I saw in this mythological celestial land were all the saints and prophets of Ireland, thousands of known and unknown righteous human beings from the whole history of this land up to the present time. They had the "mark of Christ on their foreheads", their souls were blossoming and their Higher Divine Selves, completely awakened, were manifesting all the human virtues and qualities. Of people like this, it is said: "Christ has made us a kingdom of priests to serve His God and Father" (Revelation: 6). At this moment I understood that all contemporary people of Ireland were being very warmly invited to take their place in this "kingdom of priests" and to establish the Kingdom of God on Earth forever. This had to be done by raising the etheric vibrations of the Irish land, reviving the sacred places, resurrecting mystically the good people from the past generations whose names were written in the *Book of the Living*. Then by practicing the whole spectrum of human virtues the present Irish people have to write glorious deeds in this *Book of the Living*, and enter into the New Cycle of Existence of humankind.

The fusion between earthly and celestial Ireland was a bright example of the Day of Resurrection and the coming New Reality. From a metaphysical and metahistorical point of view the twelfth Gate in the Heavenly Jerusalem was opened and the Irish people were blessed to enter and to live in the Holy City forever!

In the inspiring vision of the *River of Light* springing from the sky above Glendalough, I remembered again the picture from the

Theosophical Society in Dublin: the five of us were actually like the star channelling the energies of the New Enlightenment and passing these energies to the Irish people and to the world!

The Vision of the Blessed Virgin Mary

I have visited many places, many sacred sites, and almost everywhere I have felt the most powerful and beautiful presence of the Divine Mother. I can say that the whole of Ireland is encompassed and warmed by her Divine Love, mercy and compassion, by her tenderness, motherly care and kindness, by her beauty. It was a great joy for me to give workshops, sacred dance Paneurhythmy and meditations consecrated to the Divine Mother in various places in Ireland. One of the most inspiring was in the field in front of the ruins of St. Mary's church in Glendalough: this incredibly beautiful place, with an amazing panoramic view and soft magnetic vibrations was ideal for connecting with the energy of Nature, Mother Earth and the Divine Feminine. A special seminar in a convent around Limerick was consecrated to the Feminine Mandala Meditation to link with the glorious Personifications of the Divine Feminine in the world religions. We celebrated also *The Immaculate Conception in our Lives* on December 8, 1991, in Milltown Park Institute, Dublin.

Here I would like to share a 'prophetic' dream which I had in September 1989, after my return from Glastonbury, England. In Glastonbury, on the Abbey grounds, from September 2-5, Robert Coon and I had a four-day workshop *The Mystery of Transfiguration*. To a great extent the workshop was a continuation of the celebration of *Harmonic Convergence* from August 1987 but with many new themes, especially the glorification of the Divine Feminine. For this purpose I led an extended *Feminine Mandala Meditation* (with appropriate music, mantras and prayers) in which we invoked the presence of many Personifications of the Divine Feminine such as the Blessed Virgin Mary, Tara, Kuan Yin, Mataji, Zventa Sventana, the New Eve and others. The spiritual presence after our Feminine Mandala Meditation was so magnificent and powerful that it was still felt long after the event took place.

On the same night after coming back to Dublin from Glastonbury, I had a remarkable dream. In this dream I found myself in a temple among many other people, praying and expecting a blessing from heaven. A few moments later the contours of the temple remained, but at the same time we had the feeling of an open space. Then a

most magnificent rainbow appeared - one of the brightest and most beautiful I have ever seen in reality or in dreams. One segment of the rainbow transfigured itself into the living image of the Blessed Virgin Mary holding a beautiful child. She shone with all the colours of the rainbow and radiated Divine Love, Compassion, Hope, Faith and Motherly Care. All of the people in the open space-temple, including myself, experienced great wonder, joy and ecstasy - the feelings of having witnessed a great miracle.

This dream was in fact a mystical vision born within the depths of my soul. It is well appreciated in Ireland that the spiritual body of the Blessed Virgin Mary is living Rainbow Light. Soon I realised that the image of the Rainbow with the Holy Mother holding the child as part of it was a symbol of the birth of the whole humankind as a Rainbow People from the Universal Divine Mother. The story of the immaculate conception of the child Jesus 2000 years ago now became a holy conception of the whole of humankind by the Universal Divine Mother.

Over the years this 'prophetic dream' developed into a great metaphysical picture of the coming reality of the New Heaven and the New Earth where New Humankind will live as Rainbow People on sacred Earth. In the *Book of Revelation* St. John witnessed: *Then the One Who sits on the throne said: And now I make all things new!* (Revelation 21:5) This is the Divine Act for the creation of the reality of the New Heaven and the New Earth. In the New Reality a New Humankind will live – born from the Divine Mother, from the living Rainbow Light, radiating also from the Throne of God (Revelation 4:5).

The appreciation of the Divine Feminine and especially of the Blessed Virgin Mary is so important and crucial for our time that later on in my book *The Second Coming* the devotion to the Divine Feminine developed into a whole new Gospel, the *Gospel of the Divine Mother!*

The Ancient Capital of Ireland, Tara, and the Holy City of Jerusalem



Hill of Tara

The Hill of Tara was the Coronation place of Ireland's pre-Christian kings, and is one of Irelands more famous sites. This was not an hereditary Kingship, the kings either won it in battle or were chosen for it. Although no buildings survive there are a number of large earthworks still remaining on the hill, some are inside an even larger Iron Age Hill Fort, known as Ráith na Riogh (The fort of the Kings) or the Royal Enclosure. In the middle of this enclosure are two linked ring shaped earthworks, to the east is Teach Chormaic (Cormac's House) and to the west is the Forradh (The Royal Seat) a large Barrow with smaller barrows in the surrounding banks

In one of my visits to Tara I had a vision of a magnificent etheric Divine Temple built upon the whole area with a gigantic cosmic-spiritual cross of Light at the centre of the Temple. The vertical axis of this cross was a huge column of Light, filling the whole space and representing the vertical structure of the Universe (as we know from Christian cosmology). The horizontal axis of the cross (it was actually a horizontal circle filling the entire cosmic-spiritual space) was the reality of the Kingdom of God with its many mansions (that is, all the different spiritual worlds revealed by the various world religions). Above the horizontal axis was the throne of God with Christ sitting upon it. He was the glorious and victorious cosmic Christ, the "King of Kings and Lord of Lords", radiating Divine Love, Light and Life, Power, Wisdom and Truth. The walls of this gigantic,

etheric temple were living light which shone with all the colours of the rainbow, and in place of frescoes, the walls exposed the real presence of myriads of light beings – angels, archangels and many others. And all the kingdoms of life on Earth – the plants, animals and humans – were present in the temple. It was a staggering vision erecting the *Axis Mundi* in the New Creation and revealing its mystery.

On a different visit another spectacular vision appeared. It was the mythological Heavenly Jerusalem with all the twelve Gates widely open (Revelation 21: 25). Then from the Centre of the Heavenly Jerusalem, from the Absolute Origin of Being, 'apocalyptic' Divine Light radiated. The whole space was lit with dazzling Light and from the twelve mythological directions the Divine Masters of humankind – Krishna, Hermes, Moses, Zoroaster, Buddha, Lao Tze, Jesus Christ, Muhammad, the Master Beinsa Douno and others – appeared mystically and shone with great Divine light that merged with the Light of the 'One Who sits on the throne'.

The celestial images of the Divine Masters appearing at the twelve gates of the Holy City were emanations from the cosmic-spiritual Sun at the centre of the Universe, from *the One Who sits on the Throne*. At the same time each one of them reflected the light of all the others in accordance with his own image and spiritual essence. This led to an illumination about the glorious appearance of all the Divine Masters simultaneously from the Centre of the New Jerusalem. Radiating from the Divine Centre of Creation as images of the Living God, they reflected the essence of each other, keeping however their own unique identity.

The Divine Masters, together with their Feminine counterparts, were surrounded by the souls of many enlightened followers – the Bodhisattvas in Buddhism, the Prophets in Judaism, the Apostles and Saints in Christianity, the Gnostics in Islam. The Light emanating from the Divine Masters opened widely the gates of initiation into the ultimate reality.

This was the reality of the New Heaven as the integral light of all the Divine Masters, all personifications of the Divine Feminine and all initiates, connected with them, which radiated from the "One, Who sits on the Throne" as from a colossal cosmic-spiritual Sun, enlightening the New Reality. In a similar way as the Sun is at the base of all life on Earth, thus the Light, Love, Wisdom and Truth of this cosmic-spiritual Sun is at the base of the co-creative life of the enlightened humankind:

The throne of God and of the Lamb will be in the city, and his servants will serve him. They will see his face, and his name will be on their foreheads. There will be no more night. They will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they will reign forever and ever.
(Revelation 22: 3-5)

It is difficult to describe in words this apocalyptic vision of the Heavenly Jerusalem. This is the reality of the Kingdom of God with many mansions where the mansions are the spiritual worlds of the religions enlightened by the Divine Masters and all their followers. Tara was the old historical capital of Ireland; now every time when we activate the vibrations of the Heavenly Jerusalem above Tara it will become the metaphysical capital of Ireland. This was another confirmation of the opening of the Twelfth Gate of the Heavenly Jerusalem in Ireland and the process of the coming of the Kingdom of God on Earth.

The restoration of the *Axis Mundi* above Tara made it a favourite place for pilgrimages and for ascending through the vertical structure of the Universe on Tara itself. For this purpose often we used to go to Tara and start a meditative walk from the bottom of the hill to the top, gradually raising our consciousness from world to world. On Tara we also have symbols of various historical epochs (the Chamber, the Cross, the Stone, the Church) and we could make a 'metahistorical' journey as well, i.e. a journey from one to another historical epoch linking with their vibrations and spiritual essence.

The spiritual visions at Tara completed the rich celestial topography of Ireland with a spiritual capital (Tara), spiritual university (Glendalough), sites for spiritual living (the monastic sites), sacred places for pilgrimages (Croagh Patrick) and other inspirational places. Thus the fusion between the earthly and celestial Ireland, with the *River of Light* in Glendalough, developed into a more detailed picture of Ireland opening its 'metaphysical' and 'metahistorical' dimensions. In other words, the socio-cultural structure of human civilisation in Ireland developed into the integral earthly-celestial culture of cosmic life.

I would like to finish this section with an interesting personal story. I did not imagine for a moment that I would celebrate my fiftieth birthday in Tara, but this is what happened. On August 15, 1991 my close friend Marie and I went to Tara where we celebrated my birthday, alone, but in the presence of many light beings! Truly unknown are the ways of the Lord

Chapter Five

The Sacred Dance PANEURHYTHMY and the Peace Process in Northern Ireland

I was very happy when I was approached by friends from Northern Ireland and invited to lead a Nine-day PANEURHYTHMY School for teachers of PANEURHYTHMY. In my own spiritual journey the sacred dance PANEURHYTHMY has played a very important role. Through PANEURHYTHMY I opened my heart chakra and entered into the reality of the Universal Soul.

As mentioned previously, I brought the PANEURHYTHMY to Russia for the first time. I introduced the PANEURHYTHMY also to the Findhorn Community in Scotland, in Ireland, in many spiritual centres in England, Italy, USA, Switzerland, France and Germany. The sacred dance PANEURHYTHMY was, together with Mandala Meditation, the main practice to celebrate *Harmonic Convergence* and to mark the beginning of the new Cosmic Cycle in the life of humankind.

To fulfil this task I had to summarise all my knowledge and experience of the PANEURHYTHMY and to write it down for the use of the people, especially the participants in the PANEURHYTHMY School in Northern Ireland. I asked my friend Mary-Susann to help me with this project and she agreed happily.

The word *PANEURHYTHMY* means high cosmic rhythm. Summarizing my experiences with PANEURHYTHMY over the years, in spiritual contact with the Master Beinsa Douno, in the summer of 1990 I developed a conception about the PANEURHYTHMY as a gateway to the Garden of Paradise and the higher worlds. For this purpose I presented the PANEURHYTHMY as a sacred dance based on a synthesis of spiritual Music, living Light, sacred Words, archetypal ideas and psychic movements.

The Divine Music, Light, Words and Thought-forms are the substance of the higher spiritual realms. Hence, the PANEURHYTHMY, an organic synthesis of these celestial constituents, provides a very powerful and rich experience of the higher worlds. Implementing this key for the interpretation of the PANEURHYTHMY, I presented each one of its celestial constituents and their synthesis (i.e. the synthesis of spiritual Music, living Light, sacred Words and archetypal ideas coded in the movements) in relation to their meaning in the celestial world. Thus the PANEURHYTHMY became a dance-spiritual journey to these worlds.

The Sacred Dance Panorhythm Booklet

In the summer of 1990 I started dictating material about the Panorhythm to Mary-Susann. It developed into a whole booklet which later entered as a big chapter in the book *The Second Coming*. Having in mind the participants of the Nine-day Panorhythm School I tried to describe the origin of the Panorhythm, the celestial constituents of its movements (i.e. the heavenly music, the spiritual colour rays of light, the sacred words and the movements themselves) and their meaning.

The Panorhythm was created by the great Bulgarian spiritual Master Beinsa Douno (1864 - 1944). In the spiritual legacy of the Master the Panorhythm plays an extremely important role. It is the focus of his whole Teaching. The dance represents an organic synthesis of such important celestial components as spiritual music, colour rays of light, sacred words, basic movements and archetypal ideas related to the dawning of the cosmic-spiritual Spring. Performed in the context of the appropriate style of life of the spiritual disciple, the dance aims at the blossoming of the human soul and becomes a path of ascent and transfiguration. The Panorhythm in its wholeness follows the stream of the evolutionary ascent of humankind in the cosmic-spiritual Spring and could be considered as a new, original form of yoga practice, created for the Age of Aquarius.

The Panorhythm was created between 1928 and 1932 with the enthusiasm and appreciation of the spiritual community of the Master Beinsa Douno. It is performed from March 22 until September 22 (in harmony with the outward-flowing energies of the spring and summer seasons of Nature), in the morning, in the open air, by a group of people in pairs. It takes about one hour and a half to perform and consists of three main parts. (The music, text and precise description of the exercises in all three main parts may be found in the book *The Circle of Sacred Dance*, edited by David Lorimer, Element Books, 1991).

The first part, the *Panorhythm* in its essential form, takes forty five minutes and includes twenty six different movements with their own music and text. The first part finishes with a breathing exercise and a prayer-formula: *'May the Peace of God and the pure Joy of God live in our hearts forever'*. The second part is called 'Sunbeams' and is a dance reflecting the radiation of the sunbeams from the centre of the Source of Life. In contact with the Source of Life we obtain the freedom of our souls and fly as birds in the celestial worlds. The third part is called 'The Pentagram' and it is performed by groups of

five couples, each forming a living pentagram in movement which symbolises the cosmic-spiritual being (with a head, two arms and two feet) on his or her endless path of evolution.

The movements of the Paneurhythmy and their synthesis with music, light and words offer many possibilities for the interpretation of each movement and the whole sequence of movements. The richness of music, light, words, basic movements and their interconnections already suggest a tremendously wide spectrum of spiritual ideas and levels of interpretation. The Paneurhythmy is the focus of the whole Teaching of the Master Beinsa Douno and consequently we can interpret its exercises with at least three different keys:

- as a celebration of the relationship between the spring season in Nature and the cosmic-spiritual Spring, which provides Divine opportunities for the blossoming of the human soul and ascent into higher spiritual worlds;
- as a spiritual journey in the life of the disciple, aimed at the opening of the chakras and the experience of life on Earth as a great spiritual school;
- as a celestial action on Earth aimed at bringing down the reality of the Kingdom of God and the purification, transformation and transfiguration of the whole Earth.

If we choose one key of interpretation, we can explain the entire series of exercises and give a beautiful and rational understanding of each individual movement of the Paneurhythmy. If we choose another key, we can have a different chain of interpretations of the same movements, activating other ideas and symbolic pictures. So, we can have many possible and reasonable interpretations of the movements in the Paneurhythmy co-existing together and expressing the richness and diversity of spiritual life in the epoch of the cosmic-spiritual Spring.

Here it is interesting to note that the emphasis on one or another interpretation of the Paneurhythmy changes with the times. The first interpretative key was very popular in the time of the Master amongst the disciples, but it was tremendously reinforced by his own presence as a personification of the energies of the cosmic-spiritual Spring. Later on, after the Master's ascension to Heaven, there was a slight shift in interpretation, placing emphasis on the path of the disciple (the second key) in the new epoch of the cosmic-spiritual Spring. In more recent times, in accord with the spiritual activities on a planetary scale, such as Harmonic Convergence

(1987), Earth-weeks and many others, the Panneurhythmy has been interpreted as a planetary action which puts emphasis on the third key of interpretation, reinforcing and complementing the previous two. The Master himself spoke on many occasions about the magic power of the Panneurhythmy as a dance capable of influencing Nature, the planet Earth, human civilization and even the destinies of cultures and nations.

The Nine-Day Panneurhythmy School in Northern Ireland was consecrated only to the first part of the Panneurhythmy. I chose the second and partly the third key for its interpretation. The results from the work on the Panneurhythmy booklet with Mary-Susann were very inspiring and uplifting. The Panneurhythmy became a dance-spiritual journey, dance-meditation and dance-transfiguration of the environment and society.

The Nine-Day Panneurhythmy School in Northern Ireland

The Nine-Day Panneurhythmy School in Northern Ireland was held close to Coleraine in the house of Clive Culbertson. We gathered about eighteen people. Interestingly, half of the participants were from Northern Ireland, the other half from the Republic of Ireland. There were two guests from England as well. Clive was a very hospitable host of the School and provided perfect conditions for the learning process. We had our activities in a big comfortable hall, danced the Panneurhythmy in the courtyard and in the fields around.

The format of the School was starting at 10.00 o'clock and working until 18.00 o'clock. The booklet, developed with Mary-Susann, helped me to introduce the main aspects of the Teaching of the Master Beinsa Douno, the history of the creation of the Panneurhythmy and to start the process of gradual learning of its movements and their meaning. The nine days provided enough time not only to learn this first part of the Panneurhythmy, but to perfect each one of the movements and to go deep into their meaning. I also paid special attention to the energies which each one of the movements activates. Thus for us the Panneurhythmy developed as a 'New Type of Yoga' for the epoch of Aquarius. This was a very interesting, creative moment in teaching the Panneurhythmy and deserves explanation.

When performed properly, the Panneurhythmy awakens at least four circles of living energy: within the human being, between the two people in the pairs, around the entire circle of participants, and

between the Paneurhythmy circle on the Earth and in the higher spiritual worlds in Heaven.

The first living circle of energy is activated within the human being. This brings about the opening of the chakras, all of them or some, completely or partially. The Kundalini energy starts to flow within the human body and this is the first living 'Paneurhythmy circle'.

The second circle of energy activates a new dimension in the life of the human being - **the other**, the representative of the opposite sex, the partner, the friend. During the dance, an exchange of energy takes place between the partners which affects the whole structure of the human being - his or her physical, etheric, astral and mental bodies, as well as the higher bodies — causal, buddhic and atmic. The purpose of dancing the Paneurhythmy in pairs is to share feelings, thoughts, subtle psycho-physical sensations and spiritual experiences. Thus, we enter into a qualitatively new process - forming the **dyad**.

The third living stream of energy is activated around the whole circle of participants dancing the Paneurhythmy. It creates a powerful collective spiritual space where the ideas of the new solar culture and the unity of all humankind grow and blossom. This circle of energy combines and reinforces tremendously the radiation of each one of the participants. It acts as a great 'nuclear accelerator' where the vibrations of everyone are increased many times. At the same time, each participant contributes individually to the creation of the spiritual space. His or her spiritual emanation is unique and tangible, and adds a beautiful scent to the overall fragrance of the spiritual group. The third circle of energy has such a great power because it expresses the very essence of the Paneurhythmy - openness, inclusivity and cooperation. The simplicity of the movements allows everyone to participate in the Paneurhythmy after a short preliminary preparation. When entering into the circle, each person immediately feels the welcome of the group, the warmth and friendship of the collective spirit.

If the first and second circles of energy are connected with the micro-cosmic level of the human being (the process of self-realisation of the human monad and the formation of a balanced dyad), the third circle of energy (the 'third dimension') works on a collective socio-cultural level. It affects human culture and humankind as a whole. The fourth circle of living energy - between the Paneurhythmy circle on Earth and in the higher spiritual worlds in Heaven - opens a new, 'fourth dimension' and activates the

macrocosmic level of Being which embraces all planes of Creation: *The circle of the Panneurhythmy is a symbol of the great universal wheel through which flows the energy of cosmic life.* (The Master Beinsa Douno)

As a whole, the four circles of living energy cover the entire structure of human life from the **micro-cosmic level** of existence of the individual human being and his or her relationship with a partner of the opposite sex, through the socio-cultural, **meso-cosmic level** comprised of the spiritual community in particular, and humankind in general, to the **macro-cosmic level** of Being including all planes of the Universe where humankind has a divinely predetermined role as a mediator between the worlds. Each circle constitutes a different dimension in human life and activates the particular energies necessary for building up the whole structure of the human being. Thus, we have a four-dimensional living spiritual space where the human being develops as a cosmic-spiritual person and a micro-model of the Universe.

All the circles of living energy are closely interconnected, mutually interpenetrating and overflowing, forming a beautiful and organic wholeness. The connections, the harmony and the rhythm between the four living circles are amazing to contemplate. The Panneurhythmy represents a wonderfully balanced stream of polyphonic harmony between the circles of energies where each one, in absolute unity with the others, has its own line of unfoldment with its culmination. They all start to flow simultaneously at the beginning of the Panneurhythmy, accumulating energy and power for unfolding. Then, the first circle of living energy culminates with the movements of *Aum* (15) and *The Rising Sun* (16). These are the last movements of the second series and are connected with the opening of the chakras in the human being. The second living circle of energy culminates in *Acquaintance* (22) - the mystery of the New Adam and the New Eve. 'Acquaintance' is the first movement of the fourth series and it comes after the third series which has prepared the space for the New Earth and the New Heaven. Almost all movements after 'Acquaintance' to the end of the first part of the Panneurhythmy include exercises where the couples hold hands and move together.

The third living circle accumulates power and energy during the whole first part of the Panneurhythmy and then culminates in the second part - Sunbeams - a symbolic poetic image of the life of humankind in Paradise. Finally, after realising the great exchange of energy between the participants and Nature, the Elements, the

Earth and the Sun, the fourth living circle culminates in the third part of the PANEURHYTHMY, the Pentagram - the apotheosis of the Divine power of humankind, capable of bringing the reality of the Kingdom of God on Earth. Meanwhile, all the circles continue their unfolding at different paces and altogether form a subtle counterpoint of great harmony and beauty. As a result, the PANEURHYTHMY becomes a dynamic micro-model of the harmony of life in the whole Universe.

In Coleraine the friends were very happy with the Nine-Day PANEURHYTHMY School. Some of them even shared that this was one of the best times in their lives. No wonder because for nine days we danced PANEURHYTHMY outdoors, in Nature, linked on a soul level and established wonderful relationships.

On the last day we decided to dance PANEURHYTHMY on a special picturesque hill, known from history as the place where the kings kept their hostages. At this time there were two hostages in Lebanon – one from Northern Ireland, the other from England. I received an impulse to consecrate our last PANEURHYTHMY to the liberation of the hostages. We started at 12.00 o'clock exactly, saying a few prayers and then performed the PANEURHYTHMY. Afterwards we embraced each other and finished our Nine-Day PANEURHYTHMY School. To our great amazement, the next day, August 24, the hostage Brian Keenan from Northern Ireland was released! Unfortunately the other hostage from England was released only after nine months. Definitely, we appreciated the release of Brian Keenan as a little miracle, possibly as an answer to the prayers of thousands, our prayers and the dance of PANEURHYTHMY.

Here it is interesting to mention that the Master Beinsa Douno considered the PANEURHYTHMY as an instrument for peace and raising spiritual vibrations. During the Second World War he saw clairvoyantly that if the PANEURHYTHMY was introduced in the schools, Bulgaria would avoid the coming tragedy of war. Unfortunately the corrupt Government of Bulgaria did not introduce this sacred dance and the consequences were catastrophic.

By coincidence, or maybe not, soon after the Nine-Day PANEURHYTHMY School in Coleraine the peace process in Northern Ireland started and now we are enjoying its results. Of course, the work behind doors started much earlier but the fact that in our PANEURHYTHMY School we were half from Northern Ireland and half from the South and spent the time very harmoniously perhaps

contributed to the launching of the peace process. Another interesting coincidence is that one of the most difficult days in Northern Ireland is July 12 and July 12 is the birthday of the Master Beinsa Douno!

Paneurhythmy Activities in Ireland

The Nine-day Paneurhythmy School in Northern Ireland was the biggest Paneurhythmy event in Ireland. We danced the Paneurhythmy in many other places however (Donegal, Dowth, Glendalough, Tara, Slane and Dublin) and it contributed to the spiritual vibrations of all these places. It is amazing how rich and multifunctional the sacred dance Paneurhythmy can be. For instance, the first Paneurhythmy dance in Ireland (on Grianan Ringfort) revived the old sacred site and 'erected' a beautiful ethereal temple above the ruins of Grianan. We danced the Paneurhythmy in Dowth, Tara (see p. 162) and Slane with a similar function.

The Paneurhythmy in Glendalough, in the meadow around the ruins of St. Mary's church was a very interesting spiritual event. In this exquisite picturesque place we had a one-day workshop. The 'high cosmic rhythms' of Paneurhythmy were in perfect harmony with the powerful, yet soft and magnetic, vibrations of this sacred historical place. On the other hand, the circle of the Paneurhythmy brought the participants together on a soul level and contributed to the feeling of a warm-hearted spiritual community.

The power of the sacred dance Paneurhythmy to bring people together is exceptional indeed. Actually it was created by the Master Beinsa Douno for this purpose as well: the Paneurhythmy is a dance – a spiritual practice for the epoch of Aquarius, reinforcing the community spirit among the people and nations. This community strengthening function of the Paneurhythmy was a very important feature in all my workshops in Ireland – in the Theosophical Society, on Aran Island, in Kiltalown House, in Milltown Institute of Theology and Philosophy, in All Hallows and other venues. For each one of them an interesting article could be written, explaining the contribution of the Paneurhythmy to the spiritual achievements of the participants.

As an extension of this community function of Paneurhythmy I could add the Paneurhythms in Phoenix Park in the summer of 1990. There we had Paneurhythms on a weekly basis, which were anticipated with joy and appreciation. Truly, to gather on a Saturday morning in the big meadow (next to the memorial of the

Pope's visit to Ireland) was like a spiritual mass in the temple of Nature, the Earth and the whole of Creation. It is a pity that we did not continue this tradition in the following years.

The sacred dance *Paneurhythmy* also has a very special educational purpose. With joy and tenderness I remember my few *Paneurhythmy* experiments with the children in the Montessori School. They were from three to five years old and the first ten movements of the *Paneurhythmy* were very new, but very natural to them. These movements are actually the most organic and simple movements of the human body. So, when I started demonstrating the movements, a little girl, about four years old, started practicing the movements on her doll by moving its arms. I and the Montessori teachers were very charmed and impressed by this.

Even from this short presentation of the *Paneurhythmy* activities in Ireland it is clear that this sacred dance could help with personal development, could strengthen communities, could raise the vibrations of the physical space and could augment the spiritual presence in the whole country. In the book *The Second Coming* I started and finished the Chapter about *The Circle Dance *Paneurhythmy* – a Gateway to the Garden of Paradise* with one of the most poetic and inspiring visions from the *Book of Revelation*:

Then I looked, and there was the Lamb standing on Mount Zion; with him were 144,000 people who have his name and his Father's name written on their foreheads. And I heard a voice from heaven that sounded like a roaring waterfall, like a loud peal of thunder. It sounded like the music made by musicians playing their harps. The 144,000 people stood before the throne, the four living creatures, and the elders; they were singing a new song, which only they could learn. (Revelation 14: 1-3)

The song which the 144,000 were singing ('which only they could learn') is the 'initiatic song' for the new epoch of Aquarius. The epoch of Aquarius is the epoch of the Holy Spirit, the great cosmic-spiritual Spring in life when humankind returns back to the Kingdom of God. There is an ancient proverb: '*When Nature renews itself, the birds sing. At the beginning of every Divine culture human beings sing. When the world is re-created, the angels sing*'. Hence, the 144,000 fully enlightened human beings around Christ, and all the angels in Heaven, sing the song of the great renewal of the world and the dawning of the new epoch in the history of humankind.

The *Paneurhythmy* – the circle dance created by the great Bulgarian spiritual Master Beinsa Douno - is like an earthly reflection of the

new song sung by the 144,000 initiates in Heaven. It is a gateway to the reality of the Kingdom of God, which is woven by heavenly music, spiritual colour rays of light and sacred words. The Panneurhythmy reflects the 'dance' and the cosmic-spiritual rhythm of life in all planes of the Universe; it is an earthly reflection of the harmony and music of the celestial spheres. By dancing the Panneurhythmy we link with the living energies of Nature, the Sun and the Earth, and with the higher spiritual worlds. Thus, we transform ourselves, the spiritual community and the whole physical environment. As a result, the Panneurhythmy becomes a heavenly dance on sacred Earth and it is like the new song for the epoch of Aquarius.

The Panneurhythmy has enormous potential to become a blossoming *Tree of Life* in all three worlds of Creation. In Chapter Three, Part One (p. 58), I described one amazing day, July 15, 2002, of our International Summer Assembly, when we experienced the Universe through the sacred dance Panneurhythmy as a blossoming *Tree of Life*. Then through the Panneurhythmy we entered into the higher spiritual worlds, experiencing aspects of the first resurrection (the blossoming of the human soul), the second resurrection (the awakening of the higher Divine Self) and finally, on that last day, we experienced the mystery of the Panneurhythmy as a Divine Action in all three worlds of Creation – the physical, the celestial and the highest Divine World. I am sure that here in Ireland we could have similar enlightening days on a personal, national and planetary level.

Chapter Six

The Nine-Fold Path of the Divine Rainbow

An Illumination about the Path

In the summer of 1989, with the help of Mary-Susann, I started the book *The Second Coming*. That autumn, in the Initiatic Cycle *The Blessings of Christ-Maitreya* I received many new ideas about the Divine impulse for the re-creation of the world. In the summer of 1990, again with the help of Mary-Susann, I developed the booklet about the Pneurhythmy. After the Nine-Day Pneurhythmy School in Northern Ireland, in the autumn of 1990, I intensified my work on the book *The Second Coming*.

As usual, I was working in the mornings and in the afternoons in various cafes, receiving metaphysical and mystical ideas about the spiritual essence of our time, the event of the Second Coming and the reality of the New Heaven and the New Earth. Over the years I received many insights about these themes but the main question was how to enter into the New Reality.

One day, in the first half of December 1990, as I was working in the morning in Bewley's Cafe on Westmoreland Street, I unexpectedly received an illumination about the Path to the reality of the New Heaven and the New Earth and how to bring this celestial reality down on Earth. This illumination was with the same potential as the illumination about the Mandala of the Heavenly Jerusalem which I received in Sofia in 1982.

This time a staggering metaphysical Divine Rainbow appeared before my inner eyes, linking all the worlds of Creation and 'carrying' us to the New Reality. This Divine Rainbow stretched through the whole vertical structure of the Universe (consisting of the material, angelic and the highest Divine Worlds), merged with the One Who sits on the Throne and 'went' into the New Reality. If we imagine humankind ascending to Heaven, to a new higher state of consciousness and at the same time acting on Earth with the task of transforming it into a Paradise, then we can say that the path of humankind is like a magnificent Divine Rainbow, Earth-Heaven-New Earth; rising from the earthly consciousness to Heaven and descending back to the New Earth.

This Divine Rainbow, which I saw, reminded me of another very inspiring rainbow image which represents the Covenant that God made with Noah:

When the rainbow appears in the clouds, I will see it and remember the everlasting covenant between me and all living beings on earth. That is the sign of the promise which I am making to all living beings. (Genesis 9: 16-17)

The rainbow that appeared before Noah, arcing from the Earth to the sky and back to earth, was a symbol of Divine protection and care for humankind and all kingdoms of life on earth. The new Divine Rainbow appeared as a mythological image, a symbol of the greatest metaphysical event in human history: the return of humanity back to the Kingdom of God and the establishment of this Divine reality down on earth, which will affect all living beings and the planet as well. This Path was for humankind as a whole who, acting as an integrated entity, could transform not only itself but the Earth as well. Thus, we have the opening of new Divine mysteries, synthesising the results of human evolution and permeating all levels of life.

During this happy morning I realised that the Path of the Divine Rainbow was not only an inspiring poetic image but a well articulated and precise spiritual Path to bring humanity back to Heaven and to transform the Earth into a Paradise. I saw the Path of the Divine Rainbow as a great arc consisting of nine segments. Together these segments included the whole spiritual journey of humankind up to the heavenly worlds and back to the New Earth. Each one of them was a big Step on the Path of the Divine Rainbow and covered a very large field of spiritual work under the blessing and guidance of the Divine Masters and the Personifications of the Divine Feminine.

The logic of the Steps followed the three-fold structure of the Universe and the spiritual journey of human beings up to the Heavens and back to the New Earth. Below I will describe the main idea of the illumination which I received.

Of course, in order to embark on the Path we have first to build the Right Understanding about the whole mystery of the re-creation of the world and the New Coming of the Divine Masters and to prepare ourselves for the great journey. The Second Step is the ascent to the second world of the three-fold structure - to the celestial realms of the Garden of Paradise. The Third Step, the Sacred Mountain, leads to the highest Divine world (the third world of the three-fold



structure of the Universe) allowing us to experience the mystery of Creation and to embrace the whole vertical structure of the Universe. From this highest point we can contemplate all the 'rooms in the Father's house' - that is the Universe perceived from different aspects, or in other words, we can contemplate the variety of spiritual worlds revealed by the different religions thus entering into the Heavenly Jerusalem through the various gates (the Fourth Step, the Holy City). Above the highest Divine world is only the Throne of God which is manifested by the Holy Trinity. The Fifth and the Sixth Steps are consecrated to The Gospel of Christ-Maitreya and to The Gospel of the Divine Mother respectively. These two Steps correspond to the climax of the Divine Rainbow. Illuminated by Divine consciousness, we have then to descend back to the Earth (in our daily life) and transform it into a Paradise. The Seventh Step of the Rainbow Path is The Transfiguration of the Earth (i.e. the healing, purification and illumination of the Earth), while the eighth Step is The Transformation of the Earthly Culture into a Heavenly Culture. Finally, when we establish our new celestial style of life on Earth which 'bears fruit twelve times a year' (Revelation 22: 2), we reach the end of the Divine Rainbow, touching down upon the New Earth which will have been transformed into a Paradise. And, in accord with the myth that at the end of every rainbow there is a pot of gold, at the end of the Divine Rainbow Path we will find, or more precisely speaking establish, the New Golden Age.

For me the Path of the Divine Rainbow, which I saw, represented the New Covenant which God makes with humanity now and, through humanity, with the whole Earth. The Rainbow which God places in the etheric sky as a sign of this New Covenant with humankind is the great Rainbow of the creative Colour Rays of Light which emanates from the very Throne of God. In their visions, the great Old Testament Prophet Ezekiel and the beloved disciple of Jesus Christ, St. John, describe this living Rainbow emanating from the Throne of God:

Above the dome there was something that looked like a throne made of sapphire, and sitting on the throne was a figure that looked like a man. The figure seemed to be shining like bronze in the middle of a fire. It shone all over with a bright light that had in it all the colours of the rainbow. This was the dazzling light that shows the presence of the Lord. (Ezekiel 1: 26-28)

There in heaven was a throne with someone sitting on it. His face gleamed like such precious stones as jasper and carnelian, and all round the throne there was a rainbow the colour of an emerald. (Revelation 4: 2-3)

The Rainbow in these visions is a symbol given for the revelation of the living Colour Rays of Light which are the essence of the whole Universe: the whole of Creation is an ocean of Light, and the Colour Rays of the Rainbow, in their endless configurations of colours and intensity of vibration, generate the various spiritual worlds. In his initiatic book, *The Testament of the Colour Rays of Light*, the Master Beinsa Douno explained the mystery of the 'seven lighted torches burning in front of the throne which are the seven spirits of God' (Revelation 4: 5). They are the Seven Colour Rays of the Divine Spirit which manifest the ultimate essence of God as Divine Life, Love, Wisdom and Truth and give birth to the spiritual worlds.

So, for me the Divine Rainbow of the New Covenant referred not only to the magnificent Rainbow arc appearing in the sky as a sign of God's promise that the Earth would never again undergo such a flood, but is in fact much more: a column of living Rainbow Light stretching through the whole vertical structure of Creation and constituting its very existence. This Divine Rainbow of the new Covenant which radiates from the Throne of God is a revelation about the mystery of the Universe and a blessing from the Living God for eternal Life, Divine Love, endless Wisdom and ultimate Truth. The creative Divine Rainbow constitutes the whole of Creation as a magnificent Divine Temple and forms a dome of light within it. This Divine Rainbow which builds the whole Universe now

appears as the spiritual Rainbow of the New Covenant of God with humankind.

Furthermore, the Divine Rainbow of the New Covenant, that is the metaphysical Rainbow of the living Light which contains the secrets of the whole vertical structure of the Universe, traces our path of ascension up to the Throne of God and down to the reality of the New Heaven and the New Earth. In almost every spiritual tradition we can find myths and legends which depict the arc of the physical rainbow as a dream-path for ascent to Heaven. The emerging of the Divine Rainbow of the New Covenant will transform these legends and myths into a reality. This Rainbow traces the Nine-Fold Rainbow Path and leads us to the highest Divine world. We can compare this Rainbow with a gigantic cosmic-spiritual ladder which marks the steps of humankind's ascent to the Kingdom of God. Each one of these steps is an enormously vast domain for spiritual work leading to transformation, illumination and transfiguration. In other words, the Divine Rainbow of the New Covenant is both the Path itself and the living Light on the Path. This is why the Rainbow of the New Covenant is, on the one hand, a very inspiring, exciting and delightful image, but, on the other hand, an actual, constructive and creative Path full of endless spiritual potential.

The Rainbow of the New Covenant confirms the presence of God in the life of humankind. The living Colour Rays of the Divine Rainbow are the very substance of the reality of the New Heaven and the New Earth. This reality in essence is woven by the myriads of configurations of the Colour Rays. Thus, the Rainbow of the New Covenant is the fulfilment of the cherished dreams of all Masters, Saints and Prophets who anticipated the time when the Lord God Almighty Himself would live with His people forever.

The beautiful Divine Rainbow image depicts our ascent through the whole vertical structure of the Universe up to the Throne of God and our descent back to the reality of the New Heaven and the New Earth. Of course, we will trace the Path of the Divine Rainbow more than once. In the future, our entire life will be a journey from Rainbow to Rainbow: the arc of each subsequent Rainbow will reach an 'octave' higher than the previous one, penetrating further into the vertical structure of the Universe and each return will bring more profound transformation on Earth. This Path of the Divine Rainbow that God now bestows on us represents the New Covenant which He makes with humanity and, through humanity, with the whole Earth.

The illumination in Bewley's Cafe was a very important step towards completing the conception of the book *The Second Coming*. I even remember well the cafe table where I received this illumination. It happened also that at this same table I shared my vision of the Rainbow Path with Mary-Susann. Of course, she was very happy and appreciated it greatly. At some stage I had the impulse to mention my vision to the Board of Bewley's Cafe – I considered that this was a good spiritual happening in their premises for which I wanted to give them credit. Unfortunately I missed the opportunity then and now this Bewley's Cafe on Westmoreland Street is closed. Nevertheless the Company which owns Bewley's Cafes still exists and I am happy with the good service and the comfort which they provided, and continue to provide, to their customers.

The Nine-Fold Rainbow Path

After the initial illumination of the Path of the Divine Rainbow I meditated intensively on this vision and it developed in much greater detail. In fact the Nine-Fold Path of the Divine Rainbow became the biggest section, Part Two (about 140 pages), of the book *The Second Coming*. Here perhaps it is reasonable to quote the Introduction to Part Two, which sheds some light on the Rainbow Path and its great potential.

'In one or another way every world religion leads its followers on the path of ascension to the reality of the Kingdom of God. Each one gives beautiful descriptions of the higher worlds and precise methods and spiritual practices for achieving its Divine goals. Moreover, the religions, especially in our epoch, are open, appreciative and tolerant to all other spiritual traditions. They acknowledge that in essence the Absolute Truth is one and that all paths lead to this ultimate Divine Truth.'

The Nine-Fold Rainbow Path of Christ-Maitreya, however, emphasises the **diversity in unity** and pursues the initiations of all world religions as one of its main aims. It places special emphasis on the harmony between the process of **ascending** to the Kingdom of God and the process of **descending** to bring this celestial reality down on Earth. At the climax of the Rainbow Path is the **Divine union** between the universal masculine principle personified by Christ-Maitreya and the universal feminine principle manifested by the Divine Mother, which places the balance between these two universal principles at the foundation of the spiritual work.

Initially, we could start the Path from any spiritual tradition but as the journey goes on, especially after the third Step, we have to embrace all other paths as an organic part of our continuing spiritual ascent. The cherished aim of the integration of all spiritual traditions gives a special fragrance to the Nine-Fold Rainbow Path and opens new dimensions of mystical experience. The ultimate goal of the Rainbow Path, however, is to merge with the Living God, who through Christ-Maitreya re-creates the whole world.

The *Book of Revelation* plays a very important constructive role in the presentation of the Nine-Fold Rainbow Path. In almost every chapter there are relevant quotations with interpretations and comments. This is not by chance because on the one hand the conception of the Second Coming was initiated by The *Book of Revelation* (see Foreword) and on the other hand The *Book of Revelation* describes the spiritual history of humankind, the reality of the New Heaven and the New Earth, and the mystery of the Second Coming in very profound mystical visions, symbols and archetypal ideas. Substantial material from each of the main world religions is included in the present book as well. The Path of the Divine Rainbow aims to create mutual understanding and organic integration of all spiritual traditions, and for this purpose the chapters in this section contain many extended quotations from various traditions in order to give clear evidence about their primordial unity and common purposes.

The Nine Steps of the Rainbow Path are presented in the nine chapters of this second part of the book. These chapters outline the general **conception** of the Rainbow Path by explaining the essence of each one of the Steps. This is achieved by introducing some main archetypes, categorical constructions, key-polarities and theoretical models which structure each Step as a domain for future spiritual work. Based on this structuring we formulate the main spiritual goals and tasks related to the Steps.

As to the **method** - how to achieve the goals of each one of the Steps - it is an important question which requires presentation in a special book. In this section however, it is appropriate to give some guidelines. For this purpose, at the end of each chapter, we will introduce the format of the spiritual work and the methods which will enable us to achieve the goals of the Step.

The whole journey on the Nine-Fold Rainbow Path can be compared with a climbing expedition to the Himalayas. The three-fold vertical structure of the Universe with its supramundane worlds and shining summits of initiation (that is, the states of consciousness reaching the highest Divine world symbolised by the Sacred Mountain) represents the **spiritual Himalayas**. We have to cross these spiritual Himalayas - i.e. to ascend through the whole vertical structure of the Universe to the top of the Sacred Mountain - in order to reach 'the other side' and to enter into the reality of the New Heaven and the New Earth. So, in a similar way as the climbers carefully prepare themselves for the forthcoming expedition, embark on the journey itself, build many camps before reaching the summit and after the conquest come back full of amazing experiences, the participants in the spiritual journey on the Nine-Fold Rainbow Path have to prepare themselves thoroughly, make their Exodus from the restricted earthly consciousness, start the spiritual climbing Step by Step on the Path and after reaching the climax of the Divine Rainbow enter into the New Reality.

One of the most appropriate and adequate formats for work on the Nine-Fold Rainbow Path is the pattern of a one-year spiritual school consecrated to every Step. We could present the ideas of the Rainbow Path in a great variety of forms ranging from single lectures and one or two day seminars, through a variety of initiatic cycles (from three days up to a month) and summer camps, up to one-year (or even longer) spiritual schools. The format of the one-year spiritual school on every Step provides a good basis to introduce the metaphysical content of the Step and to develop the skills which will enable us to achieve its goals. Here it is appropriate to outline the pattern of the one-year spiritual school in a general way and after each Step concretise this pattern in accordance with the essence of the Step.

Each spiritual school begins in the autumn and finishes the following summer. According to an ancient spiritual tradition, the autumn is a very appropriate time for 'going inside' and for spiritual learning (in harmony with the inward seasonal flow of the energy in Nature). So, at the Autumn Equinox (22nd September) or soon after this major Sun festival, the spiritual school can be inaugurated and the participants could start

their regular gatherings on a weekly, monthly and seasonal basis.

The weekly gatherings may consist of two meetings, of about two hours each, one of them consecrated to the **theoretical** aspects of the Step, and the other to the **practical** aspects. The meetings consecrated to the theoretical aspects include lectures, presentations, sharings, discussions, etc. They aim at introducing the spiritual essence of the Step and its place in the wholeness of the Rainbow Path. An important part of the theoretical work is to become familiar with the cosmological structures described in this book and the content of the main quoted books such as Autobiography of a Yogi (Yogananda), Foundations of Tibetan Mysticism (Lama A. Govinda), Inner Secrets of the Path (S. Amuli), The Apocalypse (Interpretation by Rudolf Steiner), The Universal Meaning of the Kabbalah (Leo Schaya) and others. The cosmological structures presented in these books lay the foundation for the Nine-Fold Rainbow Path and give it spiritual substance. At a more advanced stage of their theoretical work, the participants in the school will be encouraged to undertake some individual spiritual projects in order to unfold their own creative potential.

The second of the weekly meetings concentrates on the practical aspects of the Step. The participants in the spiritual school have to develop an appropriate style of life and qualities which will enable them to ascend to the higher levels of Being.

The practical work includes talks, sharings and discussions about almost all aspects of human life - from our daily routines right up to the strategic questions for the journey on the Nine-Fold Rainbow Path. One of the most important tasks in the practical work is to develop the ability to meditate. For this purpose, these gatherings will include different types of meditation, spiritual ceremonies and rituals, sacred dance, channelling from the higher worlds, communions with the Holy Spirit and the Divine Masters.

The gatherings on a monthly basis include workshops, seminars, excursions and pilgrimages to sacred places. These activities will help us to deepen the theoretical and practical aspects of the work, to establish a harmonious relationship with Nature, and to feel the energy of the Earth and the spiritual presence in sacred places. The extended weekend gatherings will reinforce the experience of the spiritual work as a **journey** on the Path.

The celebration of Christmas, Easter, the Sun and Moon festivals such as Spring and Autumn Equinox, Summer Solstice, the Full Moon in May (Wesak festival) and others, is an organic part of the work in the school. They could become very important events in the spiritual school, integrating the results of the activities from the previous weeks and months. So, the programme of the school has to be arranged in accordance with the seasons in Nature and the established structure of the spiritual calendar.

The summer gathering, which can take different forms of extended communal life, is the culmination of the annual work in the school. The opportunity to live together, to meet the Sunrise, to dance, to meditate, to discuss, to have many informal meetings and cultural activities could make the summer camp one of the most joyful and unforgettable events in our life. On the one hand, the summer gathering is the conclusion of the spiritual school and results in initiation and achievement of the goals of the Step. On the other hand, it prepares us and sows the seeds for the spiritual school on the next Step which will be inaugurated in the autumn. Thus, the summer gathering becomes the biggest event in the annual work and serves as a bridge from school to school on the Nine-Fold Rainbow Path.

The described framework of the one-year spiritual school consisting of weekly, monthly and seasonal gatherings will have a different content for each one of the Steps. Obviously, the actual schools will take shape in accordance with the spiritual essence of the Step, the participants, the specified spiritual purposes and many other factors. One could imagine the great possibilities for spiritual schools-journeys on the Nine-Fold Rainbow Path.

Moreover, the Steps on the Path are not crystallised and encapsulated within themselves. In fact, each Step projects itself onto all others and all others are projected onto it. This holistic principle opens endless possibilities for mutual projections and for the unfolding of each Step through the prism of the whole Rainbow Path. As a result, we could go deeper and deeper into the essence of every Step experiencing through it the richness of all others. On this important holistic principle the whole Nine-Fold Rainbow Path is built and this principle directs the spiritual activities in each one of the schools. From this perspective, the schools on each Step are

open for everyone who is interested, but, of course, the participants will receive in accordance with their level of spiritual development and commitment.

Finally, it is important to emphasise that the Nine-Fold Rainbow Path is not only a blessing for forgiveness of sins and a preparation for Good News from Heaven. It is the Good News itself! It invites us to meet the Second Coming, to return to the Kingdom of God and to work for the establishment of this celestial reality down on Earth.'

Announcing the Rainbow Path

I received my illumination of the Rainbow Path at the beginning of December 1990. Thankfully I was invited by my friends Marie and Jim to give the World Peace Day Talk on the December 31, 1990 in the Carmelite Church, Whitefriar Street, Dublin (p. 197). I wanted to share the good news about the Rainbow Path with the Irish people. So, I decided to use the opportunity and gave a talk called *The Path of the Divine Rainbow*. In it I also shared my visions in Glendalough, Tara and my dream with the Blessed Virgin Mary.

In the World Peace Day Talk I expressed my firm conviction that Ireland has a very important role to play in the establishment of the Kingdom of God on Earth. The beauty and purity of Ireland as a land, the mystical depths of the Irish spiritual history and culture, the great devotion and warm-heartedness of the Irish people – all these features could make Ireland an ideal model for the fulfilment of this Divine Task.

I summarised my spiritual experiences and visions as an invitation from God and Christ to all of us to ascend into higher states of consciousness. Then, with this living Christ-consciousness, we could establish the reality of the Kingdom of God down on Earth. Figuratively speaking, these visions trace a magnificent Divine Rainbow Path – going up to Heaven and then coming back to the Earth with the task to transform it into a paradise. There is a beautiful legend that at the end of every rainbow we can find a crock of gold. At the end of the Divine Rainbow – that is, of our ascension to heavenly states of consciousness and our return with this consciousness to our daily life on Earth – we will open the New Golden Age. The Rainbow Path is the only alternative for humankind for survival. Everything else will lead towards war, destruction, violence, ignorance and abuses of all kinds.

So, after many visions and spiritual experiences here in Ireland and in direct connection with the Irish people and the Irish history, I am firmly convinced that Ireland has a very important spiritual task: to follow the Path of the Divine Rainbow, the Path which leads back to the Kingdom of God and which enables us to bring this heavenly reality down on Earth. Two thousand years ago the three Wise Men from the East saw the Star of Christ and, full of joy and wonder, went to Bethlehem to announce the good news and to praise the new-born Saviour. Now, the Irish people, like these wise men, can acknowledge the Divine Rainbow Path of humanity's return to the Kingdom of God and can start its journey decisively on this Path. Such a heavenly task requires full spiritual mobilisation: prayer, devotion and commitment to the Christ-impulse, expressing all the Divine virtues sown in the human soul, opening the new epoch of the Golden Age in which everyone will realise his or her Divine potential and become co-creators with God.

Of course, similar Divine Rainbows have to arise from every country in the world, from every religion and spiritual path, but all of them will converge at their apex, which is at the foot of the Throne of God, because the Truth about God – the Absolute Origin of Being – is one, and remains the same forever. Now, in this moment, let us visualise a beautiful image: magnificent Divine Rainbows arising from all countries and all peoples of the Earth, forming a great dome of light above our Planet. In this Divine Temple humankind walks the Path of Ascension to the Kingdom of God where there are no more wars, but eternal peace; no more destruction, but Divine creativity; no more arrogance and violence, but love, compassion and helpfulness; no more abuses of any kind, but the expression of all human virtues, flowing from the sacred heart of humanity – God's People on Earth. This irreversible process of the redemption of humankind as a whole has to begin, and the Irish people could ignite this holy process.

The audience in the church comprised of more than a thousand people. I felt a very strong connection with them on a soul level. They also appreciated my talk and altogether we sent the message of Peace and Love to the world. Thus the purpose of the World Peace Day was fulfilled.

Introducing the Path of the Divine Rainbow

In March-April of 1991 I had three public lectures in the Mount Herbert Hotel, consecrated to the Nine-Fold Path of the Divine Rainbow. Actually, only one lecture was announced, but because the audience showed great interest, we organised two more lectures. At the first lecture, in the interval, Marie exclaimed: *Leon, the people are following you!* Then we organised two more lectures.

In May 1991, with the English language help from Mary Susann, I wrote the *Open Letter 1991*, where I described the essence of The Nine-Fold Rainbow Path. We sent the *Open Letter 1991* to many friends and organisations. The response was good and the Institute of Planetary Synthesis included the *Open Letter 1991* in its annual bulletin.

At the end of May, with Marie, Mary-Susann and Joan, we had a wonderful trip to the West of Ireland. Then I had a workshop on the Aran Islands and after this we travelled along the west coast to Sligo, to an old monastic site in Donegal and then back to Dublin. This trip was like a farewell to my great American friend and helper Mary-Susann, who returned to the USA afterwards.

In July 1991 I gave a two-day workshop in the Milltown Institute of Theology and Philosophy. The programme included lectures and discussions about the Nine-fold Rainbow Path, and, of course, the sacred dance Panneurhythmy and Mandala meditation. Thus the Rainbow Path took its place in my spiritual activities in Ireland.

In September I was invited to give a four-day workshop in the Schweibenalp Community in Switzerland. For the celebration of the New Year, 1992, I was again invited to the Schweibenalp Community in Switzerland.

From October 16 until November 13, I went to London where I had five public lectures in the centre *The Grain of Wheat* consecrated to The Nine-Fold Rainbow Path.

Meanwhile, in December 1991, I shared some of the mystical aspects of my spiritual journey with my closest friends in Ireland. The intensive unfolding of the Mission in Ireland encouraged me to reveal more about my personal development in Bulgaria in order to link the two stages of my journey – in Bulgaria and in Ireland. From December 17, 1991 until May 1, 1992, I held eleven gatherings which, of course, were consecrated not only to my mystical journey, but nevertheless my journey was one of the main themes. I

considered these mystical sharings to be a preparation for the next stage in unfolding the Mission.

My mystical sharings gave living examples of the journey on the Steps of the Rainbow Path. The process of building my Etheric, Astral, Causal, Buddhic and Atmic bodies was the fulfilment of the spiritual goals of Steps One, Two, Three, Four and Five and Six of the Nine-Fold Rainbow Path! In the eleven spiritual meetings I shared many details about the building of my spiritual bodies. Actually in these gatherings, I discussed the main aspects of my spiritual journey in Bulgaria, described in *Part One, Developing the Spiritual Bodies*. The meetings were very vivid, full of interesting questions, answers, discussions, and mutual sharing.

Of course, the process of writing down the insights and ideas about the Nine-fold Rainbow Path continued and when the book *The Second Coming* was published it became the biggest section, *Part Two*, of the book.

Chapter Seven

The New Stage of the Mission

Turbulent Time

Perhaps after the deep transpersonal, metaphysical and mystical sharings with my close friends, the Invisible World decided to test me. I entered in turbulent times, undergoing the challenges of the four nature elements – earth, water, air and fire. Of course these challenges were symbolic but the result was a complete change of my situation in Ireland.

In the summer of 1992 I went to the Schweibenalp Community in Switzerland for a month. I became good friends with the core group of the Schweibenalp Community and entered happily into their community life. The first of my tests was with the element earth. With two friends from Schweibenalp we decided to climb the closest Alpine summit to the community premises. The walk to the summit takes about five hours. Enthusiastically we reached the foot of the summit and climbed to the top. The day was beautiful, the sun was shining and we even had company – a little Himalayan dog. From the top of the summit the panorama was magnificent.

For diversity we decided to descend from the summit directly to the valley, without any traced path. The beginning was easy enough but after some time we got into trouble. At some stage we had to stop because we were not able to either descend or return back. At the same time the mountain was steep and we would have not been able to stay in one place for long. We started investigating a few possibilities for our further descent but they were not very promising. The thought of spending hours, even the night on this cliff was not very comforting. Nevertheless we kept our concentration and positive thinking.

Finally, after much investigation, we found our way to the valley little by little. On this path the owner of the Himalayan dog had to bring it in his arms because the dog was small and was struggling with the terrain. We returned to the community quite late and some friends had already begun to worry slightly. Of course we were met with joy and relief. Getting stuck on the rocks in the mountains, however, caused a few existential thoughts and feelings, which happen when the person is in danger and before the unknown. Thankfully this ‘test with the element earth’ was passed successfully and without any consequences!

When I returned to Dublin, to the Montessori premises, I had to pass the ‘test with the element water’. I was peacefully having my bath in the bathroom when the tap broke and the water burst out all over the place. I tried to fix the tap, but it was not possible. Obviously the water had to be stopped and then the tap could be fixed. Unfortunately it was early afternoon and there was nobody around. In order to prevent flooding I had to keep my hand on the bursting water. This uncomfortable situation took quite some time – perhaps forty-five minutes, or one hour. Finally somebody came and found a repair person who stopped the water and fixed the tap. Never in my life had I experienced such an incident and probably it was some kind of a test.

The ‘test with the element air’ was a funny one. I was resting in the green at Trinity College. There was a very strong wind. At some stage the wind blew away my Swiss *béret*, and it landed in a puddle of water close by. Of course the beret got wet and deformed, which was not the best thing for me. The funny story however was that this puddle was a few metres away and the only one around me. My feeling was that some ‘invisible forces’ were playing with me. Fortunately I was able to smile at my *malchance*.

Unfortunately, the ‘test with the element fire’ was the most serious of all. In September, in the middle of the night, I heard an alarmed voice shouting: *Leon, get out immediately! The Hostel is on fire!* Of course I got up, took my passport, a few documents, a little sum of money and left the building. In front of the Montessori premises there were five or six Fire Brigades, a Garda car, a few Ambulances and a lot of people – the residents of the hostel. Such a picture I had never seen before. We stayed for about an hour in front of Montessori worrying what would happen next. There was a hotel close to the Montessori building which kindly invited us to spend the rest of the night in its reception area.

In the morning people from the Montessori staff called us from the hotel and explained the situation. The fire was at the top of the building and it did a lot of damage. Some people were asked to move from their rooms in the hostel. My room was not affected by the fire but it was obvious that things would never be the same again. After a few days the Director of the Montessori Education Centre apologised sincerely and said that they were closing the hostel in order to do a big renovation of the whole building. Because my room was not affected by the fire and the renovation was not due immediately, I was given two more months to stay in the hostel before finding another place to live.

I understood the situation completely and was deeply grateful for the years which I spent at the Montessori premises. In fact I was allowed to stay there for more than three and a half years without any payment. My general principle in life was not to ask anything from the people but to give my gratitude for everything which they did. Truly the organisers of the Montessori Education Centre played a very important role in my stay in Ireland and I will always feel deep gratitude to them. Nevertheless I had to find another place to stay.

Meanwhile I continued my work on the book *The Second Coming* as before. As usual in these times, in the afternoons I worked in Galligan's Cafe on Westmoreland Street. The workers in the Cafe knew me very well and I also became friendly with some of the regular visitors. Gradually we even formed a little improvised group discussing all kind of subjects – from daily life problems to living spirituality and metaphysics.

One friend from this group was Alex from Nicaragua. He was a cheerful and charismatic person and I enjoyed our conversations. One day he mentioned to me that he had started a Yoga courses and if I was interested he could introduce me to the Yoga teacher. Of course, I was interested and he invited the Yoga teacher to come to one of our afternoon gatherings.

The Yoga teacher was called Bernadette and we established spiritual contact. For a while she joined our afternoon gatherings but because the time for me to leave Montessori was approaching I asked her: *Bernadette, if you have space in your home, could I store some documents and materials in it.* She agreed and when we continued our conversation I explained to her the whole situation. Fortunately she had a spare room in her home and said if the landlord agreed, she would allow me to have the room. Thankfully the landlord agreed and most importantly Bernadette agreed and on the November 13, 1992 I moved to her house. With my move to Bernadette's house a new stage in the development of my spiritual activities in Ireland began. I was and I am still very thankful and appreciative to Bernadette for her kind offer in one of the most difficult periods of my life in Ireland.

In my move to Bernadette's house I felt the hand of destiny. The fire in the Montessori Centre was the prime cause but strangely enough it was started deliberately with a very silly reason: one of the students living in the hostel did not get ready for his exam and decided to cause a 'little fire' as an excuse; unfortunately a much bigger fire developed. Then by chance I met Alex from Nicaragua,

who by chance had just started Bernadette's Yoga classes, and Bernadette was willing to accommodate me in her house. Too many strange coincidences but again, unknown are the ways of the Lord!

Style of Life in Bernadette's House

With the move to Bernadette's house a new stage in my life started and in the development of the mission. She was a Yoga teacher and we found many things in common: the Yoga tradition, vegetarianism, living spirituality and the search for Truth. In her house I felt welcome and we began to share spiritual ideas and to work together. I appreciated her Yoga classes; she appreciated my manuscript of the book *The Second Coming*. I moved to her house on the November 13, soon after – on the 9th of December we attended the performance of Handel's Messiah in St. Patrick's Cathedral. Two weeks later I had a very friendly and joyful Christmas celebration in Bernadette's house with her and members of the family. I was very optimistic about the new year – 1993.

Naturally my style of life changed significantly in Bernadette's house. Bernadette provided me with good facilities for writing and I stopped going to cafes to work. She also kindly resolved my food situation – with the appropriate contribution I was allowed to share the meals in her house. Of course, in the first months we discussed many topics of mutual interest – the healthy style of life, the food, the spiritual living and more.

One of the main themes in our discussions was the balance between the spiritual and material values. Now, the main goals of life on Earth are to have family, children, home, food, work, friends and so on. The main goals of the spiritual life are to realise the Divine Wedding between the Soul and the Spirit within; to have spiritual children; to build our life as a Divine Temple which will become our spiritual home; to receive the living bread for eternal life; to establish spiritual friendship with others (let us remember that 'there is a friend closer than a brother'); to receive a spiritual mission. One could imagine what a great rich synthesis we could have as a result of the Divine Wedding between the earthly and the heavenly streams of life. Then, inevitably, the dynamic wholeness of our life (with all its aims, values, impulses, understandings, motivations and tendencies) will change dramatically.

We sometimes coordinated our free time and were able to continue the discussions in open areas. Thus I got familiar with new places

in Dublin and the surrounding areas such as Malahide, Howth, St. Ann's Park, Bray and others.

The work on the manuscript of the book *The Second Coming* was coming to a close. In Bernadette's house I wrote the Conclusion and later on the Bibliography. I gave the title, *The Dawn of the New World Religion*, to the Conclusion. In it I introduced some important features of the emerging New World Religion based upon the conception of the Second Coming and the Nine-Fold Rainbow Path.

Later on Bernadette helped me to form the Bibliography which is an important and organic part of the book *The Second Coming*. It provides the substance of the spiritual structures and introduces the larger context of the Christ-Maitreya spiritual stream. The Bibliography consists of three sections. The first section includes Holy Scriptures and Initiatic Books from various spiritual traditions. They form the essential foundation for any spiritual study and contain the eternal truths of each spiritual path.

The second section of the Bibliography, Sources, lists the books which are used in the development of the conception of the Second Coming and the Nine-Fold Rainbow Path. Most of these books are written by great spiritual Masters and Initiates and contain profound explanations of the spiritual traditions. They provide all the necessary spiritual structures for substantiating the content of the steps on the Divine Rainbow Path. With the help of these books a spiritually advanced reader can grasp the essence of the steps and with some key ideas from *The Second Coming* can go alone towards Christ-Maitreya initiation. The books in the second section are divided into subsections consecrated to the various spiritual traditions.

The third section of the Bibliography, Literature, includes a large and very diverse range of books which, in one way or another, are part of the new cosmic-spiritual stream of the Second Coming. In these books the reader can find inspired messages, original conceptions and new ways of viewing the spiritual reality. They reflect all the richness, creativity and diversity of the dawning Cosmic-spiritual Spring. I included only a small number of them, but in their vast quantities, they are the basis and the hope for the event of the Second Coming. Obviously the bibliographical work is very important for any book, especially for the 'integrative' ones, and the help of Bernadette in this was priceless.

Gradually Bernadette got more and more involved in the process of editing and correcting the book. In summer she finished the courses

which she started at the beginning of the year and consecrated her efforts on preparing the book for publication. It was a great sacrifice and commitment which I appreciated deeply. At the same time we started a new type of weekly friendly gatherings at the National Gallery of Ireland which contributed tremendously to the process of finalising the conception of the book and preparing it for publication.

Gatherings in the National Gallery of Ireland

At some stage in my spiritual activities in Dublin I met the TV presenter, painter and writer Don Conroy. Soon I became very friendly with him and received some very good advice from him: *Leon, you have very good ideas. Why not to write a little booklet of fifty to sixty pages and share them with people.* This idea grew up in me and after a few years the book *The Second Coming*, containing two hundred and seventy-seven pages, appeared.

I was having regular meetings with Don and in one of our gathering he introduced me to a good friend of his – Jerry Crowley. With Jerry I also felt a very strong connection and altogether, Bernadette, Don, Jerry and I, began our weekly gatherings in the National Gallery of Ireland. The gatherings were open and almost every week we had interesting guests around the table.

I looked forward to our weekly gatherings with joy and enthusiasm. The cafe in the National Gallery of Ireland was comfortable, clean, with a lot of light and provided a very artistic atmosphere for the meetings. We enjoyed the conversations about life, the arts, philosophy and, of course, living spirituality. The main themes were my spiritual ideas and the development of the manuscript of the book *The Second Coming*.

These friends in general, and Jerry in particular, were very interested in my understanding of living spirituality, of the state of contemporary religion and philosophy, of the coming new spiritual reality. Some of my key ideas, which later entered into the Conclusion of the published book were as follows:

In the reality of the New Heaven and the New Earth the conceptions and original Teachings of the existing world religions will become a living experience - we will move from intellectual reflections and occasional communions with God through the Divine Masters to a life in the reality of the Kingdom of God. We can compare this shift in the life of humankind with the opposite shift which occurred in

the time of Plato. One of the greatest initiates and philosophers of his time, Plato translated the mythological reality of the ancient Greek mysteries into the language of philosophy, ethics, aesthetics, gnoseology and so on. In other words, he took the living practice of the mysteries, and while keeping something of their essence, presented them transformed into intellectual conceptions. It is not surprising then, that he compared the life of human beings to life at the bottom of a cave where the dazzling light of the higher world of Divine ideas comes through only as shadows.

Now humankind will move in the opposite direction: from the abstract reality of philosophy, ideology, religion, ethics, aesthetics, etc., back to the reality of living mysteries, a movement which will be initiated by the new creative impulse of the Living God. So, if Plato translated the Greek mythology into the language of philosophy and ideology, now humankind will move from the reality of contemporary philosophy, ideology and religion to the new living mythology of the Second Coming which integrates the mysteries of all spiritual traditions. Thus, humankind will ascend from the 'bottom of the cave' to the transcendental world of Divine ideas.

With the ascent of human consciousness to the reality of the new living mythology, the two main streams of time - the historical, as a chain of actual events, and the mythological, as an expectancy of the return to the Kingdom of God, will merge. The myths and prophecies about the Second Coming will become actual spiritual events, while the sacred books and prophecies will provide plans and scenarios for action (as we saw, for example, with the *Book of Revelation*). In the light of the Second Coming consciousness the mythologies in all spiritual traditions will be activated and will introduce us to an immense field of spiritual work.

Now in earthly existence human beings have to work very constructively within the socio-cultural structures in all areas of life in order to survive and maintain materially. When humanity enters into the reality of the Kingdom of God, just as it now works in the material world, it will work very constructively in the spiritual world as well. There the tasks are enormous indeed: to transform our lives, to embark on the Nine-Fold Rainbow Path, to heal, purify and illuminate the Earth, to transform the earthly culture into a celestial culture, to participate in the Divine services in Heaven, and so forth. Two thousand years ago Jesus Christ said: 'The harvest is rich but the workers are few'. In the new Epoch of the Holy Spirit a critical mass will be reached and there will be a paradigm shift to a new way of Being!

Around these spiritual, religious and philosophical ideas we had very interesting and vivid discussions. Naturally they blended with many events in our daily lives and in the world. Above I gave only one example, but of course our themes for discussions were much more diverse and comprehensive. Altogether, a new spiritual paradigm was forming. Some interesting features of this new spiritual paradigm are described below.

On the other hand, when the manuscript of my book was more or less completed, our gatherings became focused on the process of finalising the text, editing and preparing it for publication. This was a big endeavour and was full of interesting and exciting moments. A few of them are still very vivid in my mind. I was giving some of the chapters of my book to Jerry for reading and for a friendly opinion. One of them was the Mandala of the Heavenly Jerusalem. At the next gathering Jerry came with a flowering pot plant and said: Leon, the material is wonderful and deserves appreciation. Of course, I and Bernadette, who edited the material, were very happy.

From time to time we gathered in different places. Another unforgettable moment happened in the Museum in Bewley's Cafe on Grafton Street. We gathered as usual but Don Conroy had not yet arrived. At some stage he came and said: I have a surprise for you. Then he opened his portfolio and showed us a wonderful picture of a dove holding in its beak a branch with leaves in all colour of the rainbow, flying above mountains. We were greatly impressed and appreciative. He explained that he wanted to design an appropriate cover for the book *The Second Coming* and when he started, the picture appeared immediately, by itself through his hand. Of course, later on this picture became the cover of the book and the logo of all our spiritual activities in the following years, including other books, the web site, newsletters, leaflets and so on.

When the manuscript was ready for publication, these friends were the first to help. They took care of the editing, correcting, financial support, book launch and distribution. Truly there are no words to thank them enough!

The Dawn of the New World Religion

In regard to the unfolding of the Mission, if my life and work in the Montessori Centre was the process of intensive development of the Mission, in Bernadette's house the Mission entered into a new stage - recapitulation. I wrote the Conclusion to the book - *The Dawn of*

the New World Religion - summarising the main concepts, and I discussed them thoroughly with the friends.

The New World Religion will not be a religion at all in the contemporary meaning of the word. It will introduce a new, celestial style of life in Divine Love, Peace, Joy, Wisdom and Truth, establishing the reality of the Kingdom of God down on Earth. The contemporary religions, which are now a special form of worship of God, will become an organic part of the daily life of humankind in the Kingdom of God. Thus, the New World Religion comes not to replace the existing religions, but to fulfil their cherished spiritual goals.

Below I will describe some of the main ideas of the Conclusion. I have already mentioned many ideas in the previous chapters. Now I would like to give the main structure of this important part of the book, especially as a sign of the recapitulation of the Mission.

In the Conclusion I introduced some important features of the emerging New World Religion based upon the conception of the Second Coming and the Nine-Fold Rainbow Path. The purpose of this section was, on the one hand, to summarize the ideas of the book and, on the other hand, to make some clarifications, comments and observations about the coming New World Religion.

In essence, the new creative impulse from the Living God, who '*now makes all things new*' (Revelation 21:5), initiates the New World Religion. This religion will be the integrated religion of humankind for the next two thousand years of the Epoch of Aquarius. We could characterise this religion from the point of view of various spiritual traditions, from many different angles and archetypal structures. For instance, from the Christian perspective, the new creative impulse from God which proclaims the New World Religion can be seen through the prism of the Holy Trinity: God the Father, God the Son and God the Holy Spirit. The essence of God the Father initiates a New, Third, Covenant, the essence of God the Son initiates a New Gospel, and the essence of God the Holy Spirit initiates a New, Third, Testament. Just as the three Persons of the Trinity refer to different aspects of the same mystery of God, the concepts of the Third Covenant, the New Gospel and the Third Testament characterise the same impulse from God for the renovation of the world but from the different aspects - the all embracive, the subjective and the objective aspect of this re-creative Divine Act.

Obviously, the precise theological introduction of these concepts requires a special and profound work which may be unfolded in the

future. Now these concepts are used to help us to better understand some of the main features of the dawning New World Religion and to summarize the principle ideas of the book.

The Third Covenant. The new creative impulse from God establishes the reality of the New Heaven and the New Earth, activates the advent of the Second Coming and inaugurates the Nine-Fold Rainbow Path. As we have already seen, the Rainbow Path is the Path which will bring humankind back to the Kingdom of God and will help us to establish the celestial reality here on Earth. From a symbolic and metaphysical perspective we can say that through the Rainbow Path God blesses us with the Divine Rainbow of the Third Covenant.

The new Divine creative impulse comes at the End of Time. The impulse itself is in the mind of God (beyond time), and the great initiates such as St. John, for instance, have been able to contemplate it as a revelation in the form of a Plan for the future, and a Divine Project for the evolution of humankind. When the time comes, however, this Plan is activated and constitutes the new spiritual world order.

Now, indeed, the time has come for this vision to become a reality and to constitute the new metaphysics of the world. Exactly why now is the time of the 'end of the old world order' we discussed in the Foreword (p. 7), but here it is important to emphasise that when God's Plan becomes a Divine Action, it releases a tremendous apocalyptic energy which changes the world, gives a new impulse to the Earth's evolution and all the kingdoms of life on it, makes a New Covenant with humankind and inaugurates a New World Religion.

The New World Religion, through the New Third Covenant, will lead us to the apocalyptic explosion of the old world and the dramatic appearance of the reality of the New Heaven and the New Earth. It is not a religion for people who are 'neither cold nor hot, but lukewarm' (Revelation 3: 15-16). It is a religion of Divine ecstasy, drama and re-creation - radiating with great intensity from the cosmic-spiritual Sun - God Himself.

It is this new creative impulse coming from the Living God that establishes the reality of the New Heaven and the New Earth. It requires us to acknowledge and appreciate the mystery of the Divine Origin of Being not only through the archetype of God the Father, but through the archetype of God the Divine Father-Mother. The eternal Wedding between the two universal principles - the active, subjective, masculine, Father principle and the receptive, objective,

feminine, Mother principle - is that which gives birth to the reality of the New Heaven and the New Earth. This is why in the New World Religion we will worship God as our Divine Father and our Divine Mother. They are in absolute union, harmony, interaction and interchangeability, each simply emphasising a different side of one and the same mystery, while God the Absolute, the Ultimate Truth of Creation, embraces both.

So, in the New World Religion we will appreciate and worship the Absolute Origin of Being as well as its manifestations through the masculine and feminine principles, that is, through the archetypes of God the Father and God the Mother. Thus, the New World Religion will replace the patriarchal epoch in the spiritual life of humankind with the epoch of the Divine Wedding. (In general, the patriarchal period was an important and necessary stage in human evolution following upon the previous matriarchal epoch.) Now we can say that the New Covenant, proclaiming the reality of the New Heaven and the New Earth, is being given to us by our Divine Father-Mother.

It is the Divine Wedding between the universal masculine and feminine principles, between our Divine Father and Divine Mother, which gives birth to the reality of the New Heaven and the New Earth. I named this apocalyptic process the New Genesis. In Chapter Three of this Part, I discussed the idea of the cosmic-spiritual Cross created by Christ-Maitreya which constitutes the time-space co-ordinates of the new reality. In the same Chapter I described the celestial work of the Divine Mother who creates the four Elements of the new reality and manifests the whole of Creation as a Divine Temple. In the context of the idea of the New Covenant of the New World Religion, it is important to emphasise again that the New Genesis takes place now, in the actual, dynamic, creative present, moving towards the future of God's activity. According to Genesis, the opening book of the Bible, human beings appear on the sixth day after the Heaven and the Earth, the Sun, the Moon, the Stars and all plant and animal life on Earth were created - this is to say, the Divine Genesis had already actually happened and was in the past in relation to the creation of human beings. Now, in the New Covenant, we are invited by God to witness the Genesis of the New Heaven and the New Earth, and not only to witness, but to collaborate and co-create with God.

So, the emerging New World Religion will initiate us into the mystery of the New Genesis and will put us in a different position in relation to Creation - at the very heart of God's creativity, in His Divine

demiurgic present. This shift from the static, crystallized, well-established Universe to a dynamic Universe in constant re-creation is a staggering phenomenon which will dramatically change the conceptions and the approach to God in the existing world religions.

The Rainbow which our Divine Father-Mother places in the etheric sky as a sign of this New Covenant with humankind is the great Rainbow of the creative Colour Rays of Light which emanates from the very Throne of God. In their visions, as I mentioned previously (p. 226) the great Old Testament Prophet Ezekiel (Ezekiel 1: 26-28) and the beloved disciple of Jesus Christ, St. John (Revelation 4: 2-3), describe this living Rainbow emanating from the Throne of God.

The Divine Rainbow of the New Covenant refers not only to the magnificent Rainbow arc appearing in the sky as a sign of God's promise never again to harm the Earth with a flood, but is in fact much more: a column of living Rainbow Light stretching through the whole vertical structure of Creation and constituting its very existence. This Divine Rainbow of the new Covenant which radiates from the Throne of God is a revelation about the mystery of the Universe and a blessing from the Living God for eternal Life, Divine Love, endless Wisdom and ultimate Truth. The creative Divine Rainbow constitutes the whole of Creation as a magnificent Divine Temple and forms a dome of light within it. This Divine Rainbow which builds the whole Universe now appears as the spiritual Rainbow of the New Covenant of God with humankind.

The followers of the New World Religion, with whom God makes His New Covenant, could be called 'Rainbow People on Earth'. For them the metaphysical Rainbow of the New Covenant will become a sign of the ultimate Truth of Creation and a blessing for immortal life. For the followers of the New World Religion the Rainbow of the New Covenant will become the indication that the Kingdom of God is coming on Earth and that they will live in the presence of God forever.

The New Gospel. The new creative impulse from God also ignites the event of the Second Coming. If the New Covenant characterises the Divine creative impulse from the perspective of the First Person of the Trinity, God the Father, the Second Person of the Trinity, God the Son, manifests this creative impulse as the New Gospel of Christ-Maitreya.

The New Gospel is the fulfilment of the promises of Christ and all the other Divine Masters to come back to Earth and take the faithful to Heaven so that they may live where the Masters are. In their

Second Coming the Masters will call the faithful from within and will invite them to embark on the Nine-Fold Rainbow Path - the Path of our exodus from the earthly, material consciousness to higher levels of Being. The collective exodus of humankind, led by the Divine Masters, is one of the most exciting and inspiring aspects of the New Gospel.

When we start our ascent to the higher spiritual worlds, we will become able to recognize and to merge with the celestial bodies of the Divine Masters. This is actually the metaphysical aspect of the Second Coming which, on the one hand, is the Second Coming of the Masters manifesting themselves in the various levels of Creation (see p. 189-191) and, on the other hand, is our rising up to higher states of consciousness enabling us to recognize, appreciate and glorify them.

The return of humankind to the higher spiritual worlds and the joyful meeting with the Divine Masters are in fact an acceptance of the invitation from Heaven to participate in the Divine Wedding between the Cosmic Christ and His Bride, the New Jerusalem. Participation in the Divine Wedding means witnessing the apocalyptic process of the creation of the New Heaven and the New Earth and collaboration and co-creation with God and the Divine Masters for the establishment of this reality here on Earth.

By ascending to the higher levels of Being, by merging with the Divine Masters in their celestial bodies, by active participation in the great feast of the Divine Wedding, we will be baptized with the Cross of Immortal Life and will become righteous citizens of the New Jerusalem. The New Gospel of Christ-Maitreya proclaims the new baptizing with the cosmic-spiritual Cross of Immortal Life and blesses us with the mark of the Living God on our foreheads. In other words, it opens our consciousness to '*the New Jerusalem coming out from God, and the new name of Christ*' - i.e., Christ-Maitreya. Thus, the New Gospel introduces us to the great Enlightenment of Christ-Maitreya about the wholeness of the Kingdom of God with its many mansions.

Of course, the new baptizing comes not to replace earthly religions and existing ceremonies of baptism in the various traditions; rather it comes as a new open state of consciousness, an illumination and an initiation into the mysteries of the Second Coming and the reality of the New Heaven and the New Earth. The new baptizing is actually an inner light which introduces us to the totality of the Kingdom of God and makes us citizens of the New Jerusalem. The New Gospel and the new baptizing will not replace existing religions, but will

rejuvenate and reinforce them, and will open up the spiritual traditions for the new era in the life of humankind - the Epoch of Aquarius.

Essentially, the New World Religion will be an organic integration of all spiritual paths and traditions. Each one of the existing spiritual traditions reveals a particular, unique aspect of the reality of the Kingdom of God, and only all of them together form the totality of this celestial Kingdom. As I mentioned previously, after the advent of the Second Coming every tradition has to reflect the wholeness of the Kingdom of God through its own methods and spiritual practices. For instance, Christians, through their spiritual practices, will have to appreciate and experience not only the mysteries of the Christian world, but the spiritual worlds revealed by the other religions as well; Muslims, through their own faith and practices, will have to experience the spiritual worlds revealed by the other traditions, and so forth.

In the present state of the spiritual life of humankind, religions tolerate each other but they pursue their own spiritual aims and values. Followers of the existing religions are generally not open to, or interested in, experiencing the spiritual worlds of the other traditions. In the near future, however, with the dawn of the New World Religion, this situation will change decisively; the spiritual traditions will not only tolerate and appreciate all others, but they will expand their goals and aims in order to achieve the essential spiritual experience of the others through their own unique spiritual practices.

Obviously, the process of opening the spiritual traditions and integrating them with the others - while keeping and developing further their own unique practices - will not be an easy one. We can expect that this integration will occur first on an esoteric level. It is the esoteric streams within the spiritual traditions that are essentially the 'subjects' for integration and for forming the wholeness of the New World Religion. This is because the esoteric streams lead to the reality of the spiritual Universe where all initiations and revelations are simply different aspects of the same mystery of God. In the epoch of the Second Coming, the esoteric streams within the various religions have to be open and willing to reflect each other (similar to the way in which Ramakrishna, through his Yoga practice, experienced the initiations of the Buddhist, Muslim and Christian traditions) in order to create the wholeness of the New World Religion. When this wholeness is formed through the esoteric streams within each tradition, the

exoteric spiritual structures of each one of them will be rejuvenated, transformed and reinforced, forming the new integrative celestial 'church' on Earth.

The New Gospel, however, will not establish a new church on Earth. Facilitating the integration of the various spiritual traditions, the New Gospel itself will initiate and encourage a wholesome style of life in Light, Love, Peace, Joy, mutual respect, understanding and friendship. When we practice all the human virtues and live in Divine Peace, Love and Light, the Lord God Almighty is always with us and we experience the whole of Creation as a Divine Temple. Then we no longer need special spiritual institutions to remind us about God and the spiritual essence of Life. This is the simple, but ultimate meaning of the words: 'I did not see a temple in the city because its temple is the Lord God Almighty and the Lamb'. (Revelation 21: 22)

So, the New Gospel will not introduce a new church, but a new style of life, and this life is the journey of human beings on the Nine-Fold Rainbow Path. In essence the Divine Rainbow Path is the Path of the Initiate (Adept, Saint, Prophet). For the first time in the spiritual history, the Path of the Initiate will be given to humankind as a whole and it will determine the evolution of the human race in the future.

The most essential and organic aspect of the Path of the Initiate is the mystery of co-creation with God. Adam and Eve were beloved children of God but not co-creators with Him. The New Adam and the New Eve, that is the new human race, will be sons and daughters of God who will co-create with Him in order to bring the celestial reality down on Earth. They will live in all levels of the Universe as in a new celestial home. Maturing from little children of God, as Adam and Eve were, they will become youthful cosmic-spiritual beings full of power, love, joy, wisdom and truth, participating in the celestial work of their Divine Father-Mother. Thus, the New Gospel will integrate the mystery of the First Coming of Christ, who revealed the prototype of the New Adam, with the mystery of the Divine Feminine and the New Eve now active in the world, and through this integration it will form the new human race which will ascend to a higher, angelic, cycle of evolution.

The Gospels of Christ-Maitreya and the Divine Mother are the Gospel of the new human race living in the reality of the Kingdom of God. It is not a preparation, nor an anticipation, nor an expectancy, nor a mere hope - it proclaims the new style of life in the Kingdom of God which is regulated by the universal principles and cosmic-

spiritual laws. In other words, the New Gospel proclaims the Good News that the glorious return of humankind to the Kingdom of God is happening, that all the Divine Masters are with us, and that God Himself inspires our daily life. The contemplation of this glorious return to the Kingdom of God brings great joy, love and gratitude. The image of the Prodigal Son is the key image of the First Coming - the image of the individual human being's return to the Father's house. Now, as a consequence of the Second Coming, humankind as a whole will return to the Father's house with great honour, glory, love and wisdom as it follows the Path of the Divine Rainbow. The proclamation of this glorious return of humankind is an essential aspect of the New Gospel.

The New Gospel will change the emphasis in the spiritual practices of humankind. For instance, now in the daily life of the faithful of all spiritual traditions, passionate prayers for forgiveness of sins, for the coming of the Masters and for the establishment of the Kingdom of God on Earth play a very important role. When the Second Coming of the Masters occurs, and when, through the Nine-Fold Rainbow Path, we enter into the reality of the Kingdom of God, then we will change the emphasis and the content of our prayers. We will not be sinners or imperfect human beings, but sons and daughters of God who have made their glorious return to the Father's house. In this house, our prayers will be joined with those of the Twenty-four Elders, the four Living Creatures and the myriads of Light Beings surrounding the Throne of God; they will be prayers of praise, gratitude and glorification of God (see Revelation, Chapter Four, Worship in Heaven). Our prayers will be for constant union with God and the Divine Masters, for blessings for the fulfilment of our Divine mediatorship between God and all kingdoms of life on Earth. They will be prayers for receiving our celestial daily bread in the form of inspiration, Divine impulses for action and Divine ideas which will enable us to co-create with God and the Masters. Thus, the New Gospel will dramatically change our self-consciousness from that of guilty sinners to that of victorious and glorious sons and daughters of God.

Moreover, our daily life itself will become a Divine prayer - a life in the sacred, all-reviving presence of God. In the Yoga tradition, the Hindu Masters distinguish two types of *samadhi* - *sabikalpa samadhi* and *nirbikalpa samadhi*:

In sabikalpa samadhi the devotee has attained realization of his oneness with Spirit but cannot maintain his cosmic consciousness except in the immobile trance state. By

*continuous meditation he reaches the superior state of *nirbikalpa samadhi*, in which he may move freely in the world without any loss of God-perception. (Paramahansa Yogananda, Autobiography of a Yogi, p. 477)*

Generally, the most ardent prayers and practices of the faithful in the various traditions lead to the first stage of *samadhi*. The Nine-Fold Rainbow Path in its wholeness, crowned by the New Gospel, leads to the second stage - *nirbikalpa samadhi*. At this stage there is no longer any need for a temple, or even prayers, to evoke the presence of God. In this state prayer dissolves into daily life lived in spiritual wholeness and is performed mainly as an organic part of the living process of co-creation with God.

The Third Testament. As mentioned previously, the new creative impulse from the Living God can be seen through the prism of the Holy Trinity: God the Father, God the Son, and God the Holy Spirit. From this perspective, the essence of God the Holy Spirit initiates the Third Testament. The Third Testament which God now makes with humankind through the Second Coming of the Divine Masters and the manifestation of the Divine Mother is the Testament for the Epoch of Aquarius - the Epoch of the Holy Spirit. From a cultural-historical point of view, the Old Testament, which reveals the essence of God the Father through the principle of monotheism, is connected with the Epoch of Aries. The New Testament, manifesting the mystery of God the Son, is the Teaching of our Lord Jesus Christ for the Epoch of Pisces. The Third Testament will reveal the mystery of God the Holy Spirit and will be given by the Divine Masters in their Second Coming and by the Divine Mother for the Epoch of Aquarius.

The essence of the Third Testament is the rebirth of humankind as God's people on Earth and the transformation of the whole Earth into a Garden of Paradise. The Third Testament is the fulfilment of the promises of all Divine Masters; it is the manifestation of the Divine Will which changes humankind and the whole world. The Old Testament brought the Divine Wisdom about God the Father; the New Testament manifested the Divine Love through God the Son: the Third Testament will proclaim and realise the Divine Truth. It is not by chance that Bodhisattva Amoghasiddhi, who will manifest himself as Maitreya-Buddha, rules the karmic forces in the Universe. So, in the New Epoch, the Third Testament will reveal the Divine Truth (Will) which transforms karma into dharma and brings celestial freedom: 'Know the truth and the truth will set you free!' This Testament is a Testament for the sons and daughters of God

who live under 'celestial government' ruled by the Divine Laws of Love, Wisdom and Truth.

The coming Testament for the Epoch of Aquarius is a Teaching for human life in the reality of the Kingdom of God and its establishment on Earth. In His First Coming Jesus Christ brought the Good News about the Kingdom of God and blessed the nations of the world with the Cross of Resurrection. He compared the Kingdom of God to a precious pearl (Matthew 13: 45-46) and to a mustard seed which a man grows in his field (Matthew 13: 31). Now, in His Second Coming, Christ will introduce us to the reality of the New Heaven and the New Earth and as we enter into this Kingdom of God, the precious pearl will become like spiritual Himalayas with magnificent summits of initiation: the mustard seed will sprout and mature into the Universal Tree which stretches through the whole vertical structure of Creation. The Third Testament will guide us in these spiritual Himalayas and will help us to grow the Universal Tree within ourselves. To fulfil this purpose, the Third Testament will provide us with a comprehensive Teaching for life in the reality of the Kingdom of God.

The Teaching of the Third Testament will be an integrative one, covering all aspects of human life in the new reality. In the Third Testament theologians will find a vast treasury of sacred words, philosophers - a profound philosophy, scientists - a living science, poets - perfect poetry and musicians - inspired music from the celestial spheres. This Teaching for the Epoch of Aquarius will bring light and knowledge to all domains of human culture and will help to open up the closed structures of human life on Earth in order to embrace the wholeness of Life in the Universe. It will be a living spring of creativity and collaboration with God.

In the reality of the New Heaven and the New Earth the conceptions and ideologies of the existing world religions will become a living experience - we will move from intellectual reflections and occasional communions with God through the Divine Masters to a complete life in the reality of the Kingdom of God. I compared this shift in the life of humankind (p. 242-3) with the opposite shift which occurred in the time of Plato. Thus, humankind will ascend from the 'bottom of the cave' to the transcendental world of Divine ideas. This is the metaphysical essence of the Third Testament. In the light of the Third Testament, the mythologies in all spiritual traditions will be activated and will introduce us to an immense field for spiritual work.

When humanity enters into the reality of the Kingdom of God, just as it now works in the material world, it will work very constructively in the spiritual world as well. There the tasks are enormous indeed: to transform our lives, to embark on the Nine-Fold Rainbow Path, to heal, purify and illuminate the Earth, to transform the earthly culture into a celestial culture, to participate in the Divine services in Heaven, and so forth. Within these tasks each person will find his or her place and will receive virtually endless possibilities for personal fulfilment and self-realisation. Figuratively speaking, the Third Testament of God will create the most appropriate 'spiritual job' for every single human being on Earth. The constructive work on the material and spiritual levels will be organically integrated and both together will form the reality of life on Earth for humankind. The Third Testament will open the *Book of the New Apocalypse*, that is the *Book of the Living*, which will record the transfiguration, co-creation, and Divine mediatorship of humankind. Century after century humankind will write in it the glorious pages of the creation of the new reality here on Earth.

The new creative Divine act which initiates the Third Testament will change the whole perception of the world. As a result of the Second Coming and the entry into the reality of the New Heaven and the New Earth, the metaphysics of the world will be different. Naturally, our physical world will be the same but the understanding of this world will change. This change is similar to the Buddhist Enlightenment after which the physical world remains the same but the enlightened see it in a completely different way.

The Testament of the New World Religion is a Testament of humankind's resurrection and its immortal life in the reality of the New Heaven and the New Earth. By bringing to completion the metahistorical cycle of humanity's spiritual life on Earth, initiated by the First Coming of the Masters, the New World Religion will resurrect all the 'righteous spiritual deeds' of the faithful from the various traditions throughout the centuries. In principle, we cannot complete this metahistorical cycle without contemplating the whole historical evolution of the spiritual traditions which build the various Temples in the Heavenly Jerusalem. So, when the Temples in the Holy City are revealed in their wholeness by the Second Coming of the Masters, then, by contemplating them in one single act of illumination, we are actually resurrecting the spiritual life of humankind throughout all its history on Earth.

In the new cycle of humankind's evolution in the reality of the New Heaven and the New Earth, we will experience an organic

integration of the historical past, the creative present, and the envisaged future. The past life of humankind on Earth will appear as the resurrected creativity in the history of the spiritual traditions. The present will be experienced as constructive spiritual work for establishing the Kingdom of God on Earth. The future will spring from God's blessing for co-creation with the Divine Masters. As in any creative work, we will envisage the projects and then work towards their realisation, thus making the potential future an inspiring, creative present, flowing towards the future. The organic, dynamic integration of the past, present and future of the spiritual life of humankind is one of the main archetypal ideas for Immortal Life in the reality of the New Heaven and the New Earth. The immortal life of humankind in the Kingdom of God is the essence of the Third Testament coming from the Living God.

In February 1993, based on the ideas of the Conclusion, Bernadette helped me to write the *Open Letter 1993 - The Dawn of the New World Religion*. In it I stated that the New World Religion will fulfil the promises of all Divine Masters in the spiritual history of humankind so "we may live where they are". It is an invitation to the Divine Wedding in Heaven - i.e. the ideal creative harmony between the Universal Masculine principle personified by Christ-Maitreya and the universal Feminine principle manifested by the Divine Mother, which now gives birth to the reality of the New Heaven and the New Earth. In other words, the New World Religion invites us to participate in the Divine Wedding in Heaven in order to become co-creators with God. It will include the creativity of our Higher Selves in the great Divine Plan for the transformation of the whole Earth as a Garden of Paradise.

Chapter Eight

The Book *The Second Coming*

Preparing the Manuscript for Publication and Book Launch

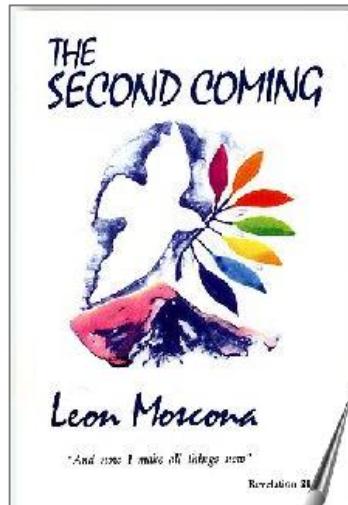
The book *The Second Coming* came as a result of a long journey and could not have been written and published without the help and support of many friends. The Enlightenment of the reality of the Kingdom of God and the Second Coming came in Bulgaria but the full conception of the Second Coming and the Nine-Fold Rainbow Path developed in Ireland. In fact the book was a joint effort by many people along the path.

Interesting stories happen around the publishing of the book and the book launch itself. In January, 1995, while I was in Bulgaria, Bernadette submitted the manuscript of the book to Colour Books Ltd. for printing. My flight from Bulgaria was via London Heathrow. At the airport I had a few hours and suddenly, Lionel, a good friend of mine, appeared and told me: I came to greet you and to show you an interesting spiritual book. I answered: Oh Lionel, thank you for coming. I am very happy to see you. And by the way, what is the book which you are speaking about? Here he opened his briefcase, delayed a few extra moments for the suspense and took out the printed version of my book. I had not yet seen the book and did not expect Lionel to show it to me. So, I was greatly surprised, enjoyed seeing the book and thanked him warmly.

As to the book launch, first we decided to go to the then Lord Mayor of Dublin John Gormley and ask him for permission to have the book launch in the Town Hall. We met him, discussed the subject, but he very politely refused. Then we chose the National Library and organised the launch in one of the special rooms. The launch was scheduled for March 23, 1995, at 18.00 and at around 17.40 only a few people had come. At 18.00, however, the room was full and more and more people were coming. A few minutes later the porter said: *This is a special room and I am concerned about the safety of the walls and the ceilings. So, no more people!*

The presentation itself went well. I invited the newly appointed Bulgarian Consul; we had guests from the media and, of course, many friends. The atmosphere was good, but I did not spark the audience. Nevertheless one week after the book launch we organised a gathering in the Unitarian Church which was well attended.

The next day after the book launch I received a call from the Department of Foreign Affairs and the person informed me that I was granted Irish citizenship. This was great news for me and somehow I linked it with my spiritual work in Ireland in general and the book launch of *The Second Coming* in particular.



The Contents of the Book

The Book reveals the deep secrets of the Messianic Plan, the event of the Second Coming and describes the great Divine Plan for a New Heaven, New Earth and New Humankind. It deciphers the myths of the End of Time, the Day of Judgment and the return of humankind to the Kingdom of God where there are "many mansions" - the spiritual worlds of the various world religions. In fact, with all its new spiritual substance the book introduced a new religious paradigm and developed a new mythology in the spiritual life of humankind.

The Book introduced not only a completed metaphysical conception but also showed the Path to the reality of the New Heaven and the New Earth. This is why it serves as a base for the *Second Coming Integral Mission*.

With the publication of the Book *The Second Coming* a big stage in my spiritual journey was completed. The Book integrated many spiritual ideas, visions and revelations from my existential journey in Bulgaria and Ireland. Below I will describe briefly the *Contents* of the Book.

The Book *The Second Coming* contains *Acknowledgements*, *Preface*, *Three Parts*, *Conclusion* and *Bibliography*. In *Acknowledgements* I expressed my deep gratitude to many Irish friends who helped me in

the process of writing, editing, correcting, financing and preparing the Book for publication. Of course, in the list of helpers I had to include many more people and spiritual groups, thanks to whom the concept of the Second Coming developed over the years: among them are the members of the Theosophical Society, the spiritual group in the Montessori Centre, the participants in many seminars, workshops and other activities in various countries.

The *Preface* introduces the purpose of the Book and outlines some biographical moments which were like stepping stones for the development of its content. In the Preface I mentioned only some of them received in Bulgaria, such as the Blessings by the Holy Spirit in Prague 1979, the 37 Messages in the Holy Land in 1981, the Vision of the Mandala of the Heavenly Jerusalem in 1982, the Manuscript of *The Book of Resurrection*, completed in 1985 and others. Of course, now I have to emphasise all the visions, insights and revelations which I received in Ireland related to the mystery of the *Second Coming*, the *Divine Rainbow Path*, the *Paneurhythmy*, the *Vision of the Divine Mother* and so on. Obviously without these 'stepping stones' received in Ireland the integral concept of the Book *The Second Coming* would not have been completed.

Part One: The Myths of the Second Coming and Christ-Maitreya. This Part contains two Chapters: a) *The Myths of the Second Coming* and b) *Christ-Maitreya and the Path of the Divine Rainbow*. In the first Chapter I included myths, prophecies and predictions from Christianity, Judaism, Islam, Zoroastrism, Buddhism, Hinduism and other spiritual traditions. I put a lot of effort into presenting the myths and prophecies of the traditions from original sources, in their own language and mythology. It was amazing to note that most of them pointed to our epoch as the time for the fulfilment of these prophecies. In one way or another, all of them predict:

- a great change in the world associated with cataclysms, disasters, troubles and trials;
- the healing, purification and transfiguration of the Earth and all kingdoms of life upon it;
- the reappearance of the Divine Masters who perform acts of redemption and salvation;
- the return of humankind to the Kingdom of God, the Garden of Paradise, and the achievement of new states of consciousness;

- entry into the reality of the New Heaven and the New Earth with the new metaphysics of the Universe in which humankind as a whole will continue its evolution.

In order to decipher the mystery of the Second Coming in Chapter Two I conceptualised the essence of the Second Coming and compared the First Coming of the Divine Masters with their New Coming. This Chapter consists of three subsections - The Essence of the First Coming, The Advent of the Second Coming and Christ Maitreya and The Glorious Path of the Divine Rainbow

The First Coming of the Divine Masters took place within different human cultures in various historical epochs following the cosmic-spiritual stream of the involution and evolution of humankind. Their mission was to proclaim the eternal truth about God, creation and human beings. In language appropriate to the epoch and the culture, the Masters revealed the picture of the vertical structure of Creation and the mystery of the human being as its micro-model. The essence of their work was to explain the drama of the 'Original Sin' of humankind and to show the way back to the Kingdom of God. As a result of their Divine Teachings and the further development of them, we have in every spiritual tradition monumental pictures of the Universe and inspiring, sacred knowledge about the essence of the human being.

In summary, the first subsection of this Chapter, *The Essence of the First Coming*, contains two main archetypal concepts, common to all world religions: the three-fold structure of the Universe and the mystery of the human being, created in the image and likeness of God, as a micro-model of the Universe. The completely self-realised human being lives in all three worlds of Creation - with purified physical body, blossoming soul and awakened Divine Self. Based on these two cosmological concepts, I introduced some of the main myths in the history of humankind in the chapter: the 'Original Sin', the End of Time, the Day of Resurrection and Judgement, the Second Coming, the reality of the New Heaven and the New Earth and others. I consider this subsection very helpful for the development of the *Right Understanding* about our epoch and the events which are going to happen.

The second subsection, *The Advent of the Second Coming and Christ-Maitreya*, reveals the mystery of the Second Coming and who Christ-Maitreya is. I shared some key ideas about these important concepts with the spiritual group in Montessori and described them in Chapter Three, *Development of the Mission*, of the present book.

At their foundation is the creative Act of God Who makes everything new (Revelation 21:5)!

The third subsection, *The Glorious Path of the Divine Rainbow*, introduces the main idea of humankind's return of to the Kingdom of God with many mansions. The Path of the Divine Rainbow is presented in much greater detail in Part Two of the book. In fact, it comprises half of the whole book *The Second Coming*.

Part Two: The Nine-Fold Rainbow Path of Christ-Maitreya. This Part traces the Nine Steps on the Path: *Exodus*, *The Garden of Paradise*, *The Sacred Mountain*, *The Holy City*, *The Gospel of Christ-Maitreya*, *The Gospel of the Divine Mother*, *The Transfiguration of the Earth*, *The New Heavenly Culture* and *The New Golden Age*. This Part contains an *Introduction*, which I quoted in this book (p. 228 - 233).

The first three Steps, *Exodus*, *The Garden of Paradise* and *The Sacred Mountain*, are presented with abundant material from the world religions and give a quite comprehensive picture of each one of the Steps, ascending from the *Material* world to the *Celestial* world and the highest *Divine World*. At the end of each Step there is a suggestion for a One-Year Spiritual School for achieving the goals of the Step.

Step Four, *The Holy City*, introduces the main ideas of the *Mandala of the Heavenly Jerusalem*. The Step interprets this Mandala as a picture of the whole history of the Indo-European civilisation. Thus the *Mandala of the Heavenly Jerusalem* becomes a Zodiac-Mandala. In line with the predictions of the world religions, and especially the Mayan Calendar for 2012, the Zodiac-Mandala of the Heavenly Jerusalem could serve as a basis for closing the Indo-European Cycle, harvesting the spiritual fruits from this cycle and making the quantum leap to the New Cycle of human evolution.

Step Five, *The Gospel of Christ-Maitreya*, contains two subsections, *The Second Coming of Christ* and *The Reappearance of St. John*. The Second Coming of Christ is consecrated to the new integral mythology of the First and the Second Coming. The Reappearance of St. John describes some of the main features of the New Celestial Church on Earth. This Step, as Steps Four and Six, are very innovative, metaphysical, mystical and require profound study, contemplation and meditation.

In Step Six, *The Gospel of the Divine Mother*, I introduce some of the key aspects in the process of appreciation and glorification of the cosmic energy of the Divine Feminine. In fact, Step Five and Step Six are two sides, the Universal Masculine and the Universal

Feminine Principles, of the same mystery – the re-creation of the world by the Lord God Almighty. The appreciation of the Divine Feminine on a cosmogonic, metaphysical level could also be done by a *Feminine Mandala of the Heavenly Jerusalem*, developed in the step.

The Fifth and the Sixth Steps correspond to the climax of the Divine Rainbow. Illuminated by Divine consciousness, we have to descend back to the Earth (in our daily life) and transform it into a Garden of Paradise. The Seventh Step, *The Transfiguration of the Earth*, is connected with the process of healing, purification and illumination of the Earth. The material in this Step integrates my knowledge and living experiences of the Eastern and the Western European spiritual cultures. It deals with the transfiguration of the Earth and humankind on all three levels – the planetary, the regional and the individual.

Step Eight, *The New Heavenly Culture*, is consecrated to the transformation of the present, earthly, Babylonian-type culture into the culture of the Heavenly Jerusalem. At the basis of this Step is a special culturological apparatus, developed in Bulgaria, which allows a presentation of the wholeness of any human culture – from the primitive ones in the past to the most advanced in the future. This Step describes the new Heavenly Culture as a monumental metaphysical project.

Finally, Step Nine, *The New Golden Age*, envisages the new cycle of human evolution on Earth, coming after the Indo-European Cycle. This is the complete opening of the Twelfth Gate of the Heavenly Jerusalem. By opening the Twelfth Gate we are gathering the spiritual treasures of the outgoing cycle and beginning the new cycle of existence in the reality of the New Heaven and the New Earth as a New Humankind.

Part Three: Milestones on the Path. Part Three contains two large chapters – *The Circle Dance Paneurhythmy - a Gateway to the Garden of Paradise* and *Mandala of the Heavenly Jerusalem* - with a few subsections in each one of them. The content of the first Chapter is an excerpt from the booklet written with Mary-Susann about the *Paneurhythmy* (see p. 214-216). The sacred dance Paneurhythmy plays an important role in every Step on the Nine-Fold Rainbow Path, taking different functions in the Steps. It is indispensable on the spiritual journey through all the Steps and this is why it is included as a milestone on the Path.

The second large chapter in Part Three is *Mandala of the Heavenly Jerusalem*. As I mentioned in the Introduction to Part One of this book, the concept of this Zodiac-Mandala came as Enlightenment and became the content of the manuscript *The Book of Resurrection* written in Bulgaria. It is the essence of Step Four on the Nine-Fold Rainbow Path, *The Holy City*. Based on *The Book of Resurrection*, in Part Three, the *Mandala of the Heavenly Jerusalem* is described in much more detail as the core of a new type of *Vajrayana* (see p. 96).

Conclusion: The Dawn of the New World Religion. In the Conclusion of the Book *The Second Coming* I summarise some important features of the spiritual essence of our time, the mystery of the Second Coming and the Nine-Fold Rainbow Path. It is not only a summary, but contains many new archetypal ideas about the New Covenant, the New Gospel and the New Testament in the spiritual life of humankind.

In essence, the new creative impulse from the Living God, who 'now makes all things new' (Revelation 21:5), initiates a New World Religion. This religion will be the integrated religion of humankind for the next two thousand years of the Epoch of Aquarius. As I described previously, in Chapter Seven, *The New Stage of the Mission, The Dawn of the New World Religion* (p. 244), we could characterise this religion from the point of view of various spiritual traditions, from many different angles and archetypal structures. I presented the Christian perspective of the new creative impulse from God which introduces the New World Religion through the prism of the Holy Trinity: God the Father, God the Son and God the Holy Spirit. The essence of God the Father initiates a New, Third, Covenant, the essence of God the Son initiates a New Gospel, and the essence of God the Holy Spirit initiates a New, Third, Testament. Just as the three Persons of the Trinity refer to different aspects of the same mystery of God, the concepts of the Third Covenant, the New Gospel and the Third Testament characterise the same impulse from God for the renovation of the world but from the different aspects - the all embracive, the subjective and the objective aspect of this re-creative Divine Act.

Bibliography. As mentioned previously (p. 241), the Bibliography is very rich and contains three subsections: a) Holy Scriptures and Initiatic Books, b) Sources, c) Literature. They give a good and comprehensive context to the presented ideas.

A New Concept of History

The book deciphers the essence of the Messianic Plan, the Second Coming and the Divine Wedding. Through the *Mandala of the Heavenly Jerusalem* it introduces the main features of the coming reality of the New Heaven and the New Earth (i.e. the Kingdom of God with its "many mansions"). The book also shows the Path to the Kingdom of God (the Nine-Fold Rainbow Path) and how to bring this celestial reality on Earth. In fact, with all its new spiritual substance the book develops a new mythology in the spiritual life of humankind. Let me give one example connected with the change of the concept of history.

In essence, the event of the Second Coming and the entry into the epoch of the New Golden Age change the whole concept of history. It was the Hebrew monotheism, which with the conception of the 'Original Sin' and the expectation of the Messiah to bring the people back to the Kingdom of God, opened the historical dimension in the life of human society. History then becomes a chain of events that derive their meaning from the expected **Future** – the coming of the Messiah and the accomplishment of His Mission at the End of Time (i.e. the end of life in the restricted earthly material consciousness). This is why the event of the Coming of the Messiah is so significant metaphysically – it introduces the conception of history.

The Messianic conception of history can be compared with the conceptions of Time in other spiritual traditions. For instance, Time in the Hindu tradition is measured from the mythological **Past** – that is the first Golden Age, in comparison with which humankind lives in illusion, *maya* and error and simply has to return to its original blissful state of consciousness. The conception of Time in another great spiritual tradition, the Chinese one, is related to the dynamic cyclic **Present** – the repeating cycles in Nature, in human life, in the Yin and Yang polarities of Tao, where there is neither past nor future, but only an eternal cyclic present. In the context of these two archetypes of Time, we could define the European tradition as a conception of Time measured by the Messianic future.

With the advent of the Second Coming however, the whole conception of Time, History, Involution, Evolution and Progress changes dramatically. Humankind will go beyond this historical paradigm because it will reach the New Golden Age (so, there is no need to look at the past as was the case in the Hindu tradition), it will follow the new cycle of the spiritual year in the Kingdom of God (so, there is no need to look at the repeating cyclic present as is the case in the Chinese tradition), and it will become able to co-create

with God (so, there is no need to look at the expected future because all Divine Masters, God Himself and the Divine Mother will live with humankind forever). Thus humankind will enter into a qualitatively new stage of development, passing from earthly evolution to evolution in the reality of the New Heaven and the New Earth.

I could summarise that the book, containing many new insights and revelations, is like a spiritual programme for the New Cycle of Existence. It is a plan and scenario for celestial action on Earth which will initiate a new spiritual story. It is an invitation to follow the Cosmic Christ-Maitreya and to participate in the feast of the Divine Wedding in Heaven.

The book also is a programme for spiritual development and a guide on the Path of ascension to the highest states of consciousness. It proclaims the New World Order and reveals the reality of the New Heaven and the New Earth.

The book is like a credo, a manifesto, for the dawning New World Religion and brings the living seeds of a new philosophy, cosmology and mythology.

I concluded the book with an emotional Call-Blessing to the people:
Beloved Readers,

The purpose of this book is to introduce some of the foundational ideas about the event of the Second Coming, the Nine-Fold Rainbow Path, and the emerging New World Religion. These ideas have been presented and discussed in a very preliminary manner. They however refer to the main archetypal structures of human life in the Kingdom of God established on Earth. When these ideas are developed and implemented in full, they will institute the magnificent Temple of Life in the reality of the New Heaven and the New Earth. There, all of humankind will be welcome to enter and to live in the presence of our Divine Father-Mother forever.

Blessed are those who participate in the creation of the Temple of Life in the reality of the New Heaven and the New Earth!

Blessed are those who become Divine Priests and Priestesses in this New Temple!

Blessed are those who enter into the Temple and participate in the celestial services there!

Blessed are those who see the Temple and receive a Divine impulse to enter into it! So be it! Amen!

Book Reviews

In general, the book *The Second Coming* was well received. We sent it to friends and spiritual groups and the response was very positive. Below I quote some of the book reviews and comments.

Dr. Michael O'Braonain, Ph.D., Editor/Director, New Connections Holistic Journal, Ireland, May 1995:

Leon has produced the essentially, even highly Christian spirited, The Second Coming. At first glance it is not an easy text to read although carefully edited and clearly written, and would be described by some as academic in nature. However closer reading shows it has many levels of spiritual understanding whatever your preferences might be. For example it covers myths of the Second Coming from Christian, Jewish, Islamic, Zoroaster, Buddhist, Hindu, Hopi, and other spiritual traditions.

Mai Coyle (a movement teacher, trained in Paneurhythmy), New Connections Holistic Journal Ireland, May 1995:

This book is beautifully written and speaks forth the profoundest of truths. The section on Paneurhythmy is glorious but one needs to have danced the Paneurhythmy outside in Nature to really appreciate the magnificent colours of this section. All in all the book needs to be discussed in groups, meditation groups, Paneurhythmy groups, New Age Celtic Spirituality groups, which reminds me how much it resounds with the earlier Irish Celtic psyche where love, understanding, and service were (also normally nature oriented) embodied.

Noirin Ni Riain, Irish Singer

Congratulations and may God reward you and your remarkable creativity. You're a unique and so valuable voice for us here in Ireland and we're blessed to have you... God bless its (the book) journey, its readers and above all yourself.

Michael Foley, Dublin:

I very much enjoyed your book and found it very inspiring. Your book is like a candle held high in a world where much light is kept low and out of sight.

Elizabeth Rothenberger, Jean Houston Mystery School, U.S.A:

*Your beautiful book, *The Second Coming*, is a truly fine work – deep, complex, inspiring, clearly envisioned. It is a personal source of happiness to see so many of the thoughts and inspirations you spoke of, taught and shared during times we*

were together, stated here in full context, and the book is in its physical form is lovely and enticing, even if the material contained is in some ways challenging. Congratulations on bringing The Second Coming out into the world.

Doreen Fare, World Federation of Healing, Magazine Editor, Bristol, England:

Your obvious working knowledge of each of the major religions stuns me and I must say I am thoroughly enjoying reading your book. Once again, many thanks for your lovely book. It is a pleasure to read and inwardly digest.

Pia Gyger, General Director of St. Katharina-Werk, Basel, Switzerland:

It was a great pleasure to have your book in my hands! I am reading your book, and I am deeply thankful indeed for you writing it.

Annabella Brenken, Founder of Yoga School, Solothurn, Switzerland:

I am enjoying very much reading your book. Now we try to come together with the group for Panneurhythmy and to read the book.

Marie-Pascale Colpaert, former Director of Agni Diffusion, Croix, France:

Thank you very much for your very interesting and beautiful book.

Leonardo Olazabal, Centro de Sintesis, Darjeeling, Spain:

We feel surprised about your wonderful and great work, The Second Coming, so we congratulate you on doing this book. The world needs this kind of work to know the Next Coming of Maitreya.

Renata Caddy, Founder of Paradise-Garden Spiritual Centre, Germany:

Deep thanks for your so profound and wonderful book, The Second Coming. When I have time, I read in it – it is so rich, so deep. Thank you very much indeed. I am thrilled to read more in your book.

Karen Wyld, Editor "Earth Mother" Magazine, Australia:

Thank you for your copy of The Second Coming by Leon Moscona. I am enjoying the book very much. Leon Moscona's suggestions of a school based on the Nine-Fold Rainbow Path

are very enlightening. I am also finding that his unique skill at linking the wisdom of the many religions and enlightened teachers is just what I was searching for at this moment in my life!

After the publication of the book *The Second Coming* I received invitations for lectures, seminars and workshops. Some of them were from Switzerland (Sebil Centre in Zurich and Yoga School in Solothurn), others from England and Wales (through the World Federation of Healing). In Switzerland, in Sebil Centre, we formed a spiritual group with whom I led a Pentecost celebration, with a two-day (some time three-day) seminar, each year for four years. In England, a big article was ordered and published in the Magazine of the World Federation of Healing. As a result I had extended seminars in Bristol, Wales, Cornwall and other places.

At the end of 1996 I was invited to participate in a television programme (one of six in the series) *The Blackbird and the Bell* hosted by John Moriarty. It was another wonderful encounter with the great philosopher and thinker, John Moriarty. I was in the first programme of the series and shared my vision of the Cosmic Christ.

With the publishing of the book *The Second Coming* and the spiritual activities which followed, one important stage in the New Mysteries coming from Ireland was completed and a new one had to begin. In line with the comparison with the sonata form, consisting of introduction, exposition, development, recapitulation and coda, the new stage had to be the coda - the concepts were developed, next they had to be implemented socially! This new stage led to a surprising unfolding of the Mission – the integration of the spiritual work in Ireland and Bulgaria.

Slowly, but steadily, after publishing the book *The Second Coming*, the spiritual work entered into a new stage - unfolding *The Second Coming Integral Mission*.

Chapter Nine

The Second Coming Integral Mission

Miracles do Happen

In the summer of 1996, Jerry, a very close friend and supporter, offered to provide good rented premises where I, with the help of Bernadette, could establish a spiritual centre and have gatherings and seminars. We looked at a few houses but we did not find a suitable one. When in the autumn we told him the results of our search, he said: I will have to buy a house then! Within a short time he gave us two addresses to look at. We chose one of the houses and it became the spiritual centre. Definitely this was the Will of the Invisible World!

Our friend bought the house and organised a big renovation in order to make it suitable for gatherings and for the unfolding of the Mission. The work on the house continued for some time and on September 26, 1997 we started the spiritual work there!

It took a few months to complete the house and to develop it into the 'Divine Rainbow Centre'! This was not all! My dear friend and heaven-sent benefactor was kind enough to sponsor my stay in Ireland because he believed that my spiritual work was of great importance and that I should be free from financial concerns in order to focus completely on the work. Even now I cannot find enough words to express my deep gratitude for the great generosity, the deep friendship and the spiritual goodness of this precious friend. I can only say: Miracles do happen and may God bless him and all his family abundantly!

The new house provided good possibilities for the unfolding of the Mission. We moved our core-group meetings to the house and started planning how and where to develop the Mission. Soon, after the publication of the book *The Second Coming* in Bulgarian (in 1998) the answer came: the new house in Ireland had to become the 'headquarters', while the 'front line' would be in Bulgaria. Actually this is what happened: with this friend and benefactor, we continued to meet almost on the weekly basis and discuss many strategic topics reflecting the unfolding of the Mission in Bulgaria, in Ireland and in other countries.

This part of my book is consecrated to the New Mysteries coming from Ireland. The international phase in the unfolding of the

Mission, which followed, is another subject. In a similar way as I introduced the first stages, now I will briefly mention only a few aspects of the development of the Mission in order to put my spiritual work in Ireland in an international context. Obviously the first stages in the opening of the Twelfth Gate of the Heavenly Jerusalem are the subject for a special book. The same applies to the following international stage. In due time, if it is the Divine Will, I could write a whole book consecrated to this stage. In this Chapter I will briefly mention the main direction of the international unfolding of the Mission. Thus, in the Conclusion of this book, I will summarise the essence of the New Mysteries coming from Ireland in a wider context.

*Publishing the Book *The Second Coming* in Bulgarian and Opening the Mystery School*

Soon after the book *The Second Coming* was published in Ireland my friends in Bulgaria began translating it into Bulgarian. A group of four friends – Dora Ivanova, Isrka Racheva, Victoria Avramova and Magdalina Naidenova – embarked on a difficult and challenging task. Many of the concepts in the book were new and they had to find the appropriate terminology in Bulgarian. From this point of view their work was something much more than a mere translation – it was a genuine collective creativity for inscribing the new mythology in the treasury of the Bulgarian language and culture. Moreover for more than three years they worked selflessly and inspiring not only for the translation of a rather complex metaphysical conception, but also for the spreading of the ideas in the book among a larger circle of friends.

The book launch of the Bulgarian translation of *The Second Coming* was on March 7, 1998, in the Earth and People National Museum. The launch of the Bulgarian version of *The Second Coming* became a spiritual event. In the main hall of the Museum full of people, among unique rare crystals, the atmosphere was charged with spiritual energy and a planetary dimension was opened. One of the friends noticed that the date of March 7, 1998, was exactly the hundredth anniversary of the *Proclamation to the Bulgarian People* delivered by the great Bulgarian Master Beinsa Douno. One week after the book launch we gathered a group of interested people in the Chamber Hall Bulgaria to plan some important spiritual events for the ‘mythological’ year 1999, based on the conception of the Second Coming.

After the successful book launch I returned to Ireland. I shared the news from Bulgaria with Bernadette and Jerry and we had many spiritual discussions about the continuation of the Mission in Bulgaria and Ireland.

In December 1998 I returned to Bulgaria and the Mission took off. Then an inundation of spiritual activities unfolded. Here I will list only some of them: *The Path of the Divine Rainbow* (22.12.1998, Earth and People Museum), *Epiphany* (06.01.1999, Friendly House), *Mission The Second Coming* (09.01.1999, Union of Composers Hall), *Mandala of the Heavenly Jerusalem* (20.01.1999, Earth and People Museum), Interview on the National Radio (15.02.1999), *The Testament of the Colour Rays of Light* (20.02.1999, The Hall of the Universal Brotherhood), *The New Epoch of the Holy Spirit and Bulgaria* (27.02.1999, Union of Composers Hall) and others.

The public lecture, *The New Epoch of the Holy Spirit and Bulgaria*, became a real programme for the development of the Mission in Bulgaria. It was so significant that later on, in January 2002, we published it as a booklet and had a very inspiring 'booklet launch'.

From January 30 until February 5, 1999, we had a Winter Assembly on the Sacred Mountain Rila in Bulgaria. The main themes of the Assembly were *The Initiation of the Holy Spirit*, *Mandala Meditation*, *The Spiritual Heritage of Bulgaria and Ireland* and others. In the difficult winter conditions in the high mountains, the Assembly was very inspiring, joyful and productive. It was the first Assembly on the Rila Mountain. Since then, in the years that followed, we have had twelve *Summer Rila Assemblies*.

At the beginning of March I came back to Ireland. Within the small esoteric group in the new Rainbow House we discussed the results from my trip to Bulgaria and planned the next spiritual activities there. In our gatherings I introduced a few very important spiritual themes which became foundation stones for the work in Bulgaria – The New Commandments, The Blessings of the Cosmic Christ, New Heaven, New Earth, New Humankind and others. In the middle of April, I returned to Bulgaria again, but our work in Ireland showed convincingly that Ireland had become the 'headquarters' of the Mission, while Bulgaria was the 'front'.

After the intensive spring period of lectures (including The New Commandments, The Blessings of the Cosmic Christ, The Holy City, The Three Perfect Bodies of the Master Beinsa Douno, etc.), the rich Summer Assembly on the Sacred Mountain Rila (from June 25 until July 2), the Autumn Spiritual University and the weekly winter

gatherings consecrated to the Mystery of the New Coming of Christ, the Master Beinsa Douno, Maitreya Buddha, Krishna and other Divine Masters, including the Personifications of the Divine Feminine connected with them), the Mystery School of the Spirit was set in motion.

The Second Coming Integral Mission in Bulgaria and Ireland

With all the spiritual activities in 1999 it became clear that a new Mystery School of the Spirit had opened in Bulgaria. It became a basis for the unfolding of *The Second Coming Integral Mission*. The task of the Mission was to unfold the Teaching and the Cause of the Avatar of Synthesis. It developed further the new spiritual paradigm, which in the long term has to be implemented in the life of humankind. This Teaching and the Cause has been presented in more than two hundred and fifty lectures and spiritual cycles shedding light on the Second Coming Mysteries, on the Divine Feminine, on the New Cycle of existence of humankind, on the reality of the New Heaven and the New Earth and other related themes.

Obviously after publishing the book *The Second Coming* in Ireland in 1995 and moving to the new Rainbow House, the spiritual work entered into a new stage and produced many spiritual results. Gradually *The Second Coming Integral Mission* developed its pattern in Bulgaria and Ireland. It included different types of activity in Bulgaria and in Ireland. The year was divided into four parts, approximately three months each: summer and winter in Bulgaria, spring and autumn in Ireland. The main focus of the Mission was in Bulgaria, while Ireland fulfilled the purpose of mystical preparation of Mission activities and work with a small group of people.

The development of the **Mission in Bulgaria in winter** included:

- Two gatherings weekly with the spiritual group;
- Mystical Celebration of Christmas, the Day of the Master Beinsa Douno (December 27), New Year, Epiphany, the National Day of Bulgaria (March 3), the Spring Equinox (March 22) and other festivals;
- Cycles of lectures consecrated to the main themes of the new spiritual paradigm;
- Public lectures to various audiences – general and the *Brotherhood*;

- Preparation of the group in Sofia for the continuation of its work independently in spring, following the established pattern.

The development of the **Mission in Bulgaria in summer** included:

- Preparation for the Summer Assembly in the sacred Bulgarian mountain – Rila;
- Ten-day Summer Assembly of an International spiritual group (twenty people approximately) on Rila;
- Reflection on and appreciation of the results of the Summer Assembly;
- Preparation of the group in Sofia for the continuation of its work independently in the autumn, following the established pattern.

The development of the **Mission in Ireland in autumn** and in **spring** included:

- Preparing mystically for the next stage in the unfolding of the Mission; many new ideas for the unfolding of the Mission came during the contemplative time in Ireland;
- Writing new material and translating some of the Bulgarian material into English;
- Gatherings on a weekly basis with a small group of people in 2002-2003.

The Teaching and the Cause of the Avatar of Synthesis

The Teaching and the Cause of the Avatar of Synthesis, which is at the core of *The Second Coming Integral Mission*, was presented publically in more than two hundred and fifty recorded lectures, in the period from 1999 until 2003. Most of them were organised in cycles. According to the pattern of *The Second Coming Integral Mission*, the content of most of the lectures was 'received' and developed in Ireland and subsequently presented in Bulgaria. Even the list of these initiatic and esoteric cycles could give a clear idea of the joint development of the Mission in Bulgaria and Ireland.

In our gatherings, initiatic and esoteric cycles, a new spiritual paradigm gradually began to take shape. It was connected with the New Genesis coming from *the One Who sits on the throne* and the activation of the celestial archetypes from the *Book of Revelation* and some other Holy Scriptures (the Divine Wedding in Heaven, the birth of the reality of the New Heaven and the New Earth, the event of the Second Coming of the Divine Masters and their Feminine

Partners, the fall of the contemporary Babylonian-type civilisation, the establishment of the New Jerusalem civilisation, the Nine-Fold Rainbow Path for the establishment of the Kingdom of God with many mansions on Earth and other key concepts). Below I will list some of the spiritual activities of the *Second Coming Integral Mission*, emphasising the development of the new spiritual paradigm.

1. Initiatic Cycle: *The Mysteries of the Second Coming*

Five Lectures – February 2000 to March 2000, Sofia, Bulgaria.

This Initiatic Cycle shed abundant light on the Second Coming of Christ, the Coming of the Hebrew Messiah, the New Appearance of Imam Mahdi, the Enlightenment of the New Buddha – Maitreya, the New Incarnation of Ramakrishna and the New Manifestation of the Master Beinsa Douno. It prepared the people to meet the Second Coming (the Coming) of the Divine Masters and to receive their new initiations.

The event of the Coming, the Second Coming or the New Coming of the Divine Masters, is predicted in all world religions. All people on earth, with their particular spiritual traditions, have to be included in the New Reality and this is why the entry into the New Cycle of Existence is connected with the New Coming of the Divine Masters – the Coming of the Messiah, the Second Coming of Jesus Christ, the Coming of the Enlightened One – Buddha Maitreya, the Reappearance of Imam Mahdi and other manifestations of Divine Masters. Crucially important also is the Coming of all the Personifications of the Divine Feminine linked with the Divine Masters. In fact the New Coming is the apocalyptic act of the Lord, God Almighty, Who "now makes all things new". (Revelation 21:5)

The book *The Second Coming* provided answers (in a very precise, metaphysical, enlightening way) to the most delicate and sensitive questions about the Second Coming (or the Coming) of the Divine Masters predicted in the world religions. This helps to disperse unhealthy speculation, fears, illusions, false expectations and metaphysical malpractice, which have become part of contemporary culture. On the other hand it prepares us for the great events which are about to come and some of which are happening now.

As I mentioned previously (p. 190), every initiation brought by the New Coming of the Divine Masters will embrace the wholeness of the Kingdom of God with many mansions from the perspective of their traditions. This means that now, if someone is a Buddhist for instance, it is not enough only to tolerate and appreciate the other religions, but he or she has to achieve their spiritual goals through

the concepts of Buddhism. In other words, based on the Mandala of the Heavenly Jerusalem, the person using the language of the Mandala (a typical Buddhist concept) has to merge with various Divine Masters and appreciate their spiritual worlds (which by themselves reflect many others). Obviously, this is a new approach for the followers of Buddhism.

2. Initiatic Cycle: *The Gospel of the Divine Mother*

Five lectures – December 1999 to December 2000, Sofia, Bulgaria.

In our time the appreciation of the Divine Feminine is of crucial importance. In order to survive and undergo spiritual rebirth, humankind has to follow a whole New Gospel from the Divine Mother. In fact, the event of the Second Coming of the Divine Masters and the New Gospel from the Divine Mother are two aspects of one and the same mystery - the reality of the New Heaven and the New Earth coming into existence from God the Absolute, the Source of Life.

The Gospel of the Divine Mother will help us to bring the Kingdom of God down on Earth and to build life on all levels of Being as a Divine Temple. Emerging from the Source of Life, i.e. the Cosmic-spiritual Sun which never sets, the Divine Mother creates life in all realms of the vertical structure of the Universe as a Divine Temple – from the reality of the Holy City, through the various celestial worlds, to the life of humankind on Earth. On Earth she transforms and illuminates the Earth itself, human culture, society, the family, and the life of the individual human being.

The inspiring vision of St. John in the *Book of Revelation* (Chapter 19) refers to the establishment of the new celestial culture on Earth, woven by "the good deeds of God's people". We are invited to participate in the Divine Wedding (Revelation 19: 9), which means to co-create with the Divine Masters and the personifications of the Divine Feminine for the establishment of the Kingdom of God on Earth.

This Initiatic Cycle promoted harmonious and organic balance between all polarities in human life on Earth, especially between the universal masculine and feminine principles. This balance produces the most appropriate middle way for our time (corresponding to the well-known middle way in Buddhism). It helps to alleviate the tensions and opposition between the feminist movement and the existing patriarchal religions. The solution to this problem is balance through participation in the Divine Wedding.

In this Initiatic Cycle I also introduced an inspiring Feminine Mandala Meditation connected with the Mandala of the Heavenly Jerusalem.

3. Esoteric Cycle: *Mandala of the Heavenly Jerusalem*

Seven lectures – January 1999 to March 2000, Sofia and Rila Mountain, Bulgaria.

The inspiring biblical image of the New Jerusalem (in the visions of Isaiah, Ezekiel, St. John and of many other initiates of the world religions) is interpreted as a colossal metaphysical Zodiac-Mandala. This Zodiac-Mandala gives a great overview of the spiritual history of humankind after the "original sin" and shows the place, role and significance of the main world religions. The Mandala of the Heavenly Jerusalem allows us to integrate all spiritual epochs in the Indo-European cycle of evolution - from the previous Golden Age, the last Satya Yuga, to the coming new one.

The New Jerusalem has twelve gates, each one of which leads to the spiritual world of a particular tradition. Altogether they reveal the ultimate reality of the Kingdom of God with many mansions. This shows the great unity in diversity and diversity in unity in the spiritual life of humankind: all world religions glorify the One God, "Who was, Who is and Who is to come" and each religion does this differently.

This integrative vision, showing the primordial unity of the world religions and their place in the Messianic Plan, offers a powerful foundation for mutual respect, understanding and acceptance between the representatives of the various religions on the earthly plane. Moreover, when it is appreciated and activated in full, the vision of the New Jerusalem could lead to a living experience of the wholeness of the Kingdom of God with many mansions – i.e. the spiritual worlds of the various religions. This is why, the concept of the Mandala of the Heavenly Jerusalem is one of the foundations of the new spiritual paradigm. In other words, in its New Cycle of Existence humankind replaces the Babylonian civilisation (Revelation, Chapter 18) with the civilisation of the New Jerusalem (Revelation, Chapters 19, 21, 22)! At this crucial time in human history the Divine Masters and their Feminine Partners have to lead all people to the Kingdom of God.

4. Esoteric Cycle: *The Esoteric Depths in the Teaching of the Master Beinsa Douno*

Eight lectures – February 1999 - 2003, Sofia, Bulgaria.

In this Initiatic Cycle I presented some of the main foundation stones of the Teaching of the Bulgarian Master such as the sacred

dance Paneurhythmy, the Pentagram and the Testament of the Colour Rays of Light, as a blossoming *Tree of Life* revealing the whole three-fold vertical structure of the Universe and the human being as the micro-model of Creation.

By penetrating into the esoteric depths of the Teaching and Cause of the World Teacher Beinsa Douno, we become able to transcend the Spiritual School of the Soul and to enter into the Mystical School of the Spirit. In this School, however, all spiritual traditions are in metaphysical and mystical contact. This phenomenon makes us not only participants in the particular School of the Master, but in the Universal School of the Spirit where the Master is our main Teacher, together with other Divine Masters in male and female form. The aspect of the new spiritual paradigm here is to become followers of many other Divine Masters, still appreciating the Master as our main Teacher who shows us the richness of his own and all other spiritual traditions.

5. Esoteric Cycle: *Journey on the Nine-fold Rainbow Path*

Six lectures – April 1999 to April 2001, Sofia, Bulgaria.

A beautiful Divine Rainbow Path maps our ascent through the whole three-fold vertical structure of the Universe up to the Throne of God and our descent back to Earth, to life in the reality of the New Heaven and the New Earth. It could be seen as a great arc consisting of nine segments. Each one of them is a big Step on the Path of the Divine Rainbow and covers a very large field of spiritual work under the guidance and blessings of the Divine Masters and the Personifications of the Divine Feminine. On an individual level it leads to the blossoming of the human soul, the awakening of the Higher Self within, receiving the crown of initiations and co-creation with God. On the collective level it is connected with bringing the Kingdom of God with many mansions on Earth.

The Nine-fold Rainbow Path, revealed to me, is the Path leading to the Heavenly Jerusalem, the Kingdom of God with many mansions. It is a precise and well-articulated path given especially for our epoch. By embarking on this Rainbow Path, we will be able to develop spiritually, to live in peace and harmony with our neighbours and all nations and to take care of the Earth, Nature and the environment.

Initially, we could start the Path from any spiritual tradition but as the journey goes on, especially after the third step, we have to embrace the main aspects of the other paths as an organic part of our continuing spiritual ascent. The cherished aim of appreciating all spiritual traditions gives a special fragrance to the Nine-Fold

Rainbow Path and opens new dimensions of mystical experience. The ultimate goal of the Rainbow Path, however, is to merge with the Living God, who re-creates the world (Revelation 21:5), and to enter into the reality of the New Heaven and the New Earth.

6. Autobiographical Cycle: *On the Path of the Initiate*

Seven lectures – 2002-2005, Sofia, Bulgaria.

This cycle described some of the main events in my long spiritual journey lasting more than forty years. The purpose of sharing these events was to give context to the visions in my books and lectures and to give a living example of a journey on the Nine-fold Rainbow Path. In sharing my spiritual and mystical life-story, I was greatly inspired by Paramahansa Yogananda's book *Autobiography of a Yogi*. I would be happy if my spiritual story could also give encouragement and inspiration to many people.

Actually, the content of Part One of this book, *Developing the Spiritual Bodies*, presents the main events in my journey in much greater detail. The outcome of this journey - becoming an Avatar of Synthesis (undergoing the First and the Second Resurrections, receiving the Crown of Initiations and co-creating with the Divine Masters) - reveals two new stages in the integral spiritual development of the human being (receiving a Crown of Initiations and co-creating with God). Thus the ultimate spiritual values and goals in the world religions are significantly enriched!

7. Esoteric Cycle: *Unfolding of the Second Coming Integral Mission*

Nine lectures – 1999 - 2003, Sofia and Rila Mountain, Bulgaria.

In 1998 the Second Coming Mission "took off" metaphysically and reached many spiritual and mystical 'summits'. Some of them were connected with the winter spiritual festivals, others with a series of important Initiatic Cycles and some key public lectures, while third were linked with the achievements of the Summer Mystery Schools. Many sacred books such as *The Book of Revelation* by St. John, *The Testament of the Colour Rays of Light* by the Master Beinsa Douno and other Holy Scriptures, 'sealed with seven seals', revealed their secrets and developed into a Plan and 'Scenario' for Action. This cycle reflected the unfolding of the Mission as part of the Divine Action for the establishment of the Kingdom of God on Earth.

Some of the main achievements in the unfolding of the *Second Coming Integral Mission* were the development of the new spiritual paradigm, the introduction of the new concept of history (p. 264), the contemplation of the dawn of the new world religion (p. 244), the meeting of the New Coming of the Divine Masters and the glorification of the Divine Feminine (p. 180). At some stage instead

of *Second Coming Integral Mission*, we began to speak about the realisation of the Testament of Truth in our time. In general, the Testament of Truth as such reveals the eternal Divine Truth about God, Creation and the Human Being made in the image and likeness of God. The Testament of Truth in our epoch is connected with the New Genesis from *the One, Who makes all things new*, and this is why so many new aspects of living spirituality came into existence!

8. Meditative Cycle: *Spiritual Celebrations*

Seventeen spiritual celebrations – January 1999 to April 2005, Sofia. The celebration of the main spiritual Festivals was always consecrated to the connection between the mystery of the First Coming and the Second Coming. The celebrations were different every year but the tendency was to go deeper and deeper into their new spiritual essence. Some of the main prayer-meditations connected with the celebrations included meeting the 'Star' of the Second Coming of Christ and giving birth to the Christ impulse within, the New Mission of the Divine Mother, Meeting the New Appearance of the Master Beinsa Douno, 'Metaphysical Baptising' in the Holy Spirit, the New Commandments by the Lord God Almighty, appreciation of the New Mandala of Maitreya Buddha, following in the Steps of the Night Journey of the Prophet Muhammad, meeting each New Year with Mandala meditation, integrating all spiritual traditions, and others.

In fact, the celebrations of the main religious festivals were a preparation for the meeting of the New Coming of the Divine Masters and the Personifications of the Divine Feminine. We were inspired by the task to move from the celebration of the First Coming of the Divine Masters to their New Coming, thus completing the cycle of their Mission on Earth. In this way we celebrated our metaphysical and mystical connection with the Divine Masters and the Personifications of the Divine Mother, so we could merge and live with them forever!

9. Esoteric Cycle: *Missions and Destinies*

Ten lectures – January 1999 to March 2002, Sofia, Varna, Bulgaria. Every nation has its own unique mission. Over the years I was blessed to understand and appreciate the spiritual missions of many nations such as the Bulgarian, Russian, Irish, English, Swiss, German, French and others. Many lectures were consecrated to the Missions and Destinies of these nations, especially to the Bulgarian, the Irish and the Russian. In this regard the national day of Bulgaria (March 3) was a great opportunity to link with the

Bulgarian people, with their National Soul and Spirit-Guide and to participate in the fulfilment of their spiritual Mission. The same could be said about the national day of Ireland – March 17, St. Patrick's Day!

I sincerely hope that the content of Part Two, *New Mysteries from Ireland*, sheds light on the *Book of the Living* of the Irish people from the past and the potential glorious Mission in the future. My lecture, *The New Epoch of the Holy Spirit and Bulgaria*, became the spiritual programme for the unfolding of the Mission in Bulgaria, while the concept of the *Rose of the World* by the great Russian mystic Daniil Andreev about the Mission of Russia in our time, was presented from many different aspects. Of course, in our crucial time the missions and destinies of other countries were described as important spiritual tasks as well.

10. Initiatic Cycle: *The Testament of the Colour Rays of Light*

Five Prayer-Meditations – January 6, 2001-2006, Sofia

This Initiatic Cycle was connected with 'metaphysical baptising' in the Holy Spirit. In Bulgaria, in the Orthodox Church, January 6 is the celebration of the baptising of Jesus in the River Jordan. Every year on this date I conduct a ceremony with the group dedicated to the mystery of baptising in the '*river of light, which flows from the Throne of God*' (Revelation 22: 1-5). This ceremony-celebration is based on the *Book of Revelation* by St. John and *The Testament of the Colour Rays of Light* by the Master Beinsa Douno. The participants have experienced the mystery of baptising by the Holy Spirit in different ways, according to their own state, but all have been inspired and filled with light. We have to undergo this new baptising in order to receive enlightenment and to become cosmic-spiritual beings.

11. Initiatic Cycle: *The Initiation of the Holy Spirit*

Five lectures - January – March 2002, Sofia, Bulgaria.

This Initiatic Cycle consisted of seven programmes connected with building our lives on all levels of Being as a Divine Temple, where the Holy Spirit dwells. These programmes included building ourselves and the family as a Divine Temple, developing community life, the nation and the whole of humankind as a Divine Temple. This is followed by our entry into the New Heaven and the New Earth as into a Divine Temple. Each programme was an enormous field for spiritual work and it was supported by spiritual knowledge, techniques and practices.

The Initiation of the Holy Spirit and the task of unfolding our lives as a Divine Temple are presented in Chapter Eleven of Part Two of the book (p. 304).

12. Initiatic Cycle: *The New Humankind*

Five lectures - January – March 2002, Sofia, Bulgaria.

All nations have to develop a harmonious socio-cultural organism consisting of balanced interconnected political, cultural, economical, educational and other systems. They have to activate their 'National Souls' (the bouquet of unique virtues) and awaken their 'National Spirit-guides' in order to fulfil their Divine Missions. Only then the nations could form the new type of humankind which could live in the reality of the New Heaven and the New Earth.

Actually, rich material about the awakening of the National Souls and the National Spirit-Guides of the Bulgarian and the Irish people is presented in both Part One and Part Two of this book (pp. 32 and 206). Obviously the essence of this process was shared with the participants in this Initiatic Cycle.

The New Spiritual Paradigm

It is evident that in our esoteric and initiatic cycles a new spiritual paradigm was gradually taking shape. The key to this new spiritual paradigm was the New Genesis coming from *the One Who sits on the throne*. The New Genesis activated the celestial archetypes of the *Book of Revelation* and the other Holy Scriptures. Earlier, in the Esoteric and Initiatic Cycles, I discussed some of the main features of the new spiritual paradigm.

Now I will summarise the new spiritual paradigm, based on the concepts of the New Genesis, the New Cycle of Existence and the replacement of the present Babylonian-type civilisation with the New Jerusalem civilisation.

The New Genesis. The re-creation of the world is a staggering New Genesis, which integrates the past, the present and the future in the life of humankind. It contains the essence of the great spiritual teachings from the past, keys to the present apocalyptic change of the world and the living seeds for the coming New Reality.

Amazingly, we will not only be able to witness the New Genesis but also to participate in it. Thus we will be able to 'gather' the spiritual fruits from the outgoing Indo-European Cycle, to contemplate the New Coming of the Divine Masters and Personifications of the

Divine Feminine and to co-create with them for the coming reality of the New Heaven and the New Earth.

From now on entry into the new dynamic universe and co-creation with God has to be our main task in life. This is the deep mystical essence of our time. All our spiritual activities have to be planned and organised in line with this inspiring and challenging task. If we live up to this task, we could go forward gloriously into the New Cycle of Existence in great appreciation and gratitude for the efforts of all previous generations of humankind. In relation to the Mayan Prophecy of 2012, the light of the Cosmic-spiritual Sun at the centre of our galaxy is the energy for the New Cycle of 25,625 years in the evolution of humankind. We could appreciate this light as the Light of the New Genesis, as the beginning of a new cycle of evolution for humankind. This is why the Cosmic Cycle in the Mayan Calendar after 2012 was left blank - in it we have to participate actively in the New Genesis and to co-create with God!

The New Cycle of Existence. The coming new epoch in the life of humankind is its New Cycle of Existence in the reality of the New Heaven and the New Earth. This New Cycle is the fulfilment of the prophecies of the world religions. For instance, Isaiah witnessed God creating new heavens and a new earth "Now I create new heavens and a new earth, and the past will not be remembered, and will come no more to men's minds." (Isaiah, 65:17). St. John also saw a new heaven and a new earth "Then I saw a new heaven and a new earth. The first heaven and the first earth disappeared, and the sea vanished." (Revelation. 21:1) Similar metaphysical visions about the coming New Reality in the life of humankind can be found in all world religions.

The Fall of Babylon. Babylon, the fall of which is described so dramatically in the *Book of Revelation*, is a symbol of all the negative aspects of the contemporary civilisation. These aspects could be identified with the Lucifer, Ahriman and Antichrist energies (see, Foreword, p. 9-10). Of course, the forces of Light are always present (otherwise human culture simply would cease to exist), but the influence of the dark forces in our time is enormous.

In our time the struggle between the Light and the Dark forces has reached a critical point. Obviously, in order to survive, humankind has to overcome the power of the dark forces and the Babylonian civilisation has to fall. A new civilisation, based on the Light forces, has to emerge. This is why St. John saw the fall of Babylon and the coming of a new celestial culture on Earth - "the Holy City, the New Jerusalem, coming down out of heaven from God" (Revelation 21: 2).

The celestial archetypes in the *Book of Revelation* and other Holy Scriptures of the world religions are not only high metaphysical concepts. In our Initiatic Cycles we experienced these archetypes as the living power of the Testament of Truth for our epoch. The results of this prayer-meditative work were staggering indeed: they have given the "taste" of the coming new reality and the living presence of God!

The activation of these Divine archetypes requires a **new spiritual paradigm** in the life of humankind. It has to be based on meeting the Second Coming, gathering the fruits from the outgoing Indo-European Cycle and participating in the Divine Wedding which gives birth to the New Reality, and co-creation with God.

Metaphysically we could speak about the new spiritual paradigm as **Second Coming Consciousness**. It comes not to replace the Teachings of the existing religions, but on the contrary – to strengthen, rejuvenate and reinforce them by fulfilling their ultimate goals. This is why now we could speak about an important "**paradigm shift**" in the fields of religion and spirituality – a shift from the "First Coming Consciousness" (i.e. the one existing in the established religious traditions) to the "Second Coming Consciousness" developing in line with the new spiritual paradigm.

So, in our difficult time, based on the new spiritual paradigm, humankind will be able to overcome the existing "**Babylonian civilisation**" (the fall of which is described so dramatically in Chapter 18 in the *Book of Revelation*) and to start building the **New Jerusalem civilisation** (envisioned so powerfully and inspiringly in Chapters 21, 22)!

The introduction of the new spiritual paradigm is a great blessing for contemporary humankind because it shifts the accent from the destructive apocalyptic events of the *Book of Revelation* to the constructive positive forthcoming reality of the New Heaven and the New Earth.

The establishment of this new civilisation is the key to humankind's survival in the long term and to the fulfilment of its Divine purpose as mediator between Heaven and Earth envisaged from the beginning of Time. Thus we will be able to establish the Kingdom of God on Earth.

Chapter Ten

Meeting the Second Comings

International Assemblies on the Sacred Mountain Rila in Bulgaria and Meeting the Second Comings on the Ethereal Level

The International Summer Assemblies on the sacred mountain Rila in Bulgaria played a very important role in the unfolding of the *Second Coming Integral Mission* and the activation of the new spiritual paradigm. In them my role as an Avatar of Synthesis of the Second Comings was to merge with one or another Divine Master, to witness and participate actively in the event of their New Coming on the ethereal level. The twelve International Summer Assemblies on the sacred mountain Rila in Bulgaria are examples of this. They set the pattern of meeting the Second Comings, which of course could be applied in many other countries. Each of these events was an inspiring spiritual experience. Below I will mention only a few of them, but obviously they could become the basis of extended spiritual programmes for the near future.

The New Genesis. The key to the *Second Coming Integral Mission* and the new spiritual paradigm is the *New Genesis*. It is at the foundation of meeting the New Coming of the Divine Masters and the Personifications of the Divine Feminine. I gave special lectures consecrated to the *New Genesis* and the *New Spiritual Paradigm*. The mystery of the Second Coming of the Divine Masters and the glorification of the Divine Mother were appreciated in the Initiatic Cycles. These themes were at the core of our International Rila Assemblies over the years as well. Here I will refer to some material from the diaries of the Rila Assemblies, describing the way in which we met some great Divine Masters and Manifestations of the Divine Mother on an ethereal level. I sincerely hope that this material will illustrate the metaphysical and mystical substance coming from the higher worlds. Naturally, I will start with the spiritual event of contemplation of the *New Genesis*.

On July 10, 2009, the Sunrise Ceremony was consecrated to the *New Genesis*. This was one of the most mystical prayer-meditations in the Rila Assembly. I invited the participants to contemplate in the Rising Sun the Light of the Cosmic-Spiritual Sun of the Universe and to try to enter into the new creative act of God, *making all things new* (Revelation 21:5).

The creation of the New Heaven and the New Earth is the greatest cosmogonic event in the life of humankind. In essence, the creative act of God, *Who makes all things new*, includes the activation of the Divine Masters and the Manifestations of the Divine Feminine, the realisation of the Divine Wedding between the Feminine and Masculine cosmic energies, and the formation of the reality of the New Heaven and the New Earth. In this reality the enlightened humankind will begin a great new cycle of evolution.

The sacred aim of the guided prayer-meditation was to receive the illumination of the reality of the New Heaven and the New Earth, emanating from God in our time. For this purpose, we envisioned the creative act of God in the form of a new Mandala (a symbolic image of the Universe). In essence, this Mandala-meditation was connected with the coming new Buddha, Maitreya, who will reveal the new cosmic order.

From the spiritual history we know the inspiring legend about the creation of the existing Buddhist Mandala. According to it the primordial Buddha began to radiate from the centre of the Universe and formed the four universal directions. At each one of them He placed one or another Dhyani-Buddha to sustain the Buddhist cosmos. Following this archetype I directed the participants in the meditation to imagine how from the Absolute Origin of Being the primordial Christ (He is the primordial Buddha for the Buddhists, Metatron for Kabbalists, Imam Mahdi as the *Axis Mundi* for Muslims, etc.) begins to radiate in order to form the New Creation.

In this meditation I outlined some of the mystical aspects of the New Genesis. From the Throne of God, manifesting the creative impulse from God, the eternal Christ – the first born from God, the active masculine creative principle of Being – proclaims the will of God to change the world and illuminates the New Creation. His first act is to constitute the mythological space (the four universal directions) and the mythological time (the twelve signs of the cosmic-spiritual Zodiac) of the Heavenly Jerusalem. He then transmits the new creative impulse to all Divine Masters, saints and prophets at the Gates of the Heavenly Jerusalem and activates the new Mandala of the Holy City.

Because the mystery of the Second Coming is associated with the return of humankind to the Father's House, the Holy Spirit opens the last Gate of the Heavenly Jerusalem, leading to the New Reality. With this act the entire Indo-European cycle in human evolution is completed. Thus the Kingdom of God, where there are many mansions, is prepared and humankind is called to ascend and start

its New Cycle of Existence. There humankind will live forever co-creating with Christ, the Divine Masters and the Personifications of the Divine Feminine.

After finishing His Divine work of preparing the Holy City, Christ comes down through the whole vertical structure of the Universe. His Divine task is to rejuvenate, transform and illuminate all celestial realms in accordance with the new creative impulse from God. He raises the vibrations of the whole spiritual Universe and brings it into a new level of existence. Finally, Christ reaches the etheric layer of our world and appears as the glorious and victorious Cosmic Christ ready to bring people from all corners of the Earth to the reality of the New Heaven and the New Earth.

In creating the New Reality Christ inaugurates a colossal multi-dimensional mythological cosmic-spiritual Cross, forming the archetypal structure of the New Creation. The vertical axis of this mythological cross is the vertical structure of the Universe (the Middle Pillar, the axis of the various planes of all supramundane worlds); it is a column of Christ Light which radiates creative impulses into all spiritual worlds. The horizontal axis of this mythological Cross is the celestial Zodiac-Mandala with all mansions in the Holy City. (Actually, the horizontal axis itself is the gigantic horizontal circle of the Heavenly Jerusalem with the system of co-ordinates – the world directions – which form a gigantic horizontal cross themselves.) Above the horizontal axis is the Throne of God, the Absolute Origin of Being, from where the Cosmic Christ and the Universal Feminine emanate with the new creative impulse.

To reveal this colossal metaphysical picture, I led a *Mandala Meditation* for the mystical link with the Primordial Christ at the Centre of the Universe, with the coming of the New Buddha – Maitreya and the activation of the New Comings of Lord Krishna, Zoroaster, Imam Mahdi and the Master Beinsa Douno. Through the hymn AUM, through sacred mantras and formulas we linked with the apocalyptic light of the Cosmic Christ and the New Manifestations of the Divine Masters. This was the way to merge with the Lord God, *Who makes all things new* and re-creates the world.

At the core of the New Genesis are all deeds written in the *Book of the Living*, on the one hand, and, on the other hand, all the seeds of what will unfold in the New Reality. Let us recall here the legend of Gautama Buddha: when he received his Enlightenment, he was able to see everything that existed in the past, exists in the present and

will exist in the future. From this point of view the purpose of the contemplation of the new impulse coming from the Lord is to integrate the past, the present and the future in the spiritual history of humankind and to experience the essence of the New Reality that is coming. Of course, this is an ultimate state of consciousness, but even the small insights which we could receive will give abundant fruit in the future. The most important thing is to enter into the creative moment of the New Genesis, which contains an inexhaustible richness of living impulses for unfolding.

To a great extent we entered! It is difficult to describe in words the apocalyptic power of the New Genesis! It integrates the whole three-fold metaphysical vertical structure of Creation and the metahistorical time – past, present and future – into a great spiritual wholeness. It contains powerful impulses for the re-creation of the world in line with the vision of St. John from the *Book of Revelation* (4:5): *From the throne came flashes of lightning, and rumblings and peals of thunder, and before the throne were burning seven torches of fire, which are the seven spirits of God.* In accordance with the Buddhist Surangama Sutra it appears also as *a soft light coming down like a gentle rain of soft petals of many different-coloured lotus-blossoms, all blending together and being reflected into the open space of heaven in all the tints of the spectrum.*

The participants in this prayer-meditation on Rila had different spiritual experiences and insights, but the general feeling was that we touched the New Reality. Here it is interesting to note that during the meditation, one of the participants very clearly saw the image of Quetzalcoatl (a Deity in the Mayan Pantheon), although I did not mention him. This shows that there was a real spiritual presence, and we were somehow involved in events in the higher Divine world!

Meeting the Cosmic Christ. "The Son of Man will appear, coming on the clouds with great power and glory" (Mark 13: 26). The Cosmic Christ will appear in His Universal Body, in the highest Divine world, as the Light of the whole of Creation. As an integral part of the new Divine impulse for re-creation of the world, Christ inaugurates a colossal multi-dimensional mythological cosmic-spiritual Cross which is the archetypal structure of the new Creation. As stated on the previous page - the vertical axis of this mythological cross is the vertical structure of the Universe (the Middle Pillar, the axis of the various planes of all supramundane worlds); it is a column of Christ Light which radiates creative impulses into all spiritual worlds. The horizontal axis of this

mythological Cross is the celestial Zodiac-Mandala with all mansions in the Holy City. (Actually, the horizontal axis itself is the gigantic horizontal circle of the Heavenly Jerusalem with the system of co-ordinates - the world directions - which form a gigantic horizontal cross themselves.) Above the horizontal axis is the Absolute Origin of Being, from where the Cosmic Christ and the Divine Mother emanate with the new creative impulse.

So, when we contemplate and meet the Cosmic Christ, He will baptize us in the name of the Cosmic-spiritual Cross of Immortality. Then we will become apostles of the Cosmic Christ, bringing the Reality of the Kingdom of God with many mansions on Earth and co-creating with Him.

A very inspiring spiritual event happened in our International Rila Assembly in 2012. On our last day of the Assembly we went to the Fourth Lake, the Inner Twin, to receive a baptizing by the Cosmic Christ in the name of the Cosmic-spiritual Cross of Immortality. I brought with me holy oil from Jerusalem with the intention of using it in the prayer-meditation. The weather was good; the lake was very peaceful and calm, reflecting the majestic rocks and summits around. We sat comfortably on the shore of the lake and individually entered into deep contemplation and meditation.

After about twenty minutes of solemn silence, I started a guided prayer-meditation for a mystical link with the Cosmic Christ to receive His sixth Blessings as described in the *Book of Revelation*: *I will make him who is victorious a pillar in the temple of my God, and he will never leave it. I will write on him the name of my God and the name of the city of my God, the new Jerusalem, which will come down out of heaven from my God. I will also write on him my new name.* (Revelation 3: 12) I had guided this type of prayer-meditation many times. It includes a link on a soul level, a link with the living souls from the four corners of the Earth, ascending through the whole vertical structure of the Universe by merging with the vibrations of the Sacred Heart of Jesus and with the Spirit of Christ in the Highest Divine World. The place, the time and the atmosphere of this particular prayer-meditation, however, were very special: they included the Inner Twin as the 'mystical gate' to Shambala, the magic presence of the Higher Worlds, the anointing with holy oil from Jerusalem, the glorious music of the last choir from Mass in B-Minor by Bach. All these elements contributed to our mergence with the Cosmic Christ and receiving His Blessing. Even the fact that this prayer-meditation was our last spiritual

activity of a very inspiring Rila Assembly, made this mystical ceremony very powerful and significant.

Of course, the spiritual experience of each one of the participants was different, but the feeling was unanimous – that we were participating in a transcendental event. My anointing of the foreheads of the friends in the group with the holy oil from Jerusalem became like a symbol of baptizing by the Spirit of Christ in the Name of the Cosmic-spiritual Cross of the New Creation.

Following the Gospel of the Divine Mother. When "the One who sits on the throne makes everything new", the Divine Spirit and the Divine Feminine, in absolute harmony and collaboration, create the Reality of the New Heaven and the New Earth and give birth to the New Transcendent Humankind. This is realised in the process of the new coming of the Divine Masters and the Divine Wedding between the Universal Divine Spirit and the Universal Divine Feminine. This is the great creative act of the Lord, which we could contemplate and in which we are called to participate through the Divine Service in front of the Throne of God.

The appreciation of the Divine Feminine is of crucial importance for our time. In order to survive and undergo spiritual rebirth, we have to follow a whole New Gospel which comes from the Divine Mother. It will help us to bring the Kingdom of God down on Earth and to build life on all levels of Being as a Divine Temple. Emerging from the Source of Life, i.e. the cosmic-spiritual Sun which never sets, the Divine Mother creates life in all realms of the vertical structure of the Universe as a Divine Temple – from the reality of the Holy City, through the various celestial worlds, down to the life of humankind on Earth. On Earth She transforms and illuminates the Earth itself, human culture, society, the family and the life of the individual human being. In fact, the event of the Second Coming of the Divine Masters and the New Gospel of the Divine Mother are two aspects of one and the same mystery - the reality of the New Heaven and the New Earth coming into existence from the Source of Life, the Absolute Origin of Being.

From the point of view of the archetype of the Divine Wedding I could say that:

- the Divine Spirit is the essence of the Subjective Principle in Creation while the Divine Feminine is the essence of the Objective Principle which manifests and sustains Creation;
- the Divine Spirit is the Sacred Word through which everything was created, the Divine Feminine is Creation Itself;

- the Divine Spirit is the light of the world, the Divine Feminine is the manifested world illuminated by this light;
- the Divine Spirit is a manifestation of the Universal Spirit in Creation; the Divine Feminine is a manifestation of the Universal Soul in Creation;
- the Divine Spirit is the Living Water for Eternal Life, the Divine Feminine is the river of the water of life clear as crystal which springs from the Throne of God Revelation 22:1;
- the Divine Spirit is the living Bread coming from Heaven; the Divine Feminine is the One who nourishes all living beings with this bread;
- the Divine Spirit develops the human being as a Temple of God; the Divine Feminine sustains this holy Temple within the human being.

By following the New Gospel of the Divine Mother we will be able to permeate all areas of our lives with the Divine Spirit emanating from Her Universal Body. She will help us to establish the Kingdom of God with many mansions on Earth. In all our Summer Assemblies on Rila we consecrate a special day to the Divine Feminine and include the presence of the Divine Feminine in many prayers and meditations. A bright example of such a day is described above –*The Rose of the Divine Mother* – in Chapter Four.

One of the main purposes of the sacred dance Paneurhythmy is to link with Nature and our Mother Earth! In fulfilling this purpose we have many inspiring experiences and achievements.

The New Appearance of the World Teacher Beinsa Douno. One of the culminations of our Summer Assemblies is the celebration of the birth of the Master Beinsa Douno on July 12. It is very natural because he transformed the Seven Lakes area on Rila into a holy place of great importance. In the first half of the twentieth century the Master Beinsa Douno himself revealed a great new initiation connected with the epoch of Aquarius and the beginning of the new solar culture. The vibrations of the work of the Master Beinsa Douno are printed in every hill, valley and lake in the areas of the Seven Lakes and Mussala Summit. It is very natural to celebrate his birth as a great spiritual event. Moreover, the sacred dance Paneurhythmy, created by the Master, is danced every day, we meet the Sunrise with inspiring songs and prayers-formulas by the Master, and we have pilgrimages to the special places, made sacred by the Master Beinsa Douno.

Every year I prepare specially for the celebration of the Day of the Master Beinsa Douno. On this day we go to the Prayer Summit

where the Master gave many inspiring talks, we visit the Camp of the Brotherhood where the Master lived and worked with his followers, we have prayers and meditations of thanksgiving and receiving blessings from the Master. One of my main goals is to bring the group to a level where they can merge with the Cosmic Body of the Master and receive Initiation into the esoteric depths of the Panneurhythmy, the *Testament of the Colour Rays of Light* and the Pentagram. Truly, every celebration of the Day of the Master is a great spiritual event and blessing for us.

In the 2012 Rila Assembly, on July 12, we however experienced something extraordinary. The day started with an inspiring Sunrise prayer-meditation, we had a very uplifting Panneurhythmy, we visited many of the special places of the Master Beinsa Douno and we climbed in spiritual anticipation to the high Prayer Summit. There, in a well prepared meditation-ceremony, I invoked the presence of the Master and we experienced something like the Scene of Transfiguration of Christ (St. Luke 9: 28-36). This time the Master Beinsa Douno appeared in dazzling white clothes and with a face shining with great Divine Love, Wisdom and Truth. It was really a new stage in our mystical contact with the Master, which we will cherish deeply in our souls and spirits and which we will try to repeat every year.

Merging with the Spirit of Zoroaster. In my sharing about the development of my spiritual bodies, the Spirit of Zoroaster played a very important role. I was even directed to ascend to Rila Mountain in order to receive Zoroaster's Nirvana. At that particular time I did not achieve Zoroaster's Nirvana, but even the preliminary stages of this sublime state of consciousness were awe-inspiring.

Many years later I did experience something like Zoroaster's Nirvana. It happened at an amazing spiritual event which took place on July 11, 2003 in our Summer Assembly on Rila. We had a wonderful Sunrise ceremony (including prayers, songs by the Master Beinsa Douno and a meditation which I guided) and after breakfast ascended to the Plateau around the fifth Lake to dance Panneurhythmy. At a very picturesque point on the Plateau overlooking the valley of the Lakes and in view of the surrounding summits, I had a staggering mystical vision: I linked mystically with the Cosmic-spiritual Sun at the centre of the Universe, experienced dazzling light and witnessed a miraculous phenomenon. To my great wonder, the Cosmic-spiritual Sun started to approach the Earth, increasing enormously in size, and then withdrew. In a similar way as the Sun 'danced' in the apparition of the Blessed

Virgin Mary at Fatima, the Cosmic-spiritual Sun started "dancing". It was radiating the creative Light of God, which manifested as the Holy Spirit encompassing the Earth. It is difficult to describe all the thoughts and feeling which I felt, but I could well identify, in Zoroastrian terms, this Cosmic-spiritual Sun with the essence of Ahura Mazda. It is interesting to note that some friends from the group had similar visions and felt an amazing Divine presence.

Ahura Mazda is the personification of the great universal Divine Light, lying behind the Sun and the stars, which gives life to all Creation:

The Sun and the Moon and the Stars give us their light, but Ahura Mazda is the Light that lights them to light the world.
(Thus Spake Zarathustra, Compiled by B.S. Surti, Sri Ramakrishna Math, Madras, 1981, p. 3)

In his new coming, Zoroaster may manifest in the heavenly worlds as an inner Guide within our souls and spirits and could reveal the mystery of the great Cosmic-spiritual Sun which never sets, that is, the Truth of the transcendent Divine Light, and establish forever the Kingdom of Light on Earth.

The Light of the Cosmic-spiritual Sun at the centre of the Universe is the essence of Ahura Mazda. When we merge with this Light, we enter into Zoroaster's Nirvana and unite with the Great Spirit of Zoroaster.

Appreciation of the Coming Maitreya Buddha. The Coming of Buddha – Maitreya – will result in a great dazzling Enlightenment revealing the totality of all existence and embracing the past, the present and the future of humankind. He will bless us with the Mandala of the New Spiritual Order.

We can find in the legendary Surangama Sutra, describing the vision of Buddha Sakyamuni-Gautama, a mystical key to the New Mandala, which will be revealed by the new Buddha - Maitreya:

The Blessed Lord, sitting upon the throne in the midst of Buddhas and Bodhisattvas from all the ten quarters of the universe, manifested his transcendental glory, surpassing them all. From his hands and feet and body radiated supernal beams of light that rested upon the crown of each Buddha and Bodhisattva assembled here.

And equally from the hands and feet and bodies of all those Buddhas and Bodhisattvas of the ten quarters of the universe went forth rays of glorious brightness that converged upon the

*crown of the Lord Buddha, and upon the crowns of all the Buddhas and Bodhisattvas and Saints present. (Lama Anagarika Govinda, *The Way of the White Clouds*, p. 10.)*

This is the amazingly majestic Buddhist Mandala, which reveals the mystery of Creation from the Buddhist perspective. Now in the light of the new Creative Act from the Lord, we could imagine the *One Who sits on the Throne*, the cosmic-spiritual Sun of the universe, radiating with transcendental glory. From the twelve mythological directions, i.e. the Temples in the Heavenly Jerusalem, the Divine Masters of humankind – Krishna, Hermes, Moses, Zoroaster, Buddha, Lao Tzu, Jesus Christ, Muhammad, the Master Beinsa Douno and others – shine with great Divine light that merges with the crown of the *One Who sits on the throne*. The celestial images of the Divine Masters appearing at the twelve gates of the Holy City are emanations from the cosmic-spiritual Sun at the centre of the Universe, from the *One Who sits on the Throne*. At the same time each one of them reflects the light of all the others in accordance with his own image and spiritual essence. This leads to an illumination about the glorious manifestation of all the Divine Masters simultaneously from the Centre of the New Jerusalem. Radiating from the Divine Centre of Creation as images of the Living God, they reflect the essence of each other, keeping however their own unique identity.

The Divine Masters, together with their Feminine counterparts, are surrounded by the souls of many enlightened followers – the Bodhisattvas in Buddhism, the Prophets in Judaism, the Apostles and Saints in Christianity, the Gnostics in Islam and so on. The Light emanating from the Divine Masters opens widely the gates of initiation into the ultimate reality.

In our Summer Assemblies on Rila, in anticipation of the Coming Buddha- Maitreya, we perform these types of Mandala Meditations. In them the Mandala of the New Spiritual Order, which Maitreya Buddha will reveal, will be the integral light of all the Divine Masters, all personifications of the Divine Feminine and all initiates, connected with them, which radiates from the "*One, Who sits on the Throne*" as from a colossal cosmic-spiritual Sun, enlightening the New Reality. In a similar way as the Sun is at the base of all life on Earth, the Light, Love, Wisdom and Truth of this Cosmic-spiritual Sun is at the base of the co-creative life of the enlightened humankind. The metaphysical and mystical experiences of these Mandala Meditations are exalted indeed!

Mystical link with the Divine Gurus Ramakrishna and Babaji. In his Indian incarnation the Divine Guru Ramakrishna was an embodiment of Rama and Krishna. In his New Coming Ramakrishna can even become a manifestation of Masters from different traditions in order to confirm the absolute mystical unity of all religions. Meeting the New Coming of Ramakrishna we will experience the highest states of consciousness in the world religions (such as Samadhi, Nirvana, Resurrection, Transfiguration, Revelation) and devotion to the Divine Mother as Ramakrishna did.

In every Rila Assembly we link devotedly with the great Hindu Tradition. Thanks to Ramakrishna's spiritual achievements, the idea of the unity and integration of all religions has been extremely vivid and real for our spiritual activities on the sacred Mountain Rila. We also make a special link with the Divine Avatar Babaji, who requested Sri Yukteswar to show the unity of the Hindu and Christian traditions, which he did in the book *The Holy Science*. Sri Yogananda, Sri Yukteswar's most famous disciple, taught Kriya Yoga and worked for the unity of all religions throughout the whole of his mission in the western world. Moreover, Yogananda had a deep contact with Ramakrishna through one of his closest disciples.

From the Master Beinsa Douno it is known that Rila is one of the oldest spiritual universities in the world. In its Akashic Chronicles are written many initiations from the spiritual history of humankind. Symbolically speaking, the entry into one or another spiritual world of the religions is ascending to the top of the Sacred Mountain, i.e. like climbing the highest summits in the Himalayas. In line with the great spiritual achievements of Ramakrishna we appreciate the sacred mountain Rila as the Spiritual Himalayas. Then one of the main goals of our Summer Assemblies is receiving the Initiations of the world religions – i.e. climbing the glorious and awesome summits of the Spiritual Himalayas.

Here another inspiring example for us is the Divine Guru Babaji with his legendary group in the Himalayas. It is well known that Babaji and his group move around in the Himalayas by materialising and dematerialising from place to place. In a sense our spiritual work on Rila is the entry into one or another spiritual world of the religions, climbing to the top of their Sacred Mountains, meeting the Second Coming of the Divine Masters and the Personifications of the Divine Feminine connected with them - in other words, to 'materialise and dematerialise' on the summits of Initiation in the Spiritual Himalayas.

This is why I often feel the spiritual presence and the great support of the Divine Guru Babaji very strongly. For instance, I remember with great appreciation our trip on the bus to the Rila Mountain for the Summer Assembly in 2003. Approaching Rila Mountain I felt the presence of Babaji and his invitation to ascend to the Mountain and enter in it as into a Temple where he would bless us with his Initiation. Immediately I shared this with the group in the bus and we became aware of this great possibility. The Summer Assembly went very well and I felt the presence of the Divine Guru throughout. At some stage the metaphysics of the place changed – from the picturesque Seven Lakes area it became the reality of the Heavenly Jerusalem with the celestial Temples of the World religions, the Kingdom of God with many mansions. I was, of course, deeply moved by this vision and connected it with the fulfilment of the blessing of Babaji. Since then the idea of forming a spiritual group similar to the legendary group of Babaji in the Himalayas became an important goal of every Summer Assembly.

The link with the Hindu spiritual tradition, the metaphysical and mystical connection with the Lord Krishna, Ramakrishna, Babaji, Lahiri Mahasaya, Sri Yukteswar, Yogananda and other Divine Gurus is a great joy and celebration for us. During these days we feel part of the extended spiritual group of Babaji, performing important work for ourselves, the nations to which we belong and the whole of humankind.

The New Exodus led by the Hebrew Messiah. The Hebrew Messiah will come to lead the New Exodus of representatives of all world religions to the Promised Land (the Kingdom of God, the Seven Heavens). He will inaugurate the Third Temple – the whole Universe as a Divine Temple. In it the *Tree of Life* will blossom and the New Adam and the New Eve will appreciate its wonderful fruits.

In order to prepare for the Coming of the Messiah I decided to consecrate the Summer Assembly 2010 to the Exodus led by Moses. The main idea was to experience the essence of the legendary story of Moses by ascending from world to world on the Kabbalistic *Tree of Life*. (Here I would like to mention an interesting personal story: in 1977 I was in the Balkan Mountains in Bulgaria with the leader of the Universal Brotherhood, Boris Nikolov. He was a much evolved disciple of the Master Beinsa Douno, an Initiate and a clairvoyant. When he did some clairvoyant reading for me, he said: *Leon, 3,000 years ago we were together in the desert at the Exodus led by Moses.* Of course, I was deeply impressed by his words!)

The group accepted happily this project and as soon as we arrived in the chalet, I opened the diagram of the Kabbalistic Tree and traced our spiritual journey. First of all we had to concentrate ourselves and to enter into the advanced state of consciousness called *Gadlut* (it corresponds to the state of the awakened Self on the Kabbalistic chart). The next day we had to establish ourselves in this state through the prayer-meditation of meeting the Sunrise and the sacred dance *Paneurhythmy* afterwards. In Kabbalistic terms this means to ascend to the Garden of Paradise, or to the top of Mount Sinai (the place where the three lower worlds meet), and from there on to continue the ascent on the Kabbalistic Tree.

The following days we had to ascend to the reality of the Heavenly Jerusalem, the Fourth Heaven (the place where the three higher worlds meet – corresponding to the level of the Messiah on the Kabbalistic chart), and to appreciate the beauty of the celestial worlds and the magic of the World of Creation. After this the journey is open: we could go even higher, or descend with the wonderful experience of having reached the Promised Land.

In reality, on our Rila Assembly 2010, we reached the level of the top of Mount Sinai. Even on the first day I experienced the transformation of the metaphysics of the Seven Lakes into an etheric area of cosmic energies and spiritual fires, similar to the description of Moses in front of the burning bush. In one of the following days, during the Sunrise, I led a Mandala meditation for ascending to the reality of the Heavenly Jerusalem. In general, I am quite experienced in this type of meditation and felt the strong presence of Divine Masters. Some participants in the group also had inspiring contact with the Masters and the Divine Mother. For the group as a whole this meditation was like knocking at the doors of the Heavenly Jerusalem.

On the third day of the Assembly, a few friends from Switzerland joined us. I introduced to them the main goal of the Assembly and summarised the spiritual experiences which had been achieved. In one of the evening gatherings I briefly explained the whole Kabbalistic *Tree of Life* and the possible mystical tasks to follow – to establish ourselves in the Heavenly Jerusalem state of consciousness and then to ascend to the Seventh Heaven, touching the reality of the transcendent World of Emanation and becoming channels of the Light of the New Genesis.

To the end of our Assembly, through Sunrise meditation, *Paneurhythmy*, pilgrimages to sacred places, spiritual conversations and so on, we tried to achieve our high spiritual goals. The

experiences of the participants in the Assembly were very different, but I was greatly encouraged by the successful rehearsal of our Exodus to the Highest Divine Worlds. Our Rila Assembly 2010 paved the way for further penetration into the Kabbalistic *Tree of Life* and gathering its wonderful fruits. Now I believe that the coming Hebrew Messiah will lead us to the Heavenly Jerusalem, as to the whole Kingdom of God with many mansions, will channel the energy of the New Genesis from the Living God and will trace the Path for the establishment of the Kingdom of God on Earth!

The Spiritual Guidance of Imam Mahdi. Imam Mahdi, up to now in occultation, will reveal himself mystically as the *Axis Mundi* of the Universe and will lead the followers on an inspiring spiritual journey (similar to the night journey of Muhammad) through the whole vertical structure of Creation up to the ultimate Garden of Essence.

As I mentioned previously, I feel a strong mystical contact with Imam Mahdi and for this reason in my lectures and meditations, and especially in the Summer Assemblies, I often plan spiritual activities connected with Imam Mahdi. The main idea is that through a mystical connection with Imam Mahdi, as the *Axis Mundi*, he will guide us to the ultimate *Garden of the Essence* which represents the un-created world and is the home of the eternal archetypes.

In many Rila Assemblies, our day consecrated to the Islamic Tradition and the mystical link with Imam Mahdi included meeting the Sunrise with a guided meditation for linking with the Islamic community in prayer and appreciation of:

- The Five Pillars of Islam (Prayer, Fasting, Zakät, Hajj and Jihad);
- Embarking on a pilgrimage to the celestial worlds called Gardens (Garden of the Senses, Garden of the Soul, Garden of the Spirit, Garden of Witnessing, Garden of Actions, Garden of the Attributes and Garden of the Essence – Seyyed Haydar Amuli, *Inner Secrets of the Path*, Element Books);
- Ascending through these Gardens by performing right actions and appreciating 'the seven most fundamental qualities which are gnosis, wisdom, forbearance, humility, generosity, chastity and courage'. (Ibid.)

The programme involved mystical contact with Imam Mahdi, as the *Axis Mundi* of the world, with prayers to him to lead us on the great journey of the Spirit, passing through the stations of consciousness *sharia, tariqah, haqiqah* and *marifa* towards the ultimate. In fact, by ascending to the *Garden of the Essence*, led by Imam Mahdi as the

Axis Mundi of the Universe, we would follow in the steps of the Prophet Muhammad Himself (peace be upon him) during his Night Journey.

The Garden of the Essence is the station of unveiling of the Essence of Reality... There is nothing in existence but Allah, His Names and His Actions; all is Him, by Him, from Him and to Him. (Sayyid Haydar Amuli, *Inner Secrets of the Path*, Element Books, Dorset, 1989, p. 153.)

This Garden is reserved for those who affirm the Oneness of Allah and who, by means of their tawhid, rise above any witnessing of otherness. (Ibid. p. 155)

When we reach the Garden of the Essence we will appreciate in joy and ecstasy the 99 "most beautiful Names" of Allah! *The 99 Divine names of God are attributes of the Absolute Truth, of the One Who Is and in Whom we Are!*

When our metaphysical journey, guided by Imam Mahdi, is successful, we will restore the *Axis Mundi* in our consciousness. This Enlightenment will be the restoring of the essence of the Human Being created as an image of God!

This is the event of the Great Resurrection (qiyamat al-qiyamah), when the human being and his celestial prototype will be restored in their original state. Thus the purpose of Creation is achieved and the human being reaches again the state which he lost due to his negligence and mistakes. Then we will enter into the Divine Reality described in the Koran with the words: There Allah shines smilingly!

With my assistance as an Avatar of Synthesis of the Second Comings, each one of these amazing New Comings could become a great Divine story bringing Enlightenment and self-realization. Let us remember the apostles around Christ, the disciples around Buddha, the priests and the elders around Moses, the friends around Muhammad, the first disciples around the Master Beinsa Douno and many other emotional stories connected with the coming of the great spiritual Masters. This time the followers on the Path of the Initiate may experience similar moving events in connection with the New Coming of the Divine Masters. It is hard to imagine more emotional and inspiring spiritual events here on Earth than experiencing the New Coming of the Divine Masters and the personifications of the Divine Feminine coming with them.

Chapter Eleven

The Initiation of the Holy Spirit

The Initiation of the Holy Spirit

In the Conclusion to Part One, *Receiving a Mission*, I wrote that the Mission which I received was connected with the re-creation of the world by the *One, Who sits on the throne and makes all things new* (Revelation 21:5). As a result of this humankind has to enter into the reality of a New Heaven and a New Earth and begin a new Golden Age. In the language of the *Book of Revelation* this is related to the opening of the last, Twelfth, Gate of the Heavenly Jerusalem, so that all Gates are open and humankind can enter there to enjoy the fruit of the *Tree of Life*.

Now, twenty-six years after coming to Western Europe and my international work (in Ireland, Bulgaria, England, Switzerland and other countries) I could summarise that metaphysically the Twelfth Gate of the Holy City is fully open! The great Indo-European cycle in the history of humankind, lasting more than 10,000 years, has come to a close! A New cycle of evolution in the reality of the New Heaven and the New Earth is beginning! At the moment humankind is in the transition period from the previous cycle to the new one!

The key for the opening of the last Universal Gate was the Initiation of the Holy Spirit. At the Zenith of the Mandala of the Heavenly Jerusalem the Cosmic-spiritual Sun through the Holy Spirit reveals all Initiations in the Indo-European Cycle, the great shift from the outgoing Cycle to the New Cycle of existence and the essence of the emerging reality of the Kingdom of God with many mansions on Earth.

The opening of the last Universal Gate of the Heavenly Jerusalem is a great apocalyptic event which marks the new stage in the evolution of humankind as God's people on sacred Earth. The new Initiation of the Holy Spirit, through the Avatar of Synthesis, is the fulfilment of the Testament of Truth in our epoch and has three main aspects, which are very closely and organically interconnected – metaphysical, metahistorical and metacultural.

The Metaphysical Aspect of the Initiation of the Holy Spirit

The metaphysical aspect is the ascent from the earthly state of consciousness through the whole vertical structure of the Universe up to the Kingdom of God where there are many spiritual realms. As an Avatar of Synthesis I have traced the Nine-fold Rainbow Path which leads to the Highest Divine World and helps us to establish the New Reality on Earth. One of the main tasks on the Path is to enter into the Heavenly Jerusalem, the Kingdom of God with many mansions - the spiritual worlds revealed by the world religions.

The Steps of the Divine Rainbow Path are organically connected to the three-fold structure of the Universe and to the essence of the human being, created in the image and likeness of God, as a micro-model of Creation. Each step on the Path embraces a vast realm of spiritual work and requires a great variety of methods, techniques and spiritual practices for achieving its goals. In its entirety the Path of the Divine Rainbow is a well-defined and precise spiritual Path which has been given for our epoch.

In accordance with the three-fold structure of the Universe, the Nine-fold Rainbow Path begins with developing the Right Understanding and Exodus from the earthly material consciousness, develops into a **Spiritual School** for the awakening of souls (pp. 16-19), continues as a **Mystery School** for the awakening of the Divine Self (pp. 19-22) and is crowned with **Apostleship** in the Testament of Truth and participation in the great Divine Action for the establishment of the Kingdom of God on Earth (see, Receiving a Mission, p. 125).

The Steps on the Path are not crystallized and encapsulated within themselves. Each Step projects itself onto all others and all others are projected onto it. This holistic principle opens endless possibilities for mutual projections and for the unfolding of each Step through the prism of the whole Rainbow Path. As a result, we could go deeper and deeper into the essence of every Step, experiencing through it the richness of all others.

On this important holistic principle the whole Nine-Fold Rainbow Path is built and this principle directs the spiritual activities of its followers. From this perspective, the Nine-Fold Rainbow Path is open for everyone who is interested, but, of course, the participants will receive in accordance with their level of spiritual development and commitment.

I could compare the journey on the Nine-Fold Path of the Divine Rainbow with a climber's expedition in the Himalayas. In it, part of

the group stays in the base camp, another part builds the intermediary camp, while the most prepared in the group climb to the top of the summit. In all cases however the group acts as a whole and the success, even of a single person, is the result of the activity of the whole group and brings fruit for everyone.

So, when the advanced followers on the Path of the Divine Rainbow enter into the Heavenly Jerusalem they are able to visit the various temples of the world religions (i.e. embracing the three-fold structure of Creation from the perspective of each one of the religions) and to receive, in person, the Initiations of the Divine Masters, Founders of religions. The Initiates of the Holy Spirit accelerate this process through their direct connection with the Divine Masters and by contemplating the light of the whole Heavenly Jerusalem as the Kingdom of God with many mansions. Thus the metaphysical aspect in the Testament of Truth is fulfilled. For the realisation of the metahistorical aspect however the Initiates have to gather in the centre of the Heavenly Jerusalem in front of the Throne of God and experience the great mystery of the New Genesis, the new Integral Pentecost and the Second Coming.

The Metahistorical Aspect of the Initiation of the Holy Spirit

The metahistorical aspect is the concluding of the present Indo-European Cycle of evolution and the opening the New Cycle of human existence in the reality of the New Heaven and the New Earth. We have reached the twelfth hour of the Indo-European Cycle and with this the Day of Resurrection and Judgment comes. The rich spiritual harvest from the outgoing Indo-European Cycle had to be gathered and brought into the New Cycle of Existence. The gathered harvest will take the form of a majestic New Integral Pentecost which will reveal the initiations from the previous historical epochs.

When human beings receive enlightenment they comprehend their life in full, they see all previous incarnations and bring the spiritual achievements from them into their new life as Initiates. They build themselves as a temple of God and the enlightenment which comes is the Spirit of God who begins to live in them. In a similar way the enlightened humankind will see all cultural historical epochs in the Indo-European cycle through which it has passed in order to bring the initiations from its spiritual history into the New Cycle of Existence.

So, through the Initiation of the Holy Spirit the Living God, from the centre of the Heavenly Jerusalem, will bless us with the majestic new Integral Pentecost. This time the Holy Spirit will reveal the whole spiritual history of humankind in the Indo-European cycle, initiation after initiation, so that all twelve gates of the Heavenly Jerusalem will be open and the people will become able to experience simultaneously the richness of many spiritual traditions – Hermetism, Hinduism, Buddhism, Taoism, Zoroastrism, Judaism, Christianity, Islam and others. Thus the Holy Spirit will open the *Book of the Living* where all initiations from the Indo-European cycle are written (see, the New Vajrayana, p. 96).

After they receive initiation from the Divine Masters in the various Temples of the Heavenly Jerusalem the initiated followers on the Path of the Divine Rainbow are ready mystically to stand at the centre of the Heavenly Jerusalem, in front of the Throne of God. In moments of culmination in prayer and meditation these followers could become witnesses, even participants, in the Divine Service in front of the Throne of God. In these services, many emotional apocalyptic events, connected with the new manifestations of the Divine Masters and the manifestations of the Divine Feminine, take place. During such emotional services in the Highest Divine World the participants become initiated into the mysteries of the Second Coming of the Divine Masters (see, Part Two, Chapter Ten, Meeting the Second Comings, p. 284).

In order to enter into the New Cycle of Existence, the participants have to meet the New Coming of the Divine Masters and the Personifications of the Divine Feminine connected with them. The new Integral Pentecost and the Second Coming are activated by the apocalyptic act of the *One Who sits on the throne and makes all things new*. Revelation 21:5. This time the Divine Masters will manifest themselves simultaneously, participating altogether in the New Creation. Each one of the Masters brings a new Initiation, while the Personifications of the Divine Feminine receive a new spiritual mission linked with the mystery of the Divine Wedding through which the Lord creates everything new.

The Metacultural Aspect of the Initiation of the Holy Spirit

The metacultural aspect is connected with entry into the New Cycle of Existence in the reality of the New Heaven and the New Earth. There we will transcend the present Babylonian-type culture, based on ego-centrism, and establish a new celestial culture, based on *Life*

for the Whole. For this purpose we have to witness the New Genesis ignited by the Lord God Almighty, *Who makes all things new* (Revelation 21:5). This apocalyptic Act activates the mystery of the Divine Wedding in Heaven, the event of the Second Coming and the Gospel of the Divine Mother (see, Glorification of the Divine Feminine, pp. 180, 208).

When the “*One who sits on the throne makes everything new*”, the Divine Spirit and the Divine Feminine, in absolute harmony and collaboration, create the Reality of the New Heaven and the New Earth and give birth to the New Transcendent Humankind. This is the great creative act of the Lord, which we could contemplate and in which we are called to participate through the Divine Service in front of the Throne of God (see, Part One, Chapter Six, The New Heaven and the New Earth, p. 114).

The Divine Service in the centre of the Heavenly Jerusalem is not a single demiurgic act but a continuous dynamic process of new Creation. Let us remember here the majestic Divine Service described by St. John in the *Book of Revelation* (Chapter 4) where the twenty-four Elders and the four mythological creatures, day and night, glorify the Lord (*Holy, Holy, Holy is the Lord God Almighty, Who was, Who is and Who is to come*). This is the way in which they participate in the unfolding of Creation. This is why the event of the new coming of the Divine Masters and the appearance of many Manifestations of the Divine Feminine is not a single apocalyptic event, but a continual living process. We have not only to meet them but to live with them where they are (Gospel of John, 14: 1-3), i.e. they create unceasingly in the Highest Divine World and we co-create with them.

The Messianic prophecies in the various world religions, such as the Second Coming of Christ, the coming of Maitreya-Buddha, the coming of the Messiah, the reappearance of Imam Mahdi and others, are predictions given to the Divine Masters or to some of their closest disciples. They are in the Causal World and if we compare them with living seeds they are in the 'storehouse' of human evolution. To implement the Testament of Truth we have, with the blessing of the Masters, to sow these seeds very carefully (i.e. all the predictions about the Second Coming, the Divine Wedding, the Reality of the New Heaven and the New Earth and others) in fertile soil in order for them to sprout.

In this process however the first task is to prepare them for sowing. This means to transform them from their archetypal metaphysical form into concrete ideas which have to become the basis for

inspiring spiritual work. In this respect, as I mentioned previously (p. 125), the *Revelation of St. John*, a sacred book sealed with seven seals, has to become a plan and scenario for action.

In other words, we have to take these sacred ideas, transform them into living impulses for spiritual work and sow them in the fertile soil of our Souls and Spirits. This is a very refined and emotional process. With great devotion, joy and appreciation, in prayer and creative meditation, we have to 'water' these seeds by receiving the Initiation of the Holy Spirit and developing 'Second Coming consciousness' (see, *The New Spiritual Paradigm*, p.281). Then these seeds will sprout through our living mystical contact with the Divine Masters and the new creative impulses coming from them.

The fulfilment of the Testament of Truth is realised in the Centre of the Heavenly Jerusalem, but projected here on Earth where the predictions about the Second Coming of the Divine Masters and the re-creation of the world become the basis of our inspired and sacred work. As a result of our co-creation with the Masters and the manifestations of the Divine Feminine, the reality of the New Heaven and the New Earth comes into existence. This is a continuous process and we start living in a new dynamic, creative Universe. Thus the meeting of the Second Coming and the participation in the Divine Wedding mark the beginning of the New Cycle of humankind's evolution.

Therefore, through the new Integral Pentecost the spiritual treasures from the First Coming of the Masters are gathered and the Indo-European cycle in human evolution is concluded in its fullness and wholeness. Through the meeting of the Second Coming of the Divine Masters and participation in the Divine Wedding, we are entering into the New Cycle of Existence which is a continuous creative spiritual process. In it the life of every human being, of all humankind, of the whole of Creation "blossoms" as the *Tree of Life*. This is the realisation of the Testament of Truth, which the Lord God envisaged, in the Messianic Plan!

Building the Seven Temples of Life

By receiving the Initiation of the Holy Spirit we will enter into the reality of the New Heaven and the New Earth and will start our New Cycle of Existence as God's people on sacred Earth. Thus we will build our lives on all levels of Being as Divine Temples. Below is the summary of this Divine task.

I. Building the Human Being as a Divine Temple

"Surely you know that you are God's temple and that God's Spirit lives in you!" (1 Corinthians 3:16)

The ultimate goal of human beings is Divine self-realisation. For this purpose we have to embark on a glorious spiritual journey and undergo the first and the second resurrections, i.e. achieving the blossoming of the soul and the awakening of the higher self. This process is completed when one opens all seven chakras, develops all three perfect bodies (the earthly, the celestial and the universal) and establishes the mystical marriage between the soul and the spirit within. Then surely the person builds himself or herself as a Divine Temple and the Holy Spirit comes to live therein forever.

II. Developing the Family as a Divine Temple

In accordance with the great myth (introduced by Plato) every human being on Earth is in eternal search of his or her soul mate. This myth reflects the Divine impulse within everyone to meet their beloved partner and soul mate, to enter into Divine union and to create a beautiful temple of love, light and life together. By undergoing the first and second resurrections together the man and woman in love interweave the energies of their seven chakras to build the Divine Temple.

They become personifications of the New Adam and the New Eve and enjoy the wonderful spiritual taste of all three worlds of Creation. As a result the couple could become a holy family when the birth of beloved children follows, conceived with the power and the mystery of the Holy Spirit. Their life together is like an eternal journey in the Kingdom of God.

III. Building the Spiritual Community as a Divine Temple

"There is a friend who sticks closer than a brother". (Proverbs 18:24)

In the epoch of the Holy Spirit a new type of relationship will develop within the broader community – cosmic-spiritual friendship. In this type of relationship the participants not only look in the same direction together (towards a beloved Divine Master or cherished spiritual goal) but also appreciate each other as cosmic-spiritual beings in whom the Holy Spirit lives. Thus they help each other to build the personal Divine Temple of life and to form altogether a wonderful community-temple of Divine love, joy, peace, gentleness, goodness, purity, friendship, appreciation, help, mutual understanding and many other sacred virtues.

The mystery of the Divine Wedding manifests in this Temple of life as the most pure and beautiful relationship between Sons and Daughters of God, as brothers and sisters in absolute purity, tenderness, friendship and mutual exchange of Divine energies. Surely, people who engage in cosmic-spiritual friendship build their community as a Divine Temple where the Holy Spirit is always present.

IV. Building the Nation as a Divine Temple

"The greatness and the wealth of the nations will be brought into the city" (Revelation: 21: 26)

God gives each nation a special Divine mission. In order to fulfil this mission the Nation has to develop fully its National Soul and allow the National Spirit Guide to lead it through centuries and millennia in fulfilment of its task. This process builds the life of the Nation as a Divine Temple. In it the National Soul is a wonderful, overflowing treasury of spiritual virtues, developed and manifested by the Nation over the centuries. The National Spirit is the Guide for the fulfilment of the mission through many glorious spiritual deeds.

Everyone who links deeply with the National Soul and the National Spirit Guide could become their personifications and experience the most unique intense Divine essence of the nation in action within this Temple. When the National Soul and the National Spirit are in Divine Union and the people participate in this mystery, they realise that the Holy Spirit has illuminated and will illuminate the whole Temple from its formation to the fulfilment of its Divine Mission. Such a Temple remains in eternity among all other 'Nation Temples' upheld by the Divine Spirit.

V. Building Humankind as a Divine Temple

"Now God's home is with mankind! He will live with them, and they shall be his people. God himself will be with them, and he will be their God" (Revelation 21: 3)

All peoples on Earth have to form one great spiritual family living in peace, friendship, mutual respect and understanding, fulfilling the purpose of humankind envisaged by God from the beginning of time. Humankind has to create its life as a Divine Temple where the different nations, following different world religions, form altogether the tabernacle of Divine worship. The story of the twelve tribes of Israel carrying the different segments of the tabernacle has to be enacted now on a planetary level by all the peoples of the world carrying the new tabernacle of worship.

When humankind builds this Divine Temple of worship its heart centre, originating in the Universal Soul, will open. Then humankind will realise its Divine mission in Creation, guided by the Universal Spirit: to bring the reality of the Kingdom of God on Earth and transform it into a Garden of Paradise, to serve as a mediator between heaven and Earth by building a Divine Temple of life, and to co-create with God, Who "now makes all things new".

VI. The New Earth as a Divine Temple

"Then I saw a great white throne and the one who sits on it. Earth and heaven fled from his presence and were seen no more... Then I saw a new heaven and a new earth. The first heaven and the first earth disappeared, and the sea vanished. And I saw the Holy City, the New Jerusalem, coming down out of heaven from God, prepared and ready, like a bride dressed to meet her husband. (Revelation 20: 11, 21: 1-2)

On a planetary level we have to witness and participate in the dramatic transfiguration of the Earth from a solid material body into a beautiful shining astral planet. Then, for us, the Earth will appear as a living celestial Being with its own planetary Soul (a part of the Universal Soul) and with a planetary Spirit - i.e. the planetary Divine Logos who leads the evolution of the Earth.

Of course, this metaphysical change must occur first in our consciousness, that is, in our understanding and perception of the Earth transformed by the light of the New Creative Impulse from God. Naturally, if we change our understanding and perception of the Earth, we will act and behave differently. As a result the etheric layer around the Earth will become a space for the fusion between the celestial Jerusalem and the illuminated Earth. Figuratively speaking, a magnificent etheric Temple will be built upon the whole planet with a gigantic cosmic-spiritual Cross of Light at the centre of the Temple. In this transfigured Earth-Temple all kingdoms of life will be present in Divine Harmony, Wisdom and Truth.

VII. The New Heaven as a Divine Temple

"Then I saw a great white throne and the one who sits on it..."
"Then the one who sits on the throne said, "And now I make all things new!" (Revelation 20: 11, 21:5)

We could imagine the Lord (the Living God, the Absolute Origin of Being) as an eternal Cosmic-spiritual Sun Who gives Light, Love and Life to the whole of Creation. When the Lord says "And now I make all thing new", the Divine Spirit starts to emanate from the Throne

of God through multiple images and manifestations. He activates all the Divine Masters and light beings in the higher worlds and gives them a new quality, a new radiance in accord with the new mysteries coming from the Living God.

At the same time the Divine Feminine radiates from the Throne of God forming the substance of the New Reality, thus, in absolute harmony and union, they illuminate the whole of Creation as a Divine Temple. In it the Divine Feminine forms the substance while the Divine Spirit (the Cosmic Christ) is the Living Cross.

Building life on all levels of Being as a Divine Temple is the main goal of the New Humankind who will live in the reality of the New Heaven and the New Earth. This will be the establishment of the Kingdom of God on Earth forever!

Conclusion

The New Mysteries from Ireland

Growing the Universal Tree of Life

The motto of the book *The Second Coming* is “*And now I make all things new*” (Revelation 21:5). This Divine creative act is an impulse for a new Cosmic Cycle in the life of humankind. In the cover note of the book it is stated:

Many initiates, most notably Rudolf Steiner and Alice Bailey, predicted that from Ireland would come new mysteries in the spiritual life of humankind. Leon Moscona (born in Bulgaria, 1941), after a long spiritual journey, was finally led to Ireland to fulfil the Divine Will and to initiate the mysteries of the Second Coming. This book contains the living seed of these new mysteries.

The Living Seed of the new mysteries is the essence of the apocalyptic act of the *One who makes all things new*. This Living Seed started to develop first in Bulgaria through my spiritual journey and then it was ‘completed’ in Ireland through the visions, the work with the various groups and the book *The Second Coming*. Thus one important task in the unfolding of the mystery of the coming new Cosmic Cycle of Existence was completed.

The next stage in unfolding the new mysteries required the planting of this Living Seed, then nurturing and growing it into a Sapling. This task was fulfilled again in Ireland and Bulgaria – Ireland continued to be the place for receiving the new impulses from Heaven, while in Bulgaria they found fertile soil for sprouting. As a result the Seed developed into a beautiful Sapling. The Sapling developed in connection with the unfolding of the Second Coming Integral Mission, the New Spiritual Paradigm and meeting the Second Comings.

Now this Sapling has to grow further and become a universal *Tree of Life* embracing the New Reality. Planting and nurturing this Divine Sapling is the task before Ireland, Bulgaria and many other countries in the world. The growing of the new universal *Tree of Life* is the process of establishing the Kingdom of God on Earth.

It is hard to imagine a more important and noble task than this for our difficult times. In the past the Irish people wrote glorious deeds in their *Book of the Living*. For instance, in the time of Christ, two

thousand years ago, the Celtic Initiates were able to 'witness' metaphysically the mystery of Golgotha (according to Rudolf Steiner). One of the brightest pages in the *Book of the Living* of the Irish people was the Golden Age in the sixth century. It is recorded that from the sixth to the tenth century while the peoples of Europe were torn asunder by internal struggles and racial wars, Ireland, and Ireland alone of all the nations, kept the light of faith and knowledge alight and burning with a brightness which diffused its rays far beyond the shores of Erin.

Now the Irish people have the opportunity to harvest the spiritual fruits from the past and open a great new chapter in their *Book of the Living* by initiating the new mysteries in the life of humankind. For this purpose they have to plant the Divine Sapling of the New Reality and grow it into to a majestic universal *Tree of Life*. Thus Ireland and the Irish people could become a beacon of Light for the world in materialising the reality of the Kingdom of God with many mansions on Earth. Moreover, they could become a prototype of a celestial nation living in the Kingdom of God and co-creating with the Divine Masters and the Personifications of the Divine Feminine.

So, the visions and the metaphysical ideas in the book *The Second Coming* and in this book have to be converted into inspiring spiritual Programmes in order for the new Divine Sapling to grow into a majestic universal *Tree of Life*. Following are some of these possible Programmes.

Appreciating the New Spiritual Paradigm

Growing the new universal *Tree of Life* in Ireland requires first appreciating the new Spiritual Paradigm and commitment to the process of establishing of the Kingdom of God on Earth. I believe that the careful study of the book *The Second Coming* and this book could be very helpful in developing the Right Understanding. It could be the first step in the implementation of the New Mysteries from Ireland. Let us recall here the first step, the right understanding, of the Buddhist Eight-fold Path.

In the Buddhist tradition the first step - right understanding - contains the keys to the Four Noble Truths: 1. Life in this world is full of suffering; 2. Suffering is caused by ignorance and excessive craving for life; 3. The cessation of suffering may be achieved; 4. The path that leads to the extinction of suffering is the Eight-fold Holy Path. In accordance with the tradition of that time, Buddha presented his teaching in the form of a spiritual healing text, giving

the diagnosis of the illness, its origin, the chances of successful treatment and the remedy. Not without reason then, even today in Tibet, the Buddha means the 'awakened one', 'the knower', the one who has purged himself of ignorance and become healthy.

The first and second Noble Truths contain the secret of the Wheel of Being (a symbol of the vicious cycle of life in the state of suffering, conditioned by the effect of the twelve factors of existence - *nidani*) that is a precise explanation of the reasons for suffering. The third and fourth Noble Truths reveal the eternal law of the Dharma, the Wheel of the Law, a symbol of the Absolute Truth of Creation, and the Eight-fold Path leading to enlightenment and final liberation. Thus, the first step, right understanding, is like a living seed of the whole Buddhist path that germinates and grows through the next seven steps and brings the fruit of nirvana.

In a similar way to the Buddhist Path, the first Step of the Nine-Fold Rainbow Path, the Path for the New Cycle, contains in an implicit form all the knowledge necessary to enter into the reality of the New Heaven and the New Earth. The Path of the Divine Rainbow comes in a completely different historical epoch when humanity is ready to contemplate the whole structure of the Universe and the mystery of the Second Coming (including the appearance of a new Buddha) and to anticipate the great act of ascension - the return to the Kingdom of God. Human beings are no longer 'ill people', subject to a healing process, but God's people on Earth, ready to return to the Father's house. This is why the first Step of the Rainbow Path - Exodus - emphasises the constructive, positive and creative aspect of the Path. We can say that it corresponds to the essence of the third and fourth Noble Truths interpreted in a new historical epoch and in a different cosmic-spiritual situation.

The development of the Right Understanding of how to grow the Universal *Tree of Life* includes the comprehension of the mystical knowledge of God, Creation and the Human Being, created in the image and likeness of God. It also requires understanding of the spiritual essence of our epoch introduced in the *Forward* of this book.

An important part of the Right Understanding is the appreciation of all spiritual visions and revelations which I received in Ireland (and in Bulgaria), such as the Mandala of the Heavenly Jerusalem as a 'map' of the Kingdom of God with many mansions, the Nine-Fold Rainbow Path, the fusion between Celestial and Earthly Ireland, the New Genesis, the Mystery of the Second Coming and the Divine Wedding, the birth of the reality of the New Heaven and the New

Earth and others. It is of crucial importance, of course, to accept the new Spiritual Paradigm, which is at the foundation of the Universal *Tree of Life* in Ireland.

I have mentioned only a few of these important concepts and archetypes, but the books *The Second Coming* and this book, *On the Path of Enlightenment*, contain many more, which altogether are interwoven and interconnected to make the wholeness of the general conception of the coming New Reality. This conception is like a living entity that breathes, develops, unfolds itself, opens new horizons and produces many spiritual fruits. Any new question or debate about the discussed ideas very quickly finds an answer within the wholeness of the general conception. For those who seek comprehension of the mystery of the Second Coming, the End of Time and the New Reality, these books can provide the foundation for achieving the Right Understanding and for receiving insights into the way in which the Kingdom of God can come down on Earth.

So, as far as the readers understand, at least intellectually, the meaning of these archetypes and concepts, they are developing the Right Understanding. Over the years of my time in Ireland I gave many lectures, seminars and workshops consecrated to these archetypes. For me it would be very easy to create a schedule for developing the Right Understanding of the New Reality and the means to achieve it.

Embarking on the Rainbow Path

The books, however, offer not only an understanding of the event of the Second Coming, the Divine Wedding and the coming New Reality, but also present a Path for ascent to the higher levels of Being and for the implementation of the new spiritual impulses in daily life. From this perspective, the books are like a programme for spiritual development, a guide on the Path, and a plan and a scenario for action.

For those people who are actively involved in a process of spiritual transformation, the books *The Second Coming* and *On the Path of Enlightenment* can be useful for further defining their spiritual goals and for extending the field of their spiritual work. Based on both their own spiritual experience and the description of the Steps of the Rainbow Path, these people could develop many new spiritual values, goals and tasks and could continue their inspired work, merging with the stream of the Initiation of the Holy Spirit.

With achieving the *Right Understanding* we could embark on the *Nine-Fold Rainbow Path* and grow the universal *Tree of Life*. This will be our Exodus from the restricted earthly consciousness and ascent to the higher spiritual worlds. For this purpose we have to commit ourselves and develop an appropriate style of life. With this commitment, taking responsibility for our actions and practicing the human virtues, we could begin the activation of the New Mysteries from Ireland.

The journey on the Rainbow Path stretches through the whole vertical structure of the Universe helping us to undergo the first and second resurrections, bringing us to the Holy City of Jerusalem and helping us to merge with the Divine Masters and the Divine Mother. This Path will help us to purify and illuminate the Earth, to build a new human civilisation and to begin our new Cosmic Cycle of evolution.

The Nine-Fold Rainbow Path can be compared with a mystical ascent to the top of the Sacred Mountain, the highest Divine World, through six intermediary 'camps'. In the Programme we could, in each 'camp', have special talks, discussions, prayers, meditations, ceremonies, holy communions with the Cosmic Christ, and many other appropriate spiritual activities. Obviously the 'theoretical' and the 'practical' work would go hand in hand and would help us to penetrate to the mystical depths of the Christian initiation (see the Initiatic Cycle, *The Blessings of Christ-Maitreya*, p. 192).

Obviously on each Step of the Path we have to have a suitable style of life in order to achieve its goals. In general we could distinguish three types of style of life, corresponding to the three levels of spiritual activities – *exoteric* (achieving the *Right Understanding*), *esoteric* (undergoing the Spiritual School of the Soul – see *Introduction*, p. 16) and *mystical* (joining the Mystery School of the Spirit - see *Introduction*, p. 19). Accordingly, we could organise spiritual activities on all three levels in the form of lectures, seminars, pilgrimages, existential journeys and transcendent meditations. The three levels are different but the participants in all of them form one great spiritual community.

In Ireland, in the autumn of 1989, a spiritual group was set up and became the spiritual laboratory for the development of the *Nine-Fold Rainbow Path* in its richness and complexity. To a great extent this group was the model for the development of the pattern of the *One-year spiritual School* consecrated to the Steps of the Rainbow Path (p. 228-233).

In the book, *The Second Coming*, rich material about the Steps of the *Nine-Fold Rainbow Path* could be found. In fact, the description of the *Path* comprises more than two-thirds of the whole book. Obviously we could well imagine appropriate forms of spiritual activity for different groups on each Step on the Path and at the same time integrating all of them in the Divine Project for the New Mysteries from Ireland.

Fusion between Earthly and Celestial Ireland

In accordance with the River of Light flowing through the sacred places in Ireland, we could organise pilgrimages and activate the spiritual vibrations from the past. Thus we could contribute to the fusion between Earthly and Celestial Ireland. This Programme could be one of the most inspiring because it deals with the opening of the *Book of the Living* of the Irish people, generation after generation. In this *Book of the Living* the present generation now has to write glorious deeds for the future.

The fusion between earthly and celestial Ireland will raise the vibrations of the Irish land (at least in the places of fusion) and will transform it into a sacred land, like a Garden of Paradise. The fusion itself happens on the etheric layer that is the boundary between the visible and the invisible worlds. In general, the etheric layer is the open horizon for our spiritual visualisations and the entrance into the higher levels of Creation. It is our 'screen' where we could see and read the *Akashic Chronicles*. On the etheric layer, as a foundation, we could build a spiritual Temple, embracing the whole vertical structure of the Universe. This is why it is so important to purify, restore and clarify the etheric layer in various areas. For this purpose, actually, we performed the sacred dance *Paneurhythmy* in many of the pilgrimage sites in Ireland. It helped very much to purify and spiritualise the areas and to activate the *Akashic Chronicles*.

In order to initiate the fusion between the earthly and the heavenly realms of Being, we have to accomplish many tasks in connection with the process of healing, purification and illumination of any geographic area and the visualisation and invocation of the celestial realities above it. The process of transfiguration of an area requires work with the main elements that determine the multidimensional spiritual 'structure' of the area. First of all, we have to feel the lay-lines of energy that flow in the area and to understand the place and the function of that particular area in the context of the larger

concentric regions. Thus, we will experience the Earth as a spiritual reality living its own organic planetary life.

Another important task is to establish contact with the spiritual hierarchy responsible for the mineral, plant and animal kingdoms. For example, behind the plant kingdom, especially the flowers, lies the angelic realm and behind the animal kingdom lies the archangelic realm. It is a very exciting task to link with these realms and to feel the creative power of the spiritual hierarchy, manifested in myriads of concrete forms. A further step will be to understand some Divine thought-forms and ideas materialised in various forms of life. The different forms of life in the mineral, plant and animal kingdoms are manifestations of Divine creativity and reflect the highest world of celestial archetypes (beyond time, space and existence in Creation) in God's mind.

One of the main tasks, of course, is to establish a deep spiritual contact with the people living in the area and with the history of the area. The people are the celestial mediators who create the spiritual space of the area. We have to pray and meditate for their awakening as God's people on Earth, invited to implement the celestial reality in daily life on Earth.

The ethereal layer of each area keeps the *Akashic Chronicles* that have recorded the life and the spirituality of the many previous generations. In-depth historical research and socio-cultural study will provide our background for deep meditation, contemplation and reviving of the *Akashic Chronicles*, and especially the *Book of the Living*. The successful work will result in the resurrection of the spirits and the good deeds of many generations who have left their spiritual imprint in the area.

The main task however, in the process of fusion between Earthly and Celestial Ireland, is to activate the presence of the Spiritual Hierarchy led by the Cosmic Christ, the Blessed Virgin Mary and other Divine Masters, Personifications of the Divine Feminine and Light Beings.

As a result we could build three majestic spiritual Temples above Ireland, one within the other, stretching through the whole vertical structure of the Universe – the Temple of Nature on Earth, the Temple of the Universal Soul in the Celestial World and the Temple of the Universal Spirit in the Highest Divine World.

- The Temple of Nature will include the land of Ireland as a Garden of Paradise with its great purity, sacredness and spiritual presence. There is something deeply moving in the

beauty of the valleys and the lakes, in the surrounding hills, in the meadows, the flowers and the running waters. We have to appreciate the land of Ireland and the Earth as a living Being, Mother Earth, Gaia, who sustains all Kingdoms of life on it. The spiritual task on this level is to experience Ireland, and the whole planet, enveloped in the aura of the Divine Mother, filled with the Holy Spirit, who transforms the Earth into a majestic Temple of Light.

- In The Temple of the Universal Soul the space will become 'alive', resembling a spiritual sea of light, love, music, celestial thought forms and inhabited by countless angels and light beings. It is a sea of colour rays of light, which are the Divine virtues radiating from all souls.
- The Temple of the Universal Spirit is the one that embraces the whole of Creation. The dome of this temple is the highest Divine world, the Absolute Origin of Being, the Cosmic-spiritual Sun, from where the images of the Divine Masters and the Personifications of the Divine Feminine radiate.

When these three Divine Temples are activated, the *Axis Mundi* of Creation will be erected and the Irish people can enter into their New Golden Age, appreciating the fruits from the *Tree of Life* on all levels of Being.

The fusion between earthly and celestial Ireland is an inspiring Programme, which could motivate hundreds and thousands of people. In the history of the Irish people the pilgrimages to sacred sites played a very important role. Now these pilgrimages could be enriched with many more special tasks for transforming Ireland into a Garden of Paradise. Obviously the sacred dance Panteurythmy could be a substantial part of this inspiring Programme.

As a result of this Programme, the rich 'topography' of celestial Ireland will emerge, including a spiritual capital (Tara), a spiritual university (Glendalough), sites for spiritual living (the monastic sites), sacred places for pilgrimage (Croagh Patrick) and other sacred places. Then the fusion between earthly and celestial Ireland, with the River of Light from Glendalough, will develop into a more detailed picture opening the 'metaphysical' and 'metahistorical' dimensions of Ireland. This fusion will form the integral earthly-celestial culture of cosmic life of the Irish people.

Genesis in Cosmic Christ

Of crucial importance to the Irish people, as devout Christians, is the contemplation of and merging with the Cosmic Christ. Perhaps it is not by chance that over the years in Ireland I shared again and again my visions of the Cosmic Christ – in the Radio-interview on 98 FM (1989), in the TV programme *The Blackbird and the Bell* (1997), in many of my lectures and workshops. The audiences who listened to these visions were very interested and inspired. The spiritual and mystical connection with Jesus Christ is deeply within the faith of the Irish people.

We could link with the Cosmic Christ everywhere – in the cathedrals and churches, on sacred places, in Nature, at home, in gatherings, seminars and workshops. We simply have to follow Christ's Teaching: *Where two or three are gathered in my name, there I am* (Matthew 18:20)! Our epoch is so important as the end of the Indo-European cycle that Christ will appear again as the Light of the World to the faithful followers.

In order to achieve states of consciousness that correspond to the process of genesis in the Cosmic Christ, the human being has to undergo 'two resurrections'. The First Resurrection is rebirth as a Living Soul from the first, material world into the second, heavenly world, woven by celestial light, love, music, high human virtues and spiritual abilities. For this purpose we have to merge with the Sacred Heart of Jesus with His Divine virtues (as I experienced in the opening of my heart chakra – Part One, Chapter Six, p. 68). I will quote only some of them, but in this Programme we have to activate the whole mystery of the Sacred Heart of Jesus:

Heart of Jesus, of infinite majesty.

Heart of Jesus, holy temple of God.

Heart of Jesus, tabernacle of the Most High.

Heart of Jesus, house of God and gate of heaven.

Heart of Jesus, glowing furnace of charity.

Heart of Jesus, vessel of justice and love.

Heart of Jesus, full of goodness and love.

Heart of Jesus, abyss of all virtues.

Heart of Jesus, most worthy of all praise.

Heart of Jesus, King and centre of all hearts.

Heart of Jesus, in whom art all the treasures of wisdom and knowledge.

Heart of Jesus, in whom dwelleth all the fullness of the Godhead.

Heart of Jesus, in whom the Father was well pleased.

Heart of Jesus, of whose fullness we have all received.

*Heart of Jesus, desire of the everlasting hills.
Heart of Jesus, patient and rich in mercy.
Heart of Jesus, rich to all who call upon Thee.
Heart of Jesus, fount of life and holiness.
Heart of Jesus, source of all consolation.
Heart of Jesus, our life and resurrection.
Heart of Jesus, our peace and reconciliation.
Heart of Jesus, delight of all saints.*

The Second Resurrection is rebirth from the heavenly world into the highest Divine world - a mystery connected with the awakening of the higher Divine Self that enables the human being to contemplate the whole of Creation and to co-create with God. This is our merging with the Cosmic Christ as the Light of the World. We find a most inspiring revelation of the cosmological significance of the Spirit of Christ in the sacred book of the Master Beinsa Douno *The Testament of the Colour Rays of Light*. Here again I will quote these universal attributes of the Spirit of Christ as a great metaphysical and mystical basis for prayer and meditation (see also, Part One, Chapter Six, The Vision of Christ):

THE SPIRIT OF CHRIST

The White Diamond Rays.

Who opens the seven seals, and the seven eyes.

Fullness.

Causes the seven horns to grow;
Holds the seven churches;
Forms the seven stars;
Lights the seven candles;
Sanctifies the seven days;
Sends out the seven spirits; Unites everything in one; Creates the Divine harmony of the great and small worlds; distributes the assigned blessings; leads all to the Divine heart of Love; enlivens and creates;
produces and gives birth; enriches and embellishes; caresses and comforts;
blesses and illumines; makes joyful all living beings; enlightens and fills with wisdom; gathers knowledge; manifests all God's Love, Wisdom and Truth.

Here it is important to emphasise that we could present the essence of this Programme within the Teachings of other traditions. Then, accordingly, we could pray and meditate on the 99 Names of the Prophet Muhammad, on the Divine Virtues of the Lord Krishna and other Divine Masters. In every world religion we have inspiring Divine Masters whose virtues and cosmological characteristics are the guidance on the Path of self-realisation.

Following this Programme, when we pray and meditate from the depths of our hearts, we could invoke the presence of Christ and receive His seven Blessings, which, according to the *Book of Revelation*, were given after the messages to the Churches. These Blessings are like esoteric keys for the opening of the seven centres (*chakras*). Through work with these keys and receiving Christ's living Blessings, we can illumine our *chakras*, become Christ-like beings and ultimately merge with Him.

To those who win the victory I will give the right to eat the fruit of the tree of life that grows in the Garden of God (Revelation 2: 7) This first blessing is to reinforce the Christ impulse within and to link with Divine Love as the essence of Creation. In meditation we have to link with the immanent Christ who is the Light and Life of the world. This means to stand firmly in the stream of the Christ energy and to neutralise the Lucifer, Ahriman and Antichrist energies.

Those who win the victory will not be hurt by the second death (Revelation 2: 11). The second blessing is connected with the mystical death of the ego personality and the establishment of ourselves on the Nine-Fold Rainbow Path. In deep prayer and meditation we have to vow to serve and to love our Lord with all our power and strength and to love our neighbours as ourselves.

To those who win the victory I will give some of the hidden manna. I will also give each of them a white stone on which is written a new name that no one knows except the one who receives it (Revelation 2: 17). If we achieve this state of devotion and commitment, we are entering into Creation as a living cosmos. We become sensitive to Creation as an ocean of living energies forming all the worlds. In this spiritual reality we understand the essence of ourselves as Divine sparks from God, as Divine monads, each with his or her own fragrance and potential for realisation.

To those who win the victory, who continue to the end to do what I want, I will give the same authority that I received from my Father: I will give them authority over the nations, to rule them with an iron rod and to break them to pieces like clay pots. I will also give them the

morning star (Revelation 2: 26-28). The fourth blessing is connected with our first resurrection, i.e. to be reborn as living souls from the substance of the "morning star". Let us remember here the Star of Jesus, which the shepherds saw in the fields. The purpose of the meditation here is to link with the Sacred Heart of Jesus and to experience the "solar substance" of all the Divine virtues within our souls originating from the Sacred Heart of Jesus, the Universal Soul.

Those who win the victory will be clothed like this in white, and I will not remove their names from the book of the living. In the presence of my Father and of his angels I will declare openly that they belong to me (Revelation 3: 5). After our spiritual rebirth we are ready to develop our spiritual bodies of Light, Love, Wisdom and Truth and to write our names in the *Book of the Living*. On this level the prayers and meditation have to lead us into the celestial world, experiencing the vision of human souls sprouting into the Garden of Paradise as Divine flowers with exquisite beauty, fragrance and colours. On the other hand this fifth blessing is an intensive work in the Mystery School of the Spirit for achieving the second resurrection.

I will make him who is victorious a pillar in the temple of my God, and he will never leave it. I will write on him the name of my God and the name of the city of my God, the new Jerusalem, which will come down out of heaven from my God. I will also write on him my new name (Revelation 3: 12). The sixth blessing is connected with the awakening of our Divine Self and becoming cosmic-spiritual beings living in all three worlds of Creation (see Part One, Chapter Four, p. 78). The prayers and meditation here have to link us with the Cosmic Christ in accordance with the *Book of Revelation* (Chapter 1: 10-20) and prepare us for meeting his Second Coming.

To those who win the victory I will give the right to sit beside me on my throne, just as I have been victorious and now sit by my Father on his throne (Revelation 3: 21). If we enter into direct contact with the Cosmic Christ as the *First and the Last, the beginning and the end*, we could enter into a very deep mystical state – experiencing unity with the Cosmic Christ as the *Word through Whom God made all things*:

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made. In him was life; and the life was the

light of men. And the light shineth in darkness; and the darkness comprehended it not (John 1: 5).

In every spiritual tradition we find profound and inspiring descriptions of the great spiritual journey of the human being through the two resurrections towards complete self-realisation and final liberation in God. Now this task is one of the most essential tasks for the development of the New Mysteries from Ireland. I envisage clearly a deep metaphysical and mystical Programme for our Genesis in the Cosmic Christ in order to enter into the reality of the New Heaven and the New Earth, guided by Him.

Mystical Birth from the Blessed Virgin Mary

In our time the glorification of the Divine Feminine is of crucial importance. In order to survive and undergo our spiritual rebirth, humankind has to follow a whole New Gospel, the **Gospel of the Divine Mother**. In fact, the event of the Second Coming of the Divine Masters and the Gospel of the Divine Mother are two aspects of one and the same mystery - the reality of the New Heaven and the New Earth coming into existence from God the Absolute, the Source of Life.

The Gospel of the Divine Mother will help us to bring the Kingdom of God down on Earth and to build life on all levels of Being as a Divine Temple. Emerging from the Source of Life, i.e. the Cosmic-spiritual Sun which never sets, the Divine Mother creates life in all realms of the vertical structure of the Universe as a **Divine Temple** – from the reality of the Holy City, through the various celestial worlds, to the life of humankind on Earth. On Earth she transforms and illuminates the Earth itself, human culture, society, the family, and the life of the individual human being.

One of the brightest and most inspiring Personifications of the Divine Mother is the Blessed Virgin Mary. Truly, the Blessed Virgin Mary personifies the universal characteristics and the celestial virtues of the Divine Mother. For the faithful Irish people the Blessed Virgin Mary is the hope, inspiration and help on the path of salvation and merging with Jesus Christ. The whole of Ireland is encompassed and warmed by her Divine love, mercy and compassion, by her tenderness, motherly care and kindness, by her beauty. The shrine in Knock is a sacred place for the pilgrimage of thousands of people. If Jesus Christ was an incarnation of Divinity into flesh, we can imagine the extraordinary mission of the Blessed

Virgin Mary as a manifestation of the Divine Mother giving birth to God the Son.

The Cosmic-spiritual Body of the Blessed Virgin Mary is considered as the Living Light of the Divine Rainbow emanating from the Throne of God. In our time, in order to undergo mystical birth from the Blessed Virgin Mary we have to merge with Her Rainbow Body and become Rainbow People on Earth.

This Programme includes contemplating and merging with the perfect Ethereal, Celestial and Universal Bodies of the Blessed Virgin Mary and mystical rebirth as children of Light from Her. Of course, this Programme is very closely and organically interconnected with the previous Programme, Genesis in Cosmic Christ.

Spiritual Link with the Perfect Ethereal Body of the Blessed Virgin Mary

In the twentieth and twenty-first centuries the Blessed Virgin Mary appeared before hundreds of thousands of people in many sacred places (Lourdes, Knock, Fatima, Guadalupe, Laus, Pontmain, Beauraing, Banneux, Akita, Medjugore, to name but a few). She is one of the main driving forces for spiritual awakening and salvation in the life of contemporary humankind. Moreover, the Mother of our Lord Jesus Christ two thousand years ago is now considered as the *Mother of All Nations* and is addressed by a special deeply emotional prayer:

The Mother of All Nations



Prayer: The Mother of all Nations

"Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Mother of All Nations, who once was Mary, be our Advocate. Amen."

In our International Assemblies on the sacred mountain Rila in Bulgaria we pay special attention to the vibrations of the Divine Feminine. For instance, in Chapter Ten, *Meeting the Second Coming*, in the subsection *Following the Gospel of the Divine Mother*, I included a remarkable metaphysical event connected with the mission of the Divine Mother (see pp. 289, 321). The Coming of Christ on Earth opened a new page in human history. Now, the Initiation of the Divine Mother reveals a new dimension in human consciousness. This is a unique creative act in the Universe, which is inspired by the Divine Feminine and on which also depends the future of humankind.

The focus in our special metaphysical event was on the Blessed Virgin Mary, but we also linked with other manifestations of the Divine Feminine - with Mataji, Kuan Yin, the New Eve, Zventa Sventana and others. The meditation included prayers (*Hail Mary, The Mother of all Nations*), spiritual formulas (*I am the Immaculate Conception*) and inspiring music associated with the Divine Mother (an Irish song, *Idillia* by the Master Beinsa Douno and the chorus *Alleluia* from Handel).

During the prayer-meditation we experienced inspiring spiritual visions and emotions. For instance, the Blessed Virgin Mary standing in the ether above the Earth was emitting rays of *peace, redemption and grace*, transforming the whole Earth. She warms the souls of the people in the world and brings them into the Kingdom of God, into the new Celestial Home, where we will live forever. We visualized this picture and gradually the entire area was filled with the vibrations of the Blessed Virgin Mary. We dissolved in this sea of living light, music, harmony, beauty, tenderness and maternal love. She led us to the indescribable Divine reality of the Universal Soul.

Then, following the meditation, the spiritual space was transformed and for me the entire Earth became a Temple of God, encompassing within it all Kingdoms of life. The Blessed Virgin Mary was at the centre of this Temple, while around Her many Personifications of the Divine Feminine were bestowing on us their unique blessings. In Her hands there was a beautiful Rose with a wonderful fragrance.

This Rose was a symbol of the spiritual heart of humankind, full of all human virtues. The experience of this vision was very exciting and inspiring, even ecstatic!

For me the Blessed Virgin Mary filled the whole space with Her perfect Ethereal Body. With great joy and appreciation I contemplated how on a planetary level She filled the Four Elements with the vibrations of the Holy Spirit. She purified, spiritualised and illuminated the whole Earth making it like a '*bride*' for the Sun. The ethereal layer around the Earth became a space for the fusion between the Heavenly Jerusalem and the illuminated Earth. Figuratively speaking, a magnificent ethereal Temple was built upon the whole planet with a gigantic Cosmic-spiritual Cross of Light at the centre of the Temple. In this transfigured Earth-Temple all kingdoms of life were present in Divine Harmony, Wisdom and Truth.

In our inspiring prayer-meditation I was able to contemplate and to merge with the perfect Ethereal Body of the Blessed Virgin Mary. I understood that we also have to build our individual life as a Temple. When we undergo the first and second resurrections, helped by the Cosmic Christ within, we build ourselves (all our seven bodies) as a Divine Temple. At the same time, we have to build our life in relation to the family, society, Nature and the Earth as a Divine Temple too. This means that we have to respect the holiness and sacredness of life everywhere, to work for the purification and illumination of the Earth and to develop harmonious and friendly relationships with the people in all areas of our lives. Only then could we pass successfully through all stages of life, from childhood to old age, and build it as a Temple, thus fulfilling the purpose of our incarnation on Earth. For this development of our relationships, the Divine Mother takes constant care with great love, support, tenderness and compassion and provides us with everything we need for our spiritual growth. The Divine Mother, conveying the new creative impulse from the Living God, will help us to transform even our daily life and to build it as a Divine Temple.

After these exciting experiences I could well imagine many more similar spiritual events in Ireland, Bulgaria and other countries in the world were the participants will appreciate the Divine Beauty and virtues of the Blessed Virgin Mary, will contemplate Her new appearances and will merge with Her perfect Ethereal Body.

Metaphysical Link with the Perfect Celestial Body of the Blessed Virgin Mary

For centuries the mystery of God the Son has been the subject of inspired reflections, contemplations and revelations, but now the time has come to appreciate fully the mystery of the Blessed Virgin Mary giving birth to Jesus Christ and manifesting the cosmological significance of the Divine Mother. Through the centuries the image of the Blessed Virgin Mary has been shining brighter and brighter and now she is even considered as a co-redeemer with Christ. In the *Litany of the Blessed Virgin* there are fifty beautiful characteristics of the Blessed Mother which are not only a sign of praise, love and devotion, but have deep cosmological significance as well. Some of them are: *Holy Mother of God, Mother of Divine Grace, Mirror of Justice, Seat of Wisdom, Cause of our Joy, Spiritual Vessel, Mystical Rose, Tower of David, Tower of Ivory, House of Gold, Ark of the Covenant, Morning Star, Health of the Sick, Refuge of Sinners, Comforter of the Afflicted, Help of Christians, Queen of Angels, Queen of apostles, Queen of all saints, Queen of the Most Holy Rosary, Queen of Peace.*

In this Programme, through our prayers and meditations, we have to appreciate the deep cosmological significance of these characteristics. They will bring us to the Celestial World which is the reality of the Universal Soul as a Sea of Divine love, light, joy, harmony, music and peace, containing all human virtues. In this part of the Programme the whole *Litany of the Blessed Virgin* has to become an inspiring field for spiritual work. Below I will give only a few examples, but even from them it is obvious what a deep metaphysical work lies ahead.

Holy Mother of God: In the last Chapter of the *Book of Revelation*, Christ revealed that He is *descended from the family of David* (Revelation 22:16). Definitely the Blessed Virgin Mary, the *Holy Mother of God*, has to be considered as a *Tower of David*. Thus She fulfils the predictions from the Old Testament about the Coming of the Messiah. This is why in the *Litany of the Blessed Virgin* it is also stated that She is *Mother of Christ, Mother of our Creator, Mother of our Saviour*. In our prayer and meditative state of being we have to appreciate the great mystery of the Blessed Virgin Mary as the *Holy Mother of God!*

Gate of Heaven: Truly, the Blessed Virgin Mary is a perfect Personification of the Divine virtues and qualities which constitute the Celestial world. In deep prayer and meditation we have to merge

with Her perfect Celestial Body in order to enter into the reality of the Heavenly World.

Morning Star: By receiving the fourth Blessing of the Cosmic Christ, the *Morning Star*, we awaken our souls and become Christ like beings (*I am the bright morning star*, Revelation 22: 16). The Blessed Virgin Mary shines as the Morning Star too and could also help us to become Living Souls – *Morning Stars!*

Queen of Angels: The Celestial World is inhabited by angels performing their Divine functions. Definitely, the Blessed Virgin Mary as the Mother of God the Son, Who is from the Highest Divine World, is the *Queen of Angels*, *Queen of Patriarchs*, *Queen of Prophets* *Queen of Apostles*, *Queen of all Saints* and more. Her loving powers bring *Health for the Sick*, *Refuge for Sinners* and *Comfort for the afflicted*.

Queen of Peace: In His appearance before the apostles Christ said: “*Peace be with you! As the Father has sent me, I am sending you.*” *And with that he breathed on them and said, “Receive the Holy Spirit* (John 20: 19-22). This Divine Peace and blessing with the Holy Spirit which Christ gave to the disciples, is now also brought by the Blessed Virgin Mary to everyone who prays devotedly to Her. This is why She is also considered as a *Comforter*, *Consoler* and *Redeemer*.

Mystical Rose: One of the most significant symbols of the mystery of Jesus Christ – the embodiment of God the Son – is the *Rose on the Cross*. In His First Coming, by personifying Divine Love, Christ revealed the sacred heart of the human being. Now, in His Second Coming, He will reveal the sacred heart of all humankind. The Blessed Virgin Mary, merging with essence of the Cosmic Christ, is a *Mystical Rose* – a key to the sacred heart of the human being and to the sacred heart of all humankind.

Spiritual Vessel: Over the centuries, and especially in our time, the Blessed Virgin Mary is the One Who leads the faithful, across the turbulent sea of life, towards salvation and union with the Cosmic Christ.

Mother of Divine Grace: In the Gospel according to John it is said: *God gave the Law through Moses, but grace and truth came through Jesus Christ* (John, 1: 17). In our time millions of people all over the world experience the Divine *Peace*, *Redemption* and *Grace* radiating from the Blessed Virgin Mary. In deep prayer and meditation we could experience these too!

Cause of our Joy: The blossoming of the soul is one of the greatest events in a person's life. It is a celebration in Heaven and on Earth! When we achieve this state of consciousness through the link with the Blessed Virgin Mary, She will, certainly, be the *Cause of our Joy!*

As to the followers of other world religions, they could achieve the blossoming of their human souls through other Personifications of the Divine Feminine. Inspiring examples here could be the Goddess Tara in Buddhism, the New Eve in the Universal Brotherhood of the Master Beinsa Douno, Mataji in Hinduism and many others. In our time the glorification of the Divine Feminine is one of the main cosmic-spiritual streams of illumination and millions of people awaken their souls and spirits through their link with the glorious Personifications of the Divine Mother.

When the soul begins to blossom, one experiences the First Resurrection. The blossoming of the human soul in the Second, Celestial, World of the three-fold structure of the Universe and the First Resurrection are described in more detail in both books *The Second Coming* (Part Two, Step Two, *The Garden of Paradise*) and in this book, *On the Path of Enlightenment* (Part One, Chapter Three, *Developing the Astral Body*). These explanations could be helpful for the realisation of this part of the Programme.

It is a great blessing to achieve the First Resurrection through the love, power and grace of the Blessed Virgin Mary! As a co-redeemer with Jesus Christ, She could bring us even to the Highest Divine World, where we could achieve the Second Resurrection. For this purpose, however, we have to merge with Her perfect Body of Rainbow Light coming from the Throne of God.

Mystical Link with the Perfect Universal Body of Rainbow Light of the Blessed Virgin Mary

In Chapter Four, *Pilgrimages and Visions*, I shared my inspiring dream connected with the Blessed Virgin Mary. In it I saw a most magnificent rainbow stretching from Heaven to Earth. In the dream one segment of the Divine Rainbow coming from the Throne of God transfigured itself into the living image of the Blessed Virgin Mary holding a beautiful child. She shone with all the colours of the rainbow and radiated Divine Love, Compassion, Hope, Faith and Motherly Care.

Over the years this dream developed into a very deep metaphysical and mystical vision. I saw mystically the Highest Divine World with

the Throne of God and of the Lamb in the Holy City of Jerusalem (*Book of Revelation*, Chapter 22: 3-5):

The throne of God and of the Lamb will be in the city, and his servants will worship him. They will see his face, and his name will be written on their foreheads. There shall be no more night, and they will not need lamps or sunlight, because the Lord God will be their light, and they will rule as kings forever and ever.

I contemplated the Lord God and the Lamb as an eternal Cosmic-spiritual Sun (the Absolute Origin of Being), Who gives Light, Love and Life to the whole of Creation. When the Lord said "And now I make all thing new", the Divine Spirit, through the Cosmic Christ, started to emanate from the Throne of God through multiple images and manifestations. He activated all the Divine Masters and light beings in the higher worlds and gave them a new quality, a new radiance in accord with the new mysteries coming from the Living God.

At the same time the Divine Feminine radiated from the Throne of God, forming the substance of the New Reality. Thus, in absolute harmony and union, they illuminated the whole of Creation as a Divine Temple, where the Divine Spirit (the Cosmic Christ) was the Living Cross, while the Divine Feminine formed the substance of the Universe.

If we identify the Cosmic Christ, sitting on the Throne of God, as a channel of the new creative impulse from the Absolute Origin of Being, we could identify the Divine Mother with the Seven Spirits coming from the Throne of God and enlightening the whole of Creation:

From the throne came flashes of lightning, rumblings, and peals of thunder. In front of the throne seven lighted torches were burning, which are the seven spirits of God (*Revelation* 4: 5).

These Seven Spirits are the Colour Rays of the Divine Rainbow forming the Holy Substance of Creation. Each one of these Spirits is a whole world representing the essence of God as Love, Wisdom, Life, Truth, Power, Grace and Salvation. As one of the brightest Personifications of the Divine Mother, I, in my mystical visions, identified the Blessed Virgin Mary with the Living Rainbow Colour Rays radiating from the Throne of God.

In Ireland it is well appreciated that the spiritual body of the Blessed Virgin Mary is the Living Light of the Divine Rainbow. I quickly realised that the image of the Rainbow with the Blessed

Virgin Mary holding the child as part of it was a symbol of the birth of the whole of humankind as Rainbow People from the Universal Divine Mother. The story of the immaculate conception of the child Jesus two thousand years ago now becomes a holy conception of the whole of humankind from the Rainbow Light of the Universal Divine Mother.

As a great Personification of the Divine Mother, the Rainbow Body of the Blessed Virgin Mary contains all Seven Spirit-Colours. Hence, by praying and meditating on them we could start developing our own perfect Universal Rainbow Body, embracing the whole vertical structure of Creation.

So, if we pray and meditate on each one of the Colour Rays of the Universal Rainbow Body of the Blessed Virgin Mary, we could enter subsequently into every world of the vertical structure of the Universe lit by this Colour Ray and develop our spiritual bodies, in order to live in those worlds. This could be our mystical birth from the *perfect Universal Body of Rainbow Light of the Blessed Virgin Mary*.

This Programme is directly connected with the Mission of the Second Coming of Christ (through Whom God *makes everything new*). The new Mission of the Blessed Virgin Mary then is to give mystical birth to humankind as Rainbow People and to lead the faithful towards mergence with Christ. Therefore, by praying and meditating on the Colour Rays of Her Rainbow Body, we will build our spiritual bodies and enter into the world of the New Heaven and New Earth which the Cosmic Christ creates.

At the foundation of this mystical part of the Programme is the sacred book *The Testament of the Colour Rays of Light* by the Master Beinsa Douno. In the Introduction to the book the Master Beinsa Douno states that the method for work with the Colour Rays of Light is given by Christ Himself:

Let us use the light because everything depends on light, which is so important for life; throughout our life we will link with all colours and then the seven spirits will integrate and the human being will return to the primordial source. This is why Christ descended to teach the human being. Now Christ, in the simplest way, wants you to use these colours.

Christ comes in our epoch to show us this simple method for the implementation of the coloured rays for our benefit. He came on Earth to bring new light, to light the minds of the people who owe to Him all education and culture.

Christ gives you a very simple method and you have definitely to implement it.

(Master Beinsa Douno, Introduction to The Testament of the Colour Rays of Light, p. 6- 7, 9)

The Blessed Virgin Mary, as a co-redeemer with Christ, reveals the essence of these Colour Rays of Light in great mystery and sacredness. I worked devotedly on the book *The Testament of the Colour Rays of Light*, on the mystery of Christ and the Blessed Virgin Mary in relation to the Colour Rays of Light, for many years. Below I will give a few examples for contemplation and meditation on this mystical level by introducing some aspects of the Colour Rays of the Divine Rainbow contained in the perfect Universal Body of the Blessed Virgin Mary. This is only a project, but it could easily be developed into an extended metaphysical and mystical programme for exalted prayer and meditation.

The Colour Ray of *Divine Life and Love* – *Rainbow Red and Pink*. All of Creation springs from the Absolute Cause with limitless **Love**. All things have their beginning in Love. Love is the seed, the impulse, the energy, the strength for growth, the driving force of evolution, the true source of life. Creation is Divine magic, a magic of Love, and everything in existence is born out of the Divine Love of God.

When we merge with the *Red* and *Pink* Rainbow Colours in the aura of the Blessed Virgin Mary, we will be able to appreciate the Divine *Life and Love* of our Lord Jesus Christ and of His Holy Mother. She will reveal to us the greatest mystery in the Creation - **God is Love!** On this foundation we will build our spiritual bodies.

The Colour Ray of *Divine Promise* – *Rainbow Orange*. In his initiatic book *The Testament of the Colour Rays of Light* the Master Beinsa Douno links the *Orange* Colour Ray with the **Spirit of Promise**, the Holy Ghost:

The Orange		
Rays	If any man be in Christ, he is a new creature.	II Co 5:17
Regeneration.	And all these blessings shall come on thee and overtake thee.	Dt 28:2
Health.	I will heal thee	II S 20:5
Unity.	There is one body, and one Spirit	Eph 4:4
	One Body	Eph 4:4
	Yet in my flesh shall I see God.	Job 19:26

One Mind II Co 13:11
He restoreth my soul. Ps 23:3

One Spirit
Into Thine hand I commit my spirit. Ps 31:5
Initiation. Holy, holy, holy, is the Lord of hosts. Is 6:3

Here I selected only a few quotes from the Master Beinsa Douno for spiritual, metaphysical and mystical work with the *Orange Ray* of the Spirit of Promise. In this Chapter the Master included many more quotes from the Bible, organized under the keys of *regeneration, health, unity* and *initiation*.

The Blessed Virgin Mary has the *Orange Rainbow Colour* in Her aura in abundance. If we pray and merge with this colour in Her aura, She could unite us with the Cosmic Christ and the promise of the Holy Spirit for regeneration, health, unity and initiation will be fulfilled!

The Colour Ray of *Divine Wisdom – Rainbow Yellow*. Love is the impulse and the energy for growth, **Wisdom** builds. All things in the Universe originate from an idea of God. Everything is alive; everything is significant. When we observe and understand the spiritual significance and purpose of the physical forms that appear in time, space and matter, we enter into the world of Divine Wisdom. In this Divine world every material form is a manifestation of living forces, a reflection of spiritual ideas from the higher worlds. Wisdom is the key to time, to all processes in Nature, society and the Cosmos, and hence to the understanding of the whole evolution of Creation.

The Lord giveth wisdom Pr 2:6
And all the things thou canst desire are
not to be compared unto her Pr 3:15
Judge not according to the appearance,
But judge righteous judgment Jn 7:24

In the Gospels it is said that God loved the Son so much that He gave him without measure. The Blessed Virgin Mary, directly linked with Jesus Christ, has wisdom without measure too. Hence, if we merge with the highest vibrations of the *Yellow Colour* in the aura of the Blessed Virgin Mary, coming from the Throne of God, we will be able to build our *Wisdom Body*.

The Colour Ray of *Divine Life – Rainbow Green*. By praying and meditating on the *Colour Green* of the Universal Rainbow Body of

the Blessed Virgin Mary we will be able to enter into the reality of the Garden of Paradise. There we will experience the essence of Christ as the *True Vine*:

I am the vine, and you are the branches. Those who remain in me, and I in them, will bear much fruit; for you can do nothing without me... If you remain in me and my words remain in you, then you will ask for anything you wish, and you shall have it (John 15: 5, 7).

The key to this achievement is *love one another, just as I love you* (John 15: 12). Through the *Rainbow Colour Green*, emitted by the Blessed Virgin Mary, we will feel Christ Love and Her great Love as well!

The Colour Ray of *Divine Truth – Rainbow Blue*. The staggering **Truth** about Creation is that everything is Spirit, Divine consciousness, supreme intellect; the whole of Creation is an ocean of love, light and life within the Absolute Mind. There is nothing else except the One Who Is. God is the Sole Being, the Absolute, the Creator, the Beginning and the End, the Alpha and the Omega, the Principal Cause, the Source of Life, the Revealed and Unrevealed, the All in All.

No one has ever seen God. The only Son, who is the same as God and is at the Father's side, he has made him known (John 1: 18).

The Blessed Virgin Mary is a holder of the great Christ Mystery. With Her help and support we will be able to realize the ultimate truth about the Lord Jesus Christ revealing the essence of God! This will bring us to the highest Divine World in the three-fold structure of the Universe from where we could contemplate the whole of Creation!

The Colour Ray of *Divine Power – Rainbow Violet*. The whole of Creation springs from the **Power** of God. In Chapter Four of the *Book of Revelation* St. John witnessed:

Each one of the four living creatures had six wings, and they were covered with eyes, inside and out. Day and night they never stop singing: "Holy, holy, holy, is the Lord God Almighty, who was, who is, and who is to come". The four living creatures sing songs of glory and honour and thanks to the one who sits on the throne, who lives forever and ever (Revelation 4: 8-9).

God unfolds Creation with His constant, everlasting apocalyptic power! The Son of God, the Cosmic Christ, has great power too! This

is why at the end of the *Book of Revelation* (22: 12-13) Jesus Christ said: “*Listen!*” says Jesus. “*I am coming soon! I will bring my rewards with me, to give to each one according to what he has done. I am the first and the last, the beginning and the end.*”

In the famous frescoes of *The Final Judgment* by Michelangelo Christ is depicted with great compassion and immense power. The Blessed Virgin Mary repeatedly warns us about the apocalyptic events to come but is always supportive of us as a great helper, protector and comforter!

The Colour Ray of *Divine Grace – Rainbow Amethyst*. *The fruit of the Spirit is love, joy, peace, longsuffering, gentleness goodness, faith, meekness, temperance: against such there is no law* (Gal. 5: 22-23). The great Bulgarian Master Beinsa Douno put this quotation as the motto of his sacred book *The Testament of the Colour Rays of Light*. This book is the foundation of our mystical work on the Rainbow Colours radiating from the Throne of God. *We came from the Light and we will return back to it*, said the Master Beinsa Douno.

Through our mergence with the Rainbow Colours, emanating from the Throne of God and interwoven in the Rainbow Body of the Blessed Virgin Mary we will dissolve into the Divine Light and will receive the **Grace** of the Holy Spirit. Then all Colours Rays of the Rainbow will integrate into the *Diamond White Light* and we will become one with the Living Light. This is our glorious return to the Kingdom of God with many mansions and self-realisation!

This great spiritual event is described in the last Chapter, *The Fruit of the Spirit*, of *The Testament of the Colour Rays of Light* by the Master Beinsa Douno:

THE FRUIT OF THE SPIRIT

The White Ray.	Perfect in one. Christ is the light of the world. And sealeth up the stars. The unsearchable riches of Christ.	Jn 17:23 Jn 8:12 Job 9:7 Eph 3:8
The Seven Spirits.		
1. Red.	I am the life.	Jn 14:6
Pink.	I am the rose of Sharon. For love is of God	S of S 2:1 I J 4:7
2. Orange.	The Holy One in the midst of thee. A new creature.	Hos 11:9 II Co 5:17

3. Yellow.	Wisdom hath builded her house.	Pr 9:1
4. Green.	Behold the man whose Name is The Branch. I am the Vine.	Zec 6:12 Jn 15:5
5. Blue.	I am the truth. Purifying their hearts by faith. For He that is mighty hath done to me great things.	Jn 14:6 Ac 15:9
6. Violet.	For the kingdom of God is not in word, but in power.	Lk 1:49
7. Amethyst.	I in them, and Thou in me. I am meek and lowly in heart.	Jn 17:23 Mt 11:29
8. Diamond.	Upon a white stone shall be seven eyes. Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the son of man	Zec 3:9 Jn 1:51

Light

<i>The Seven Spirits.</i>	
<i>The Seven Rays.</i>	
<i>The Seven Harmonies.</i>	
<i>In the fullness of unity in God.</i>	
Purified seven times.	Ps 12:6
Beloved, now we are children of God.	I J 3:2
Partakers of the Divine nature	II P 1:4

When we develop our light bodies in full, we will become micro-models of the Universe, *Trees of Life*, stretching throughout the whole vertical structure of the Universe. By receiving the Seven Blessings of Christ, we achieve this goal from the perspective of Universal Masculine Principle - awakening our Divine Self. Through rebirth from the Rainbow Light Body of the Blessed Virgin Mary, we achieve this goal from the perspective of the Universal Feminine Principle, substantiating our seven spiritual bodies. Thus we become fully developed Cosmic-spiritual Beings able to live in the reality of the Heavenly Jerusalem and to co-create with God!

Additional material for this mystical part of the Programme could be found in the book *The Second Coming* (Part Two, Chapters Five and Six, *The Gospel of Christ-Maitreya* and *The Gospel of the Divine Mother*) and in this book (Part One, Chapter Three, Part Two, Chapter Ten, *Following the Gospel of the Divine Mother*).

For devoted Christians, *Genesis in the Cosmic Christ* and *Mystical Birth from the Blessed Virgin Mary* are the spiritual essence of our time. This Divine process, of course, has its equivalent in all other world religions through their Divine Masters and Personifications of the Divine Mother. This is why in the near future this Programme could develop further with very vivid, dynamic and inspiring contents.

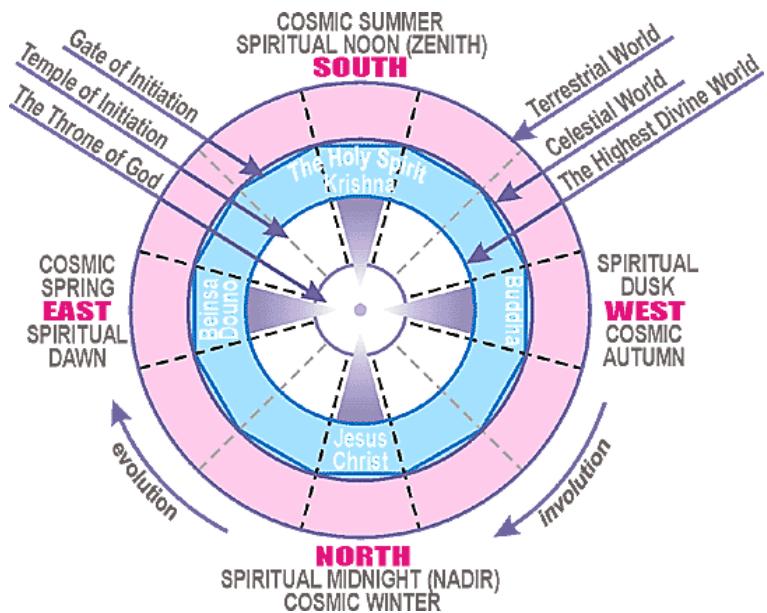
Entry into the Heavenly Jerusalem

When the participants in the Programmes advance in their 'genesis' in the Cosmic Christ and are born as light beings from the Divine Mother, they could ascend to the Highest Divine World and receive the fullness of the Initiation of the Holy Spirit: the metaphysical aspect will bring them to the Heavenly Jerusalem, the metahistorical aspect will help them to pass through the Day of Resurrection and Judgement successfully and to contemplate the new Integral Pentecost, while the metacultural aspect will prepare them for meeting the Second Comings, participation in the Divine Wedding and co-creation with God!

In a similar way as I received my Mission after developing the Atmic Body (see Part One, Conclusion, Receiving a Mission), the participants in the New Mysteries from Ireland will be able to enter into the reality of the Heavenly Jerusalem and to make the celestial archetypes in the last Chapters of the *Book of Revelation* vast fields for inspiring spiritual work. Moreover, through their mystical contact with the Cosmic Christ, the Blessed Virgin Mary, other Divine Masters and Personifications of the Divine Feminine, they will become able to contemplate the New Genesis and participate in the great Divine Action for the establishment of the Kingdom of God on Earth!

In Part One, Chapter Five, Mandala of the Heavenly Jerusalem, I described the metaphysical structure of the Heavenly Jerusalem. Now, based on this structure, with a few more clarifications, I will introduce the metaphysical and mystical work of the participants in this Programme.

Mandala of the Heavenly Jerusalem



From the perspective of the three-fold structure of the Universe (as described in Part One, pp. 4-5, 14), we can identify the outer circle of the Mandala (pink) with life that is restricted in the material cosmos. The middle circle (blue), with its gates of initiation, symbolises entry into the higher celestial world. The inner circle (white) symbolises the highest Divine world of the three-fold structure of the Universe. The centre of the Mandala corresponds to the transcendent Divine world beyond Creation, personified by God sitting on His Throne. So, the three-fold vertical structure of the Universe may be projected onto the Mandala of the Heavenly Jerusalem by three concentric circles around the centre.

On this scheme the inner circle represents the entry into the highest Divine world of the three-fold structure of the Universe. The participants in this Programme could enter into this world only by merging with the universal body of the Cosmic Christ and the Blessed Virgin Mary (see Part One, p. 21). Of course, if they are ascending to the highest Divine World through a different tradition, they have to merge with the universal bodies of the Divine Master, Founder of the tradition, and His Feminine Partner.

Whatever the Path of ascent to the Heavenly Jerusalem, however, the participants have to merge with the universal bodies of other Divine Masters and Personifications of the Divine Feminine in order to receive their initiations, if they wish to embrace the wholeness of the Holy City.

If, metaphorically, we called the points of the middle circle (blue) - *Gates of Initiation*, now, again metaphorically, we can call the points of the inner circle (white) - *Temples of Initiation*. When human beings finally enter into the highest Divine world they perceive the whole three-fold structure of the Universe as a Divine Temple, but in accordance with the spiritual 'season' (historical epoch) of their tradition. In this Temple they merge with the Living God.

God is always present with humankind, in every 'season', in every phase of human evolution. Depending on the specific cosmic-spiritual season, however, this presence is realised differently by the various Divine Masters and their initiates. Every point of the inner circle of the Mandala is an emanation of God, a ray of Cosmic-spiritual Sun, an impulse arising from the Divine Spirit. At the same time, every point of the inner circle illuminates the way to the centre of the Mandala, revealing magnificent pictures of the spiritual worlds.

In the graphic language of the Mandala, receiving initiation can be described as passing from the middle circle (blue - the Gate of Initiation), through the inner circle (white - the Temple of Initiation), to the centre (the transcendent Divine World, the Origin of Being, beyond Creation). During this process the human beings build all their spiritual bodies and become completely illuminated. After merging with the Living God they are ready to receive a Divine **Mission** for the evolution of humankind. Receiving a spiritual mission as a result of initiation could be described as coming out from the centre of the Mandala, through the two inner circles, to the outer circle.

Here I would like to compare the First Coming with the Second Coming. In their First Coming the Masters sowed the seeds of great spiritual traditions which grew up and matured into 'Trees of Life', each giving the sweet fruit of a unique initiation - an understanding of the Truth about God, Creation and the path of ascension to the higher worlds. The **roots** of these 'Trees of Life' are on Earth in the form of a spiritual culture - Christianity, Hinduism, Buddhism, Judaism, Islam and others; the **trunks** and the **branches** are in the higher heavenly world and take the form of a particular structure of the celestial realms; the **crowns** are in the highest Divine world embracing the whole of Creation. Thus, the 'Trees of Life' sowed by the Divine Masters stretch up through the whole vertical structure of the Universe and help the devoted believers to return back to the higher worlds and to become micro-models of Creation.

The First Coming of the Masters can also be seen as the plan for building human life as a Divine Temple. The **foundations** of this Temple are here on Earth in the form of a particular religion, with its credo and social structures; the **building** itself is the heavenly world revealed by that religion; and the **dome of the Temple** touches the Throne of God. In essence, the historical evolution of each religion is the construction of the Temple, the plan of which was given by its Divine Master and Feminine Counterpart. The building of the Temple includes the process of unfolding all its potential in the form of theology, philosophy, ethics, arts, social structures, etc. During this process of building which lasts thousands of years, great numbers of people receive initiation and enter into the Temple - into the higher worlds.

In the context of the Second Coming it is important to emphasise that the participants in this Programme will enter through the Christian *Gate of Initiation* (situated in the Celestial World), into the *Temple of Christ Initiation* (in the Highest Divine World). After this however they have to enter in other temples in order to receive the initiations of Krishna, Buddha, Zoroaster, Hermes, Moses, Muhammad, the Master Beinsa Douno and others, so that they can receive a Crown of many initiations. In this regard, the *Mandala of the Heavenly Jerusalem* (described partly in Part One and in much more detail in the book *The Second Coming*) provides a good opportunity for spiritual study and for metaphysical and mystical connection with the Divine Masters.

In order to enter into the New Cycle of Existence however, the participants have to meet the Second Coming of the Divine Masters and the Personifications of the Divine Feminine connected with them. Their New Coming is activated by the apocalyptic act of the *One Who sits on the throne and makes all things new* (Revelation 21:5). This time the Divine Masters will manifest themselves simultaneously, participating altogether in the New Creation. Each one of the Masters brings a new Initiation, while the personifications of the Divine Feminine, connected with them, receive a new spiritual mission linked with the mystery of the Divine Wedding through which the Lord *creates everything new*.

The new initiations of the Divine Masters will be very closely interconnected and will depict the whole reality of the Kingdom of God "with its many mansions". In their New Coming however, each one of the Divine Masters will incorporate all the other initiations, but according to its own spiritual approach. We could also compare the New Coming of the Divine Masters with the joint construction of

a majestic Divine Temple with many different, but transparent chapels, from which one could observe the whole Temple, i.e. the Kingdom of God with many mansions.

In Chapter Ten, *Meeting the Second Comings*, I described inspiring stories of meeting the New Coming of the Divine Masters and the Personifications of the Divine Feminine on the ethereal level. Similar events could happen with the participants in this Programme. For this purpose we have, mystically, to gather in the centre of the Heavenly Jerusalem, in front of the Throne of God, and witness the New Coming of the Divine Masters co-creating with God, Who, through them, *makes all things new*.

In these Divine Services we could participate in the great Divine Action for closing the present Indo-European Cycle of human evolution and opening the New Cycle of Existence in the reality of the New Heaven and the New Earth. The Action is an extended process, which includes undergoing the *Day of Resurrection and Judgement*, reading from the *Book of the Living* in human history, gathering the spiritual fruits from the Indo-European cycle, replacing the contemporary Babylonian-type civilisation with the New Jerusalem civilisation, building the Seven Temples of life, living life in the Kingdom of God with many mansions, and more.

Our participation in this 'apocalyptic process', is connected with the activation of the celestial archetypes in the last chapters of the *Book of Revelation* by St. John (and other Holy Scriptures) which contain the mystical keys for the realisation of the Divine Action.

In this book and in the book *The Second Coming*, I have discussed, in one or another way, the activation of many of these celestial archetypes, such as:

- the "*Throne in Heaven*" (Chapter 4), describing metaphysically the mystery of the Absolute origin of Being and the Genesis of Creation;
- the "*Vision of Christ*" (Chapter 1) "*with a face as bright as the midday sun*", "*holding the seven stars in His right hand*" and "*opening the Scroll sealed with seven seals*" (Chapter 5). This vision gives the keys to the essence of the Human Being, created in the image and likeness of God;
- the "*Lamb and the 144,000*" (Chapter 14), "*who stood before the throne and were singing a new song, which only they could learn*" - this is the "*song-initiation*" of the coming new epoch;

- the "*Fall of Babylon*" (Chapter 18) – is a symbol of all the negative aspects of the contemporary civilisation;
- the "*Divine Wedding in Heaven*" (Chapter 19) - a celebration of the new celestial culture coming down on Earth, woven by "*the good deeds of God's people*";
- the "*Day of Judgement*" (Chapter 20), presenting the "Great Choice" in the evolution of humankind and the consequences;
- the "*New Heaven and the New Earth*" (Chapter 21) - the reality where humankind will live in the New Cycle of Existence as God's people on sacred Earth;
- the "*New Jerusalem*" (Chapter 21), the Holy City with twelve gates, "*coming down out of heaven from God and shining with the glory of God*" - this is the Kingdom of God with "many mansions";
- the "*River of the water of Life*" (Chapter 22), "*sparkling like crystal, and coming from the throne of God and of the Lamb and flowing down the middle of the city's street*". The "*Water of life*" is the Divine gift of mystical communion with the Living God and achieving spiritual immortality;
- the "*Tree of Life*" (Chapter 22): "*On each side of the river was the tree of life, which bears fruit twelve times a year, once each month; and its leaves are for the healing of the nations*". The *Tree of Life*, with its fruit and leaves, is the symbol of the realisation of the Testament of Truth.

It is obvious that this Programme, *Entry into the Heavenly Jerusalem*, and becoming citizens of the Holy City, presents many challenging and inspiring tasks. It is a great blessing to participate in the Divine Action for re-creation of the world, but also a great responsibility. As an example, I will finish this Programme with the last quoted celestial archetypes from the *Book of Revelation* – the *Tree of Life*!

By ascending to the new higher cycle of evolution, humankind will fulfil its original Divine purpose envisaged by God from the beginning of time – going not through various painful historical epochs of earthly life, but from initiation to initiation in the celestial realms. This is why, in the Kingdom of God the enlightened humankind will appreciate completely and enjoy fully the fruit of the *Tree of Life* that grows on each side of the River springing from the Throne of God in the Heavenly Jerusalem and giving fruit twelve times a year:

The angel also showed me the river of the water of life, sparkling like crystal, and coming from the throne of God and of the Lamb and flowing down the middle of the city's street. On each side of the river was the Tree of Life, which bears fruit twelve times a year, once each month; and its leaves are for the healing of the nations (Revelation 22: 1-2).

The *Tree of Life* here could be interpreted as the living cosmic-spiritual Cross of Immortality, where the vertical axis represents the three-fold structure of Creation, while the horizontal axis represents the reality of the Heavenly Jerusalem, with its twelve Gates leading to the Temples of the world religions, as the Kingdom of God with many mansions. The fruits of the *Tree of Life*, produced twelve times a year, once each month, are the initiations of the world religions in the Cosmic-spiritual Zodiac-Mandala, which will be appreciated more and more deeply by humankind in its new cycle of evolution.

Thus the *Tree of Life*, growing on each side of the river in the Heavenly Jerusalem, and the *Tree of Life* within the human being (discussed in the Introduction to Part One) refer to the same mystery of life, but on a different level: on a microcosmic level as the mystery of the immortal life of the human being and on a socio-cultural level as the mystery of the life of all humankind. The *Tree of Life* on a macrocosmic level is the mystery of life in the New Creation, i.e. the reality of the New Heaven and the New Earth, which the Lord God Almighty will reveal to the New Humankind.

If we imagine the New Heaven, the New Earth and the New Humankind as emanating from "the One who sits on the Throne and makes all things new", we could, in sacredness and appreciation, contemplate the Divine *Tree of Life* revealing the majestic Truth about God, Creation and the human being. The roots of this Tree will be in the Highest Divine World, the world of the Absolute Origin of Being, the trunk will go through the whole vertical structure of Creation, and the crown will blossom in the earthly physical world testifying to the Divinity of everything which has been created!

Of course the *Tree of Life* with roots on Earth and a crown in the Highest Divine World and the *Tree of Life* with roots in the Highest Divine World and a crown on Earth are only two different "points of view" (earthly and celestial) of the great ***Tree of Life*** – revealing the absolute truth about God, Creation and the human being. The essence is one and the same – it is the Lord God Almighty *Who was, Who is and Who is to come!* The ultimate experience of this great Divine Truth is the Testament of Truth!

Forming the Core Group of Initiates

The people who will enter into the Heavenly Jerusalem and receive the Initiation of the Holy Spirit will become like a Core Group of Initiates for channelling the new creative impulse from God and transmitting it to the rest of the world (let us remember here the picture from the Theosophical Society where the New Enlightenment is received by the group of initiates forming the shape of a 'star' and is passed on to hundreds and thousands of people).

In this sense the New Mysteries from Ireland will be channelled first by an enthusiastic group of Initiates and then shared with the rest of the Irish people and the world. This group will participate in the activation of the celestial archetypes from the last Chapters of the *Book of Revelation*, thus fulfilling the Will of God for entry into the reality of the New Heaven and the New Earth.

This Conclusion is consecrated to the New Mysteries coming from Ireland, but of course, they could be realised in Bulgaria, England, Russia, the USA or any other country in the world. These Mysteries could integrate the activities of Initiates from various countries on the planet. Most probably this will happen, but the fact that Ireland (and Bulgaria) served as the 'birthplace' and prototype for developing the Project of the New Mysteries, justifies the title of the Conclusion. I sincerely hope, however, that since the Project is ready, the Irish, the Bulgarian and the other nations involved, will embrace the ideas of the New Mysteries, will realise them and will spread them all over the world. In this last section of the Conclusion I address the Irish people and all other people who hear the Call within and will be willing to participate in the unfolding of the New Mysteries.

The re-creation of the world is the Will of God for our time! Most world religions predict that the present epoch will see the fulfilment of the great prophecies of the End of Time, the Judgement, the Second Coming (or the Coming) and the return of humankind to the Kingdom of God. The return of humankind to the Kingdom of God will happen as a result of the great Divine Action, which has been in preparation for hundreds and thousands of years and which has already begun to unfold.

The Divine Action is the ascent of humankind into the Kingdom of God where there are many mansions and the establishment of this Divine Reality here on Earth. This is the end of the dramatic history of the human race after the Fall of Adam and Eve and the beginning

of a new cycle in the evolution of human beings as God's people in the Reality of the New Heaven and the New Earth.

From a mythological point of view our contemporary human culture is like the Babylonian civilisation, which is described in the *Book of Revelation* with all its ills and inevitable collapse (Chapter 18). The purpose of the Divine Action is to replace the present Babylonian civilisation with the New Jerusalem civilisation envisaged so powerfully and inspiringly in Chapters 21, 22 of the *Book of Revelation*! The developing of this new civilisation is the key to humankind's survival in the long term and to the fulfilment of its Divine purpose, predestined from the beginning of Time.

The New Jerusalem civilisation is life in the Kingdom of God with "many mansions". The "many mansions" are the spiritual worlds revealed by the world religions in their primordial Divine Unity. This is the inspiring biblical image of the New Jerusalem in the visions of Isaiah, Ezekiel, St. John and of many other Initiates in the world religions. In essence the New Jerusalem is like a colossal metaphysical Zodiac-Mandala, giving a great overview of the spiritual history of humankind after the "original sin" and showing the place, role and significance of the main world religions in it.

In this metaphysical Zodiac-Mandala, God, at the centre of the Heavenly Jerusalem, is the cosmic-spiritual Sun, which never sets. The four directions (east, south, north and west) are the turning points of the spiritual 'seasons', corresponding to the great spiritual epochs in the history of humankind (for instance, the *Satya, Treta, Dwapara* and *Kali Yugas*, according to the Hindu tradition, or Taurus, Aries, Pisces, Aquarius in the western civilisation).

The 'twelve gates' are like twelve spiritual zodiac signs - each world religion comes in a particular cosmic-spiritual season (historical epoch) and reveals a complete picture of the Universe but in accordance with its 'season'. Thus, the world religions form one or another 'room in the Father's house' with a specific gate (i.e. spiritual path) of entry into the Kingdom of God.

The experience of the Heavenly Jerusalem as a gigantic Cosmic-spiritual Zodiac-Mandala allows us to integrate all spiritual epochs in the Indo-European cycle of evolution - from the previous Golden Age, the last *Satya Yuga*, to the coming new one. It allows the contemplation of all human history on Earth as the great metahistorical 'cosmic-spiritual year' in the life of humankind: all world religions glorify the One God, "Who was, Who is and Who is to come" (the Absolute origin of Being, the Cosmic-spiritual Sun at the

centre of the Universe) and each religion does this differently in accordance with the particular season. Altogether they constitute the reality of the Kingdom of God with many mansions (which is the wholeness of the cosmic-spiritual year, the Indo-European cycle in human history).

The Divine Action for the establishment of the New Jerusalem civilisation on Earth is an apocalyptic task under the direction of the Holy Council of Humankind in Heaven. This Council includes all Divine Masters, founders of the world religions, their Feminine Partners and many great Saints and Initiates who lead the evolution of humankind from the Highest Divine World. In the various spiritual traditions this Holy Council is named differently - the Holy Council of Humankind, Shambala, Agartha, the Great Universal Brotherhood, the Synclit of the World - but its essence is one and the same: it leads the destiny of humankind in accordance with the Messianic Plan and it is directly connected with the Lord God, "Who now makes everything new"!

In order to bring the new impulse for the evolution of humankind and the Earth, the Divine Masters and their Feminine Partners radiate from the Throne of God in the Highest Divine World. They are like demiurgic rays of Divine Light, Love, Wisdom and Truth emanating from the Cosmic-spiritual Sun at the centre of the Universe, which penetrate all three worlds in Creation - the highest Divine world, the angelic world and our material world. All together they are the columns of living light upholding the reality of the Kingdom of God with many mansions. Radiating from the Throne of God, they form the whole of Creation as a Divine Temple where the Lord God is present. Humankind has to enter into this Temple and merge with the Living God. This is the return of humankind to the Kingdom of God with many mansions, where the enlightened human beings will live in the presence of their beloved Masters and manifestations of the Divine Feminine forever, co-creating with the Lord.

All spiritually awakened people on Earth have to participate actively in the Divine Action for the establishment of the Kingdom of God on Earth. In order to do this effectively we have to be in direct link with the Holy Council of Humankind in Heaven. For this purpose a special Core Group of Initiates on Earth, from all world religions, has to be formed. The Initiates are those who have experienced Divine Truth and are in direct contact with the Divine Masters of their own tradition. They have experienced the Divine origin of the other traditions and could guide humankind in the process of

building the New Jerusalem civilisation. When they enter in deep prayer-meditation, they activate the three-fold structure of the Universe from the perspective of the various traditions and merge with the Divine Masters. Thus they illuminate their spiritual bodies and start shining as light beings. Of course, when they gather together and have a shared prayer-meditation and work, their collective light increases tremendously and they form something like a star above the earthly world.

So, if the work of the Holy Council in Heaven is a radiation from the cosmic-spiritual Sun at the centre of the Universe, then the work of the Core Group of Initiates (in contact with the Holy Council in Heaven) is a radiation from a shining spiritual star above the Earth. This star receives the new creative impulse from the cosmic-spiritual Sun, transforms it into the rays of Divine Love, Wisdom and Truth of the new celestial culture coming on Earth and radiates it all over the world. Thus it enables humankind to overcome the negative aspects of the present Babylonian civilisation and to start building the New Jerusalem civilisation.

The participants in the Core Group of Initiates on Earth will be the Initiates of the various traditions. When we start our inspiring spiritual work, we have to activate the three-fold structure of the Universe in those traditions and link with the Divine Masters of the Holy Council of Humankind. Then in our deep common prayer-meditation we will merge with the Divine Masters and the Personifications of the Divine Mother and we will become light of the Divine Light, love of the Divine Love, wisdom of the Divine Wisdom and truth of the Divine Truth. As a result of our devotional prayer-meditative work, we will be able to radiate light as the 'collective spirit' of all religions (the 'shining star' above the Earth'), and to project the reality of the Kingdom of God with many mansions here on Earth as the unifying Divine Temple of living energy for the followers of all world religions.

Building a common metaphysical Temple of Light for all people on Earth is of crucial importance for contemporary humankind. It is the plan, the "prototype" of the New Jerusalem civilisation where "the peoples of the world will walk by its light, and the kings of the Earth will bring their wealth into it" (Revelation 21: 24). Therefore, the task of the Core Group of Initiates is to build, in direct contact with the Holy Council of humankind in Heaven, the common Temple of the New Jerusalem on Earth. Thus the spiritually awakened people "from the four corners of the earth" will be able to

enter into the Temple and to pray, meditate and work for the development of the New Jerusalem civilisation.

The existence of humankind extends through the whole three-fold structure of Creation – the physical, material world, the celestial world and the Highest Divine World. In this respect the work of the Core Group of Initiates has to integrate all three worlds of Creation into one Divine wholeness. This is why it requires a very rich and integrative socio-cultural, metaphysical and mystical work, which will affect the spiritual people in accordance with their level of activity. The present Babylonian civilisation will change only when we unfold a powerful spiritual Movement for the realisation of the Testament of Truth. This has to be a Movement for social renovation, cultural renaissance, spiritual awakening and Divine revelation! The Core Group of Initiates has to initiate and unfold the Movement on all levels of human existence.

On Earth nations live as socio-cultural organisms consisting of various systems such as economic, political, cultural, religious, educational and so forth. These systems are very closely, organically interconnected and, altogether, form the 'organism' of the human society which, in order to develop and reproduce itself, enters into relationship with the socio-cultural organisms of other nations and with all kingdoms of life on Earth. So, on the earthly, cultural-spiritual level, millions of ennobled personalities, continuing their important work in society, have to shift their direction of life into line with the paradigm of the New Jerusalem civilisation. The Core Group of Initiates, initiating the Movement, has to be the main driving force behind this shift.

Every nation also has its National Soul, which is like a bouquet of human virtues that the nation develops over centuries and expresses through religion, morality, the arts and science. Each nation has a unique contribution to humankind's treasury of virtues. Together the nations comprise the essence of humanity in the Heart of God - that is, in the reality of the Universal Soul. The present Babylonian civilisation is based on the ego-personality complex, while the New Jerusalem civilisation will be built on the human soul identity. The work of the Core Group of Initiates on this level is to gather the community of thousands of 'awakening souls from the four corners of the earth' who will become the core of God's people on Earth building the New Jerusalem civilisation.

Furthermore, every nation has its National Spirit who leads the nation and its destiny according to the Divine Plan. Each nation has a mission, which it unfolds over the centuries, and the National

Spirit, an emanation from the Universal Divine Spirit, is the inspirer of this mission. The 'kings of the earth' referred to by St. John are the National Spirits who hold the keys to the spiritual wealth gathered by each nation along its historical path. So, when the time comes for humankind to return to the Kingdom of God, the greatness and the wealth of the nations will be brought into the city (Revelation 21: 26). On this highest Divine level hundreds of enlightened human beings, with awakened Divine Self, will start forming the Core Group of Initiates on Earth, linking with the Holy Council in Heaven, and acting as mediators between Heaven and Earth. They will become participants in the Great Universal Brotherhood-Sisterhood who, led by the Holy Council, unfolds the Divine Action on Earth.

The time has come to change the present Babylonian civilisation that is the cause of so much suffering, destruction, wars and catastrophes. The impulse for forming the Core Group of Initiates and the launch of the Movement for the New Jerusalem civilisation on Earth comes as a blessing from above, from the Highest Divine World. It is of crucial importance for the evolution of humankind.

But equally, humankind has to help and support this impulse from below. The unfolding of the Movement and the establishment of the Core Group of Initiates needs great support and active participation on all levels. On the physical, material level it has to be grounded and this requires devoted people, material and financial resources. On the celestial level it will need many awakening souls who could carry the light, love, wisdom and truth of the New Jerusalem civilisation. On the highest Divine level the Movement and Core Group of Initiates will need many more initiates from all world religions who will become the core of the Group and the driving force of the Movement.

I pray and hope that the Project of the New Mysteries from Ireland will be accepted and the dramatic, emotional, yet peaceful quantum leap of humankind to the New Jerusalem civilisation will happen!

Everyone who is inspired by the New Mysteries could help and participate in accordance with his or her own level. At the same time all of us will feel united as an organic part of the apocalyptic action coming from the Living God, Who re-creates the world. There is no greater blessing on Earth than to be together, in contact with the Divine Masters and the Divine Mother, and to co-create with God!

The great Divine Action for the re-creation of the world and the transformation of human culture has begun and unfolds with greater and greater power and dynamism. Soon it will affect the whole of humankind and will present the great choice – the establishment of peace, harmony and order in the world, or entry into the tragic cycle of wars, ecological catastrophes and self-destruction. Every person on Earth will be faced with this choice. With the choice however come the consequences.

One *Book of Life* in Creation is coming to a close – that of the present humankind with all its strengths and weaknesses - and a new *Book of Life* is opening – that of the new, transcendent, humankind who will live in the Reality of the New Heaven and the New Earth and will co-create with God.

Invitation

Welcome to the Path of Truth Society



Beloved Friends
Peace, Light and Love to you!
Welcome to The Path of Truth Society!



“Then I saw a New Heaven and a New Earth”
Revelation 21:1

We are living in the most crucial time in human history - the end of the present Indo-European Cycle, lasting thousands of years, and the entry into a New Cycle of Existence! Prophecies and predictions from many of the world religions testify to this great shift. It is astonishing that centuries ago the Mayans calculated that on December 21, 2012, a great cycle of the Solar system orbiting the centre of the Galaxy for 25,625 years will be completed and an enormous new one will begin!

If we depict the whole Indo-European cycle of human evolution as a clock, humankind is now approaching the twelfth hour of this historical epoch, the moment when the old cycle has to finish and the new one has to begin. In the language of the *Book of Revelation* by St. John, now is the time for the opening of the last, the twelfth, Gate of the Heavenly Jerusalem, so that all Gates of the Holy City will be open and humankind will enter into the reality of the New Heaven and the New Earth to continue its evolution.

The prophetic vision of St. John of the Heavenly Jerusalem with its twelve Gates could be interpreted as a colossal spiritual Zodiac

covering the whole Indo-European Cycle. In other words, it is a typological picture of the whole metahistorical cycle of humankind's life on Earth since the Fall – the expulsion of Adam and Eve from Paradise to their return back to the Father's house. It includes all historical epochs through which humankind has passed during the process of involution (from the Garden of Paradise to the material world) and evolution (from the dark 'material' consciousness) evolving to cosmic-spiritual consciousness. In this picture all initiations in human history, such as those of Krishna, Hermes, Moses, Zoroaster, Buddha, Lao Tzu, Orpheus, Pythagoras, Plato, Jesus Christ, Muhammad, Bodhidharma, the Master Beinsa Douno and many others can be inscribed.

Now, in our time, the end of the Indo-European Cycle of human history, the last Gate is opened! It is a great apocalyptic event which marks the new stage in the evolution of humankind. It is the time for resolving the problems of our civilisation - such as the state of the Environment, climate change, social injustice, the diminishing resources of the planet, the struggle between the light and the dark forces, consumerism, drug and sexual abuses, fanaticism, egocentrism and many others.

When all twelve Gates of the Heavenly Jerusalem are widely open, humankind will gather the fruits from the Tree of Life and will enter into the New Cycle of evolution! Thus the prophecy of St. John, from the *Book of Revelation*, that all gates of the Holy City will be open day and night (Revelation 21:25) will be fulfilled and humankind will live in the Kingdom of God on Earth forever.

It is difficult to imagine a more crucial and responsible time for humankind during the whole Indo-European cycle than our present epoch. The 'mythological' 2012, especially, is the year when cosmic energies are infusing the earth and humankind receives the power to enter into a New Reality.

I am very thankful that by the grace of God I am involved in the opening of the last, the twelfth, Gate of the Heavenly Jerusalem. With faith and hope I am writing to you to inform you about my three eBooks, six Videos and the Web site which give important keys for entering into the Kingdom of God on Earth and starting the New Cycle of Existence.

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Beloved friends, let us avail of the Divine Light and do everything possible for a positive future for all of humankind.

eBooks



2012 and the New Genesis
The Testament of Truth – Manifesto
The Path of the Divine Rainbow

These eBooks are in EPUB and MOBI formats and could be ordered from any major eBook store.

The first eBook, *2012 and the New Genesis*, describes the prophecies, myths and legends from the world religions, including of course the Mayan Prophecy, and the essence of our time. 2012 marks the end of one great cycle in the life of humankind and the beginning of another. The new cycle is ignited by an apocalyptic creative impulse from the Absolute Origin of Being.

In *The Revelation* St. John witnessed the mystery of God creating the reality of the New Heaven and the New Earth: *Then the one who sits on the throne said, 'And now I make all things new'* (21:5). We can compare this process to a great new spiritual "big bang" which changes the metaphysics of the world. The physical big bang gave birth to the material universe; the new spiritual "big bang" ignited by God gives birth to the reality of the New Heaven and the New Earth. It is a New Genesis in which life in the whole of Creation takes a new direction.

I experienced this mystery and for more than thirty years I have been working for the transformation of humankind. In this eBook I present a taste of the New Reality through a ‘spiritual digest’ of important esoteric knowledge, existential stories, deep metaphysical ideas, inspiring projects, mystical visions and more. This book is quite metaphysical in parts and will be better understood by those who are called to active service in the quantum leap in consciousness which is underway on Earth at present.

The second eBook, *The Testament of Truth – Manifesto*, is connected with the *Testament of Truth* as the eternal Divine Truth about God, Creation and the Human Being made in the image and likeness of God! This Testament has directed human life throughout the ages and now, in this significant year, 2012, it has to be activated in full. My eBook presents the *Testament of Truth* as a new spiritual paradigm appropriate for the transformation of humankind in our time. The eBook also contains a very important chapter, *Mandala of the Heavenly Jerusalem*, which depicts the higher metaphysical reality where humankind will continue its evolution. This *Mandala* came as an Enlightenment of the reality of the Kingdom of God with many mansions and it reveals the archetypal structure of the coming New Reality.

In Buddhism, *Vajrayana*, or the *Diamond Vehicle*, is an esoteric tradition, the initiation ceremonies of which involve entry into a *Mandala*, a mystic circle or symbolic map of the spiritual universe. With the *Mandala of the Heavenly Jerusalem*, we have something like a new *Vajrayana* which provides a basis for receiving the initiations of all world religions. It is easy to imagine the enormous amount of metaphysical ideas, archetypes and spiritual structures related to the various initiations and their interconnection within the system of co-ordinates of this celestial *Mandala*. In the near future people from all world religions could work in harmony and universal unity with the *Mandala of the Heavenly Jerusalem*.

The third eBook, *The Path of the Divine Rainbow*, traces the *Nine-fold Rainbow Path* towards the Kingdom of God in Heaven and shows how to bring this celestial reality down on Earth. The book, as the previous two, gives concentrated spiritual substance, which requires attention and is at times quite metaphysical and mystical. This is natural because the *Path of the Divine Rainbow* stretches from the restricted earthly consciousness to the higher Divine worlds. The book is a challenge, but a blessing as well!

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Nevertheless, even to gain the *Right Understanding* of the coming New Reality and to see clearly the path to it, is a great help and inspiration. An international spiritual group in Bulgaria has been journeying on the *Nine-fold Rainbow Path* for years and the results are very encouraging indeed.

Altogether, the three eBooks form a trilogy which introduces the spiritual essence of our time, develops the new spiritual paradigm, including the vision of the Kingdom of God with many mansions in the format of the *Mandala of the Heavenly Jerusalem* and provides the strong foundations for establishing the New Reality on Earth. Of course, these three eBooks give the keys to the Kingdom of God on Earth, but we have to use these keys to transform our present style of life on Earth and for entering into the New Reality. It is a great spiritual journey, but as always the main point is to embark on it and to know where we come from and where we are going.

VIDEOS ON YOUTUBE



Leon Moscona and the Book of Revelation;
Contemplation of the New Heaven;
The Divine Mother and the New Earth;
The World Teacher Beinsa Douno and the Thousand Years Kingdom of Christ;
Revelation: The 144,000 Initiates and the New Song;
The Cosmic Christ and the New Humankind

In these six YouTube Videos you can see some examples of the journey on the path towards the reality of the New Heaven and the New Earth from the international spiritual group in Bulgaria.

These videos are excerpts from the film *Revelation* produced in 2007. It is a documentary film covering only two days of our International Assembly on the sacred mountain Rila in Bulgaria. The Assembly was consecrated to the activation of some of the main celestial archetypes from the *Book of Revelation* by St. John such as the reality of the New Heaven and the New Earth, the Divine Wedding in Heaven, the 144,000 Initiates around the Throne of God and the New Humankind who will access the *Tree of Life, which gives fruits twelve times a year and the leaves are for the healing of the nations* (22:2).

These videos illustrate aspects of the journey on the Path of the Divine Rainbow towards the reality of the New Heaven and the New Earth. On this journey we received blessings from the higher worlds to enter into the New Reality. When watched with concentration and appreciation the viewers could also receive Divine blessings. Let me give you a few examples:

If you pray and meditate on the video *Contemplation of the New Heaven*, you could receive the blessings of the Divine Masters for entry into the reality of the New Heaven. In the reality of the New Heaven we dissolve in the Light of the Divine Masters and receive their Initiations. Thus we begin our ascent toward the higher Divine Worlds where we will co-create with God.

The whole Earth has to be permeated by the Holy Spirit radiating from the Personifications of the Divine Mother. Please use the video, *The Divine Mother and the New Earth*, as a basis for prayer and meditation in order to merge with the Personifications of the Divine Mother and to receive the blessings for entry into the reality of the New Earth.

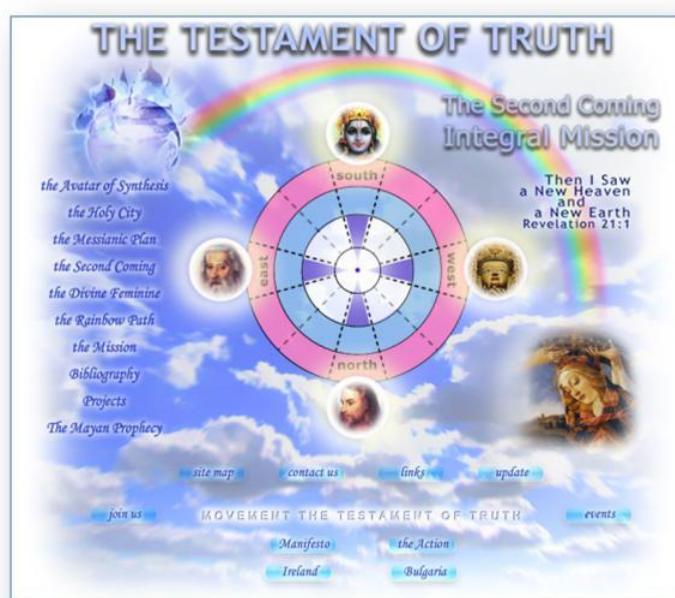
In the reality of the New Heaven and the New Earth we will live as Sons and Daughters of God in all worlds of Creation: in the physical world with an illuminated physical body and personality, in the celestial world with a soul in full bloom and in the causal world with an awakened Divine Self. Thus we will realise that we are cosmic-spiritual beings created in the image and likeness of God. All Divine Masters and Personifications of the Divine Feminine are inspiring

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examples of our Divine Origin. Through the video *The Cosmic Christ and the New Humankind* we can link with the Cosmic Christ and pray and meditate to become reborn as Christ-like beings.

By entering into the reality of the New Heaven and the New Earth as New Human Beings we will activate the Celestial Apocalypse. Then we will be able to overcome the main problems in the life of contemporary humankind and enter into a New Cycle of evolution.

WEB SITE



www.testamentoftruth.org

The Web site contains most of the material in the *eBooks* but it is much more – it presents the stages in the development of the Teaching and the Cause of the Spirit of Truth. The first variant of the Web Site *The Second Coming Integral Mission* was launched on November 20, 2000. It came as a result of the publication of my book *The Second Coming* (in 1995 in Ireland) and its translation and publication in Bulgaria (1998). *The Second Coming Integral Mission* remains the core of the current Web Site, comprising of: *the Holy City*, *the Messianic Plan*, *the Second Coming*, *the Divine Feminine*, *the Rainbow Path*, *the Mission*, and *the Book*. Later additions to this variant included the sections *Ireland*, *Bulgaria*, *The Testament of Truth – Manifesto*, and *The Action*.

After publishing the booklet *The Testament of Truth - Manifesto* (2005) the Teaching and the Cause of the Spirit of Truth entered into a new stage. The purpose of *The Testament of Truth - Manifesto* was to provide a basis for initiating a Movement for the realization of the Testament of Truth in our time. Following this impulse we developed the current version of the Web Site called *The Testament of Truth*. It provides important new information in the sections *Avatar of Synthesis, Projects and Bibliography*.

I hope that the readers of the eBooks and the viewers of the Videos will find in the website interesting and inspiring new ideas connected with the wholeness of the Testament of Truth in our time.

Beloved Friends, the blessings of the Divine Masters and the Personifications of the Divine Mother for the creative Celestial Apocalypse are absolutely real **here and now!** Let us receive these blessings and make the Celestial Apocalypse our New Reality! Then the Grace of the Living God will remain with us forever and the Kingdom of God will be established on Earth!

So, be it! Amen!

Leon Moscona
Founder of *The Path of Truth Society*

The Path of Truth Society is officially registered in Bulgaria as a religious institution by **SOFIA CITY COURT, COMPANY DIVISION**, 4-th board, on 23.11.2010.

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The Path of Truth Society

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